



Empowering

MOMENTS

EVERFLOW



# Empowering Moments

Contemplative Journey

Everflow



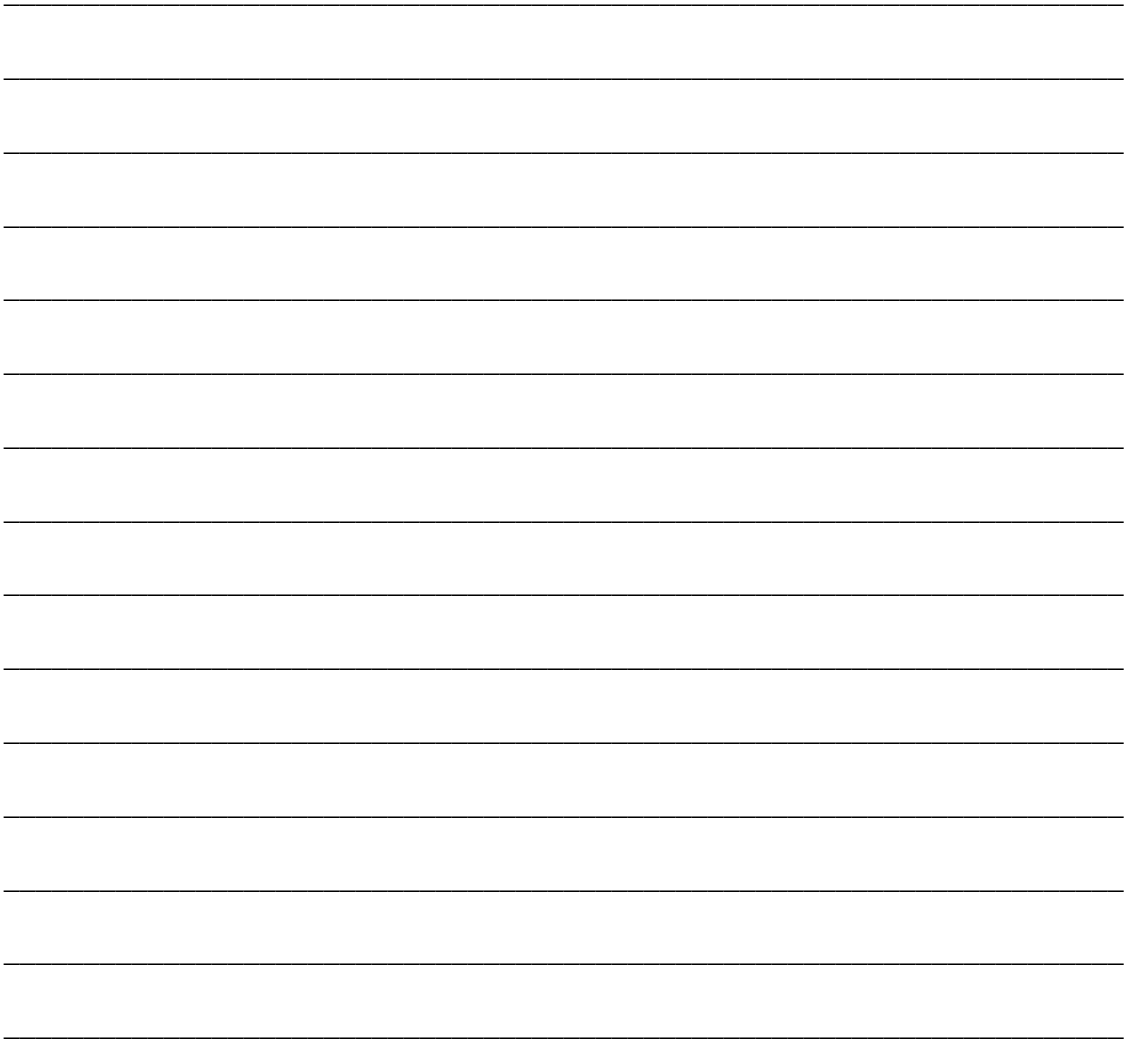



Remember what brings you true  
peace

Laughter is the greatest  
medicine...  
Joy is the real power!







The image is a full-page background featuring a dramatic sky. Large, billowing clouds in shades of golden yellow and light brown surround a bright, glowing sunburst in the center. The sunburst has rays emanating from it, creating a sense of light and warmth. The overall composition is symmetrical and evokes a feeling of being embraced or surrounded by light and nature.

Always Surrounded



The background of the image is a close-up photograph of moss. Several thin, yellowish-green moss stems with pointed tips are visible. A single, clear water droplet is perched on one of the stems in the lower right quadrant. The overall lighting is soft and diffused, creating a gentle, ethereal atmosphere. The text is centered over this background.

9

Just as one may see this number  
as a 9 and another as a 6, we too  
see from differing perspectives







A large, leafless tree stands in a field under a clear blue sky. The sun is low on the horizon, creating a bright glow and silhouetting the tree and a person standing to its right. The ground is covered in a layer of snow or frost.

My today carries my everything


A misty autumn forest scene. Large trees with thick trunks line a path covered in fallen orange and yellow leaves. The air is hazy, and the trees' foliage is in shades of autumn. The text "Love is calculating, remaining always" is centered in the middle of the image.

