

A Glimpse

“Live Life in full Bloom” ~*Bumper Sticker*

“This focus came at the right time. People are feeling increasingly disconnected in the world, and loneliness is pervading our society. The opposite of loneliness is belonging — the feeling of deep and genuine connection to a person, a place, or community. It’s the feeling of being ‘at home.’ The feeling of being known and loved.”

~*AirBNB Joe, Nate, Brian*

“The woman who follows the crowd will usually go no further than the crowd. The woman who walks alone is likely to find herself in places no one has ever been before.” ~*Albert Einstein*

Do you know what differentiates *Rosetta Stone* from most language-learning platforms? They “take the *translation out* of language learning...it is a system that encourages *intuitive* understanding and learning by experiencing.” By immersion. ~*Rosetta Stone Magazine*

What may be common in humanity, may not be normal. I present a new normal. An original blueprint that is the real human, the Real You.

A real normal that is discovered by veering away from *the crowd* and into stillness. A real normal where *effortless immersion* becomes the experience that reveals *to You, the Real You*. This real you is the you in *full Bloom*. And to be in full bloom is to be free to be, and this will always bring us into the *belonging* we’ve each desired and were designed for, before our beginning.

As you intimately know internal rest and stillness, a quickening and sharpness in all ways explodes within. Sometimes subtle, sometimes all consuming. You’ve entered into the process of transfiguration.

You may be a scientist, an inventor, an entrepreneur, a teacher, a devoted parent, lover, friend. You may be a film artist, athlete, indie author, business owner, mechanic...child, man, woman. All that you are will awaken all the more, and you will see that you haven’t “bettered” yourself, but are simply discovering who you’ve been all along. We are waking up.

Your dreams will be more vibrant, your visions more tactical, tangible. Where boxes surrounded and limited your scope of understanding, these boxes will begin to fade.

Intuitiveness will be more than abstract whimsical theorem, taking on pragmatic form. And where everything around you had concrete form, fixed in time, this will loosen as present awareness becomes your comfort rather than steadfast familiarity.

Vision & Purpose

To create, cultivate and offer (atmospheres) where any Person, no matter age, gender or personal creed, may discover “the Real You” manifesting “Everflow.”

At the heart of this vision rests a *piece of land* and *spacious structures*...

Every detail, calculating. Every creative move, cohesive. Every atmosphere cultivated through the weight of mine and others' personal transformation known only through experience and a maturing.

~

When a Person is at *rest* within, Life opens up in every imaginable and unimaginable way. This Person who now perceives through a fresh sharpness and clarity, may create, innovate, connect and discover...

~

All extraordinary things are subtle and unassuming. I have found there is great power in meekness, in humility. Sound, wise, cunning.
This *land*, these *structures* are just that.

~

This is not for the masses, but the One who comes to call. The One who is drawn in, the One who chooses...

The Real You

Every moment is for you to discover *the real you*.
Through stillness, intuitive sound, wonder and creative engagement.
Through challenge, wrestling, fun and play.

Platforms prepped for inclusivity, honor and wonder. Within your uniqueness, you will discover *You*.

In these spaces a Person will not prematurely move, for all is natural and in pace with each One's
personal conscience and desire.

One will not see before having capacity to see.
Nor will One understand before having capacity to understand.

All is natural, subtle, free & effortless.
Our personal *religious systems* are dismantled here.
What we'll *feel* lessen, is our striving to obtain.

This is no thinking matter, but a drawing in and an embracing.

Everflow is your being finding expression, flowing without cease, never leaving you lacking.

Meet *Everflow*

Land. Structures. Me

Land ~ 150+ acres, guided trails, fenced perimeter, fruit orchard, stream, large pond.

~ Pavilion, open groomed field, tree house.

House ~ Large open foyer, 2nd floor - 7 bedroom suites, 1st floor - living room lounge, eat-in large kitchen, Unique Boutique, 3 stillness rooms(Stillness room, Oasis, Full Bloom), 3 *Everflow* rooms

(Everflow room, Innovariable, Purely)

Me ~ I am here as One desires to connect with me.

