

FUNCTIONAL CAPACITY ASSESSMENTS



Understanding everyday function. Identifying support needs.

What is an FCA?

A Functional Capacity Assessment (FCA) looks at how a person's disability impacts their everyday life, independence and participation.

Our person-centred assessments focus on the individual — their strengths, challenges, environment and support needs.

What We Look At

- Daily living & household tasks
- Self-care
- Mobility
- Communication
- Social & community participation
- Cognition, planning & organisation
- Emotional regulation
- Safety & support needs

What to Expect

Beth uses conversation, observation, clinical assessment and relevant assessment tools to understand your everyday functioning.

Assessments are tailored to you and may take place at home, in the community, in clinic or via telehealth where appropriate.

Your FCA Report

Your report provides a clear picture of your functional abilities, support needs and clinical recommendations, and may provide evidence to support NDIS planning and review processes.

Who We Work With

NDIS participants • Families & carers • Support Coordinators • Allied health & support teams

Ready to Make a Referral?

SCAN TO REFER



IS THIS SERVICE RIGHT FOR YOU?

Every person's circumstances are different. Beth can discuss your goals and support needs with you and help determine whether this approach may be appropriate.