Love is calculating, remaining  
always








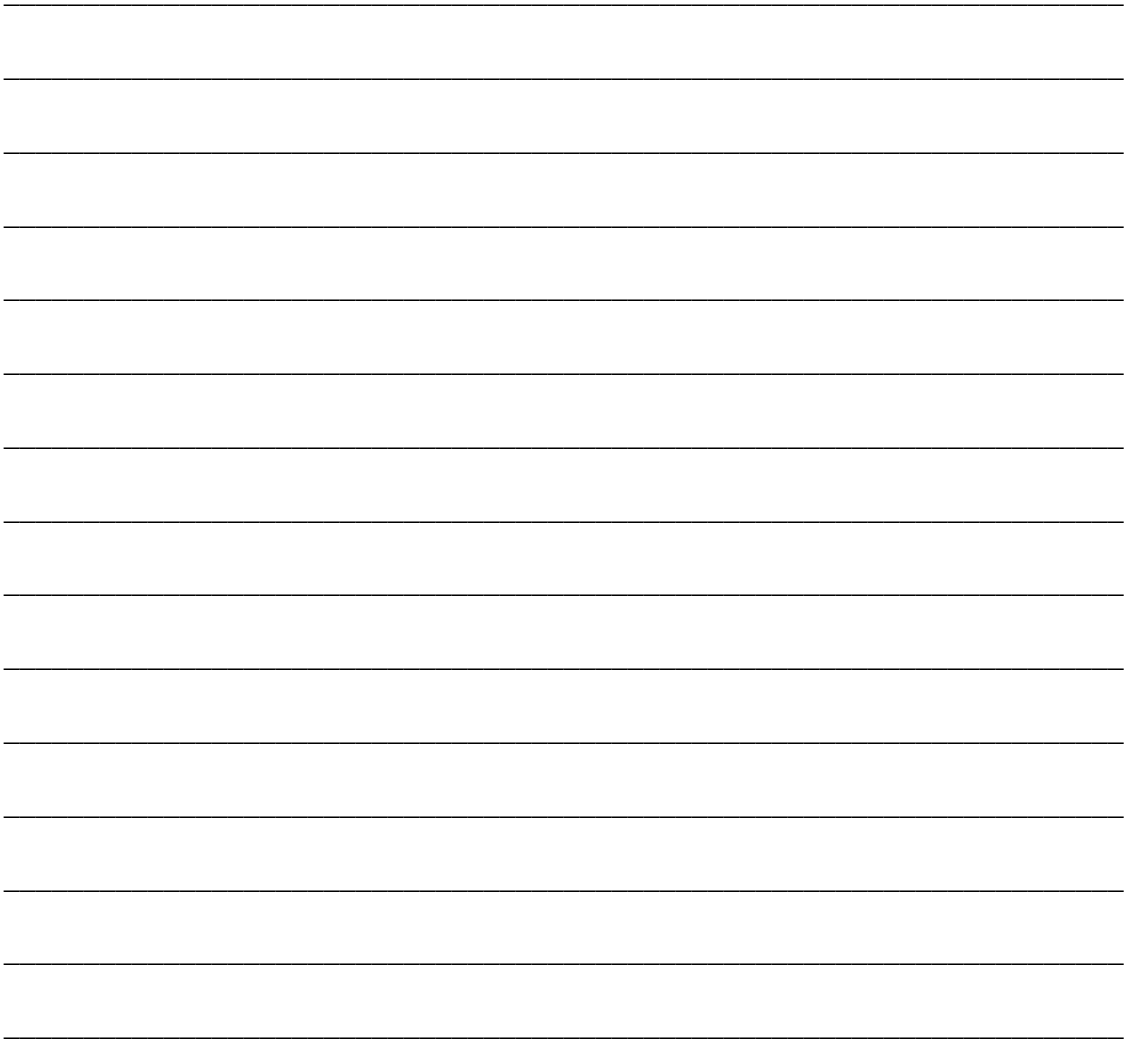


Softly peer into everything, into  
everyone


A photograph of a mountain landscape at sunset. In the foreground, a stack of several large, flat, greyish-brown rocks is balanced on top of each other. The background shows a vast valley with rolling hills and mountains, all bathed in the warm, golden light of the setting sun. The sky is a deep blue with wispy white clouds. The text "Each day is a lifetime... go deeper and deeper" is overlaid on the image in a black, serif font.

Each day is a lifetime... go deeper  
and deeper







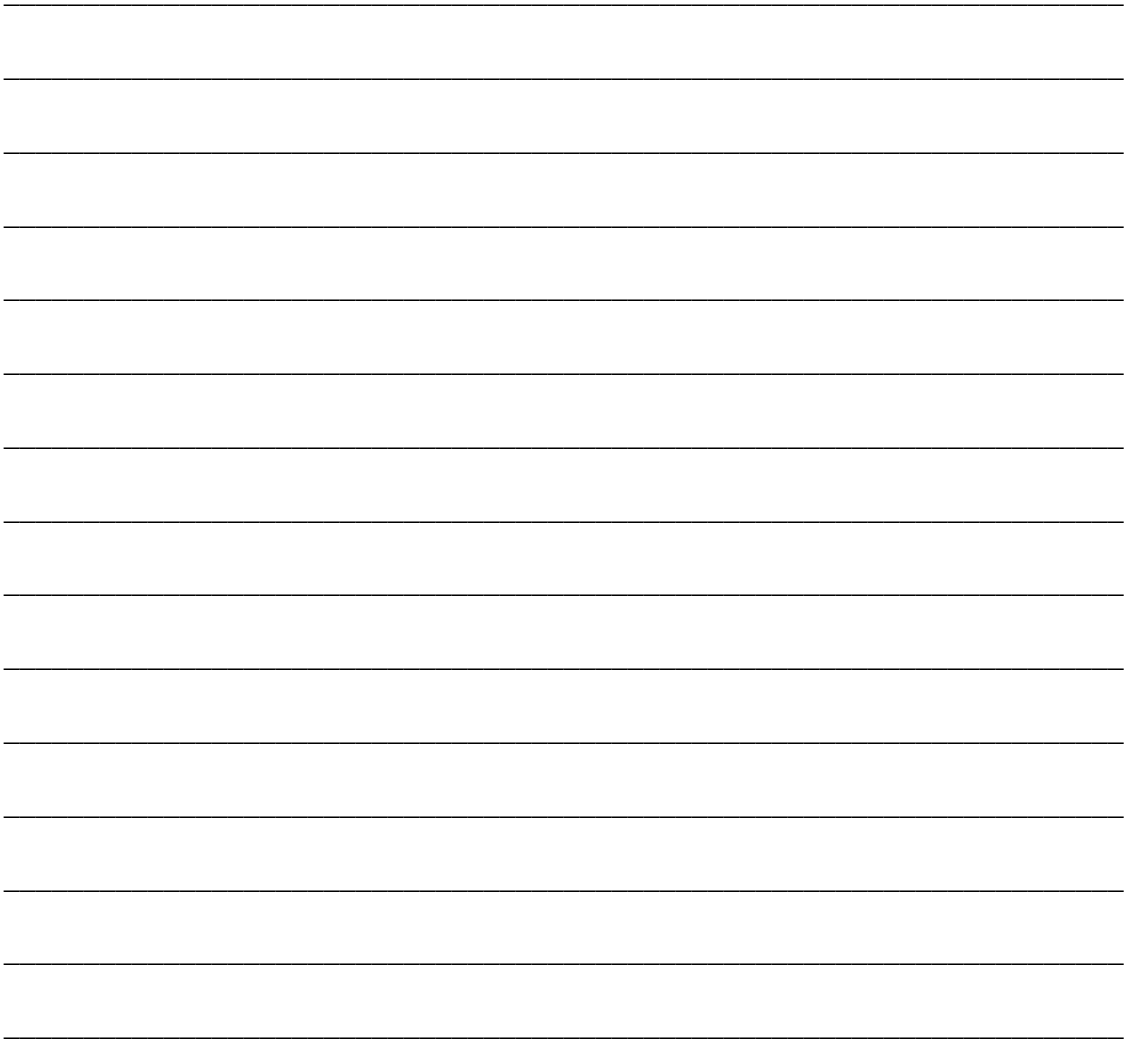
A heart-shaped egg, possibly a quail egg, is nestled in a field of tall, dry grass. The egg is light brown with a subtle pattern. The grass is a mix of green and yellow, with some thin, dark stems reaching upwards. The background is a soft, out-of-focus field of similar grass, creating a sense of depth. The overall lighting is bright and natural, suggesting a sunny day.


You can grow old or you can grow  
wise



Reason from conclusion rather  
than toward






A vibrant sunset or sunrise over the ocean. A large, bright rainbow arches across the sky, which is filled with soft, colorful clouds in shades of purple, pink, and orange. The sun is low on the horizon, creating a strong reflection on the calm water. Numerous birds are seen flying in the sky, scattered across the colorful background. In the foreground, the dark silhouette of a rocky coastline is visible on the left side.

