



Mentorship Model



“I believe in Life as I believe that the sun has risen: not only because I see it, but because by it I see everything else.”

A mentorship Model consists of two living parts. **One** is hands on - by experience. This is systematized specific to each context (business, family, organization, etc.). **Two** is a written design that is crafted with principals for a person to engage, meditate upon, embrace (or let rest till ready) and experience as living opportunities. Mentorship is a relational walk - one of trust and dynamic in manifesting steps taken.

A person must experience in order to understand - this comes naturally through each person's own journey:

Living Principals/Ways, Promises(Tangible Hope), **Understanding** (with the understanding that these shared are discovered as one journeys). I have never been able to apply understanding to my life when I have not been transformed by experience, first. This is key.

This model will not only show how to move for growth and development, and a little bit of why, but it will also show the future of what will be if a person continues on. A promise of what is to come for them.

- **Living Principals / Ways-** Living breathing principals that can make up an artistic model to engage any person ready to look upon words on paper, so this can be a door and opportunity to engage a process of growing, healing, maturing, waking up.

Living Principals / Ways

- A baseline of leadership consists of this: Support, empowerment, creatively partnering, creating space for distinction, growth and believing in. As one of us grows, we all grow and flourish
- Play, wonder in all things, delight in joy - this is our strength.
- Caring for vendors / planners / coordinators / L. Staff - mediating - communicating - building and strengthening bridges day of, by being softly present with everyone.
- Quiet all thoughts, opinions and words of complaint, worry, fear, discord and gossip. How do you do this? You settle into unconditional Love and this mirror will show you who you really are... naturally, all above will be quieted. When it is quiet within, you can move deeper into development and growth.
- Breathe, deep... slow, relaxed, diaphragm and then lungs. Breath frees the mind from thoughts that entrap and into deeper brain waves that produce powerful energies and center us in our present moment. Then we can see to make moves, discern calculation and empower others.
- Place triggers in your life that you can turn into, that bring you back into peace, rest and joy. Engage those small points of contact for you that trigger joy, breath, peace (could be anything that is specific for you).
- Utilize what/who you have, what they carry. Give them a place to flow and release.
- Pragmatic interacting with staff/people - consider asking "how" questions rather yes or no, or being too pinpointed as though you know what you want the answer to be or are putting up a wall. This gives space for a broader interaction and greater opportunity.
- Our purpose goes beyond the day of - but the day of is the platform that everything that is beyond will grow from. This is to be honored and cared for.
- To the pure all are pure - everything had its beginning in purity, and will find its outworking in purity. We can be free from placing conclusions upon anything or anyone.
- Connecting with innocent child wonderment in order to. Grow our Peace within.
- Soft gaze into eyes - see into
- Know safety for yourself - then you may cultivate safety for another - security breeds every possibility
- We must believe in them for them to believe in us. This is manifested in an array of ways.

- Professionalism is relational honor - this isn't black and white but dynamic in every moment - every event - every interaction.
- Two types of tunnel vision - how to recognize this and how to engage self and another. (Differentiated from soft non-linear, panoramic sight)
 - One of hard focus - where we engage what is unknown and burden ourselves with this fixed concentration, depleting us in the process. Second is a type of tunnel vision that is developed over time because we've established a pattern so concretely within us that we conform and become the pattern, unable to see that there are other ways of possibility. A groove that only peace/safety may cleanse.
 - We can recognize this in ourself and another by the sadness, exhaustion, irritation or lostness that is exuded. Numbness becomes a secondary response. Soft eye contact, wonder, curiosity, play can jar a person from this state. But to maintain, it must be practiced with intention.
- Our hats, our skins, are not what connect us to another (Roles, titles, etc.) For once you take them off, we remain. It is here where we connect*
 - Be mindful if we are married to details rather than people, as a lead/steward of anything or anyone. This will cause people to be enslaved to details and this becomes ultimately destructive.
 - We don't have to look at everything as though there is a problem to solve or needs to be fixed - we can see through eyes of wonder and into new and more expansive possibility. It's a different paradigm in which to live and see from.
 - Intentional acts of unconditional love. Peer into the lives of another - see what drives them, worries them, excites them, brings them comfort. In rest, move. Trust your purity and go.
 - Self-awareness check; I can see by the influence of circumstances and people where my present and personal level of development is.
 - A person will naturally acclimate to details of their surroundings - catering, sales or whatever craft you'd like to place in here. But if they are not given opportunity to grow, expand and express they will take up their surroundings as a fortress of protection (thus you see the development of ownership). This becomes fixed and people will then take on an identity based off of what they do. Which is why it is so challenging for someone who has been in the field for a long time to adjust and change, they are wrapped up in what they do so intensely that it is like dying for them.





- Smile :) There is much happening for you in this simple moment; biologically and so forth. But embracing a smile within a sweet and slow breath will lighten the burden of any momentary anxiety or worry. It brings a person back into Theta and Alpha brain waves, clarity in seeing and this leads to strategy - or no movement at all(still strategy). This smile brings a person back into safety..

- Perfection is wholeness, completeness. We grow from this. From a baby and on and on. I do not see broken people, but growing ones.

