

4. Training Activities Conducted

Throughout March and April 2026, several structured training sessions were held within the school compound and surrounding safe areas.

4.1 Basic Cycling Skills Training

- Students practiced:
 - ✓ Proper bike handling and balance
 - ✓ Starting and stopping techniques
 - ✓ Controlled riding in groups

The images show students confidently handling bicycles while maintaining formation and discipline in March.





4.2 Safety Training

- ✓ Special emphasis was placed on safety
- ✓ Use of helmets at all times
- ✓ Proper adjustment of protective gear
- ✓ Awareness of surroundings
- ✓ Students were observed correctly wearing helmets and preparing before riding, which reflects strong adherence to safety protocols.

4.3 Team Formation and Identity

Students trained as part of Team Ubuntu, strengthening unity and identity:

Wearing team jerseys

Representing the program with banners

Building a sense of belonging

The presence of banners (Ubuntu Cycling Foundation & SRAM) highlights support and motivation from partners.

4.4 Practical Riding Sessions

- Group rides within school premises
- Coordination and spacing practice
- Controlled movement and direction changes
- Students demonstrated improved confidence and coordination over the training period.

4. Participation

During March 2026, structured cycling training and bicycle maintenance sessions were conducted

on two specific days and 16 children attended as it follows:

- Thursday, 12 March 2026 (Second Thursday of the month)
- Thursday, 26 March 2026 (Last Thursday of the month)

These sessions combined both of theoretical training and hands-on bicycle maintenance to equip students with practical knowledge.

In April 2026, structured cycling training and bicycle maintenance sessions were conducted on two specific days and 142 children have attended:

In April the sessions were special. In the morning children of the ages of 6 to 11 attended and afternoon those of ages of 12 to 19 attended.

On the first day, April 15, 2026, 121 children attended. 63 children in the morning (ages of 6 to 11) and 58 children attended in the afternoon.

On the second day, April 16, 2026, the number increased to 141 children. 80 children in the morning and 61 in the afternoon.

Active participation from both boys and girls

Strong enthusiasm and discipline observed

Consistent attendance throughout the months.

The images reflect a motivated group of students engaged in cycling activities and teamwork.

6. Achievements

- Improved cycling skills among participants
- Increased awareness of cycling safety
- Strong team spirit developed (Team Ubuntu)
- Enhanced confidence and physical fitness.

7. Challenges Faced

Limited number of bicycles compared to participants because some are not working.

Need for more protective gear (helmets, gloves and racing shoes)

Weather conditions occasionally affecting training schedules.

8. Recommendations

Increase the number of bicycles and provide additional safety gear for all participants, Introduce advanced cycling sessions for skilled students,

Organize inter-school cycling competitions and continue strengthening partnership with the Ubuntu Cycling Foundation.

9. Conclusion

The cycling training program at Tufashe Academy School during March 2026 was successful and impactful. With the support of the Ubuntu Cycling Foundation, students have shown significant improvement in skills, discipline, and teamwork.

The program continues to play a vital role in developing young cycling talent and promoting healthy lifestyles among students.

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