Connect employees with tools and services for a smoother, more cost-effective healthcare experience.

# TRUEbenefits PLAN 4 PEACE OF MIND

ENCOMPASSES SERVICES RELATED TO PROVIDING INDIVIDUALS WITH A PEACE OF MIND AND CATERS TO A WIDE RANGE OF LIFESTYLES

- Aura Digital Guard Complete Family
- Global Travel Assistance
- Legal Access
- Roadside Assistance
- Teladoc Mental Health with \$25 visit fee



# PEACE OF MIND

Encompasses services related to providing individuals with a peace of mind and caters to a wide range of lifestyles

# **GLOBAL TRAVEL ASSISTANCE**

Protect yourself and your loved ones anytime you travel 100 miles or more from home\* with a global network of doctors, assistance personnel and emergency benefits. You'll be safe and sound from air to ground.

- Emergency medical evacuation
- Monitoring of treatment
- Lost or stolen travel documents assistance
- Transportation to join a family member in the hospital
- Emergency travel arrangements for dependent children
- Coordination of hospital payments and insurance
- Medical, behavioral or mental health, dental, and pharmacy referrals
- Emergency travel funds assistance
- Translation and interpreter referral
- Legal consultation and referral
- Pre-travel planning and security information
- Political and natural disaster evacuation
- Return of mortal remains

\*Home is defined as the address listed on member's ID (Driver's License or Passport)

# AURA DIGITALGUARD COMPLETE FAMILY

Today we use websites, devices, and apps to do nearly everything. While convenient, this connectivity can make you and your loved ones prime targets for scams, cybercriminals, and online predators. That's where Aura comes in. Aura is a digital safety app that protects the things you care about most – your finances, identity, family, and tech – from online threats. The DigitalGuard Complete Family Plan provides comprehensive protection for you plus 10 additional adults and unlimited minors. Each adult gets \$5M in ID theft insurance, 24/7 support, and White Glove Fraud Remediation to help if they are a victim of fraud. Your plan provides complete digital protection, all in one app that:

- Monitors financial accounts and credit profiles with all three credit bureaus and alerts in near real-time if fraud is detected, with the option to instantly lock credit
- Keeps online accounts, passwords, and identity secure
- Removes personal information from online sites that can sell it to ID thieves and scammers
- Secures internet connections and online activity across unlimited devices
- Provides Parental Controls to block harmful content and manage screen time
- Monitors adults' and kids' social media accounts and provides reputation and cyberbullying protection
- Stores and protects important digital assets and passwords securely





# LEGAL ACCESS

Get your legal questions answered by experienced lawyers at discounted rates. Attorneys help with traffic tickets, bankruptcy, divorce, and spousal and child support. Additional services are also available at no cost to you!

- Free services\* include one-on-one consultations, attorney-made phone calls, help with legal documents, assistance with government programs, representation in small claims court, and a Simple and Living Will
- Attorneys charge 25% off their hourly rate
- You'll be referred to plan attorneys based on location, language and area of law
- Also available for your spouse, dependents up to age 23, your parents and your spouse's parents

\* In many states, attorney liability may require plan attorneys to obtain a retainer from the member prior to providing some of the free member benefits.





### **ROADSIDE ASSISTANCE**

Stranded? Car trouble is no trouble. Roadside Assistance is there for you and your immediate family to help with a flat tire, lockout, battery, collision and even towing—with coverage up to \$80. They will even bring you fuel, oil, fluid and water 24/7!

- Limit one service within 72 hours and five services per year.
- This is not an insurance product.

#### TELADOC MENTAL HEALTH

20% of Americans suffer from a mental health condition, but many don't seek treatment due to lack of convenience and accessibility to services. Teladoc Mental Health provides confidential therapy on your terms with virtual access to licensed therapists for only \$25 per visit.

- Establish an ongoing relationship with a licensed therapist through video or phone sessions
- Get support for anxiety, depression, stress, grief, PTSD, family or marriage issues, and more
- Adolescent therapy available for teens ages 13-17, excluding psychiatry
- Teladoc's licensed therapists are available seven days a week