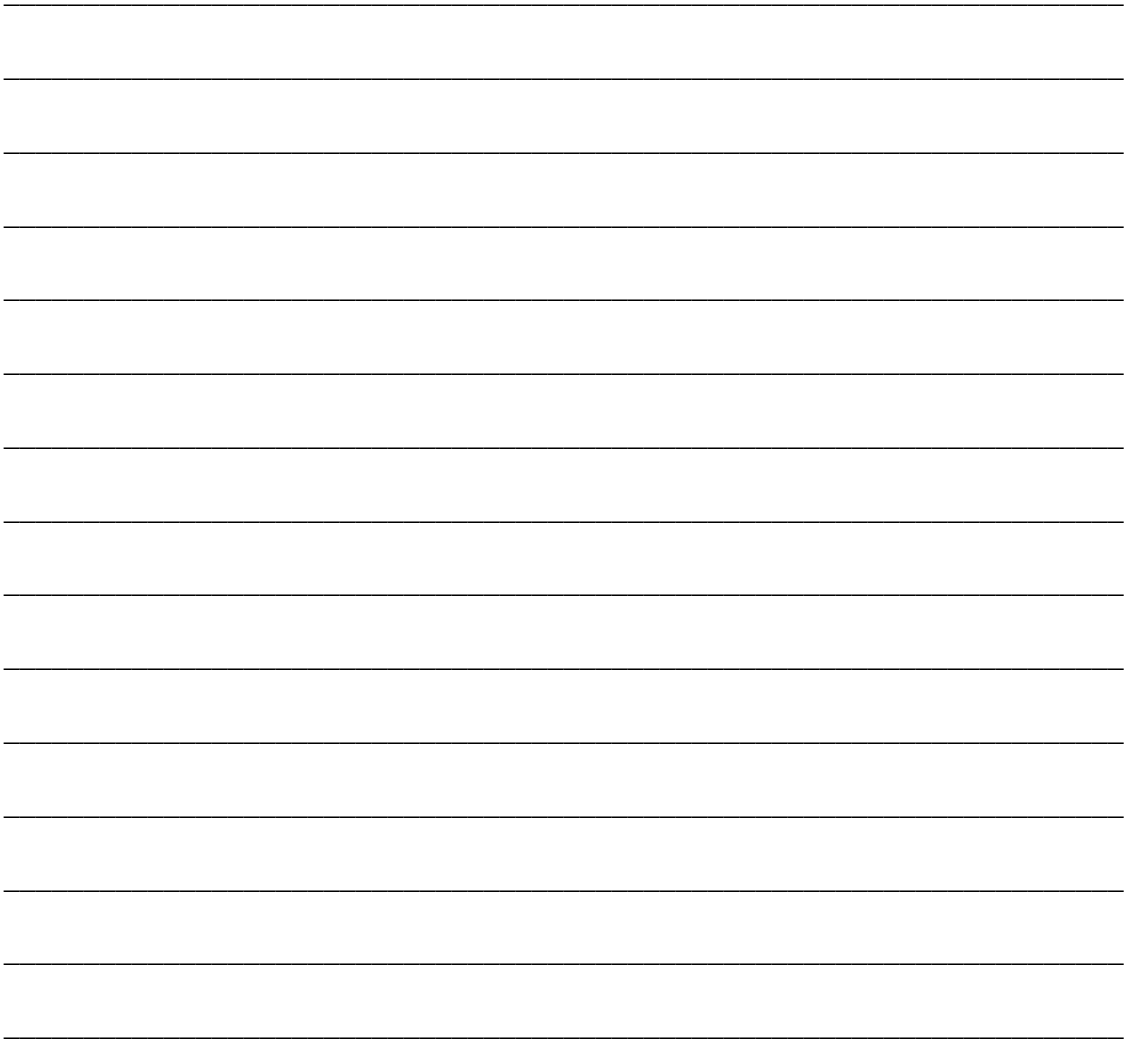
Everything is always changing,  
ride the wave!



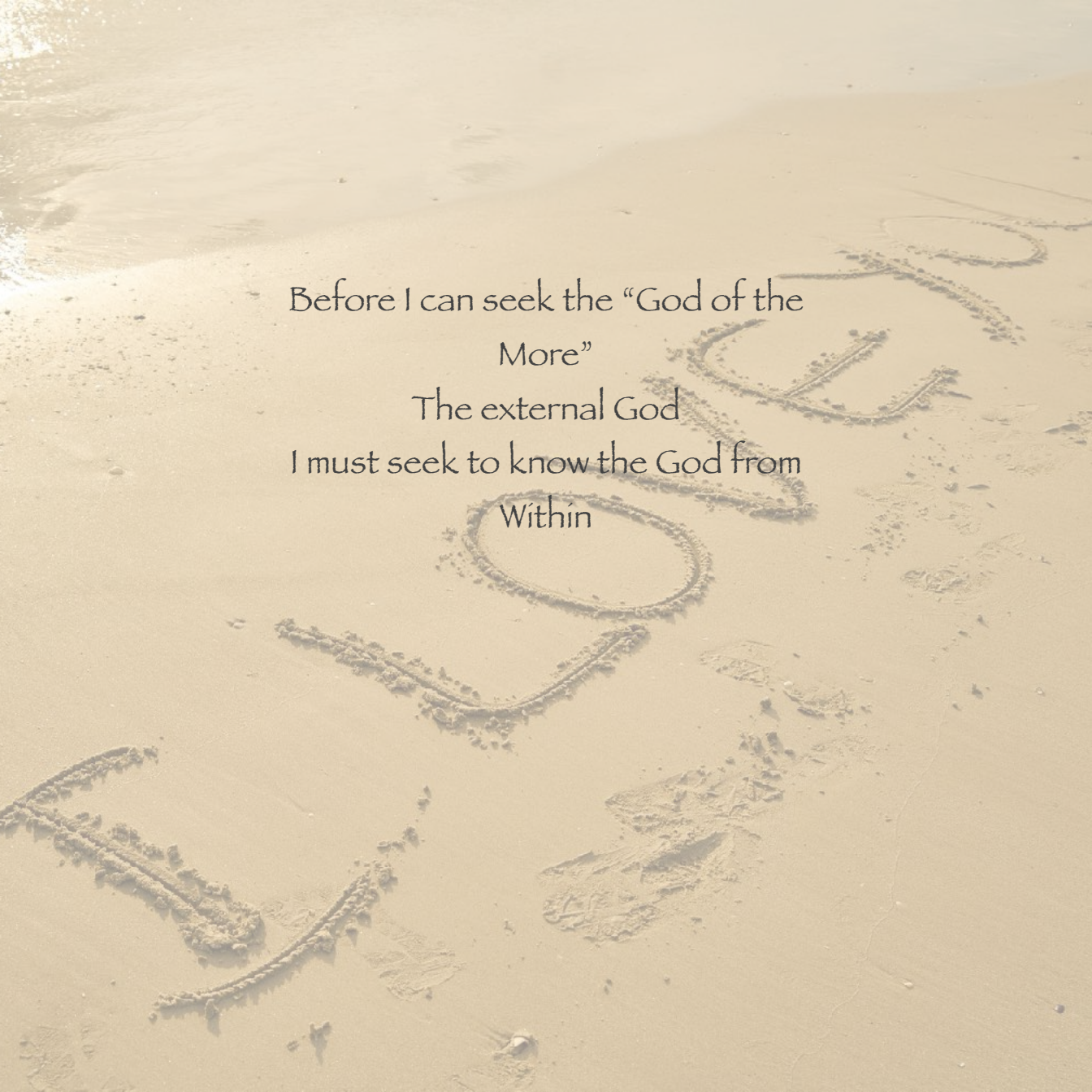
A collection of approximately ten incandescent light bulbs are scattered on a plain white surface. One bulb, located in the upper right quadrant, is turned on, casting a warm, yellowish glow. The other bulbs are unlit and appear as dark, translucent shapes. Long, soft shadows are cast by the bulbs onto the surface, particularly from the unlit ones. The text "If everyone fell away, you would remain" is centered in the image, overlaid on the bulbs and shadows.

