

LAKE CHARLES CRYO THERAPY

BENEFITS OF CRYOTHERAPY

HEALTH & WELLNESS

Cryotherapy is a quick & easy treatment that offers numerous benefits to the body and mind to help promote and maintain a healthy lifestyle for everyday wellness.

*Improves Sleep Pattern Higher Energy Levels Boosts Lymph Draining
Depression & Mood Disorders Reduces Inflammation & Swelling
Improves Immune System Accelerates Weight Loss & Caloric Burn*

PAIN & INFLAMMATION

Cryotherapy promotes pain relief and reduces inflammation caused by chronic medical conditions and everyday soreness.

*Fibromyalgia Rheumatoid Arthritis Osteoporosis Ankylosing Spondylitis
Psoriasis & Dermatitis Degenerative Disease of Joints & Spine
Multiple Sclerosis Tendonitis*

ANTI-AGING BEAUTY

Cryotherapy rejuvenates skin health and appearance by promoting collagen production to create long-term, anti-aging beauty benefits gained from routine treatments.

*Reduces Blemishes, Fine Lines & Wrinkle for Clear, Radiant Skin
Skin Regeneration at the Cellular Level
Reduces Cellulite, Spider & Varicose Veins Healthier Hair, Fingernails & Toenails*

ATHLETIC & INJURY

Cryotherapy pushes oxygen and nutrient-rich blood directly to the body's core muscles, ligaments and tendons for absorption, while reducing pain and soreness, so athletes can train, perform & recover in a healthy, fast method.

*Quicker Recovery from Surgery or Injury Reduces Delayed Onset Muscle Soreness
Relief for Tendonitis & Shin Splints Boosts Energy for Peak Athletic Performance
Promotes Higher Stamina for Intense Training*