

Connect employees with tools and services for a smoother, more cost-effective healthcare experience.

TRUEbenefits **PLAN 1** ADVANCED CARE

ENCOMPASSES SERVICES RELATED TO ADVANCED CARE
AND CATERS TO A WIDE RANGE OF LIFESTYLES

- Caregiver Support with Care Companions and LawAssure
- Funeral Services
- Diabetic Supplies
- NB Travel
- Health Advocate™ Solutions
- Coast to Coast Vision™
- Dental powered by Aetna Dental Access®
- Hearing Aids
- Physician & Hospital Discounts
- Teladoc with \$15 visit fee
- Allegro Durable Medical Equipment
- UHS Chiropractic™





ADVANCED CARE

Encompasses services related to Advanced Care and caters to a wide range of lifestyles

CAREGIVER SUPPORT WITH CARE COMPANIONS AND LAWASSURE

Taking care of a parent, grandparent, sibling, new baby, or child with disabilities can be incredibly rewarding, but also incredibly stressful and overwhelming. Especially if you're working a full-time job on top of coordinating doctor's visits, calling family members, and sifting through piles of paperwork. Caregiver Support empowers you to efficiently manage caregiving responsibilities through three services: a web-based platform for storing vital medical information, coordinating with care team members, and sharing updates with family; a companionship and task assistance service; and a legal document creation service.

- Connected Caregiving by alaska ("love" in Swedish) is a web-based platform for storing vital medical information, coordinating with care team members, sharing updates with family, and participating in virtual support groups and education webinars
- Care Companions by Papa sends thoroughly vetted helpers (called Papa Pals) who provide companionship and assistance with transportation, household chores, technology lessons, and more
- LawAssure guides you to create high-quality, personalized legal documents, including wills, living trusts, power of attorney, healthcare directives, and more

DIABETIC SUPPLIES

Save 10% to 50% on diabetic testing supplies, and get a free fully-audible blood glucose meter with your first order. With the convenient online, pre-paid program, you receive discounted diabetic testing supplies shipped directly to your home. Services include:

- Free shipping on diabetic supply packages
- Tracking information updates via email or text
- Annual testing program or purchase-as-needed options available
- No prescription required for OTC testing supplies
- 100% satisfaction guaranteed, or you get your money back

UHS CHIROPRACTIC™

Back out of whack? Save 30% to 50% on X-rays, diagnostic services and treatments at over 3,000 chiropractors nationwide.

- Free initial consultation
- 50% off diagnostic services and X-rays performed on-site
- 30% off treatments and other services
- Discounts on additional items may be available
- No limit on the number of visits





HEALTH ADVOCATE™ SOLUTIONS

Healthcare is complicated. Personal Health Advocates help you navigate the insurance and healthcare systems. They can help to:

- Untangle medical bills and insurance claims
- Locate doctors, specialists, hospitals, dentists and pharmacies
- Clarify benefits and answer questions about tests, treatments and medications
- Coordinate care among multiple providers
- Assist with eldercare and related healthcare issues
- Arrange second opinions
- Transfer medical records
- Negotiate payment arrangements with providers and find options for non-covered services
- Provide information about generic drug options



DENTAL POWERED BY AETNA DENTAL ACCESS®

Smile brighter with big savings at over 262,000* available dental practice locations nationwide. Use your card over and over again to keep your teeth sparkling clean!

- In most instances, save 15% to 50% per visit**
- Save on dental services such as cleanings, X-rays, crowns, root canals and fillings
- Need specialty dental care? Save on orthodontics and periodontics, too!
- Show your card with the Aetna Dental Access® logo and pay the discounted price at checkout

*As of April 2020. **Actual costs and savings vary by provider, service and geographical area.

HEARING AIDS

If you suffer from hearing loss, you shouldn't have to empty your wallet to access hearing aids. Retail Hearing Care by Amplifon help you find an affordable solution with the fit, comfort, and amplification you need.

Retail Hearing Care by Amplifon

- **Average savings of 64%** off manufacturer suggested retail price for hearing aids
- One year free follow-up care for cleaning and checkups with purchase
- Free two-year supply of disposable batteries or a charging station to keep you powered
- Three-year warranty for loss, repairs, or damage
- 100% money-back guarantee during your 60-day risk-free trial
- Offering leading manufacturers including Miracle Ear, Phonak, Starkey, Oticon, ReSound, Signia, Widex, and Unitron





FUNERAL SERVICES

Planning a funeral can often be an overwhelming task for family members. There are hundreds of decisions to be made and arrangements to confirm. Being prepared can relieve some of the stress that immediately follows a loss. With Funeral Services by Dignity Memorial®, you and your extended family are eligible for a range of benefits that can help alleviate the financial and emotional burdens of planning a funeral.

