

# Babe's TEA ROOM

## TEA MENU

READ ME...

Did you know you can “over brew” tea? Taste, antioxidant, and caffeine levels all depend on the amount of time the leaves are in contact with the water. We use specialized tea pots that give you the ability to stop the steep to avoid over diffusing the tea and pulling bitter flavors from the leaves. All of our high-quality loose leaf teas can be steeped 2-3 times. Ask your server for more hot water when you are ready to brew another pot.

Pot of Tea... \$7.00

DRINK ME...

### MARCH TEA FEATURES

**LEMON GINGER SNAP** This exhilarating blend of green tea, organic lemon grass, and ginger is sure to brighten your day.

**GREEN ROOIBOS** A soft, less oxidized rooibos with a milder flavor than the more traditional red rooibos

**IRISH BREAKFAST** Our Irish Breakfast blend combines Indian black teas for a heady, robust flavor. You will have the luck of the Irish on your side and feel refreshed all morning!

**AMSTERDAM LICORICE** Sweet and lightly Anise and tea complement each other. A Delicious exotic aniseed finish

**GINGER VEIL** White Ginger. Gentle nuttiness with just a hint of heat.

### BLACK TEAS

**ASSAM** A rich tea from the Brahmaputra valley in the Assam region of India, a very smooth strong, full-bodied tea that's rich and malty with a sweet flowery bouquet.

**CEYLON** This certified Organic tea is grown at an elevation of up to 4,500 ft. above sea level. These deep chestnut hued Pekoe leaves steep to a bright copper-colored cup. Distinct citrus notes, medium body & clean, brisk character are hallmarks of this highly valued black tea.

**DARJEELING** The “champagne” of teas, with a subtle, delicate flavor. Grown high in the foothills of the Himalayas on the famous Biodynamic Makaibari Estate.

**IRISH BREAKFAST** Our Irish Breakfast blend combines Indian black teas for a heady, robust flavor. You will have the luck of the Irish on your side and feel refreshed all morning!

**KEEMUN CHINA** This marvelous tea is renowned for its orchid bouquet & splendid red color. A traditional English Breakfast grown in the Anhui province. Mildly smoky & winy, this tea ages very well.

**\*LAPSANG SOUCHONG** This black tea is smoked over pine fires to create a rich, strong flavor with a unique smoky aroma.

**MORNING GLORY** Inspired by traditional English Breakfast blends this tea is made with Ceylon Black & China Black teas. Robust and bold, with fruity undertones this steep is an ideal morning pick me up.

**\*KORAKUNDAH ESTATE BLACK NILGIRI** Korakundah Estate is a self-sustaining community, as well as a successful tea garden. This black orange pekoe tea has a smooth, well-balanced mild flavor, with a hint of citrus. This is the highest tea estate in India with tea growing over 8000 feet above sea level.

**PG TIPS** A British favorite, made from a blend of Asam, Ceylon and Kenyan black teas. Brews a refreshing, robust cup with little caffeine and plenty of antioxidants.

**\*ROYAL YUNNAN** This tea has a malty taste and a smooth, bold finish.

**RUSSIAN CARAVAN** Smoky & resonant with defining citrus notes.

**SCOTTISH BREAKFAST** A robust blend of black teas combined to create a distinctive, robust flavor. Full bodied, yet light and refreshing, our Scottish Breakfast tea is the perfect pick-me-up for any time of day.

*\*Thank you in advance... All tables are offered a 90-minute reservation\**

\*Organic

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### FLAVORED BLACK TEAS

**ALMOND** A smooth black tea with the sweet and creamy flavor of almonds.

**BLACKCURRANT** Distinct black currant paired with Anhui Province Black Tea.

**BLACK & BLUE** A burst of blueberry paired with a powerful Black Tea punch. A delicious burst of candied sweetness

**CHERRY ALMOND** Black tea with Almond pieces, Blackberry + Lime leaves, Cranberry pieces Rose + Safflower petals. Deep cherry flavor with almond notes. A dash of sugar enhances the flavor and offers a smooth silky character.

