

LYNNE MOSER, LCSW

LICENSED CLINICAL SOCIAL WORKER
917.605.1006

NOTICE OF PRIVACY PRACTICES

The privacy of your health information is important. I will maintain the privacy of your health information and will not disclose it to others unless you permit me to do so or unless the law authorizes or requires me to do so.

A federal law commonly known as HIPAA (Health Insurance Portability and Accountability Act) requires that I take additional steps to keep you informed about how I may use information in order to provide health care services to you. As part of this process, I am required to provide you with the attached Notice of Privacy Practices and to ask that you sign the attached written acknowledgment that you received a copy of the Notice. The Notice describes how I may use and disclose your protected health information to carry out treatment, payment or health care operations and for other purposes that are permitted or required by law. This Notice also describes your rights regarding the health information I maintain about you and a brief description of how you may exercise these rights.

If you have any questions about this Notice please discuss them with me.

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

I am required by applicable federal and state law to maintain the privacy of your health information. I am also required to give you this Notice about my privacy practices, legal obligations, and your rights concerning your health information ("Protected Health Information" or "PHI"). I must follow the privacy practices that are described in this Notice (which may be amended from time to time).

For more information about my privacy practices, or for additional copies of this Notice, please contact me using the information listed in Section II G of this notice.

I. USES AND DISCLOSURES OF PROTECTED HEALTH INFORMATION

A. Permissible Uses and Disclosures without Your Written Authorization

I may use and disclose PHI without your written authorization, excluding Psychotherapy Notes as described in Section II, for certain purposes as described below. The examples provided in each category are not meant to be exhaustive, but instead are meant to describe the types of uses and disclosures that are permissible under federal and state law.

- 1. Treatment:** I may use and disclose PHI in order to provide treatment to you. For example, I may use PHI to diagnose and provide counseling service to you. In addition, I may disclose PHI to other health care providers involved in your treatment.
- 2. Payment:** When applicable, I may use or disclose PHI so that services you receive are appropriately billed to, and payment is collected from, your health plan. By way of example, I may disclose PHI to your health plan before it approves or pays for treatment services.
- 3. Health Care Operations:** I may use and disclose PHI in connection with health care operations, including quality improvement activities, training programs, accreditation, certification, licensing or credentialing activities.
- 4. Required or Permitted by Law:** I may use or disclose PHI when I am required or permitted to do so by law. For example, I may disclose PHI to appropriate authorities if I reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. In addition, I may disclose PHI to the extent necessary to avert a serious threat to your health or safety or the health or safety of others. Other disclosures permitted

or required by law include the following: disclosures for public health activities; health oversight activities including disclosures to state or federal agencies authorized to access PHI; disclosures to judicial and law enforcement officials in response to a court order or other lawful process; disclosures for research when approved by an institutional review board; and disclosures to military or national security agencies, coroners, medical examiners, and correctional institutions or otherwise as authorized by law.

B. Uses and Disclosures Requiring Your Written Authorization

1. **Psychotherapy Notes:** Notes recorded documenting the contents of a counseling session with you ("Psychotherapy Notes" or "Progress Notes") will be used only by me and will not otherwise be used or disclosed without your written authorization.

2. **Marketing Communications:** I will not use your health information for marketing communications without your written authorization.

3. **Other Uses and Disclosures:** Uses and disclosures other than those described in Section I.A. above will only be made with your written authorization. For example, you will need to sign an authorization form before I can send PHI to your life insurance company, to a school, or to your attorney. You may revoke any such authorization at any time.

II. YOUR INDIVIDUAL RIGHTS

A. Right to Inspect and Copy. You may request access to your record and billing records maintained by me in order to inspect and request copies of the records. All requests for access must be made in writing. Under limited circumstances, I may deny access to your records. I may charge a fee for the costs of copying and sending you any records requested. If you are a parent or legal guardian of a minor, please note that certain portions of the minor's medical record will not be accessible to you.

B. Right to Alternative Communications. You may request, and I will accommodate, any reasonable written request for you to receive PHI by alternative means of communication or at alternative locations.

C. Right to Request Restrictions. You have the right to request a restriction on PHI used for disclosure for treatment, payment or health care operations. You must request any such restriction in writing. I am not required to agree to any such restriction you may request.

D. Right to Accounting of Disclosures. Upon written request, you may obtain an accounting of certain disclosures of PHI made by me. This right applies to disclosures for purposes other than treatment, payment or health care operations, excludes disclosures made to

you or disclosures otherwise authorized by you, and is subject to other restrictions and limitations.

E. Right to Request Amendment: You have the right to request that I amend your health information. Your request must be in writing, and it must explain why the information should be amended. I am not required to agree to such amendments.

F. Right to Obtain Notice. You have the right to obtain a paper copy of this Notice by submitting a request to me in writing at any time.

G. Questions and Complaints. If you desire further information about your privacy rights, or are concerned that I have violated your privacy rights, please discuss your concerns with me. In the event you are dissatisfied, you may file written complaints with the Office for Civil Rights of the U.S. Department of Health and Human Services. I will not retaliate against you if you file a complaint.

EFFECTIVE DATE AND CHANGES TO THIS NOTICE

A. Effective Date. This Notice is effective on January 1, 2012.

B. Changes to this Notice. I may change the terms of this Notice at any time. If I change this Notice, I may make the new notice terms effective for all PHI that I maintain, including any information created or received prior to issuing the new notice.

This Form is educational only, does not constitute legal advice, and covers only federal, not state, law.

ACKNOWLEDGMENT OF RECEIPT OF
NOTICE OF PRIVACY PRACTICES

By my signature I, _____, acknowledge that I
received a copy of the Notice of Privacy Practices for Lynne Moser, LCSW, LLC.

Signature of Client (or personal rep) _____ Date _____

I hereby give permission to Lynne Moser, LCSW, LLC to communicate with me via
email and/or cell phone, recognizing the inherent privacy dangers of these methods
of communication.

Signature of Client (or personal rep) _____ Date _____

If this acknowledgment is signed by a personal representative on behalf of the client,
complete the following:

Personal Representative's Name: _____

Relationship to Client: _____

For Office Use Only

Attempted to obtain written acknowledgment of receipt of our Notice of Privacy
Practices but acknowledgment could not be obtained because:

____ Individual refused to sign.

____ Communications barriers prohibited obtaining the acknowledgment.

____ An emergency situation prevented us from obtaining acknowledgment.

Other: _____

This form will be retained in your record.