~ Flowing forth from my journey came my writings. Then came a more clear vision of how to be a door or an alley for another to find their own freedom within themselves. From *journey* to *writings* to *vision* unfolding to *land and house*.

~ When embarking upon our own discovery of who we are, or *The Real You*, a division of self transpires so that true union with self may awaken, or arise. This causes unforeseen chaos within, disturbances, disruption, a sense of imbalance.

This *land, house and myself* may feel like a retreat, but when disruption occurs because there is stillness, I am here. Stillness will always be a conduit for disruption so that true Life, union, peace and awareness may be a reality. *I will be here during these times*.

~ Once stillness continues to be developed every aspect of our unique knowing and understanding within every field of study, life, entrepreneurialism, vision and waking dream will go even further than it has ever been.

~ And for those who intentionally seek a deeper intimacy with I AM, this you will see...and you will experience a life that cannot be described.

The Foyer

From porch - through double doors (warm & inviting), into a very large and open rounded foyer.
3 doorways leading to 3 sections of the first floor.

1 open doorway enters into *Table Talk*, 2 doorways enter into 2 pergola covered walkways, leading into 2 other sections of 1st floor home.

A large bright and warm spiral staircase rises to the 2nd floor holding 7 bedrooms suites.

- A warm wood floor transforms into an epoxy resin river flowing from foyer into the *first* opening.
- A warm sturdy wood floor transfigures into a cobble stone path leading into the *second* opening.
- The consistency of natural wood flooring moves the travelers feet into the *final* opening in which a pergola covered walkway presents itself.
- Art work of many types paint the walls.
- Plants of many species conspicuously kiss the space, while cozy seating for one or many presents itself.
- Large floor to ceiling windows grace the front of the house, revealing a wrap around porch with seating all about.

The aesthetics, the architecture, the greenery and seamless flow of the space is one to be honored and enjoyed ... *but* it is the **atmosphere** of wholeness, of eternity, running through all physical forms that illuminates our being. Welcoming us as true family does.

This space becoming a *thin space* for *Person* to taste the awakening that awaits. The insights, peace and joy that here.

Table Talk

Table Talk is a living room lounge/coffee house purposed with intentional ascetics/design & atmosphere for the cultivating of inclusivity, honor and belonging.

Table Talk will be connected to *Taste of Soul*, which is the large eat-in kitchen, open to all. As well as a walkway leading to bathrooms(latrines).

Table Talk is inspired and designed through my writing, *Table Talk*.

A concept for this *Generation* who is alive
Engagements with self, life, people and spirit are happening!
A longing to belong, a longing to be family and friend remain
For too long fear of *being wrong, being rejected, being hurt* have cast its shadow ...
But now ...

A table has been placed, presented
Blank, infinite in space
To begin, a few come. They sit, they rest. They breathe ...

Correction cannot be found
Relating *Another's* experience to self as a marker for *right or wrong* cannot be heard, for unconditional love is present

Belief systems fade, mantras fall, patterns change ...

Bodies relax a bit more in this welcoming atmosphere
One pioneer begins
She shares of present experiences, encounters and ponderings ... she pauses
There is stillness. One question arises ... pure
~ childlike in *wonder*

Another trailblazer shares. Stillness, engagement ...

And when One wrestles through a personal shedding of fixed belief expressed uniquely by this One, *unconditional Love* remains, for All desire the same ...
Belonging, Family, Friend... *Fullness of Life*

Will this flickering desire become a consuming inferno till all that is seen is unconditional *Love*?
My bet would be *Yes* ... for this unconditional *Love* is *Belonging*, is *Family*, is *Friend* and is what hewn Us, keeps Us, awakens Us
This *Love* is personal, is chosen

- Over stuffed cozy seating
- All corners rounded (as much as possible)
- Warm lighting
- High ceilings (12-15 ft on 1st and 2nd floor)
- *Table Talk* writing displayed, Einstein quote displayed
- Horse shoe tables, rounded cozy seating
- Fluid, eternal, cohesive, seamless
- Creative engagements, meditational sections
- Blankets
- Power hook-ups
- Chic warm bohemian feel

All design ideas subject to change through collaboration and partnership

Taste of Soul

Taste of Soul is a large open eat-in kitchen inspired and cultivated through my book *Taste of Soul*.