**CHOCOLATE** This densely aromatic & flavorful blend showcases the best of two popular infusions ~ Tea & Chocolate. Hints of vanilla enhance the earthy rooibos & rich, velvety notes of black tea which beautifully escort a chocolate melange into a delicate, lingering finish.

**CHOCOLATE CHAI** Tea, Chai & Chocolate! This luxurious, warm & fragrant combination sips elegantly with or without milk.

**EARL GREY de la CRÈME** A traditional Earl Grey with a twist of creamy vanilla flavors. A blend of black tea, cornflower, and bergamot essence. A soft, creamy finish adds a refreshing touch with a whisper of sweetness.

**CHINA ROSE PETAL** A rose by any other name is still a rose, yet when adorning this full, slightly smoky Chinese Black Tea an easily loved sweetness emerges & lasts.

**SOUTHERN ROOTS** Ginger Peach. Made with organic black tea, organic ginger root, and organic peach pieces, this soothing tea provides a natural pick-me-up.\*

**LAVENDER EARL GREY** Super blue lavender transports a floral harvest of Provence to an intoxicating Earl Grey.

**LONDON CALLING** Babe's take on Earl Grey. The traditional citrus beverage enjoyed by millions around the world. Our version is perfectly balanced & smooth.

**AMSTERDAM LICORICE** Sweet and lightly Anise and tea complement each other. A Delicious exotic aniseed finish.

**MANGO CEYLON** A wonderful blend of black tea scented with natural mango piece & flavor, producing a refreshing cup.

**MAHAL MASALA** Steeped in tradition, this Chai recipe is rich, warming & generous. Chai tea has been around for over 5,000 years, and originates in India, where it is brewed in milk with a bit of sugar. Named after the Crown Palace, Taj Mahal, our Mahal Masala has a spicy yet smooth cinnamon and cardamom kick to it, with a tantalizing ginger and subtle pepper aftertaste.

**MAPLE PEACH** Think warm maple glazed peaches over rich and creamy vanilla ice cream. This sweet flavor combination is blended with classic, high-grown Ceylon leaf, dried natural fruits and flowers.

**PASSION FRUIT** A blend of teas from southern India with a vibrant tropical fruit flavor.

**SLIM MINT** Chocolatey and minty fresh. Slim Mint tea is a perfect refresher after a meal. Never has decadence tasted so good!

**SPICED ORANGE** A refreshing organic black tea with orange peel and warm, spicy undertones.

**VANILLA** A blend of South Indian black tea from the Chamraj Estate flavored with vanilla beans and vanilla oils.

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## PU-ERH TEAS

**COCOA POWER PU-ERH** Deep & earthy ~ an antioxidant powerhouse with just a hint of sweetness. Organic blend of Pu-Erh, Rooibos, Chocolate & Coconut.

**FRENCH VANILLA PU-ERH** Chocolaty bourbon vanilla highlights with a coffee smooth finish

## OOLONG TEAS

**WHITE TIP OOLONG** A traditional Oolong from Taiwan's northwestern Hakka area, specifically the Beipu region in Hsin Zhu County. Dark oxidation with distinct nutty note, intertwined with a subtle peachiness. Good "every day" Oolong.

**MILK OOLONG** This lightly oxidized oolong made from the Jin Xuan cultivar delivers a smooth & slightly creamy liquor with a hint of natural cinnamon & roasted sugar flavors.

**BIG RED ROBE** Awarded 3<sup>rd</sup> place in the North America Tea Championship in the Dark Oolong category! Full bodied & smooth, this medium-oxidized Spring tea begins with floral notes & deepens into a fruity sweetness.

## GREEN TEAS

**DRAGONWELL** The classic Chinese flat leaf, pan fired green tea from Hangzhou in Zhejiang Province is also known as Lung Ching or Longjing. Smooth, aromatic & intriguing.

**KUKICHA** a visually stunning, finely blended style of desirable upper stems & sencha grade leaves from the second harvest. Light & delicate, toasty with sweet end notes, this tea is sure to be an instant favorite.

