

Remember you have all the information in this review online. These pages are blank intentionally. Note taking is specifically for you to write what you personally need to focus on. Use the online to reference all presentations.

Suggested Note taking

Multiple studies have shown hand written notes provide superior retention

Copying over the information we have given you will provide little true retention

All the information is available in your PANCE Nuggets online resources

You should **ONLY** be writing specific points that are specific to your personal understanding of a subject.

It is more important to pay attention to the specific PANCE strategies and point we are sharing with you than looking at the information which you already have.

Focus on associations and relationships more than just data





PA Excel
www.paexcel.com

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Note taking

We suggest you download and print our notes book or electronically take notes on the PDF:

 Cardiology 1 Notes Section 1 Coronary Artery Disease 	
<input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books!	Defining the Heart and Terms
<input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books!	Coronary Artery Disease Your thoughts here
<input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books!	Acute Coronary Syndrome
<input type="checkbox"/> Got it! <input type="checkbox"/> Remember it! <input type="checkbox"/> Hit the Books!	Angina
<input type="checkbox"/> Got it!	Acute Myocardial Infarction

✓ Don't rewrite what is on the screen

✓ For an image you have access to, just write the section and look it up in your PANCE Nuggets

✓ Only you know what you don't know: Write it here!"

✓ When a speaker clears something up for you: Write that new thought. Process here!



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ENT

Section 1

EAR DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Acute Otitis Media

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Chronic Otitis Media

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Barotrauma

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Tympanic Membrane Perforation

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Cholesteatoma

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Dysfunction of Eustachian Tube

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Foreign Body (Ear)

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Hearing Loss



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam
Check if the material triggers underlying memory but you need to review more
Check if you do not recall this subject and you need to relearn the information



ENT

Section 1

EAR DISORDERS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Hematoma of External Ear

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Otomastoiditis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Otitis Externa

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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ENT

Section 2

VERTIGO



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Tinnitus

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Vertigo

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Benign Paroxysmal Positional Vertigo

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Meniere's Disease

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Labyrinthitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Vestibular Neuronitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Acoustic Neuroma

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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ENT

Section 3

SINUS and NASAL DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Sinusitis-Adult

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Sinusitis-Pediatric

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Allergic Rhinitis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Epistaxis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Nasal Foreign Body

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Nasal Polyps

Open Notes Area



☐ Got it!
☐ Remember it!
☐ Hit the Books!

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Section 4

PHARYNGITIS



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Pharyngitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Peritonsillar Abscess

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Infectious Mononucleosis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Epiglottitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Laryngitis

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Angioedema

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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ENT

Section 5

SALIVARY GLAND DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Salivary Gland Disease

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Sialadenitis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Sialolithiasis

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Mumps

Open Notes Area



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Check if you feel you have the level of understanding needed to pass your exam
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ENT

Section 6

MOUTH and JAW



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Diseases of the Teeth and Gums

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Oral Lesions

- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

Trismus

Open Notes Area



- ☐ Got it!
- ☐ Remember it!
- ☐ Hit the Books!

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ENT

Section 7

NECK DISORDERS



☐ Got it!
☐ Remember it!
☐ Hit the Books!

Head & Neck Neoplasms

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Thyroid Gland Neoplastic Process

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Branchial Cleft Cyst

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Thyroglossal Duct Cyst

☐ Got it!
☐ Remember it!
☐ Hit the Books!

Lymphadenopathy

Open Notes Area



☐ Got it!
☐ Remember it!
☐ Hit the Books!

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