This book is a gathering of many recipes gifted to me from friends and family all over the world. Passed down from their family's generational recipes or created from personal intuition, their souls lead the way, and so this kitchen's atmosphere and pragmatic purpose is now here for all who come onto this property and into this house!

Taste of Soul is connected to *Table Talk* living room lounge area. As well as Unique Boutique.

- Large skylights, with no bedrooms above
- Large island with seating all around
- 10-15 person table with cozy seating
- Lounge area, overstuffed couch(es)
- Butcher block counters
- Full espresso bar
- Restaurant style fridge/freezer and appliances
- Written out and framed description of what *Taste of Soul* is

I love this word "Confectious!" It means confectionary and infectious all bound-up in One. In other words, "this is so delicious, I must share!"

Within your hands rests a gathering of, not only recipes from around the world, but the Souls of those who have passed them along from their fathers, mothers, grandparents, aunts and uncles.

Within are also recipes crafted from personal intuition, resonating a fresh warmth within the lives of family and friends.

This is a very unique book, and I know it is merely one of an infinite number contained within each of our own lives. Within our diversity is unity, and these "feasting moments" become sweet, funny and forever shaping memories.

Enjoy your moments in the kitchen, on the boat, or anywhere you find your Soul connecting with Another. It is Here the expression that is food is birthed!

Details:

- Fresh veggies and produce purchased (Once grown on property, gathered) every Thursday and Monday. Always available for eating, cooking and baking
- All baking/cooking staples fully stocked
- Pre-made food ... kitchen accessible to all, no delivery from outside or ordering from within. Come grab or make for yourself
- Honor for space and materials, food and people

As the book carries a certain pulse so too does this space within *Everflow*.

Fresh moments of connecting. Freedom to use anything in the kitchen!

Learn to brew your own espresso shots, slice veggies, mix ingredients... There is no limit to what a person or group can engage in. You can't mess up ... just go.

Much like *A Taste of Soul* this kitchen is open to all, for there truly is unity in diversity. Practice with the recipes found in the book or unlock your own imagination and family-of-origin tastes trusting what is within you.

As you are drawn in to eat, prepare and journey through new tastes and combinations, do so knowing that what you cultivate *here*, you take with you anywhere!

Unique Boutique

Unique Boutique is a unique boutique on *site*. There will be a handful of products available, furthering One's journey into stillness and wholeness of everlasting Life and immortality. Comfort, peace and fun!

Products:

- Mandy Alley books and products(?)
 - Local, national and international unique products and pieces.
 - Products of expression
 - Connection in a Box
 - Local art
-
- Plant life - hanging plants - contemporary warm wood shelving
 - All designs flow, minimal sharp edges
 - Hanging book shelves, like rounded planters or similar to the shape of a hanging chair
 - Around the room (1/2 or 3/4 wall coverage) wood, dark stained, rustic (modern) bench. Rounded, attached to wall.
 - (Keone Nunes) Hawaiian Tattoo Artist - One Influence* <https://www.gohawaii.com/hawaii-rooted/Suluape-Keone-Nunes>

Purely

Purely is a space that is purely for painting, sketching and designing. The atmosphere and ascetics cultivated and prepared are for One to enter in and simply *be*. There is no formula, no list, and no “what to do.”

Purely is connected to the second section on the 1st floor, along with *Everflow*, and *Innovariable*.

- A base color of soft egg-shell white
- Cozy overstuffed transferrable couches, no matter if paint gets on it https://www.albanypark.com/collections/all/products/kova-pit?variant=39370739122227&sscid=51k5_pk39m&&sscid=41k7_xy50&utm_source=shareasale-analytics.com&utm_medium=referral&utm_campaign=affiliate-shareasale&utm_content=314743
- Ceramic flooring, colorful abstract (tiles)
- Wall to wall windows, robust in stature
- Clear UV blocking window film
- Large warmly-lit overhead fans
- Materials available - canvases (*in armoires*) brushes (*upon shelving*) drawing desks (*adjustable, large*) paper/sketching/paint materials
- Hanging bamboo chairs
- Hanging (*attached to ceiling and floor*) anchoring systems for canvases.