If everyone fell away, you would  
remain

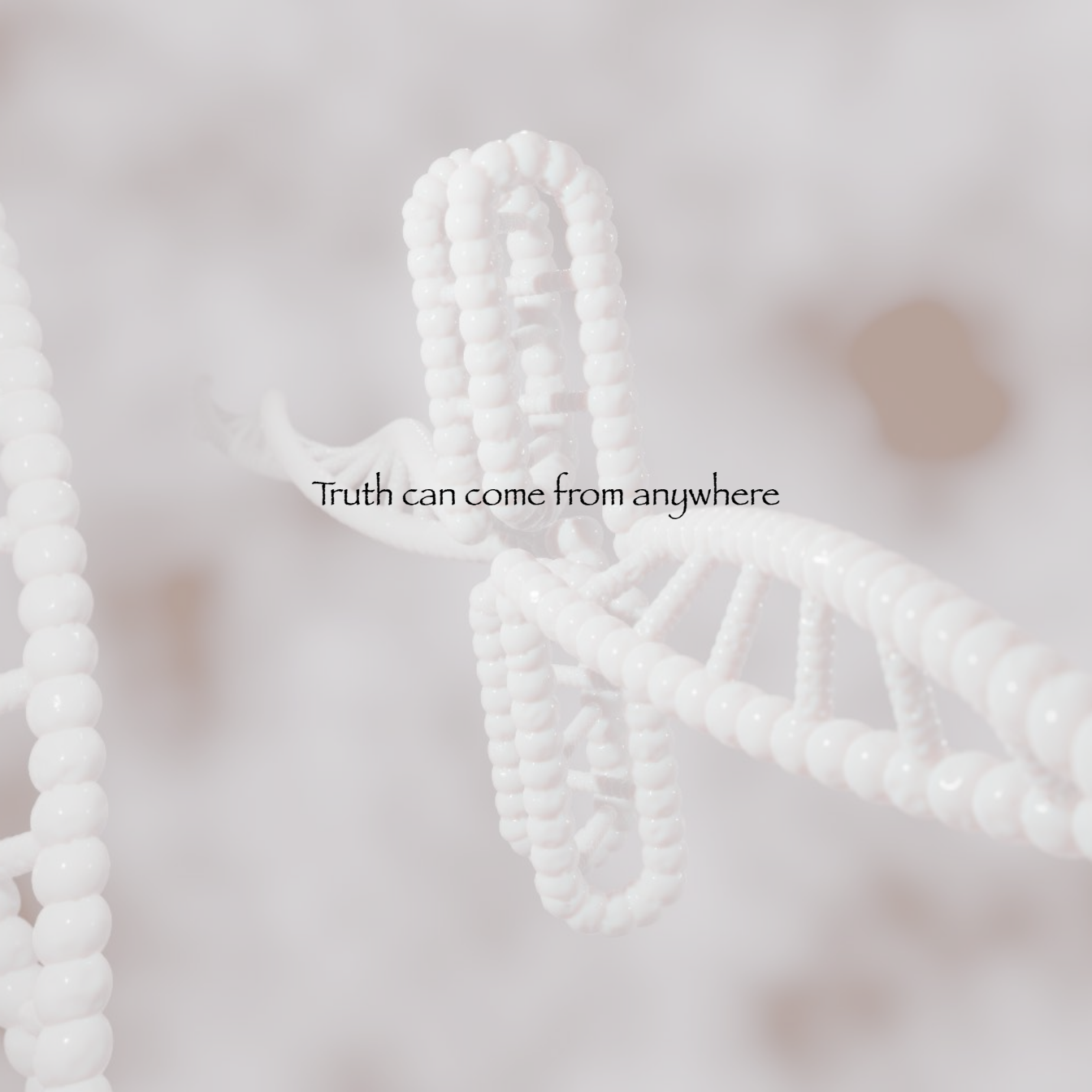






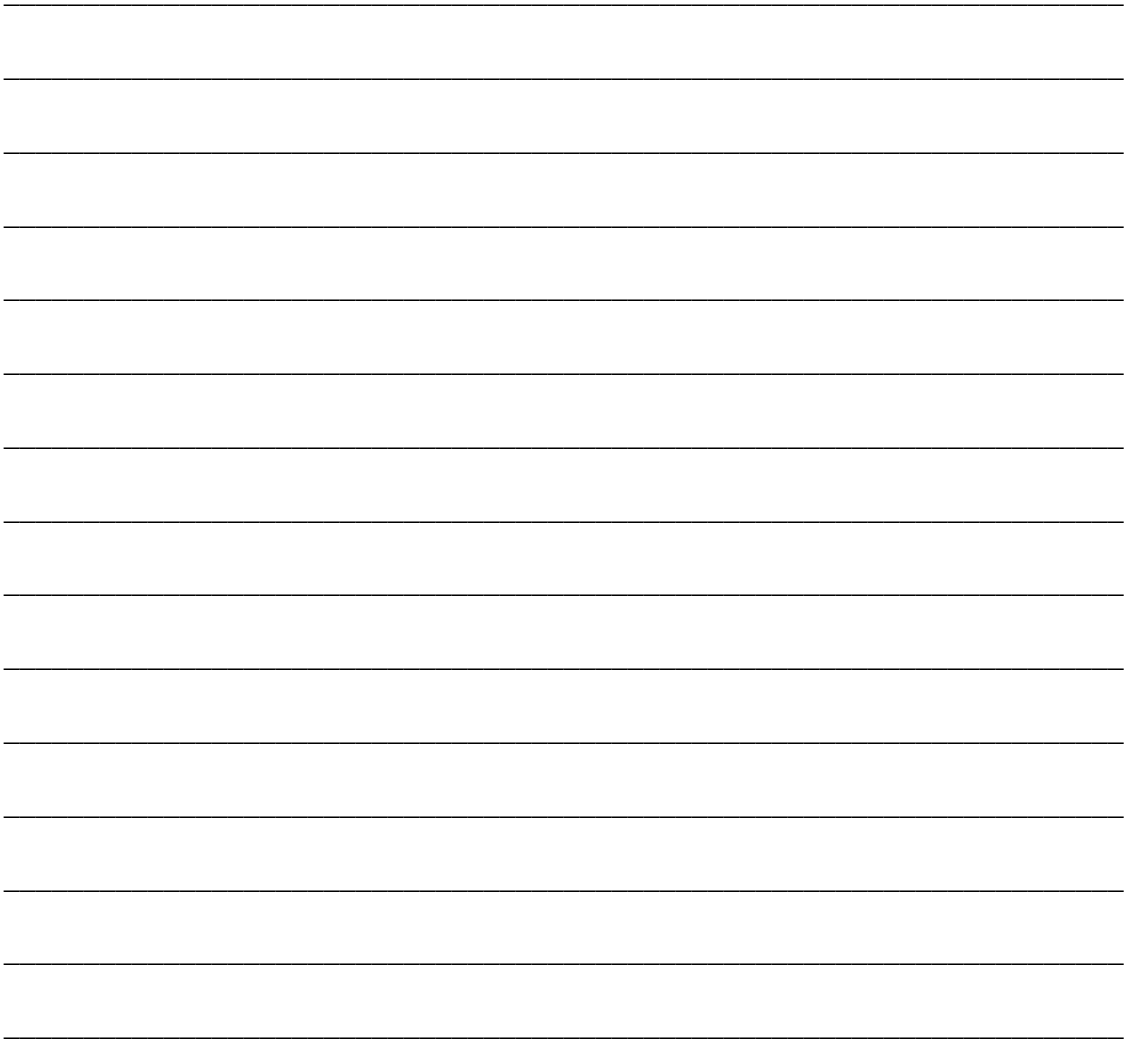
An aerial photograph of a sandy beach. The word "LOVE" is written in the sand using sticks or twigs. The letters are large and somewhat irregular. The sand is a light tan color, and the background shows the gentle waves of the ocean meeting the shore.


