Remember you have all the information in this review online. These pages are blank intentionally. Note taking is specifically for you to write what you personally need to focus on. Use the online to reference all presentations.

Suggested Note taking

Multiple studies have shown hand written notes provide superior retention

Copying over the information we have given you will provide little true retention

All the information is available in your PANCE Nuggets online resources

You should ONLY be writing specific points that are specific to your personal understanding of a subject.

It is more important to pay attention to the specific PANCE strategies and point we are sharing with you than looking at the information which you already have.

Focus on associations and relationships more than just data



PANCE PANRE

Note taking

We suggest you download and print our notes book or electronically take notes on the PDF:

√Don't rewrite what is on the screen

✓ For an image you have access to, just write the access to, just write the access to, and look it up in section and look it up in your PANCE Nuggets

	Cardiology 1 Notes Section 1 Coronary Artery Disease
O Got it! O Remember it! O Hit the Books!	Defining the Heart and Terms
O Got it! O Remember it! O Hit the Books!	Coronary Artery Disease Your thoughts here
O Got it! O Remember it! O Hit the Books!	Acute Coronary Syndrome
O Got it! O Remember it! O Hit the Books!	Angina
O Got it!	Acute Myocardial Infarction

✓Only you know what you don't know: Write it here!"

when a speaker clears something up for you; Write that new thought, Process here!



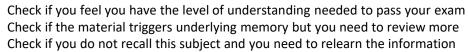


Psychiatry Notes Section 1 PSYCHIATRIC ASSESSMENT and THERAPY



O Got it! O Remember it! O Hit the Books!	Psych Medications
O Got it! O Remember it! O Hit the Books!	Psychotherapies







Section 2 ANXIETY DISORDERS



O Got it! O Remember it! O Hit the Books!	Anxiety Disorders
O Got it! O Remember it! O Hit the Books!	Generalized Anxiety Disorder
O Got it! O Remember it! O Hit the Books!	Panic Disorder
O Got it! O Remember it! O Hit the Books!	Phobia

Open Notes Area





Psychiatry Notes Section 3 TRAUMA STRESS DISORDERS



O Got it! O Remember it! O Hit the Books!	Acute Stress Disorder
O Got it! O Remember it! O Hit the Books!	PTSD





Psychiatry Notes Section 4 CHILDHOOD ONSET DISORDERS



O Got it! O Remember it! O Hit the Books!	Oppositional Defiance Disorder
O Got it! O Remember it! O Hit the Books!	Conduct Disorder
O Got it! O Remember it! O Hit the Books!	ADHD
O Got it! O Remember it! O Hit the Books!	Tourette Syndrome
O Got it! O Remember it! O Hit the Books!	Autistic Spectrum Disorder
Open Notes Area	

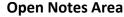




Psychiatry Notes Section 5 EATING DISORDERS



O Got it! O Remember it! O Hit the Books!	Anorexia Nervosa
O Got it! O Remember it! O Hit the Books!	Bulimia Nervosa
O Got it! O Remember it! O Hit the Books!	Binge Eating Disorder







Psychiatry Notes Section 6 MOOD DISORDERS



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O Got it! O Remember it! O Hit the Books!	Adjustment Disorder
O Got it! O Remember it! O Hit the Books!	Grief Reaction
O Got it! O Remember it! O Hit the Books!	Bipolar I
O Got it! O Remember it! O Hit the Books!	Bipolar II
O Got it! O Remember it! O Hit the Books!	Cyclothymia
O Got it! O Remember it! O Hit the Books!	Major Depression
O Got it! O Remember it! O Hit the Books!	Persistent Depressive Disorder
O Got it! O Remember it! O Hit the Books!	PMDD



O Got it!

O Remember it!

O Hit the Books!

PA Excel



Psychiatry Notes Section 7 PERSONALITY DISORDERS



O Got it! O Remember it! O Hit the Books!	Histrionic Personality Disorder
O Got it! O Remember it! O Hit the Books!	Schizotypal Personality Disorder
O Got it! O Remember it! O Hit the Books!	Borderline Personality Disorder
O Got it! O Remember it! O Hit the Books!	Narcissistic Personality Disorder
O Got it! O Remember it! O Hit the Books!	Antisocial Personality Disorder
O Got it! O Remember it! O Hit the Books!	OCD
Open Notes Area	





Section 8





O Got it!
O Remember it!
O Hit the
Books!

Delusional Disorder

O Got it!
O Remember it!

O Hit the Books!

Schizophrenia



Psychiatry Notes Section 9 SOMATOFORM DISORDERS



O Got it!
O Remember it!
O Hit the
Books!

Somatoform Disorder

Open Notes Area



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Section 10



SUBSTANCE ABUSE and WITHDRAWAL VIOLENT BEHAVIORS

O Got it! O Remember it! O Hit the Books!	Dependence vs. Addiction
O Got it! O Remember it! O Hit the Books!	Substance Abuse
O Got it! O Remember it! O Hit the Books!	Overdose Treatment
On an Natas Avas	







Section 11



SUBSTANCE ABUSE and WITHDRAWAL VIOLENT BEHAVIORS

O Got it! O Remember it! O Hit the Books!	Child Abuse
O Got it! O Remember it! O Hit the Books!	Elder Abuse
O Got it! O Remember it! O Hit the Books!	Domestic Violence
O Got it! O Remember it! O Hit the Books!	Suicide Risk Factors

