



# Spring Growth

We go from winter to spring pretty quickly sometimes, although this year it feels like spring is taking its time to arrive. Signs of spring is something most teachers incorporate into their lessons, it is such a great opportunity. Below are three simple ideas to encourage children to observe spring close to home. Questions? Contact Christina at [christina@getoutsideandplay.ca](mailto:christina@getoutsideandplay.ca)



## Trees

1. Find a tree or bush near your house.
2. Explore the tree: touch it, smell it, listen to it and if the tree is strong enough, climb it.
3. What signs of spring can you find on your tree?
4. Are there any buds starting to form?
5. Visit your tree everyday, observe what has changed.
6. Take a picture of the same part of the tree everyday



## Colour Palette

1. Use an index card or thicker card stock paper.
2. Go outside.
3. Collect as many colours as you can by making smears on your page. Use your fingernail, rock or stick to squeeze the colour out of grass, leaves and soil.



## Dandelions

These flowers are everywhere in the spring.

1. Read this legend about dandelions: <https://bit.ly/3dctFjq>
2. Smear dandelion heads on paper. What shapes can you make?
3. Try this dandelion 'lion' head craft: <https://bit.ly/2L1dTM9>
4. Dig up a dandelion. Can you get the entire root out? Examine this amazing plant structure. What does a root do for the flower?