

# Babe's

## TEA ROOM

*\*Thank you in advance: to accommodate all our guests under newly released COVID guidelines, tables are offered a 90-minute reservation\**

### TEA MENU

READ ME...

Did you know you can “over brew” tea? Taste, antioxidant, and caffeine levels all depend on the amount of time the leaves are in contact with the water. We use smaller pots, ideal for a single cup, to avoid over diffusing the tea and pulling bitter flavors from the leaves. All of our high-quality loose leaf teas can be steeped 2-3 times. Ask your server for more hot water when you are ready to brew another cup.

Pot of Tea for One...\$4

Pot of Tea for Two...\$7

DRINK ME...

#### BLACK TEAS

**ASSAM** A rich tea from the Brahmaputra valley in the Assam region of India, with a full body, a strong malty liquor and brisk invigorating flavor

**CEYLON** A bright tea with a distinctive fresh taste

**DARJEELING** The “champagne” of teas, with a subtle, delicate flavor. Grown high in the foothills of the Himalayas on the famous Biodynamic Makaibari Estate.

**ENGLISH BREAKFAST** A brisk, stimulating tea with a bright copper liquor \*

**IRISH BREAKFAST** This Extra Fancy blend of Indian and China teas with some gold tips and a robust, malty flavor.

**KEEMUN CHINA** A light, biscuit-flavored tea with a golden liquor, from the Anhui province of China

**KENYA** A full bodied African tea with a rich aroma

**LAPSANG SOUCHONG** A classic China tea with a distinctive, smoky flavour

**MAO FENG** A renowned Chinese tea from Quimen in Anhui Province with a rich oak undertone and a bold finish

**PG TIPS** The British favorite, a good strong cup of tea

**ROYAL YUNNAN** A longer leaf tea from China, with many golden tips and a sweet, malty flavor

**RUSSIAN CARAVAN** A blend of sweet China tea and strong Indian tea, with a hint of fruitiness

**SCOTTISH BREAKFAST** A strong, full bodied tea with a sweet, malty flavor

**TEA ROOM BLEND** A strong, English blend, rich and full bodied, with a satisfying flavor

**YORKSHIRE GOLD** A rich tea, with a golden liquor and brisk, refreshing character

\* available in decaffeinate

#### FLAVORED BLACK TEAS

**ALMOND** A smooth black tea with the sweet nutty flavor of almonds

**BLACKCURRANT** A light-liquored tea from the Korakundah estate in southern India, with the delicately scented taste of blackcurrants

**CHINA ROSE PETAL** A lovely black tea from China, infused with aromatic rose petals

**CHOCOLATE** An aromatic blend of Ceylon tea and rooibos with the rich velvety flavor of chocolate

**CHOCOLATE CHAI** Our chocolate tea with a delicious array of spices to warm the heart

**CHRYSANTHEMUM** Boasting a notable floral fragrance and flavor this Indian black tea base is blended with yellow “mum” petals.

**\*EARL GREY** A classic blend of China teas infused with natural oil of bergamot, which gives it a distinctive aromatic flavour

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**EARL GREY de la CRÈME** A traditional Earl Grey with a twist of creamy vanilla

**GINGER PEACH** A black tea from southern India with a delicious blend of ginger and peach \*

**LAVENDER EARL GREY** An invigorating blend infused with French lavender from Provence

**LICORICE** A robust tea with the distinctive flavor of aromatic licorice root

**MANGO** The sweet flavor of the mango blends perfectly with this tea for a refreshing flavor.

**MASALA CHAI** A perfect blend of spices and tea that comes directly to us from the Craigmere estate in India

**MEYER LEMON** A bold black tea with the tangy sweetness of meyer lemon for a distinctive flavor

**PASSION FRUIT** A blend of teas from southern India with a vibrant tropical fruit flavor

**PEACH** A delicious tea with marigolds and the luscious flavor of peaches

**SPICED CHRISTMAS** A blend of chai spices, rose petals, and orange peels; you will fall in love with this seasonal sensation!

**SPICED ORANGE** A refreshing organic black tea with orange peel and warm, spicy undertones.

**VANILLA** A black tea from India with the creamy flavor of vanilla bean

\* available in decaffeinated

### PU-ERH TEAS

**GOLDEN PU-ERH** A competition-quality tea with many golden tips

**ORGANIC PU-ERH** An earthy tea with a strong, robust quality

**PU-ERH TUO CHA** An earthy pu-erh compressed into small bird nests

### OOLONG TEAS

**FORMOSA OOLONG** From Taiwan, dark oxidation, nutty notes & a subtle peachiness makes for a very good "every day" oolong.

**MILK OOLONG** This lightly oxidized oolong made from the Jin Xuan cultivar delivers a smooth & slightly creamy liquor with a hint of natural cinnamon & roasted sugar flavors.

