












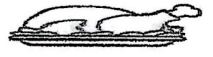





JOIN US FOR WALKING
WELLNESS CLASS EVERY
MONDAY, WEDNESDAY
AND FRIDAY AT 9:30AM

November 2022

BCSC ACTIVITY CALENDAR

Join us for Resistance Band
exercise class every
Tuesday and Thursday at
11:15am!

Monday	Tuesday	Wednesday	Thursday	Friday
	1 10:00 AM KEEPING IT SAVVY! 10:00 AM MEXICAN TRAIN DAY 12:30 PM Music In Motion 	2 10:00 AM NSL Wii competition 10:30 AM Line Dancing 12:30 PM Dreamweavers 1:30 PM -2:30 PM TAI CHI for Arthritis	3  10:00 AM Beg. TAP DANCE 12:30 PM -2:00 PM Jewelry Beading 12:30 PM MAH JONG THURSDAY 	4 9:30 AM -10:30 AM Bible Study & Devotional 10:30 AM BINGO 12:30 PM FALL WREATH CRAFT W/JAY
7  9:00AM Turkey Pin Craft 10:30 AM EXPERIMENTAL BINGO 11:30 AM -1:30 PM MOB WORKSHOP	8  9:00AM Turkey Pin Craft 10:00AM KEEPING IT SAVVY! 10:00AM MEXICAN TRAIN DAY 10:30 AM -12:30 PM Snowman Hat Craft!	9  9:00AM Turkey Pin Craft 10:00AM NSL Wii competition 10:30 AM Line Dancing 12:30 PM Dreamweavers 1:30 PM -2:30 PM TAI CHI for Arthritis 	10  9:00AM Turkey Pin Craft 10:00 AM Beg. TAP DANCE 12:30 PM MAH JONG THURSDAY 2:00 PM AFTERNOON TEA TIME	11 CENTER CLOSED FOR VETERANS DAY 
14 10:30 AM EXPERIMENTAL BINGO 11:30 AM FLASH Club 11:30 AM -1:30 PM MOB WORKSHOP	15 10:00 AM KEEPING IT SAVVY! 10:00AM MEXICAN TRAIN DAY 12:30 PM Music In Motion 	16 <u>9:30 AM OUR TOWN TRIP</u> 12:30 PM Dreamweavers	17 10:00 AM Beg. TAP DANCE 12:30 PM -2:00 PM Jewelry Beading 12:30 PM MAH JONG THURSDAY 	18 9:30AM -10:30 AM Bible Study & Devotional 10:30 AM BINGO 12:30 PM Painting Class 
21 10:30 AM EXPERIMENTAL BINGO 12:30 PM COOKING CLASS 	22 Thanksgiving drive through! 	23 10:30 AM Line Dancing 12:30 PM Dreamweavers 1:30 PM -2:30 PM TAI CHI for Arthritis	24 CENTER CLOSED  Happy Thanksgiving	25 CENTER CLOSED  Happy Thanksgiving
28 10:30 AM EXPERIMENTAL BINGO 11:30 AM FLASH Club	29 10:00 AM KEEPING IT SAVVY! 10:00AM MEXICAN TRAIN DAY 12:30 PM Music In Motion 	30 10:30 AM Line Dancing 12:30 PM Dreamweavers 1:30 PM -2:30 PM TAI CHI for Arthritis 