

# CENTRAL OHIO HIKING CLUB

## Sugarcreek Dayton Metro Park

**Saturday -July 23 @ 10:30 AM 2022.**

**Miles: 5 Level: 2-3 (5 the hardest)**

No Car Pool Ask a friend in your area to ride.

### **Directions to Hike (Round Trip Distance 144 Miles):**

Take I-270-N to 70-W and drive to Exit 44 at I-675, south (toward Cincinnati). Continue on I-675 to Exit 7, at Bellbrook, turning south onto Wilmington-Dayton Rd. Continue south, passing Sugarcreek Horse Riding Park on the left. Look for 3-way stop. Go straight, onto Conference Road. Look for "Hiking Trails" sign on left. Pull in here and park. Only pit toilets here, so you may want to stop at fast food place before you reach park.

### **Hike Description:**

We will hike 5 miles on scenic wooded trails (Sycamore Ridge, Osage Orange Tunnel, and Three Sisters). Trails are wide and easy to walk, plenty of shade. Most of the trails follow a small creek. It's possible to do a shorter hike, if you want to do this.

### **Suggested Items to Bring:**

Water, hiking boots, hiking sticks, bug repellent and sunscreen. Dress for the weather.

### **Dinner Location and Directions:**

We will eat at Frisch's at 6188 Wilmington Pk Dayton  
2.7 miles from Sugar Creek Park in front of Wal Mart Beside Mc Donalds

**Leader: Dick Barbee @ 614-214 7742      Sweep: Jeanne Barbee**