Before I can seek the “God of the  
More”  
The external God  
I must seek to know the God from  
Within

A white beaded necklace is intricately shaped into a DNA double helix structure. The necklace is composed of small, round, white beads that form the two strands of the helix, connected by horizontal rungs. The necklace is positioned diagonally across the frame, with one end extending towards the bottom left and the other towards the top right. The background is a soft, out-of-focus image of white flowers, likely hydrangeas, with some green leaves visible. The overall lighting is bright and even, highlighting the texture of the beads and the delicate nature of the background.


Truth can come from anywhere





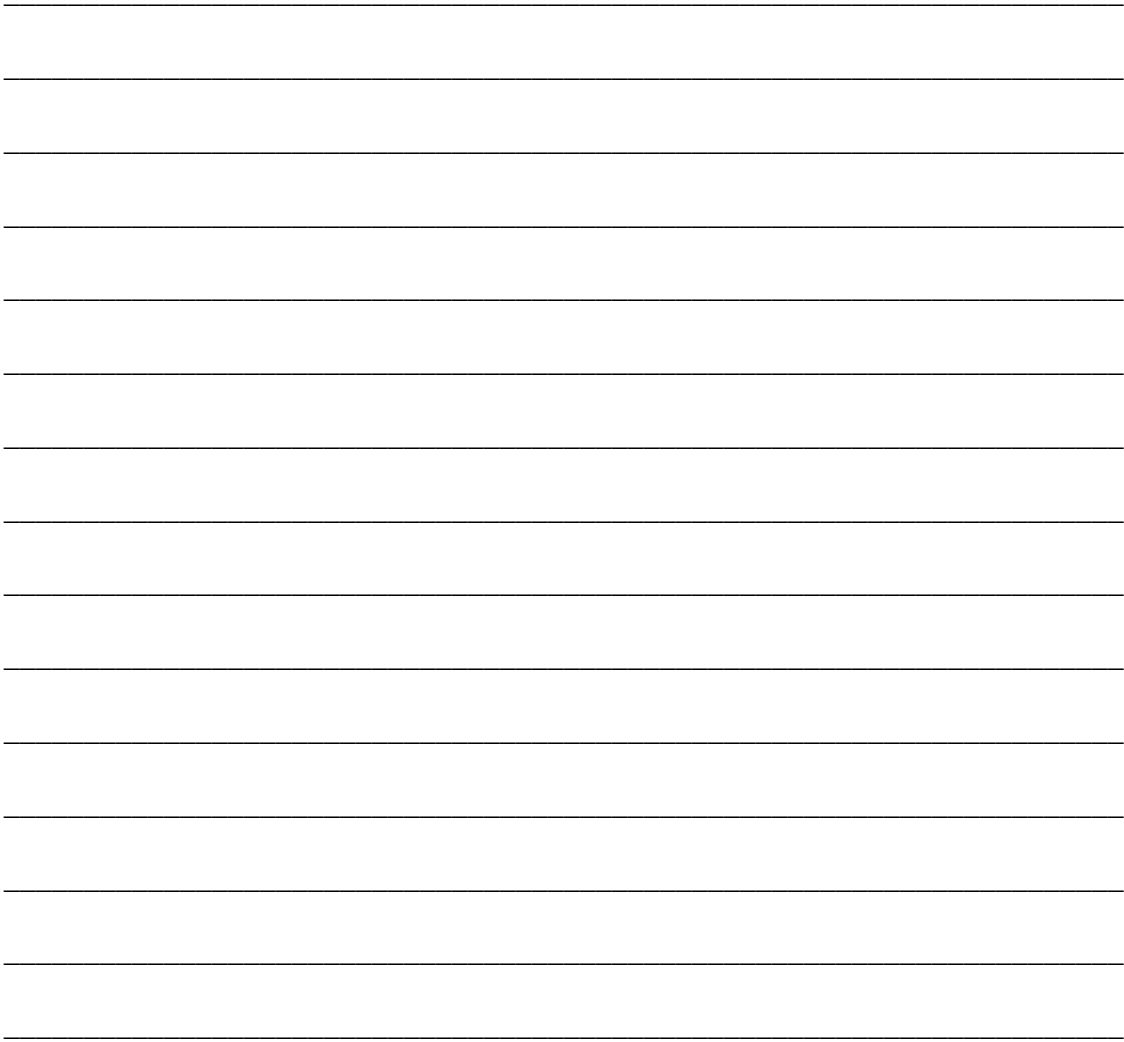
A woman with long dark hair, wearing a white dress with a colorful floral pattern, is walking away from the camera through a field of tall, golden grass. She is carrying a dark brown wicker basket in her right hand. To her right is a simple wooden fence with two strands of barbed wire. The background is a bright, hazy sunset or sunrise, with the sun low on the horizon, creating a strong lens flare and illuminating the scene with a warm, golden light. In the far distance, some buildings are visible through the haze.

What if no one else could see  
what you can see?  
Would you choose to still see, or  
put on different eyes?