Innovariable

Scientific Technological Musical

Real-Time Navigational System...*Innovariable*
System, Matrix, Algorithm, Pattern, Model, Womb ... *Us*

Guidance in **Response** rather than **Defense**.

- Coding - software design / creating
- Scientific innovation / discovery
- Entrepreneurial creativity / innovation
- Music creating / engineering

As you step into this room, *Innovariable* - its four walls, windows, equipment and cool temperature, you step in as One who is ready to live from *within* what you conceptualize. You are ready to live from *within* **response** rather than **defense**. You are ready to live in greater differentiation and so know distinction and oneness with increasing clarity.

You are readied for your pure seed of innovation and advancement to be born and quickened in producing. Through *Wonder* ...

Oasis Room

Oasis Room is 1 of 3 stillness rooms, resting within the final section on the 1st floor. Through the large foyer you meet the final path connecting you to *Oasis, Stillness & Full Bloom*. Each room, varying in aesthetics, carry the same purpose ... meditation, devotion and contemplation.

These rooms hold the key to truly knowing what stillness is, and so knowing ourselves. Purely. *Oasis - The Room* is cultivated and prepared for One to enter in. To discover even further than already known, this personal *River of Life. This Jesus*.

If you venture into this room, this is what you shall find. What you shall taste of, drowning in as much as you desire!

- *The atmosphere feels to be more extensive than the air breathed. You can feel a calming sync up within your personal essence.*
- *There is a play here that removes the need to avenge, explain, justify and figure out. Contentment in neutrality:*
- *The aroma of a Presence moves through your senses, colors the pallet of your awareness ... and you rest. You rest.*
- *A sweet and subtle awareness of nutrients and energy for body is known in this place.*
- *Through this River of Life a map of sorts begins to develop within the conscience. A solidifying of navigation, personal and only meant for you, takes on form ... increasing and increasing in detail!*

This thickness is so intertwined within your own self you barely are aware of the distinctions in the room.

- *The room takes on a water theme; beaches, tropical forest, mountain streams, Angel Wings waterfall*
- *The rich green plant life touches most surfaces in its array of species and size*
- *Dark floors smoothly flow to and fro as a welcoming path illuminating a way*
- *Bright walls highlight warm lighting, while high ceilings seem to drift into the sky*
- *Blank journals become doors for any hand that is readied to explore*
- *Belle's blankets and the blankets of local crafters drape the oversized cozy seating with their presence.*

This Living Water that moves through you is the same
Living Water that moves through everyone else

Contentment is known through neutrality and this is the essence of gratitude

I am disrupted to become accustomed

Stillness Room

- Cozy, over-sized window seats are situated under bright and open windows
- Cobblestone flooring
- **Drawings, writings and poetic excerpts plastered upon one large wall**
- Chandeliers
- Hanging Chairs
- Blankets
- Large wooden chest filled with blank notebooks, and notebooks filled and left for others to fill
- Floor seating, lounge seating, space for walking as along a path

Come near to Me ... I come near to You

I come near to You ... Come near to Me

Through the 2nd Pergola covered walkway we come to 3 Stillness Rooms; Oasis Room, Stillness Room and Full Bloom.

Each unique, distinct and completely the same.

Meditational - Devotional - Contemplative

While these words used may sound *Melodic, Docile* and *Quiet* in nature

They are also

Disruptive, Challenging and quiet *Loud*

and all happening within *Us*

Full Bloom Room

Through the 2nd pergola covered walkway and into the 3rd of three stillness rooms, *Full Bloom* awaits us.

