Participant N	Date of Ride			
First Name	Last Name	Month	Day	Year

Description of Ride

In consideration of being allowed to participate in the cycling group ride organized by Team 413, I, the undersigned, agree to the following:

- 1. Assumption of Risk: I understand and acknowledge that cycling involves inherent risks, including but not limited to accidents, collisions, falls, and injuries. I voluntarily assume all such risks associated with participating in this group ride.
- 2. Release and Waiver of Liability: I hereby release, waive, discharge, and covenant not to sue 413cycling, its officers, organizers, volunteers, and any other participants from any and all liability, claims, demands, actions, or causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me during the group ride.
- 3. Medical Care: In the event of injury or illness, I authorize any first aid, medical treatment, or emergency services deemed necessary by authorized personnel.
- 4. Responsibility: I agree to abide by all rules and instructions provided by 413cycling during the group ride and accept full responsibility for my own actions.
- 5. Insurance: I understand that 413cycling does not provide any insurance coverage for participants, and I am responsible for my own insurance coverage, including health and liability insurance.
- 6. Photo Release: I grant permission for 413cycling to use photographs or video footage taken during the ride for promotional or informational purposes.

I have read this waiver and fully understand its terms. I acknowledge that I am signing it voluntarily and without any inducement or assurance of any nature. I intend it to be legally binding and enforceable. I also acknowledge that if I am signing on behalf of a minor, I am their legal guardian and have the authority to sign on their behalf.

Signature	Date		
	Month Day Year		
Printed Name	Emergency Contact: Name: Phone Number:		
	Thank you for joining us today. We look forward to riding with you 413cycling		