One thing is not Untrue  
because another is True






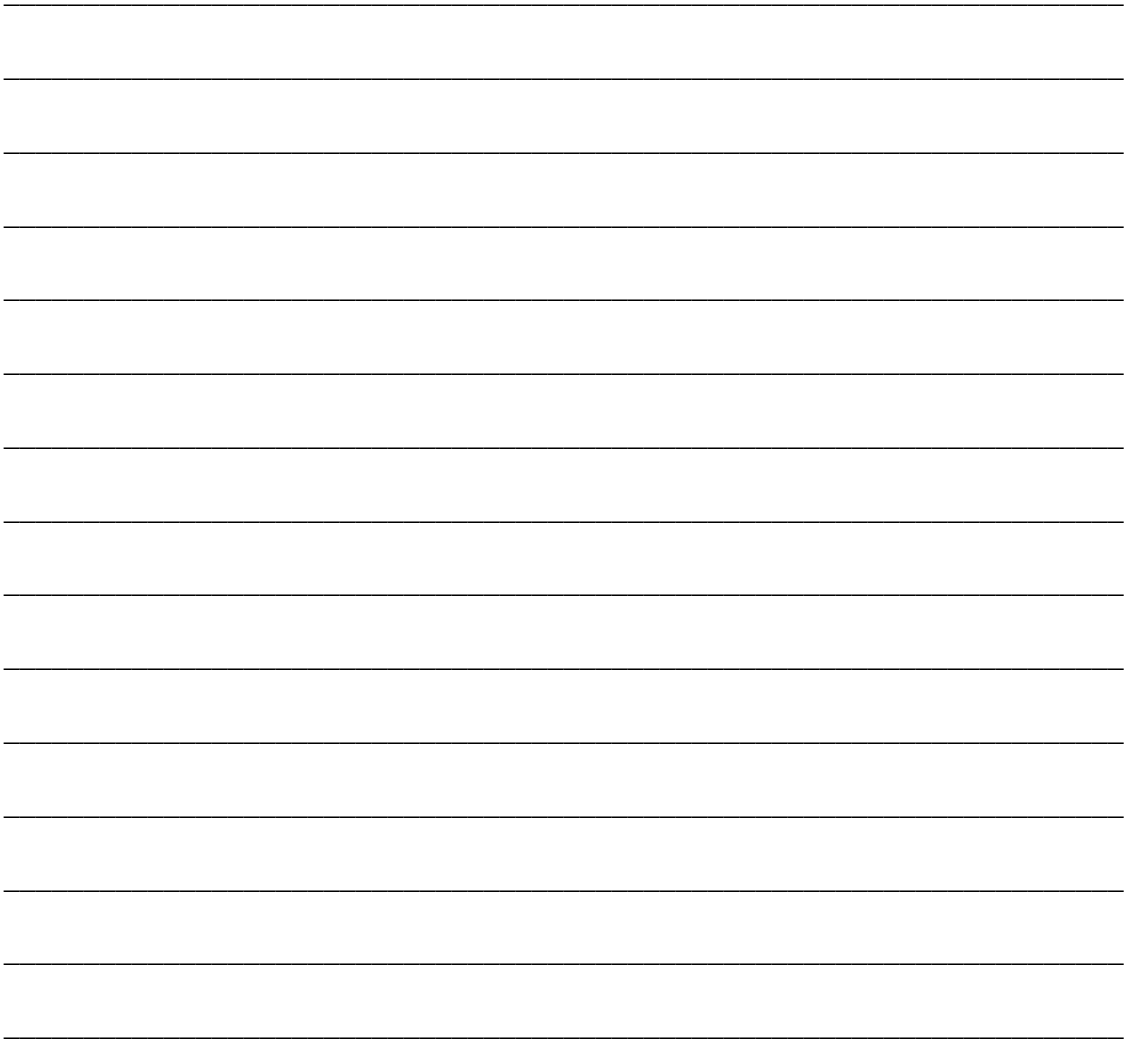




“Wield...”

A close-up of a car's side-view mirror. The mirror's frame is dark and curved. The reflection inside the mirror shows a scenic view of a two-lane road stretching into the distance under a sunset sky. The sun is a bright, glowing orb on the horizon, casting a warm orange and yellow light across the sky and the road. The road's surface is wet, reflecting the light from the sun. In the distance, a small car is visible on the road, its headlights on. The car's body, visible in the foreground of the mirror's reflection, is a light color and has a sleek, classic design.

Now must be  
For yesterday fades so quickly






A celestial path of stone steps leads from the bottom of the frame up through a vast, ethereal landscape of soft, white and blue clouds. The path is flanked by lush green grass and small white flowers. At the end of the path, a magnificent, ornate temple or gateway stands on a higher plane. The temple features multiple arches, columns, and intricate carvings, with a bright, glowing light emanating from its central opening. The sky above is a deep blue, filled with stars and streaks of light, suggesting a cosmic or divine realm. The overall atmosphere is one of awe, wonder, and spiritual journey.

Neither reject, hate or obsess  
over, but in contentment embrace  
all, seeing function and  
purpose... seeing God in all




A lush, verdant forest scene featuring a small waterfall cascading into a calm pool of water. The foreground is dominated by large, gnarled tree roots and trunks, some covered in moss. The background is filled with dense green foliage and more trees. The overall atmosphere is serene and natural.