- A country doorway inviting us in, instantly highlights floor to ceiling windows draped with soft yellow fabrics of the gentlest kind
- Cozy wide furniture distinguishing oversized hanging chairs perfectly situated in corners
- Rugs, thick and inviting cover the bright wood flooring
- Rich green plant life nestle upon hanging shelves throughout the large vast room
- Vibrant splashes of color are experienced, with Mauve as *Full Bloom's* base
- Her trim is unique
- Blankets sprawled upon furniture
- Barrels are utilized as tables or accent pieces

Adversity can feel as a scary thing. Challenge and a stretching can seem overwhelming ... but there is one thing I have learned by being in all of this for some time now; I have my one moment and in each one that I am in is all that I have. *This moment carries my everything.* My peace, my hope, my joy and wonder ... my Love. My belonging. And for me, this really is all that matters. All that will ever matter. This *Room* carries the same for you.



Mauve

1st Floor Bathrooms

Crafting and creating space for *DIMENSION*

Within the *Foyer* three sections present themselves. The first section and to our left leads us into *Table Talk*, *Taste of Soul* and *Unique Boutique*. Within *Table Talk* (our living room lounge area) we discover a hallway. This hallway is reminiscent of Charles Bridge in Prague with its warm historical charm and picturesque European luminaries lighting the way.

Charles Bridge is said to have been a part of the *royal route*, and for every person who moves through the presence of this space, you too will know the truth of being royalty. It is in your blood, in your destiny to know yourself as such.

So why a *royal route* to a bathroom? ... well, let us walk down this path and into these spaces.



Directly across from one another we encounter strong-standing Resin River Barn Doors. Etched upon each is the letter *M* or the letter *W*.

One is expressed for *Man* the other for *Woman*.

To begin, each person who passes through the proceeding door moves into a discovery of their own distinction of male or female.

If we were to flip this *M* or this *W* upside down, they would be the exact same. *We* are the exact same while remaining true to our complete distinction.

This world is something to explore, a great adventure into what it means for you to be *Man* or to be *Woman*. Empowered in each as we see our Creator as each.

As you move through your own section you encounter the natural Oasis found in the 5 Oceans upon our Earth. *Arctic Ocean*, *Pacific Ocean*, *Atlantic Ocean*, *Indian Ocean*, and the *Southern Arctic Ocean*.

5 Oceans, 5 unique and beautifully distinct latrines.

- Each latrine door carries the Ocean Oasis and the type of latrine it is. *Arctic Ocean (Bidet), Pacific Ocean (American), Atlantic Ocean (Bidet), Indian Ocean (American), Southern Arctic Ocean (Bidet).*
- Inside each latrine a person will encounter the Ocean specific influence. The Ocean Oasis is **quite large** in size. A quaint **chaise** is placed in one corner. A **personal sink** rising out of the floor is placed near center welcoming a floating "mirror" made of reflective **stained glass**. The stained glasses warm back lighting cascades from behind, illuminating itself and the soft colored wall not too far in the distance. Depending upon the Ocean Oasis latrine, you will experience an American toilet or a bidet.
- Natural gold travertine tiles stand steadfast as this room's flooring with shag rugs placed in every latrine, as well as in this rooms main space.
- A simply crafted round table rests at the center of these **5 Ocean Oasis Latrines** that surround.
- Framed Birth Flowers hang seamlessly upon one large wall, while the remaining wall carry large windows and french doors leading the adventurer out and upon the **Women's and Men's terraced patio**.
- Each terraced patio is graced by the presence of green plant life and flowered ambiance flowing up and over a floral arch; Full and breathtaking in its presence.
- Chaise lounges are protected by a wide overhang so one may rest and many may gather. Mini fridges filled with drink are readied.



2nd Floor Bedrooms Suites

7 Continents 7 Doors 7 Rooms.

A menagerie of plant life fill this bright spiral staircase which lead us to the second floor of Everflow. We step onto a wooden river that swiftly guides us toward 7 Doors and into 7 Continents, 7 Rooms.

