



# WorkLifeMatters Employee Assistance Program

## Support services employees need and appreciate

In today's demanding workplace environment, balancing career and family while dealing with everyday issues is a challenge for most any employee. Employers can help.

Our comprehensive WorkLifeMatters Employee Assistance Program (EAP), through Integrated Behavioral Health, provides employees and their family members with confidential, personal and web-based support on a wide variety of important and relevant topics to help encourage their well-being — from stress management, dependent/elder care, nutrition and fitness — to legal and financial issues.

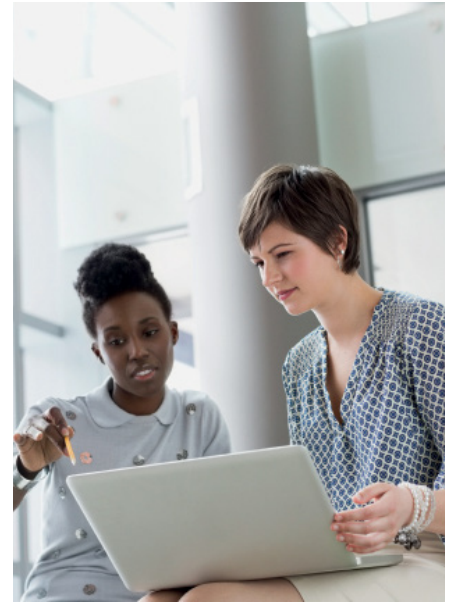
For companies, better supported employees can translate into improved productivity, decreased absenteeism and greater employee satisfaction. Plus, our program includes valuable support services for employers too!

## Employee program highlights

- Referrals to local counselors with up to 3 sessions at no charge
- Unlimited telephonic support with an EAP Counselor
- State-of-the-art website featuring planning tools
- A complimentary consultation with financial and legal professionals — plus discounts on legal services

## Employer program highlights

- Unlimited telephonic assistance on common employee/workplace issues
- Monthly newsletters and e-mail alerts
- Employee communication materials and utilization reports



Employers are automatically eligible for WorkLifeMatters when they offer three or more qualifying lines of Guardian coverage\* — making it the ideal complement to your overall employee protection program.

**Contact your Guardian Group sales representative for more information.**

The Guardian Life Insurance  
Company of America  
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