



COMMUNITY STORE

Why not make a note of what you need...?

The store is a treasure trove of ever-changing stock kindly donated by businesses, organisations & individuals who want to support their community. This list sets out what we tend to have in stock, but availability will vary based on donations.

If you let us know any dietary restrictions in advance it can help us to have a range of the right things available.

Next store appointment / delivery:

If you can no longer keep your appointment, or are running late, please contact us on **07493**

Thank you!

Household

Cleaning	Antibacterial spray Bleach Kitchen / bathroom cleaner Cleaning wipes Washing-up liquid Sponges / cloths / bin bags
Laundry	Laundry detergent & softener
Household supplies	Kitchen roll Toilet roll Tissues Pet supplies

Toiletries / personal care

Toiletries	Hand sanitiser & wipes Soap bars Liquid hand soap Shower gel Shampoo / conditioner / 2-in-1 Body lotion, cleanser, scrub etc. Deodorant Shaving - razors, foam, gel
Dental	Toothbrushes (adult) Toothpaste (adult - regular, sensitive, whitening etc.) Oral care - mouthwash, floss etc.
Sanitary	Incontinence pads Sanitary towels, tampons, cups - light / med / super / night

Snacks / baking / tea-time

Baking	Flour / yeast etc. incl. Gluten free options Butter / spread (chilled) Packet mix for cake/ bread/ pastry/ batter Sugar
Hot drinks	Tea - regular / decaf / herbal / fruit Coffee - regular/ decaf Hot chocolate
Snacks	Biscuits, cereal bars Pastries / muffins (availability varies) Sweet treats - chocolate, sweets Crisps Crackers / savoury snacks

Mains & Veg

Meal ingredients	Cooking sauce - curries, stir-fry, tomato-based, creamy etc. Pesto Pasta-bake sauces Cooking oil Seasoning - salt, herbs, spices etc. Stock powder / cubes - meat based, veg Dried pulses Tinned tomatoes (chopped / plum) Tinned meats Tinned fish - tuna, salmon, mackerel, sardines etc. Meat alternatives Eggs Cheese (chilled) Ham (chilled)
Meals	Prepared meals - meat / fish / vegetarian (chilled or frozen) Store cupboard meals - meat/ fish-based / vegetarian Instant noodles / pasta - meat based / vegetarian
Soup	Cup-a-soup - meat / vegetarian Tinned soup - cream of tomato / other vegetarian options Soup - chicken / other meat / fish-based
Baked beans / spaghetti	Baked beans - regular / low sugar & salt / with sausages Tinned spaghetti/hoops in sauce
Vegetables	Fresh veg (varies day to day) Tinned pulses (chickpeas, lentils, kidney beans etc.) Tinned peas (garden, marrowfat, mushy), green beans Tinned sweetcorn, carrots, mixed veg etc. Potatoes - tinned, instant mash

Sides, drinks

Carbs	Pasta - incl spaghetti, lasagne sheets, wholewheat, gluten free Rice - long grain / easy cook / basmati / brown Ready rice - plain / flavoured Noodles - egg, rice, wholewheat etc. Couscous & grains Bread - loaves, rolls, gluten-free (fresh/ frozen, availability varies) Chips / potato wedges - (frozen)
Condiments	Ketchup, mayo, brown sauce etc. Pickles, chutneys etc. Gravy granules, stuffing mix
Drinks	Juice Squash Uht milk, incl. Non-dairy alternatives such as soya, rice, oat etc.

Breakfast, dessert & fruit

Breakfast	Cereal, granola, museli Porridge oats Jam & marmalade Honey, marmite & peanut butter
Dessert	Yoghurt (chilled) Prepared desserts (frozen) Custard Evaporated / condensed milk Jelly Rice pudding Store cupboard puddings
Fruit	Fresh fruit (availability varies) Dried fruit Tinned fruit

Baby & kids

Baby care	Baby / kids toiletries - bath / shampoo / ointments etc. Nappies & baby wipes Dental - kids' toothbrushes, toothpaste
Formula & toddler food	Baby & toddler ready meals Baby & toddler snacks Formula milk

Anything else...?

We have tried to cover essentials and more, but if you're in need of something that's not listed here, do ask and we will do what we can. If we can't help, we may be able to suggest others who could :)