North America - South America - Antarctica - Europe - Asia - Oceania - Africa

- Though the direction of architecture per suite is not clear, what is clear is how each room with its private bathroom will be a *door* into 1 of 7 *Continents*. And within each *Continent* there will be a continual shifting of cultural design and expression. From furniture to diverse aesthetics and other goodies that only time will tell ...
- *North America* - This room's designs and features will transform through the pulse of every area within this *Continent*; ex; Quebec, Hawaii, Texas, Mexico, Florida, Seattle ... and so on.
- *South America* - This room's designs and features will transform through the pulse of every area within this *Continent*; ex; Brazil, Peru, Columbia, Bolivia ... and so on, plus all the unique cultures within these areas as well!
- *Oceania* - This room's designs and features will transform through the pulse of every area within this *Continent*; ex; Australia, Papa New Guinea, New Zealand, the Solomon Islands, Fiji and so on!
- *Africa* - This room's designs and features will transform through the pulse of every area within this *Continent*; ex; Egypt, Kenya, Sudan, Ethiopia, Mozambique and many more.
- *Europe* - This room's designs and features will transform through the pulse of every area within this *Continent*; ex; Scotland, United Kingdom, Spain, Ukraine, Norway, *half of* Russia ... and many more diverse areas with pockets of even greater diversity within each!
- *Asia* - This room's designs and features will transform through the pulse of every area within this *Continent*; ex; Sri Lanka, Philippines, *other half of* Russia, Israel, Saudi Arabia, North Korea, Japan and many more ...
- *Antarctica* - This room's designs and features will transform through the current pulse of this *Continent*. *Antarctica* will be a fascinating reveal for the closest thing to a village or town are scientific bases. Tourism has sky rocketed in the recent years but this by way of cruise ship or being flown in with permission from personal government. Two of the larger bases are known as *Villa Las Estrellas*(on King George Island) & *Esperanza*(in Hope Bay).

Trails and Water - Hope

Within the 150+ acres there will be layers of trees that are cared for, open spaces to find solace in, and a large pond resembling a small lake with a quaint dock attached.

- Trails through out. A trail system lit up by warm solar lighting (<https://www.streetlights-solar.com/solar-pathway-lighting.html>)
- Fenced perimeter (design to be decided with designer/carpenter/partner) quaint and storybook like
- Large pond (resembling small lake). Quaint dock attached (pond docks)
- Benches along trails and through out property
- Many large outstretched hammocks, connecting to a few trees close to pond and throughout trail system
- A steady stream
- Polyculture organic orchard
 - Smaller canopy (15ft) closer to ground, bio-diverse, sheep to feed on diverse grass, nitrogen fixer(fruit fruit, fruit nut)
 - Rows - same harvest - diverse orchard and grass, possibly a fenced perimeter(?)
 - “*Polyculture is a form of agriculture in which more than one species is grown at the same time and place in imitation of the diversity of natural ecosystems.*”
- *Forever Redwood* - company forestry
- *A specialist / friend* - Park Ranger, Manager, developer and maintainer of land
- *Les Fermes* - Miracle Farms

All of these precious and natural(even cultivated) details are sacred and valuable in their many forms ... and still, these are simple doors into what is thicker, into where they have come from.

I invite you to join me along a *trail*, in which *Everflow's* system of trails will find its rooting.

A *path* that would appear to have a starting point and an ending point.

But this *path* is more a continual adventure. A pulse, a heart beat felt as one travels along it. **A full circled pulse.**

As a ripple in a pond, this **full circled path pulsates outward**, expanding and expanding with every pulse. This truly is the path and direction of life.

A trail that seems to be straight and narrow, is also full circle and forever expanding. *We see the future when traveling upon this path.*

We see **Hope** ...

Hope is friend, is an image. *Hope* is found in dream and is glimpse. Here is where the process and relationship of *Hope* becomes exciting!! Moving away from this idea that *Hope* is wishful thinking or waiting for what is *longed-for* or *desired* to happen.

Tree House - Perched

This will be a special tree house. Large enough to move around, quaint enough to still experience wonder as a child in a cozy home. A place of wonder and fun!