**BIG RED ROBE** Awarded 3<sup>rd</sup> place in the North America Tea Championship in the Dark Oolong category! Full bodied & smooth, this medium-oxidized Spring tea begins with floral notes & deepens into a fruity sweetness.

**TI KWAN YIN** Lightly oxidized, with a pale liquor and a slightly nutty flavor with hints of fruit

### GREEN TEAS

**DRAGONWELL** A sweet and fragrant green tea from Hangzhou in the Zhejiang province of China

**KUKICHA** An invigorating Japanese twig tea with fresh bright character

**IMPERIAL GUNPOWDER** A light, refreshing tea with a sweet aroma

**SENCHA** A traditional Japanese tea with refreshing vegetal notes. Naturally lower in caffeine

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### FLAVORED GREEN TEAS

**CHERRY SENCHA** Popular in Japan, Sencha is soft and mild and is especially delicious with the light delicate flavor of wild cherry

**GENMAICHA** A Japanese favorite, delicious bancha green tea with popped corn and toasted rice

**GREEN EARL GREY** Refreshing green gunpowder tea infused with the invigorating flavor of bergamot

**JASMINE BLOSSOM** A light, delicate tea with a fragrant floral aroma

**JASMINE PEARL** An excellent green tea rolled with jasmine buds for a delicate aroma and delicious floral flavor

**LEMON GINGER SNAP** This exhilarating blend of green tea, organic lemon grass, and ginger is sure to brighten your day.

**MOROCCAN MINT** A full bodied tea balanced with the invigorating flavor of mint

**TANGERINE SENCHA** An aromatic blend of tangerine-flavored green tea, marigold flowers and orange peel. Delicious hot or iced

### WHITE TEAS

**WHITE LAVENDER** A soft white tea gently blended with French lavender

**WHITE PEACH** “The sounds of the tea being made invite the peach blossoms to peep in through the window” Sasaki Sanmi, author of “Chado The Way of Tea. This blend captures this sentiment precisely

**WHITE PEONY** A leafy white tea from the Fujian province in China, this tea is light, delicate and floral, with a crisp taste and a smooth, sweet finish

**WHITE VELVET** A smooth blend of White tea, marigold petals, rose petals and corn flowers with a hint of citrus flavoring

**YIN ZHEN SILVER NEEDLE** A delicately flavored white tea from China with a light liquor

### HERBALS, ROOIBOS & FRUIT BLENDS

**AFRICAN ROOIBOS** A full bodied tisane from South Africa, high in anti-oxidants and vitamin C

**BLUEBERRY** A fruity blend of blueberries, rosehips and blackberry leaves

**CHAI ROOIBOS** A rooibos with the invigorating flavour of masala spices

**CHAMOMILE** A soothing tisane of pure chamomile flowers

**COCONUT CUSTARD ROOIBOS** A creamy rooibos with sweet coconut

**CRANBERRY** A delicious vibrant blend of cranberries, apple and hibiscus

**GINGER** Ginger root acts as a natural digestive with a sharp spicy flavor

**GREEN ROOIBOS** A soft, less oxidized rooibos with a milder flavor than the more traditional red rooibos

**HIBISCUS** Beautiful red hibiscus petals from Egypt produce a sharp sensation of flavor

**HOT CIDER HONEYBUSH** A heart-warming blend of spices, sweet citrus, crisp apple and honeybush

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**LAVENDER CHAMOMILE** Whole Egyptian flowers & European lavender. Soothing & fragrant, hints of apples & honey.

**LEMON CHIFFON ROOIBOS** A prize-winning blend of rooibos and lemongrass with a creamy lemon flavor

**NUTCRACKER** An African Rooibos base blended with papaya and almond pieces then finished off with delicate snowflake candy quins and tiny silver marzipan candies for a dash of holiday glitz & glam.

**PEPPERMINT** An aromatic and refreshing tisane of pure peppermint leaves from Egypt

**POWERHOUSE** A delicious and nutritious floral, fruit & spice blend including raspberry, apricot, orange, hibiscus, spearmint, rosehips, turmeric & a touch of black pepper.

**RASPBERRY** A rich blend of whole raspberries, apples, hibiscus, rosehips, and blackberry leaves

**STRAWBERRY** A smooth refreshing blend of strawberries, rosehips, apple and hibiscus

## YERBA MATE

**YERBA MATE** An invigorating wild harvest tisane from the sub-tropical jungle of Paraguay.

**CHAI YERBA MATE** Yerba Mate with masala spices

## \*Tea Accessories For Sale\*

The Perfect Teacup Measuring Spoon... \$8.99

Sand Tea Timer 4-in-one...\$39.00

Empress Tea Strainer & Saucer...\$9.00

Hand-blown Glass Tea Pot... \$31 SM / \$36 LG

Taking Reservations for Holiday Tea...

Gift Cards Now Available!

(Ask your server for details)