

Remember you have all the information in this review online. These pages are blank intentionally. Note taking is specifically for you to write what you personally need to focus on. Use the online to reference all presentations.

Suggested Note taking

Multiple studies have shown hand written notes provide superior retention

Copying over the information we have given you will provide little true retention

All the information is available in your PANCE Nuggets online resources

You should **ONLY** be writing specific points that are specific to your personal understanding of a subject.

It is more important to pay attention to the specific PANCE strategies and point we are sharing with you than looking at the information which you already have.

Focus on associations and relationships more than just data





PA Excel
www.paexcel.com

PANCE PANRE

Note taking

We suggest you download and print our notes book or electronically take notes on the PDF:

|  Cardiology 1 Notes Section 1 Coronary Artery Disease  | |
|---|---|
| <input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books! | Defining the Heart and Terms |
| <input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books! | Coronary Artery Disease Your thoughts here |
| <input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books! | Acute Coronary Syndrome |
| <input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books! | Angina |
| <input type="checkbox"/> Got it! | Acute Myocardial Infarction |

✓ Don't rewrite what is on the screen

✓ For an image you have access to, just write the section and look it up in your PANCE Nuggets

✓ Only you know what you don't know: Write it here!"

✓ When a speaker clears something up for you: Write that new thought. Process here!



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EKG Notes

Section 1

BASIC RHYTHMS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Calculating Rate

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Checking the ECG for Rhythm

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Dealing with an Arrhythmia Question

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Basic Rhythms

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam
Check if the material triggers underlying memory but you need to review more
Check if you do not recall this subject and you need to relearn the information



EKG Notes

Section 2

HEART BLOCKS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

First Degree Heart Block

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Second Degree Heart Block

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Third Degree Heart Block

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Sick Sinus Syndrome

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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EKG Notes

Section 3

PREMATURE BEATS and BUNDLE BRANCH BLOCKS



☐ Got it!
☐ Remember it!
☐ Hit the
Books!

Premature Beats

☐ Got it!
☐ Remember it!
☐ Hit the
Books!

RBBB

☐ Got it!
☐ Remember it!
☐ Hit the
Books!

LBBB



EKG Notes

Section 4

ATRIAL RHYTHMS



☐ Got it!
☐ Remember it!
☐ Hit the
Books!

PSVT

☐ Got it!
☐ Remember it!
☐ Hit the
Books!

Atrial Fibrillation

☐ Got it!
☐ Remember it!
☐ Hit the
Books!

Atrial Flutter



☐ Got it!
☐ Remember it!
☐ Hit the Books!

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EKG Notes

Section 5

WPW and LONG QT



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

WPW

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Long QT Syndrome



EKG Notes

Section 6

VENTRICULAR RHYTHMS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Ventricular Tachycardia

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Ventricular Fibrillation

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Torsades de Pointes

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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EKG Notes

Section 7

NON-MYOCARDIAL EKG CHANGES



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Pericarditis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Pulmonary Embolism



EKG Notes

Section 8

MYOCARDIAL INFARCTION



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Myocardial Infarction

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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