- <https://westcoastwayfarers.com/treehouses-in-washington-state/>
- Type of tree to consider; cedar, willow oak. Considerations; structure, animal and insect life.
- Surrounded by a wood fence, similar to the perimeter around property and upon trail.
- Wrap around deck with swinging bench near door way.
- Large door opening, high ceilings, 1 floor all around.
- Natural earth tones, splashes of color (designer discussion).
- Hanging tire swing.
- Solar power source.
- Large windows.
- Wrap around platform from ground to tree house, all folks may walk up.
- Classic thick rope ladder, attached to tree and ground, coming up through the bottom of treehouse.
- *Within:*
 - Hanging chairs
 - Small fridge for beverages and snacks
 - Overstuffed furniture as room permits, but not overcrowded, open spaces
 - Rugs, round (bright Brazilian colors)
 - Plants
 - Materials: building materials at basic levels for adults and children (small children as well); sketching & writing material; **FAO Schwarz** focused!
 - Warm in lighting, mystical place



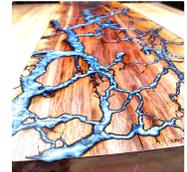
This *Tree House* upon this sacred land that is *Everflow* is a door into *Wonder*. Every chair, piece of wood, stair, paper and pencil is a *Door*. *Wonder* beckons us through the quaint windows, through the tire swing. *Wonder* gazes into us through the plants, the bugs, the critters. *Wisdom* is known through the laughter, the stars, the tears. Through the warm lighting and the dancing.

This *Tree House* upon this sacred land that is *Everflow*, is the smile we've been waiting for. The smile that never ends, but grows wider and wider and wider.

Pavilion

This Pavilion is a multi-purposed space. Diverse in desire.

- Retractable or sliding glass siding. <https://www.solatech.ca/en/retractable-glass-walls>
- Stamped or designed concrete floor (best all weather option)
- Massive wood table - likened to floor within house - epoxy resin river inlaid as a multiple stream system design.



5-7 Neuroptimal devices.

- Offered for use on the hour (Hours to be determined).
 - Within device is an instructional video of how to attach 5 sensors to self. As well as what to expect. Instructional video will be recorded by us. It is a simple process.
 - Bag equipped with conductive paste and wipes (reminder to bring your own headphones upon registering for day use, or weekend purchase).
 - Carrying case for device and hook-ups. Option to take device anywhere on property as long as able to return within your hour.
 - Charging port for each device within table; plug back in upon returning device.
 - A person has a 1 hour slot (session is 33 minutes long).
 - Example of hours: 10-11, 12-1, 3-4 and so on.
 - A person using device is responsible for returning, cleaning paste off sensors, reattaching to charging station and leaving carrying case in basket attached to rollers beneath table, directly under the device that was utilized.
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- Backless wide benches with cozy cushions, placed through out pavilion on sides.
 - Back of Pavilion will be enclosed with wall.
 - Option of wood (redwood or cedar; repurpose wood available on property)
 - Large retractible screen, projector system.
 - Quality sound system. Mostly hidden and accessible.
 - Spanish Architect - Santiago Calatrava
 - Zaha Hadid - cell (circular) like designs, fluid
 - CA, Forever Redwood



While certain space in *Everflow* provide a blank canvas so a person may express what *IS* from within, this space - *Pavilion* and its tools - provide an external helping hand. From here we move in deeper that we may live *from the deep; Living naturally and free.* *Pavilion* utilized as an event space.

Body Love

Body Love is a space that is very dear to me. Very sacred and personal to each who will venture upon *Everflow*'s trail leading to it.

This is the space where our physical bodies come into a fresh place of care and safety, awakening in us wonder and innocence. Our body becomes rightfully divided from all other parts of us so that true union may arise.

Here, there is an encountering of trusting One's *own* body, allowing movement to come, breath to come, peace to permeate and healing to manifest. Where a Person was deeply distracted by Another's behavior, actions or sounds, an opportunity to honor One's self and allow Another to simply be, is realized. There is a challenge in this because our *problem* was never with Another, nor was it really with Ourselves either, but we were just awaiting our own self to awaken to self-love, Divine Love.

This is a sacred place.

