

**Please Return to:**  
**Professional Medical Careers Institute**  
**School of Nursing**  
 920 Hampshire Rd. Suite S  
 Westlake Village, Ca. 91361  
**FAX: 805-497-4224 PHONE: 805-497-4064**

# Health Assessment

## PART 1.

(To be completed by Student)

| Please check Program     |     |                          |                |
|--------------------------|-----|--------------------------|----------------|
| <input type="checkbox"/> | CNA | <input type="checkbox"/> | Med. Assistant |
| <input type="checkbox"/> | LVN | <input type="checkbox"/> | Psych. Tech    |
| <input type="checkbox"/> | HHA |                          |                |

### Student's Personal Information

**NAME (Last, First, Middle Initial)** \_\_\_\_\_

**DATE OF BIRTH** \_\_\_\_\_ **AGE:** \_\_\_\_\_ **Gender**  Female  Male **EMAIL:** \_\_\_\_\_

**ADDRESS (Street, City, State, Zip Code):** \_\_\_\_\_

**HOME TELEPHONE NUMBER:** \_\_\_\_\_ **MOBILE: TELEPHONE NUMBER:** \_\_\_\_\_

**SOCIAL SECURITY NUMBER:** \_\_\_\_\_ **DRIVER'S LICENSE NUMBER:** \_\_\_\_\_ **DLState Issued:** \_\_\_\_\_

### Health Insurance Information

**Insurance Company:** \_\_\_\_\_ **Primary Insured Name:** \_\_\_\_\_

**Group Number:** \_\_\_\_\_ **Policy Number:** \_\_\_\_\_

### Emergency Contact Information

NAME (First/Last) \_\_\_\_\_

NAME (First/Last) \_\_\_\_\_

ADDRESS (Street, City, State, Zip Code) \_\_\_\_\_

ADDRESS (Street, City, State, Zip Code) \_\_\_\_\_

PRIMARY TELEPHONE NUMBER (Include Area Code) \_\_\_\_\_

PRIMARY TELEPHONE NUMBER (Include Area Code) \_\_\_\_\_

### Student's Personal Health History

|  |   |   |   |   |   |
|--|---|---|---|---|---|
| <input type="checkbox"/> Asthma                      | <input type="checkbox"/> Unable to use hands repetitively         | <input type="checkbox"/> Heart problems   | <input type="checkbox"/> Malignancy                       | <input type="checkbox"/> Chronic Headaches          | <b>LIST ALL PAST MEDICAL PROBLEMS AND RELATED TREATMENTS (including operations with dates):</b> <input type="checkbox"/> None |
| <input type="checkbox"/> COPD                        |   |   |   |   |   |
| <input type="checkbox"/> A.D.D.                      | <input type="checkbox"/> Unable to lift and carry up to 50 pounds | <input type="checkbox"/> Back Injury      | <input type="checkbox"/> Severe Menstrual cramps (female) | <input type="checkbox"/> Dyslexia                   | <b>LIST ALL CURRENT MEDICAL CONDITIONS:</b> <input type="checkbox"/> None   |
| <input type="checkbox"/> A.D.H.D.                    |   |   |   |   |   |
| <input type="checkbox"/> Chronic intestinal problems | <input type="checkbox"/> Emotional instability/ Severe Stress     | <input type="checkbox"/> Kidney disease   | <input type="checkbox"/> Vision problems                  | <input type="checkbox"/> Sleep disorder             | <b>LIST ALL Drug and/or Food Allergy (specify):</b> <input type="checkbox"/> None   |
| <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Epilepsy                                 | <input type="checkbox"/> Hearing Problems | <input type="checkbox"/> Orthopedic problems              | <input type="checkbox"/> Tuberculosis or TB Contact |   |
|  |   |   |   |   | <b>List Any Medications Currently Being Taken Including Dosage:</b> <input type="checkbox"/> None                             |

NAME OF STUDENT/PATIENT (Last, First, Middle Initial):

|                      |                    |  |   |
|----------------------|--------------------|--|---|
| 1. WEIGHT:           | 2. HEIGHT          | 3. VISION:<br>OD 20/<br>OS 20/<br>OU 20/ | 4. HEARING:<br>able to hear a forced whisper at a<br>minimum of 5 feet?<br>Left: Right: |
| 5. PULSE:            | 6. TEMPERATURE     |  |   |
| 7. RESPIRATORY RATE: | 8. BLOOD PRESSURE: |  |   |

9. DOES THE PARTICIPANT HAVE ANY SIGNIFICANT FINDINGS ON PHYSICAL EXAM? (HEENT, Lymphatic, Cardiovascular, Respiratory, Abdomen, Skin, Musculoskeletal, Neurological, Psychiatric, etc.)  YES (Specify)  NO

**Significant Findings:**

|  |
|--|
|  |
|  |

**Immunizations**

10.  DIPHTHERIA AND TETANUS TOXOIDS (or Diphtheria, Tetanus Toxoids and Pertussis Vaccine - DPT)  
(Vaccination Dates) \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
(If Titer) Date \_\_\_\_\_ (Value) \_\_\_\_\_  Immune Pertussis Booster: \_\_\_\_\_
11.  ORAL POLIOMYELITIS VACCINE OR  INACTIVATED POLIO VACCINE (Dates) \_\_\_\_\_, \_\_\_\_\_; \_\_\_\_\_  
(If Titer) Date \_\_\_\_\_ (Value) \_\_\_\_\_  Immune  Patient was born in United States
- 12a.  Primary Measles OR  MMR immunization (dates) \_\_\_\_\_  
(If Measles Titer) Date \_\_\_\_\_ (Value) \_\_\_\_\_  Immune Most Recent Booster (date) \_\_\_\_\_
- 12b.  MUMPS (date) \_\_\_\_\_ (If Titer) Date \_\_\_\_\_ (Value) \_\_\_\_\_  Immune
- 12c.  RUBELLA (German Measles) (If Titer) Date \_\_\_\_\_ (Value) \_\_\_\_\_  Immune
13.  VARICELLA (Date Chicken Pox was diagnosed): \_\_\_\_\_ OR Date(s) of VARIVAX VACCINE \_\_\_\_\_,  
(If Titer) Date \_\_\_\_\_ (Value) \_\_\_\_\_  Immune
14.  HEPATITIS B VACCINE (date) \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
(If Titer) Date \_\_\_\_\_ (Value) \_\_\_\_\_  Immune
15.  COVID Vaccine 1) \_\_\_\_\_, 2) \_\_\_\_\_, Boost) \_\_\_\_\_,  
Manufacturer: \_\_\_\_\_
16.  TB SCREENING
- a. Tuberculin Skin Test (Date Given: \_\_\_\_\_ Date read: \_\_\_\_\_ QuantiFERON Gold: \_\_\_\_\_  
Result \_\_\_\_\_ (Record actual mm of induration, transverse diameter, if no induration write "0")
- b. Interpretation (based on mm of induration as well as risk factors):  Positive  Negative  
Chest x-ray (required if tuberculin skin test is positive). Result:  Normal  Abnormal Date of x-ray: \_\_\_\_\_
17. Seasonal Flu Vaccine (date) \_\_\_\_\_
18. Drugs Screen (6 panel urine) Negative \_\_\_\_\_ Date \_\_\_\_\_  
Positive For \_\_\_\_\_

I have performed a physical examination on this patient within the past 12 months. All medical/psychiatric conditions and therapies are noted above or on attached pages. **She/he may participate in the Nursing Program without restrictions.**

Exceptions (if any) \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

**CLINIC STAMP (required for clearance):**