- Get step-by-step assistance from a representative who guides you on how to make final arrangements, plan a service in advance, or respond to an unexpected death
- Save 10% on all funeral or cremation products and services selected at Dignity Memorial affiliated funeral homes¹
- Save 10% on cemetery interment rights, products, and services through Dignity Memorial affiliated cemeteries²
- Receive National Transferability on prearranged services within our network³
- Receive 13 months of unlimited telephone grief support through the Compassion Helpline®⁴
- Includes bereavement travel services for family and friends

1. Where available by law. 10% savings is not available in all states nor does it apply to cash advance items. On already discounted Dignity Memorial plans, employee/member is entitled to the greater of the two discounts.

2. Cemetery benefit is not available in all states. On already discounted Dignity Memorial plans, employee/member is entitled to the greater of the two discounts.

3. Certain restrictions apply.

4. Services provided by Charles Nechtem Associates, Inc.

NB TRAVEL

Experience More. Spend Less. NB Travel serves up deeper discounts on hotels, car rentals, flights, and activities all over the world. Most of our travel deals are not available to the public, which means these exclusive rates are much lower than what the average consumer can find online. NB Travel gives you instant access to thousands of travel deals allowing you to experience a lot more with your budget. Our one-stop-shop travel discount network includes:

- Up to 60% off hotel public pricing
- More than 900K hotels worldwide
- 200+ airlines, including low cost carriers (e.g., Southwest Airlines)
- Discounted worldwide Disney Parks, Universal Studios, SeaWorld, and other theme park tickets
- 16,000+ activities
- No hidden fees or contracts

ALLEGRO DURABLE MEDICAL EQUIPMENT

Offer your members an easy way to order medical equipment online or by phone. Supplies are shipped directly to their home, and they will save 20% to 50% and an additional \$5 on orders* of \$50 or more. Members save on walking aids, wheelchairs, scooters, hospital beds, bathroom safety, orthopedic products and more.

*Restrictions may apply





PHYSICIAN & HOSPITAL DISCOUNTS

Save 10% to 40% on most medical services at over 340,000 participating physicians, ancillary facilities, and hospitals.

- Includes family doctors, specialists, alternative care providers, facilities and hospitals
- The ValuePoint provider network was established by MultiPlan®, the industry's most comprehensive provider of healthcare cost management solutions
- You and your immediate family can save using the ValuePoint network
- No health restrictions, age limits, or usage/savings maximums
- National savings average 39% at doctor offices, 28% at ancillary facilities, and 21% at hospitals

COAST TO COAST VISION™

Your eyes are the windows to your health. Now you and your family can see better savings at over 20,000 vision providers nationwide, including national chains and local retailers. You save 10% to 60% on glasses, contacts, laser surgery, and exams.

- 20% to 60% off prescription eyewear including most frames, lenses and specialty items such as tints, coatings and UV protection
- 10% to 30% off eye exams
- Participating chains include LensCrafters, Pearle Vision, Visionworks, JCPenney, Target and more
- Your eye doctor not in our network? The nomination process is a breeze!
- 10% to 40% off contact lenses through America's Eyewear mail order service
- 30% to 50% off the national average cost of LASIK surgery.

TELADOC WITH \$15 VISIT FEE

Feel better now! 24/7 access to a doctor is only a call or click away—anytime, anywhere with a \$15 visit fee for general medical issues. With Teladoc, you can talk to a doctor by phone or online video to get a diagnosis, treatment options and prescription, if medically necessary. Save time and money by avoiding crowded waiting rooms in the doctor's office, urgent care clinic or ER. Just use your phone, computer, smartphone or tablet to get a quick diagnosis by a U.S. licensed physician.

General Medical

- Treatment for common medical issues such as colds, flu, poison ivy, respiratory infections, bronchitis, pink eye, sinus problems, allergies, urinary tract infections and ear infections
- 10 minute average doctor response time
- Includes spouse and dependents — from children to seniors
- If you are caring for an aging parent or loved one, you can provide them access to \$49 visits
- U.S. board-certified doctors with an average 20 years practice experience

Nutrition

- Registered dietitians help members develop personalized eating plans or manage health conditions like diabetes or high blood pressure
- \$59 per consultation

Dermatology

- Upload images for a quick, convenient, and discreet treatment plan within 2 business days for skin conditions such as rash, acne, psoriasis, suspicious moles, and more
- \$75 per consult, plus one follow-up question

