

Remember you have all the information in this review online. These pages are blank intentionally. Note taking is specifically for you to write what you personally need to focus on. Use the online to reference all presentations.

## Suggested Note taking

Multiple studies have shown hand written notes provide superior retention

Copying over the information we have given you will provide little true retention

All the information is available in your PANCE Nuggets online resources

You should **ONLY** be writing specific points that are specific to your personal understanding of a subject.

It is more important to pay attention to the specific PANCE strategies and point we are sharing with you than looking at the information which you already have.

Focus on associations and relationships more than just data





**PA Excel**  
www.paexcel.com

**PANCE PANRE**

## Note taking

We suggest you download and print our notes book or electronically take notes on the PDF:

 Cardiology 1 Notes Section 1 Coronary Artery Disease 	
<input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books!	Defining the Heart and Terms
<input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books!	Coronary Artery Disease Your thoughts here
<input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books!	Acute Coronary Syndrome
<input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books!	Angina
<input type="checkbox"/> Got it!	Acute Myocardial Infarction

✓ Don't rewrite what is on the screen

✓ For an image you have access to, just write the section and look it up in your PANCE Nuggets

✓ Only you know what you don't know: Write it here!"

✓ When a speaker clears something up for you: Write that new thought. Process here!



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# Dermatology Notes

## Section 1

### ECZEMATOUS DISORDERS



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Atopic Dermatitis

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Seborrheic Dermatitis

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Contact Dermatitis

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Stasis Dermatitis

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Dyshidrotic Dermatitis

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Lichen Simplex Chronicus

Open Notes Area



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam  
Check if the material triggers underlying memory but you need to review more  
Check if you do not recall this subject and you need to relearn the information



# Dermatology Notes

## Section 2

### PAPULOSQUAMOUS DISORDERS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Drug Eruptions/Photosensitivity

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Lichen Planus

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Pityriasis Rosea

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Psoriasis

#### Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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# Dermatology Notes

## Section 3

### DESQUAMATION DISORDERS



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### **Bullous Pemphigoid**

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### **Erythema Multiforme**

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### **Stevens-Johnson Syndrome**

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### **Toxic Epidermal Necrolysis**

**Open Notes Area**



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

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# Dermatology Notes

## Section 4

### ACNEIFORM DISORDERS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Acne Vulgaris

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Rosacea

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Perioral Dermatitis



# Dermatology Notes

## Section 5

### KERATOSES



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Actinic Keratosis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

#### Seborrheic Keratosis

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam  
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# Dermatology Notes

## Section 6

### INSECT/PARASITIC DISORDERS



☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Scabies

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Lice

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

#### Arthropod Bites

Open Notes Area



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

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# Dermatology Notes

## Section 7

### NEOPLASTIC DISORDERS



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Squamous Cell Carcinoma

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Basal Cell Carcinoma

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Melanoma 1

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Melanoma 2

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Melanoma 3

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Kaposi Sarcoma

Open Notes Area



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

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# Dermatology Notes

## Section 8

### VIRAL SKIN DISORDERS



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Condyloma Acuminatum

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Herpes Simplex

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Varicella-Zoster

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Molluscum Contagiosum

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Verrucae

Open Notes Area



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam  
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# Dermatology Notes

## Section 9

### BACTERIAL DISORDERS



☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

**Cellulitis/Erysipelas**

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

**Furuncle/Carbuncle**

☐ Got it!  
☐ Remember it!  
☐ Hit the  
Books!

**Impetigo**

**Open Notes Area**



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam  
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# Dermatology Notes

## Section 10

### FUNGAL DISORDERS



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Candidiasis

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Dermatophytoses

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Tinea Pedis

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Tinea Versicolor

Open Notes Area



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam  
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Check if you do not recall this subject and you need to relearn the information



# Dermatology Notes

## Section 11

### OTHER DERM DISORDERS



<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Acanthosis Nigricans</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Burns</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Hidradenitis Suppurativa</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Lipomas/Epithelial Inclusion Cysts</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Melasma</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Decubitus Ulcers</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Vitiligo</b>
<input type="radio"/> Got it! <input type="radio"/> Remember it! <input type="radio"/> Hit the Books!	<b>Urticaria</b>



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam  
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Check if you do not recall this subject and you need to relearn the information



# Dermatology Notes

## Section 11

### OTHER DERM DISORDERS



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Alopecia

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Paronychia

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Onychomycosis

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Vascular Abnormalities

Open Notes Area



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam  
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Check if you do not recall this subject and you need to relearn the information



# Dermatology Notes

## Section 12

### DERMATOLOGIC INFECTIOUS DISORDERS



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Erythema Infectiosum

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Measles (Rubeola)

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Rubella

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Varicella (Chickenpox)

☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

#### Scarlet Fever

#### Open Notes Area



☐ Got it!  
☐ Remember it!  
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam  
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Check if you do not recall this subject and you need to relearn the information