- It is quite common for a person to develop absolutes, becoming experts in whatever field of study, profession or relational dynamic. But the truth is, the deeper we truly go into anything/anyone, the less we know, the more we see, and there is an increase in awareness of living in a world without ceilings over our heads or fixed forms of familiarity that entrap us. Basically, we wake up to being free :) Freedom is normal, it may not be common yet, but it is our normal way of being.

- Repetition becomes a gift of freedom, clarity and excellence. Be unafraid to repeat yourself to another as many times as it takes - while coming along side them. When you are free, they'll know they are safe to be free and learn. To grow. I've seen this play out for years now.

• **Promises (Tangible Hope)-**

Living Principals / Ways

- As we live from peace, move from rest, Joy becomes our strength and breath, our friend.

- I promise, as you walk this journey you will experience more than you could have ever imagined. Doors open up, faces appear, and you will taste, see and know the fullness of life.

- You'll become aware of the multitude of senses you have, far more than 5, in which you will thrive and live from. Discern and move from.

- Tenderness of spirit is equal to power and strength. A soft heart is pliable, bendable, transcendent. A hard heart breaks, is offended, is scared

- You are bigger than you think you are. You must believe in yourself, not matter what you feel, what story you've told yourself and prepare yourself to go beyond what you can even imagine can be real for you. Everything that is life!

- To live naturally - free to be and trust self - a person can embrace how choice is something that naturally unfolds rather than a concrete

compartmentalized decision that is made. This takes time to grow into, to wake up into. But it is real and for every person.

- As strange as this may sound, this process of development and mentoring will quiet thoughts so a person may live from awareness, moving in many details, many perceiving perspectives and will be able to function with sharpness, clarity and unity.
- We do not live in a hierarchy, though a world, business model, cultures and families would say this is true. Not everyone but many. We are more like this... Rather than an up and down linear way of being which says a person must work for and achieve, prove oneself and earn, we actually all begin as a dot. In one place. Together. IN our beginnings(which we all begin in - every human). From here, we expand outwardly(and inwardly), becoming increasingly aware of life, wisdom, love and one another. In this we can read a room. Read a person, understand situations and where to discover solutions(manifestations of life). There's no end to this. We rest, we breathe, we let life come to us and it grows us exponentially. Perfection is wholeness, completeness. We grow in this. From a baby and on and on. I do not see broken people, but growing ones.
- I promise you, Life really is as good and big as we dare to dream it to be. Beyond what we could ever imagine but to taste and see first.

• **Understanding- Understanding**

- If we could take a person and distinctly show there are three parts to them -Goodness, there is much to dig into with all of this but this will be a good beginning. 3 Parts to a Person
 - Character (Deep place - Spirit) - this is the place where you can see where a person is developed and developing in life and for life. How they receive, handle and respond to people, circumstances and self-love will show you where this person is at in their development- their level of freedom and wholeness. This matters above all - but can be mistaken for personality or gifts/ability.
 - Personality (Predisposition based off many things)(Some say Soul of Person) -
 - Gifts, Abilities, Natural Skills - (Biology - Epigenetics - Anthropology - Spirituality)
- We must grow in cardio-gnosis ourself to begin to discern a person's



terms. Stewardship looks like ownership on the surface but if you peer deeper you can see that this person will hold “it” - venue, people, system, etc. - with open hands, caring for “it” with great honor, raising it up to a new level of excellence in order to pass it along to the next person/people. This is a good flag to peer into your peeps in regard to where they are at in development. The response of someone who operates in ownership will react with anxiety, irritation, frustration, correction and so forth. A steward is more calculating and patient.

- A simple trigger to see into this - to ask another or for self. *If I strip this away, will I not be okay? Would I lose myself?* If yes in any degree than I can see that I am actually owned by this that I take ownership of (business, person, system, family, etc.)

- Distinction between expectation and anticipation - **Expectation** locks a person into fixed time and fixed form(our past experience with them). **Anticipation** sees what can be and allows eternity and time to meet, empowering the formulation of what is seen in purity. Basically - living in the present and looking forward to what will be, allowing this to form as it will, however we are to be a part of it. This is peace and rest.

- Just because a person has been in a craft for many years, doesn't mean they are prepared to develop and lead a team, mentor and oversee.

- A distinction of sincerity and innocence. Come a bit further into wisdom with me; See how *sincerity* moves from a place of present reasoning - no matter how a person acts and we deem it evil or good. Then see how *innocence* is a place of being developed in pure unconditional love. It holds sincerity. This one is discovered along the road of seeing oneself in the beauty that we are. When we see this we release the bent toward offense and hatred, irritation and accusation - this affects every gleaming facet of our lives.

- Whenever speaking to a person or people, upon a stage before few or many, I find it's best to be as precise and concise as possible. A conversation ebbs and flows and there is a natural discerning of how deep and nonlinear one can go. But in giving information to a person, a person has only the capacity they have to hold, take in and absorb. Consider a bowl inside of someone. Depending upon this person and where they are at in personal growth, their bowl is only the size it is. Too much information *about*, becomes cumbersome and a burden. There is a natural and honoring way for a person to stretch and grow this bowl within so they can hold more, thus impacting everything they touch or partner themselves with.



*Discovering how to discover rather than what to
do
Experiencing from being, empowered to trust self
and trust others*

*Safety builds security
Security breeds every possibility*

