

Connect employees with tools and services for a smoother, more cost-effective healthcare experience.

TRUEbenefits PLAN 3 SELF CARE

ENCOMPASSES SERVICES RELATED TO SELF CARE AND
CATERS TO A WIDE RANGE OF LIFESTYLES

- Dental powered by Aetna Dental Access®
- UHS Chiropractic™
- Durable Medical Equipment
- NB Rx
- Physician & Hospital Discounts
- Teladoc with \$15 visit fee
- Coast to Coast Vision™
- Hearing Aids





SELF CARE

Encompasses services related to self care and caters to a wide range of lifestyles

DENTAL POWERED BY AETNA DENTAL ACCESS®

Smile brighter with big savings at over 262,000* available dental practice locations nationwide. Use your card over and over again to keep your teeth sparkling clean!

- In most instances, save 15% to 50% per visit**
- Save on dental services such as cleanings, X-rays, crowns, root canals and fillings
- Need specialty dental care? Save on orthodontics and periodontics, too!
- Show your card with the Aetna Dental Access® logo and pay the discounted price at checkout

*As of April 2020. **Actual costs and savings vary by provider, service and geographical area.

UHS CHIROPRACTIC™

Back out of whack? Save 30% to 50% on X-rays, diagnostic services and treatments at over 3,000 chiropractors nationwide.

- Free initial consultation
- 50% off diagnostic services and X-rays performed on-site
- 30% off treatments and other services
- Discounts on additional items may be available
- No limit on the number of visits

ALLEGRO DURABLE MEDICAL EQUIPMENT

Offer your members an easy way to order medical equipment online or by phone. Supplies are shipped directly to their home, and they will save 20% to 50% and an additional \$5 on orders* of \$50 or more. Members save on walking aids, wheelchairs, scooters, hospital beds, bathroom safety, orthopedic products and more.

*Restrictions may apply

HEARING AIDS

If you suffer from hearing loss, you shouldn't have to empty your wallet to access hearing aids. Retail Hearing Care by Amplifon will help you find an affordable solution with the fit, comfort, and amplification you need.

Retail Hearing Care by Amplifon

- **Average savings of 64%** off manufacturer suggested retail price for hearing aids
- One year free follow-up care for cleaning and checkups with purchase
- Free two-year supply of disposable batteries or a charging station to keep you powered
- Three-year warranty for loss, repairs, or damage
- 100% money-back guarantee during your 60-day risk-free trial
- Offering leading manufacturers including Miracle Ear, Phonak, Starkey, Oticon, ReSound, Signia, Widex, and Unitron





NB Rx

Healthcare keeps getting more expensive, but you shouldn't have to choose between your prescription medications and other essential expenses. Make sure you're always getting the best deal on your prescriptions with deep discounts through New Benefits Rx. Save 10% to 85% on most prescriptions at 60,000 retail pharmacies nationwide.

- Participating retail pharmacies include Walgreens, Target, CVS, and many other independent, national, and regional chains
- Find the best deal by comparing prescription prices at participating pharmacies through your mobile app or web portal; then text or email the prescription price to easily cash in your savings at the pharmacy
- My Medicine Cabinet feature allows you to save your prescription search so you can easily refresh pricing for your next refill
- Even if you have insurance, you can present both cards at the pharmacy or research online to receive the lowest price
- Savings are available for your whole family, including certain medications for pets!

PHYSICIAN & HOSPITAL DISCOUNTS

Save 10% to 40% on most medical services at over 340,000 participating physicians, ancillary facilities, and hospitals.

- Includes family doctors, specialists, alternative care providers, facilities and hospitals
- The ValuePoint provider network was established by MultiPlan®, the industry's most comprehensive provider of healthcare cost management solutions
- You and your immediate family can save using the ValuePoint network
- No health restrictions, age limits, or usage/savings maximums
- National savings average 39% at doctor offices, 28% at ancillary facilities, and 21% at hospitals

TELADOC WITH \$15 VISIT FEE

Feel better now! 24/7 access to a doctor is only a call or click away—anytime, anywhere with a \$15 visit fee for general medical issues. With Teladoc, you can talk to a doctor by phone or online video to get a diagnosis, treatment options and prescription, if medically necessary. Save time and money by avoiding crowded waiting rooms in the doctor's office, urgent care clinic or ER. Just use your phone, computer, smartphone or tablet to get a quick diagnosis by a U.S. licensed physician.

General Medical

- Treatment for common medical issues such as colds, flu, poison ivy, respiratory infections, bronchitis, pink eye, sinus problems, allergies, urinary tract infections and ear infections
- 10 minute average doctor response time
- Includes spouse and dependents — from children to seniors
- If you are caring for an aging parent or loved one, you can provide them access to \$49 visits
- U.S. board-certified doctors with an average 20 years practice experience

Nutrition

- Registered dietitians help members develop personalized eating plans or manage health conditions like diabetes or high blood pressure
- \$59 per consultation

Dermatology

- Upload images for a quick, convenient, and discreet treatment plan within 2 business days for skin conditions such as rash, acne, psoriasis, suspicious moles, and more
- \$75 per consult, plus one follow-up question

COAST TO COAST VISION™

Your eyes are the windows to your health. Now you and your family can see better savings at over 20,000 vision providers nationwide, including national chains and local retailers. You save 10% to 60% on glasses, contacts, laser surgery, and exams.

- 20% to 60% off prescription eyewear including most frames, lenses and specialty items such as tints, coatings and UV protection
- 10% to 30% off eye exams
- Participating chains include LensCrafters, Pearle Vision, Visionworks, JCPenney, Target and more
- Your eye doctor not in our network? The nomination process is a breeze!
- 10% to 40% off contact lenses through America's Eyewear mail order service
- 30% to 50% off the national average cost of LASIK surgery.