- Guided path leading to field.
- 1st stop, tiki-type shelter, stocked with water, towels, drink, etc.
- A request for quiet reflection along the remainder of path toward field.
- Archway to walk through - signage "*Body Love*".
- Manicured wide open grassy field (think golf course care).
- Warm lighting (solar powered) along path and along perimeter of open field, giving distinction between field and rest of property.
- <https://www.designverse.com.cn/content/recommend/article/flower-field-bamboo-pavilion-urban-park-micro-renovation-1-en>

Where familiarity of yoga, tai-chi, dance, gymnastics and so on may arise, this space is cultivated and presented for One to *release familiarity* and embrace One's own body's desire, giving permission for your own body to move within awareness of present moment. This can look like anything. Silence is not required, sound may come, honor for self and Another will naturally flow and we'll grow in all, together.

- Soft focus, effortless in nature.
- Syncing up movement with breath or no breath.
- Allowing body, all limbs, to move freely (innocence is encountered in this space of raw and genuine being).
- Allowing sounds to come, as well as silence ... honor each upon One's own journey. There is a natural flow in this, *all diversity syncing up in union*.

- Feels like so many things, our bodies will naturally move. We give permission for them to do so, loving our bodies through it all.
- Emotion arises, healing arises, a waking happens...
- A revealing of what Body is will deepen as One delves deeper into releasing and trusting, loving and honoring.
- No one leading Another; come and go as drawn to do so; sprawl out or stay close ... and move ... or be still.



English Country Cottage

This will be a cottage upon the property that will be held for close family/friends, and anyone else ready for a long respite in order to transform without the burden of bills and so forth.

- Three bedroom two bath *Cottage*.
- An extra vehicle for visitors to use.
- Two story
- Privacy; Cottage located on property where another entrance that is private will be available.
- Design to be discussed.



Weekly / Monthly Schedule & Details

As of right now, this is a projection of what I see, how the flow of organization will be expressed and upheld. I hold all loosely. As relationships develop, conversations will form more clearly my vision, changing and adjusting details.

- Though the property's perimeter will have a quaint fencing all around, there will be a code-entry gate. Not for security purposes but to honor each person who reserved their place to be onsite for the day/evening, or weekend. All accounted for, all honored.
- **Friday, Saturday, Sunday** ~ Entire estate reserved for guests who will be staying in the 7 suites on the 2nd floor.
 - A person, couple, family or group will pay a set amount for these 3 full days and evenings (amount determined later).
 - A person, couple, family or group may leave anytime, but the entire 3 days will be paid for, and no new person, couple, family or group may reserve after the weekend begins. The entire estate is a place of honor, rest and opportunity for those who enter at the same time.
- **Monday** ~ Entire estate rests (besides anyone abiding in the *Cottage*).
- **Tuesday, Wednesday, Thursday** ~ Entire estate open for *daily / evening* engagements.
 - A person, couple, family or group will pay for daily/evening use, *but there will be no set amount. In my conscience, it *is* important for a person to invest in their time here, but by One's own conscience will this happen. Anyone can come*.
 - Suites will be open during the day, but will close by nightfall.
 - There will be a set number of people allowed on property. Each "person" (or gathering) will be given a code to enter through gate and onto property.
 - A person must reserve a space for their desired day, at least 10 days prior to the reserved day.
 - There will be a daily code and payment for day/evening use.
- Codes will change per day per new arrivals. Recycle codes.
- One weekend per month will be reserved for **Helping Hand Events - Friday thru Sunday**.
 - 1-2 years of pre-scheduled property usage for Events
 - Events focused on cultivating wonder - creativity - innovation - stillness - expression - fun.
 - I desire to bring in many groups, people, businesses who will pour into children, youth(not exclusively though).
 - Events varying!
 - Helping Hand Events may utilize whatever is available on estate.

ALL SCHEDULING PLANS SUBJECT TO CHANGE AS CONSTRUCTION DRAWS CLOSER

When a person is moving toward the life of *stillness*, at times, there are moments where bills, house payments, food and fun are not the primary focus - but still, a great conflict to care for such matters are stirred. Many will wrestle through these moments of conflict, and this is a stretching and with great purpose. But, sometimes the movement is to find a *Helping Hand* that brings relief during these times so we may focus primarily on this journey of *Stillness*, growing from within.

Funds will be allocated for such times as these, and cottage available.