



How about adopting our Reverse Advent Calendar as one of your seasonal traditions? In the run up to Christmas, start with a Bag for Life, then pop an item in it each day, to donate to the foodbank.



Participate on your own, with family, co-workers or friends. It's a great way to give back to the community. On 1st December buy/reuse a Bag for Life, then, each day, add the suggested item from the calendar to the bag. **After** Christmas (when our donation levels fall, but client numbers remain high), drop your bag of donations at the foodbank to help keep our shelves stocked.

We've included high-demand, non-bulky items, to ensure your donations have the most impact and that they'll fit in the bag! But change out any item(s) you wish. We welcome unopened, in-date & non-branded products. Don't worry if you don't manage all 24 calendar items, we'd still absolutely welcome whatever you have! Thank you.

Please bring your Reverse Calendar bags to the foodbank on:

Fri 27th Dec: 9:30am-12:30pm Mon 30th & Tue 31st Dec: 9:30am-11am Or, from Thurs 2nd Jan, Mon-Fri: 10am-12:30pm