

Radiant Care Nursing & Phlebotomy

Certified Nursing Assistant (CNA) Program Outline

Our CNA program is designed to prepare students with the knowledge and hands-on skills needed to pass the state competency exam and excel in their future healthcare careers. Below is a basic outline of what students will receive during the program.

Program Structure

1. Total Program Hours

- Theory/Didactic Instruction: 60 Hours (2 weeks) not including weekends - Mon-Friday 9:00a-5:30p
- Classroom-based instruction covering foundational nursing knowledge, patient care principles, and state requirements.
- Clinical Training: 100 Hours (2 weeks) not including weekends - Mon-Friday, 8 hours morning(AM) shift - tentatively between 6:30am/7:00am to 2:30-3:30pm, depending on what clinical site you are doing your clinicals at.
- Hands-on experience in a supervised healthcare setting (e.g., nursing homes or hospitals) to practice CNA skills directly with patients.

2. Theory (Classroom) Topics

- Role and Responsibilities of a CNA
- Infection Control and Safety Practices
- Basic Nursing Skills: Vital Signs, Patient Hygiene, Mobility Assistance
- Anatomy and Physiology
- Nutrition and Hydration
- Communication and Patient Rights
- Emergency Procedures (CPR, First Aid basics)
- Cultural Sensitivity and Ethical Care

Delivery Method:

- In-person lectures, group discussions, and interactive activities.

3. Clinical Training

- Patient Hygiene (Bathing, Dressing, Grooming)
- Safe Patient Transfers and Mobility Assistance (e.g., wheelchair, gait belts)
- Feeding and Nutrition Monitoring
- Taking and Recording Vital Signs
- Infection Prevention Techniques
- Bedside Care and Comfort Measures
- Documentation and Reporting Skills

Clinical Setting:

- Local nursing homes or healthcare facilities under the supervision of a licensed instructor.

4. Skills Practice and Testing Preparation

- Practice Labs:

Students will rehearse essential CNA skills in a simulated lab environment to prepare for the state exam.

- Mock State Exam:

A final assessment will replicate the state testing format, including written and practical components, to boost confidence and readiness.

5. Materials Provided

- Skills Checklist
- Access to Clinical Training Sites

Program Completion

Upon completing the required theory and clinical hours, students will receive a Certificate of Completion, making them eligible to sit for the California CNA state competency exam.

If you have questions about the program or enrollment, contact Radiant Care Nursing & Phlebotomy.