

Race City 2026 - AAU Qualifier

Flying High @ Talbert Rec Center

March 20, 2026 - March 22, 2026

Session 1. Platinums

Friday, Mar 20, 2026

64 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:30 PM

March In: 5:50 PM

Awards: 8:55 PM

Session 2. Copper Advanced

Saturday, Mar 21, 2026

65 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:30 AM

March In: 8:50 AM

Awards: 10:40 AM

Session 3. Copper Elite

64 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:00 AM

March In: 11:20 AM

Awards: 1:05 PM

Session 4. Copper Novice, Bronze Elite (dob after 12/24/2016)

48 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 1:25 PM

March In: 1:45 PM

Awards: 3:15 PM

Session 5. Gold Advanced and Elite

71 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 3:35 PM

March In: 3:55 PM

Awards: 6:25 PM

Session 6. Gold Novice, Diamonds, Sapphires

49 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 6:45 PM

March In: 7:05 PM

Awards: 9:00 PM

Session 7. Bronze Novice and Advanced

Sunday, Mar 22, 2026

65 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:20 AM

Session 8. Bronze Elite (dob before 12/24/2016)

42 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:40 AM

March In: 11:00 AM

Awards: 12:25 PM

Session 9. Silver Novice, Advanced (dob after 8/16/13)

65 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 12:45 PM

March In: 1:05 PM

Awards: 3:20 PM

Session 10. Silver Elite, Advanced (dob before 8/16/13)

67 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 3:40 PM

March In: 4:00 PM

Awards: 6:05 PM