

Blue Wolf Rehabilitation Program provides a new, more holistic program that focuses on the person more than the disease. Numerous studies show that alcoholism and drug abuse should be treated as any other chronic disease like diabetes or rheumatoid. We believe it goes deeper than just a disease; it stems from a root cause that will be different and unique to each person. Everyone has a past and everyone struggles from time to time and knowing how to cope with life's challenges is not always second nature. Sometimes we need a helping hand that knows and understands our struggles and the culture of the people it serves.

To truly heal and help someone find their center, you must help them heal holistically. To believe that a one-size-fits-all approach is going to work for everyone is the reason why there is an over 85% relapse rate among alcoholics. Drug addicts have a less than 40% success rate for those who even complete the initial detox phase. Rehabilitation should be more than just getting sober, it should be about a second chance with integration strategies to re-enter society successfully, along with employment, re-training, housing, and much more.

Why is Blue Wolf different? We believe in a multi-modality concept that brings total healing to the individual. The facility is designed in an individual, 60-room, quad-style layout; each containing a Dining Hall and Kitchen. Additionally, the Detox Wing contains a Doctor/Nurses Station, along with a Nurse's aide or equivalent per room.

Each private room contains but is not limited to:

- ✓ Rensair; a hospital-grade air purification system that also manages energy consumption
- ✓ Therasage; Red light therapy pads and saunas, and PEMF technology
- ✓ The Wellness Enterprise; clean, mineralized water for optimal hydration
- ✓ TV, Fireplace, Private patio, Hanging Garden, Access to 4-room common area, etc.

Depending on the circumstances for each individual, there may be several forms of additional treatment available, to include but not limited to:

- ✓ EMDR – Eye Movement Desensitization and Reprocessing
- ✓ CBT – Cognitive Behavioral Therapy
- ✓ NLP – Neuro-Linguistic Programming
- ✓ TA – Transactional Analysis
- ✓ Massage Therapy
- ✓ Holistic Dentistry
- ✓ Nutritionist/Health Coach
- ✓ Yoga
- ✓ Animal Therapy – Dogs/Horses
- ✓ Acupuncture
- ✓ Iridology
- ✓ Pressure Testing
- ✓ Stimulation Tech – Fisher Wallace
- ✓ Specialty diets for specific health conditions like Diabetes, MCAS, IBS, Cognitive decline, etc.
- ✓ HEH provides Organic, Gluten-free, Low-sugar products, menus, and recipes, etc.
- ✓ White oak Pastures, Organic Regenerative Farming, provides the lowest antihistamine meat on the market.

This outline is only a small example of how our program functions.