

REPORT ON THE SCHOOL CYCLING PROJECT

Ubuntu Cycling Foundation (UCF)



And



Tour de Gambia Organisation (TDGO)

Organized by Ubuntu Cycling Foundation and Tour De Gambia Organization

Venue: Tallinding Complex School

Date: 18th – 19th June 2025

1. Introduction

The Ubuntu Cycling Foundation, in collaboration with the Tour De Gambia Organization, successfully organized a School Cycling Project at Tallinding Complex School in the Gambia on the 18th and 19th of June 2025. The event aimed at training students in the safe and effective use of road bikes and promoting cycling as both a sport and a sustainable means of transport within the school system.

2. Objectives

The project was designed to achieve the following objectives:

- To introduce students to road bikes and basic cycling techniques.
- To equip students with essential cycling safety skills.
- To promote cycling as a healthy and environmentally friendly activity.
- To advocate for the inclusion of cycling in the national school curriculum.

3. Attendance

The event was graced by the presence of several distinguished guests and stakeholders, including:

- The Heads of Tallinding Complex School
- The Board Chairman of the School
- A Representative from the Kanifing Municipal Council (KMC)
- Representatives from WYCE Gambia
- Representatives from Safe Life Gambia
- A Representative from the Ministry of Basic and Secondary Education (MoBSE)

- Cycling coaches and volunteers from Ubuntu Cycling Foundation and Tour De Gambia Organization
- Students of Tallinding Complex School

4. Program Activities

The two-day training program comprised both theoretical and practical sessions:

Day 1: 18th June 2025

Introduction to the different parts and functions of a road bike.

Orientation on the importance of cycling safety, including helmet use and pre-ride bike checks.



Day 2: 19th June 2025

Road safety drill: Understanding traffic signs, signaling, and safe riding in traffic.

Hands-on cycling exercises: Controlled turns, emergency braking, and navigation drills.



5. Special Remarks

A highlight of the event was the speech delivered by the representative from the Ministry of Basic and Secondary Education. The representative applauded the initiative and emphasized its relevance to national goals on youth development, health, and environmental sustainability. He further expressed the Ministry's commitment to working towards the inclusion of cycling in The Gambia's national school curriculum as part of physical education and environmental studies.

6. Outcomes

Over 50 students were trained on basic cycling and safety practices.



Strong community and stakeholder support was demonstrated for school-based cycling initiatives.

A clear pathway was identified for integrating cycling into school programs and the national curriculum.

7. Conclusion

The School Cycling Project at Tallinding Complex School achieved its intended objectives and laid a solid foundation for future cycling initiatives within The Gambia's education system. The collaborative effort between Ubuntu Cycling Foundation, Tour De Gambia Organization, and other stakeholders demonstrated the power of partnerships in promoting sports and sustainable transport.

8. Acknowledgements

We wish to extend our sincere gratitude to:

The administration and Board of Tallinding Complex School

The Kanifing Municipal Council

WYCE Gambia and Safe Life Gambia

The Ministry of Basic and Secondary Education

The cycling coaches, volunteers, and all students who participated

By Sullay Kanu

CEO

Tour De Gambia Organization