As you grow, I grow  
As I grow, you grow





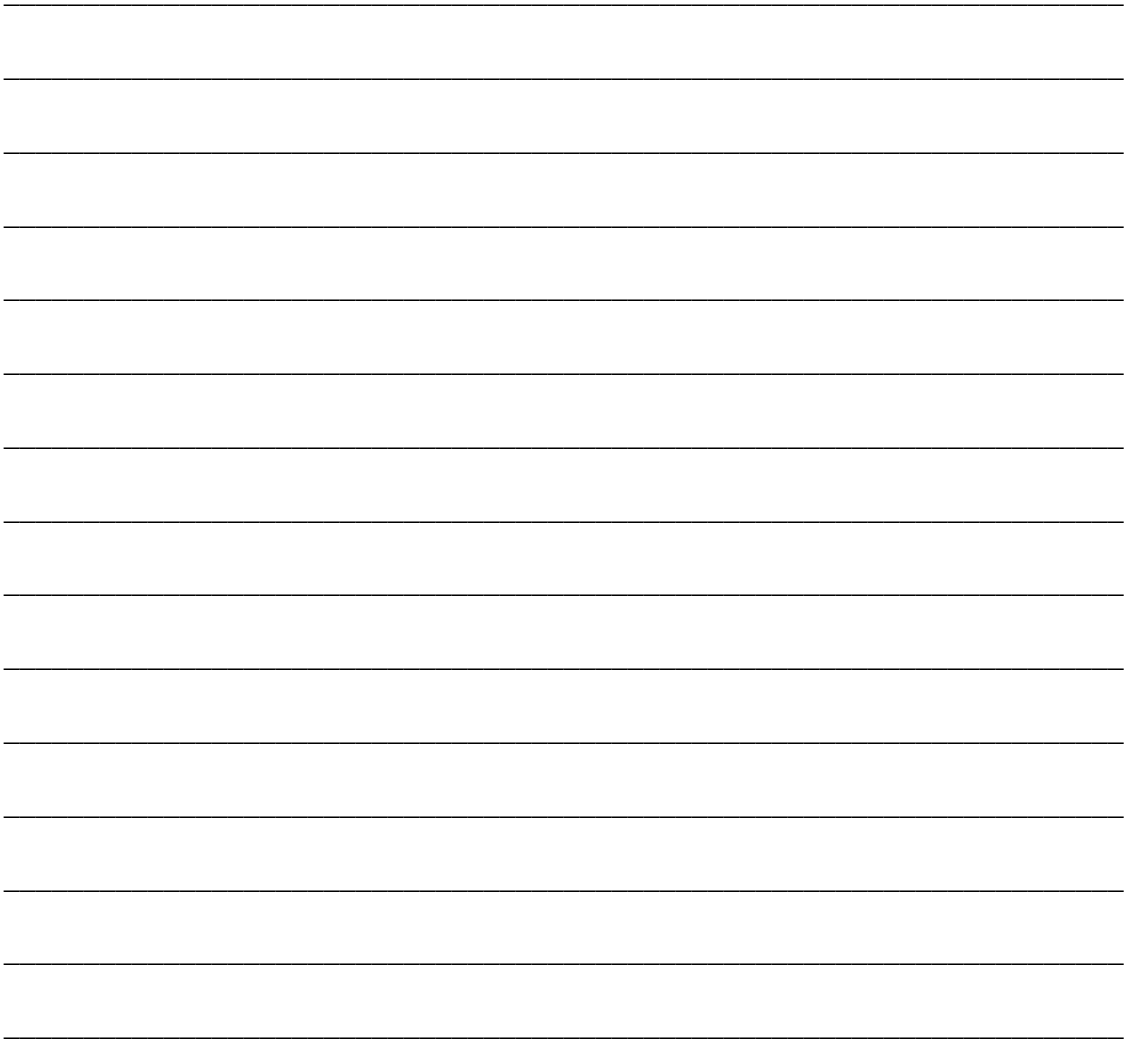


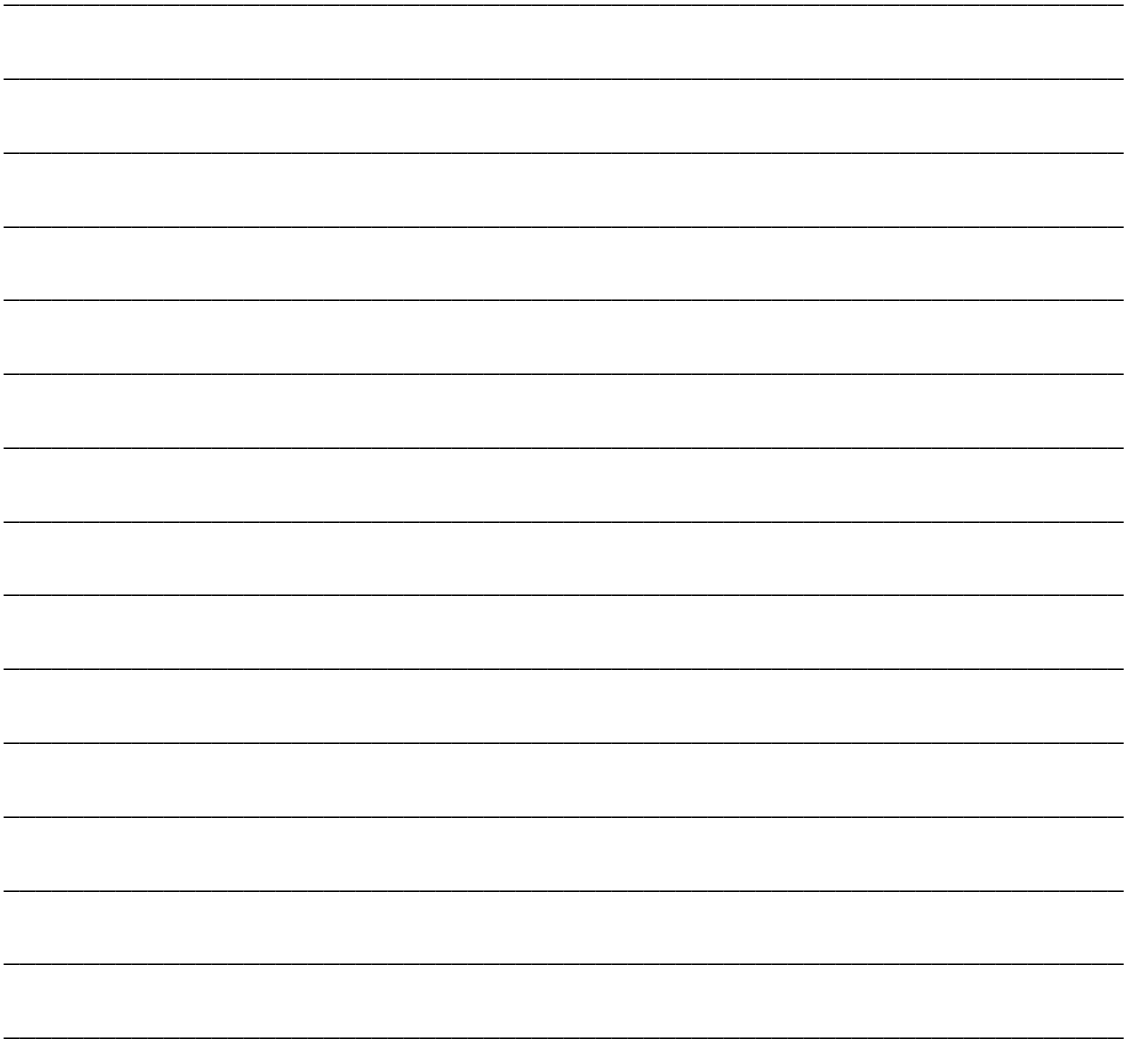


Remember blessing  
Remember peace  
Remember abundance  
For You are free



Together forever, forever  
Together

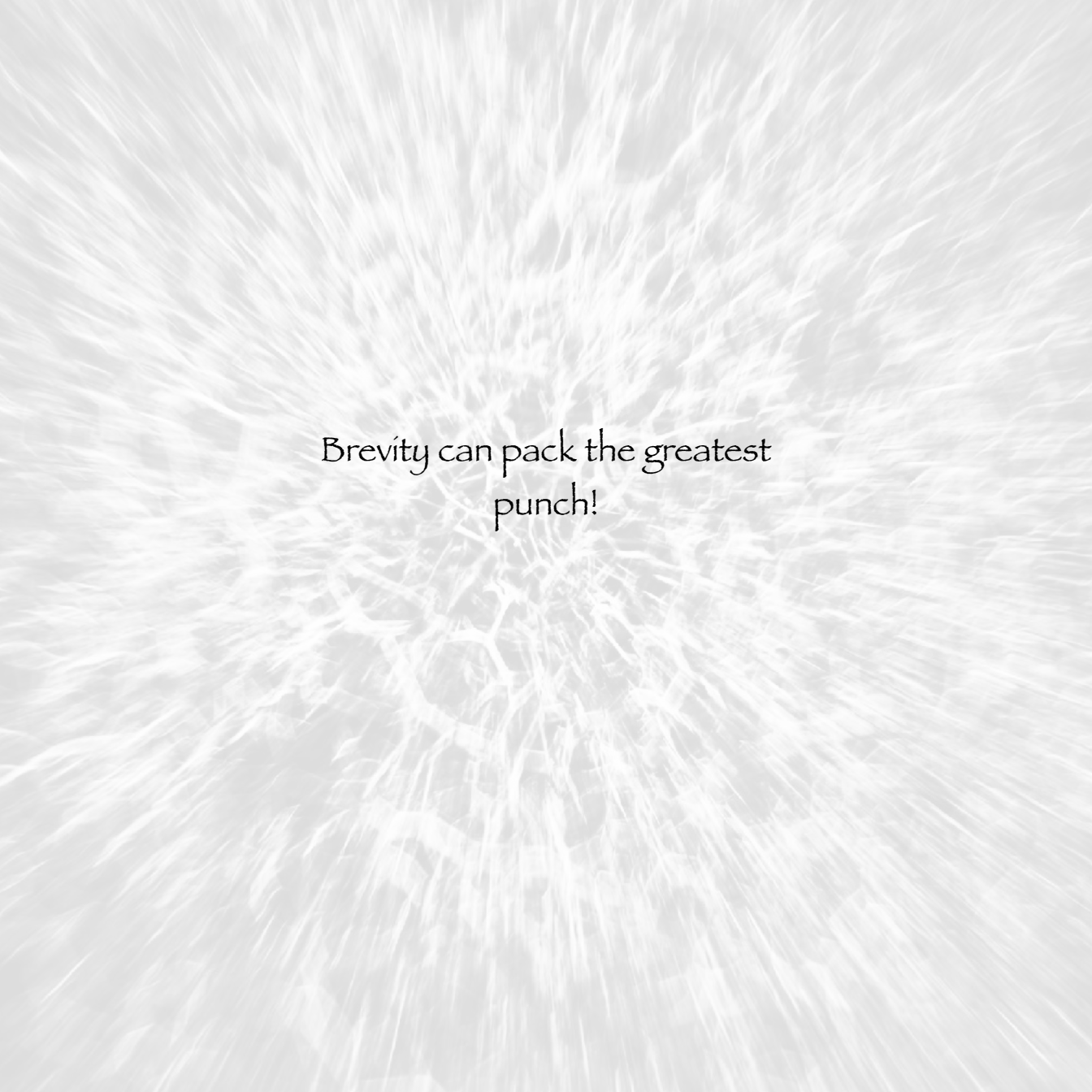




The background of the image is a dense field of red poppies. The flowers are in various stages of bloom, with some fully open and