**SENCHA** Lightly steamed with pronounced vegetal notes. Fresh, bright green tea, presented as slender, needle-shaped leaves. A refreshing gem with a brisk, lingering finish from the country of ceremony & perfection.

**ORGANIC PU-ERH** Organic Pu-erh tea is one of the most popular drinks in China. Naturally rich in antioxidants and vitamins, it's a dark tea that's earthy yet sweet, with a smooth finish.

**OOLONG SWEET WATERMELON** Oolong tea, Papaya pieces, Plum + Safflower petals makes for a wonderfully ripe & juicy, sunset pink, thirst quenching flavored Oolong!

**TI KWAN YIN "IRON GODDESS OF MERCY"** Tightly rolled deep chestnut-colored leaves from Fujian Province steep to a clear amber liquor. Tender woody notes of this slow roasted Oolong intermingle with toasty, peach-pit overtones & a long, sweet finish. Medium Oxidation.

**IMPERIAL GUNPOWDER** a high-quality green tea with a delicate taste and light smoky aroma. This tea has a natural signature flavor, and is made of the best green tea leaves from China.

**GYOKURO ASAHI** Meaning "precious dew". This is Japan's best category of green tea, from Kyoto. The tea plants are shaded for up to 20 - 30 days in the garden. The sun deprived leaf develops less polyphenol, and more chlorophyll which makes it a much darker green. We recommend that this tea be brewed for just 1-2 min and with water about 170 degrees.

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## FLAVORED GREEN TEAS

**CHERRY SENCHA** Popular in Japan, Sencha is soft and mild and is especially delicious with the sweet, tart flavor of wild cherry. This tea contains sencha, safflowers and cherry pieces.

**CITRUS MISTRESS** Floral and Citrus Sweet Green Tea. The lemon drop of tea! Delight in hints of jasmine and rose along the way.

**FIND ME IN FIJI** Deep, lush organic China green tea flavored with juicy Pineapple & a touch of Papaya. Escape to the tropics with Fiji tea.

**\*GENMAICHA** a mellow blend of roasted and puffed brown rice grains and Sencha that has been well-loved by green tea fans in Japan for centuries. Due to the rice, this tea has the rich and hearty flavor of roasted grains but with the freshness of Sencha. It is very well balanced and flavored.

**ISLAND ZEN** Refreshing, smooth, and tropical! You'll be going coco-nuts for this green tea treat made with China Green Tea and real coconut.

**JASMINE POUCHONG** This is a special grade of Jasmine scented tea. The jasmine flowers are cut and

## WHITE TEAS

**BALLERINA** White Lavender. A soothing aromatic white tea elegantly blended with French lavender.

**GINGER VEIL** White Ginger. Gentle nuttiness with just a hint of heat.

**TRANQUILITY ROSE** White Rose. This organic blend of Rose Petals and White Tea is dry, sweet, aromatic & enigmatic. Simply beautiful.

## HERBALS, ROOIBOS & FRUIT BLENDS

**AFRICAN ROOIBOS** This full-bodied African Rooibos herbal tea is produced from the leaf of the "Red Bush" plant. Grown only in South Africa, this tea is

introduced to the tea several times so that the tea absorbs the sweet aroma. The cup has the fragrance of a garden in bloom with a light, sweet, smooth flavor. The oldest of scented teas.

**\*LAVENDER FIELDS** Stress less with this smooth green tea mixed with soothing French lavender and immune boosting bee pollen.

**PHOENIX DRAGON PEARL JASMINE** This is one of the finest quality China jasmine teas. High quality green tea is scented with freshly cut jasmine flowers up to 20 times to get the intense aroma present in this type of tea. A wonderfully sweet, meditative brew with fantastic floral aroma. Imported from China, this tea consists of two leaves and a bud tightly rolled into a pearl.

**\*LEMON GINGER SNAP** This exhilarating blend of green tea, organic lemon grass, and ginger is sure to brighten your day.

