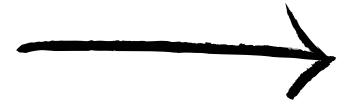


to solving your issues



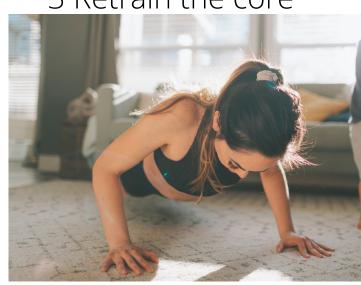
1 Orthopedic and pelvic floor assessment



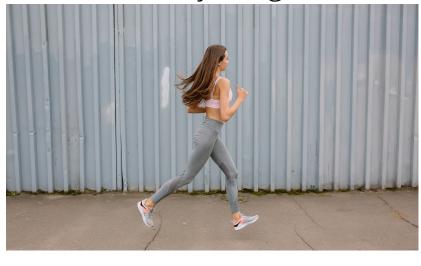
2 Release the muscles



3 Retrain the core



4 Reclaim your goals



At Arrow Pelvic PT, we are passionate about helping women not only solve their pelvic issues for good, but helping them return to a lifestyle they always wanted.

You got this!

ARROW PELVIC

— Physical Therapy —