**\*MOROCCAN MINT** A full bodied, crisp green tea balanced with the invigorating flavor of peppermint.

**VANILLA GREEN** Sweet, flavory vanilla gives this green tea depth and character.

**PRINCESS PEACH.** White Peach. "The sounds of the tea being made invite the peach blossoms to peep in through the window" Sasaki Sanmi, author of "Chado The Way of Tea. This blend captures this sentiment precisely

**KING PEONY SILVER NEEDLES - YIN ZHEN** One of the most valuable teas in the world. The young tea leaf shoots are picked just before they open into a full leaf, then dried immediately to preserve their flavor. In the cup the tea is delicate, aromatic and sweet with a pale yellow liquor.

naturally caffeine-free with black tea qualities and high in both antioxidants and vitamin C.

**BLUEBERRY RENDEZVOUS** A juicy, fruity blend of blueberries, rosehips and blackberry leaves.

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**BLUE SUNSHINE** Butterfly Blue Pea Flower, St. John's Wort, and Ashwagandha Root blended with ingredients used to decrease anxiety, ease digestion, and improve overall wellness. Delicate flavors of strawberry, herbs, and soft citrus comfort.

**ANYTIME CHAI** A spicy Chai Rooibos. Earthy, spicy, caffeine-free Chai. A rooibos with the invigorating flavor of masala spices.

**CHAMOMILE FLOWER** A soothing tisane of pure, whole chamomile flowers

**CINNAMON ROOIBOS** Lightly cinnamon hot. A synergy between rooibos and cinnamon. Orange petals impart a subtle mystery to the finish.

**COCOA CABANA** Packed with mounds of coconut pieces and decadent chocolate flavors. This rich and delightful dessert inspired Rooibos blend is a creamy tropical escape for your tastebuds

**COCONUT CUSTARD ROOIBOS** A creamy rooibos with sweet coconut

**CRANBERRY** A delicious vibrant blend of cranberries, apple and hibiscus

**CRANBERRY ECHINACEA (COLD + FLU)** Highlighting the medicinal and health-affirming aspects of common plants and fruits. This lightly tart, refreshing and cleansing tea features echinacea, strawberry, blackberry, tulsi leaves, chamomile, safflower petals and cranberry.

**CUPID'S BOW** Chocolate-Dipped Berries. A luscious burst of berries blended with chocolate bits and natural cream flavors.

**GINGER** Ginger root acts as a natural digestive with a sharp spicy flavor

**GREEN ROOIBOS** A soft, less oxidized rooibos with a milder flavor than the more traditional red rooibos

**HAWAIIAN COLADA ROOIBOS** Island coconut pleasures with hints of rum dryness. Sprinklings of pineapple and coconut pieces enhance a lingering sweet colada finish.

**HIBISCUS** Beautiful red hibiscus petals from Egypt produce a sharp sensation of flavor

**HOT CIDER HONEYBUSH** A heart-warming blend of spices, sweet citrus, crisp apple and honeybush

**LAVENDER CHAMOMILE** Whole Egyptian flowers & European lavender. Soothing & fragrant, hints of apples & honey.

**LEMON CHIFFON ROOIBOS** A prize-winning blend of rooibos and lemongrass with a creamy lemon flavor.

**OF MY DREAMS** Chamomile Blend. A soothing minty masterpiece. The complex cast of ingredients has a calming effect for both the mind and body. Including chamomile, Lavender, Lemon Myrtle, Spearmint, Valerian Root & Verbena.

**SPICED A-PEEL** A delicious "powerhouse" of flowers, fruits & spices including raspberry, apricot, orange, hibiscus, spearmint, rosehips, turmeric & a touch of black pepper.

**RASPBERRY** A rich blend of whole raspberries, apples, hibiscus, rosehips, and blackberry leaves.

**STRAWBERRY** A smooth refreshing blend of strawberries, rosehips, apple and hibiscus.

**TURMERIC COMFORT** This Rooibos based blend also includes Turmeric, Cinnamon, Black Pepper, Ginger, and Honeybee Pollen. Loaded with benefits and flavor!

**WASHINGTON STATE PEPPERMINT** A cool and refreshing tea, with a strong menthol flavor

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