others as buds. The petals are a vibrant red, and the centers are dark with prominent yellow stamens. The entire image is covered with a semi-transparent light blue overlay, which softens the colors and creates a dreamy, ethereal atmosphere. The text is centered in the middle of the image, written in a simple, black, sans-serif font.

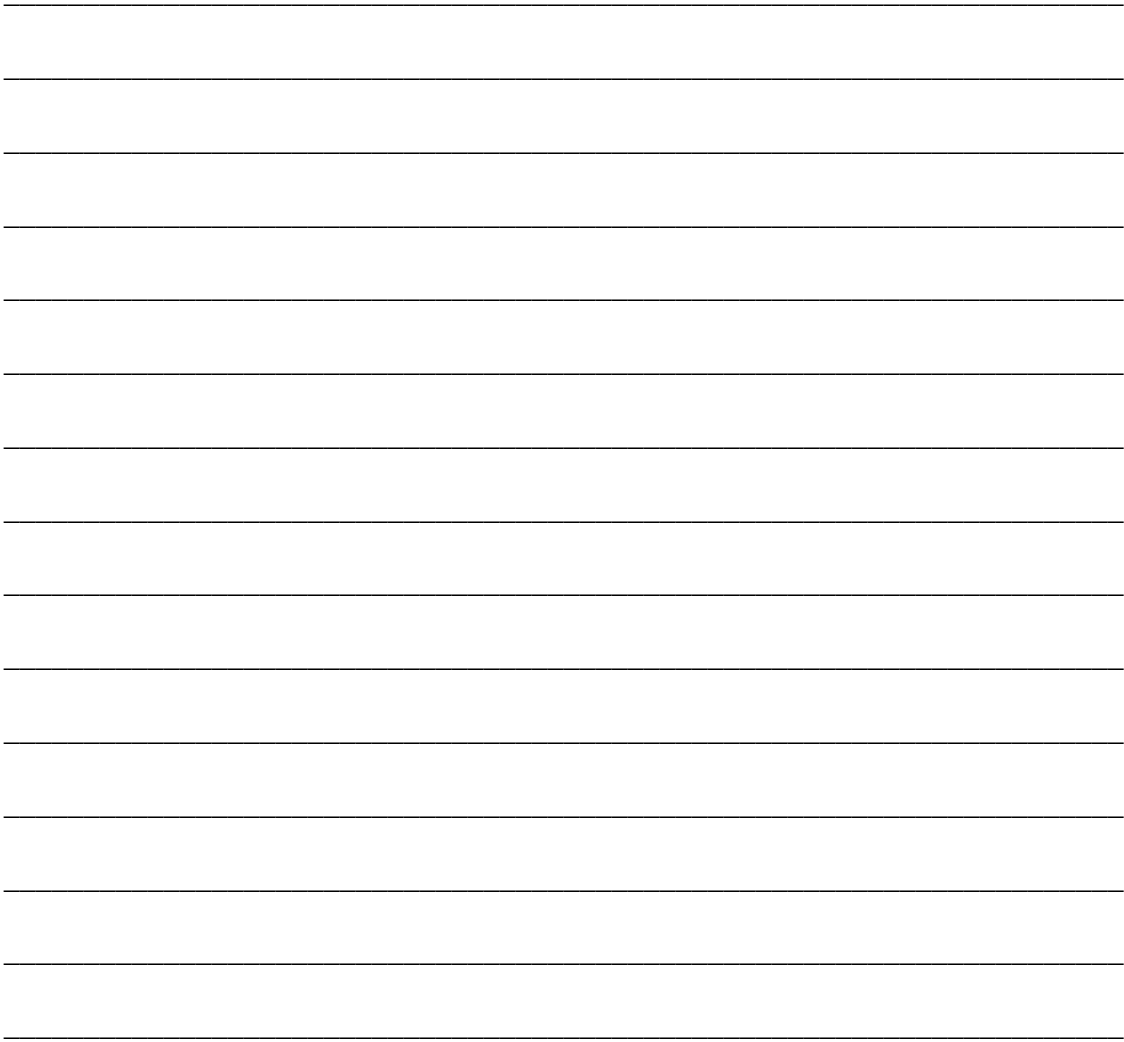
Intentionality leads to natural  
ability waking

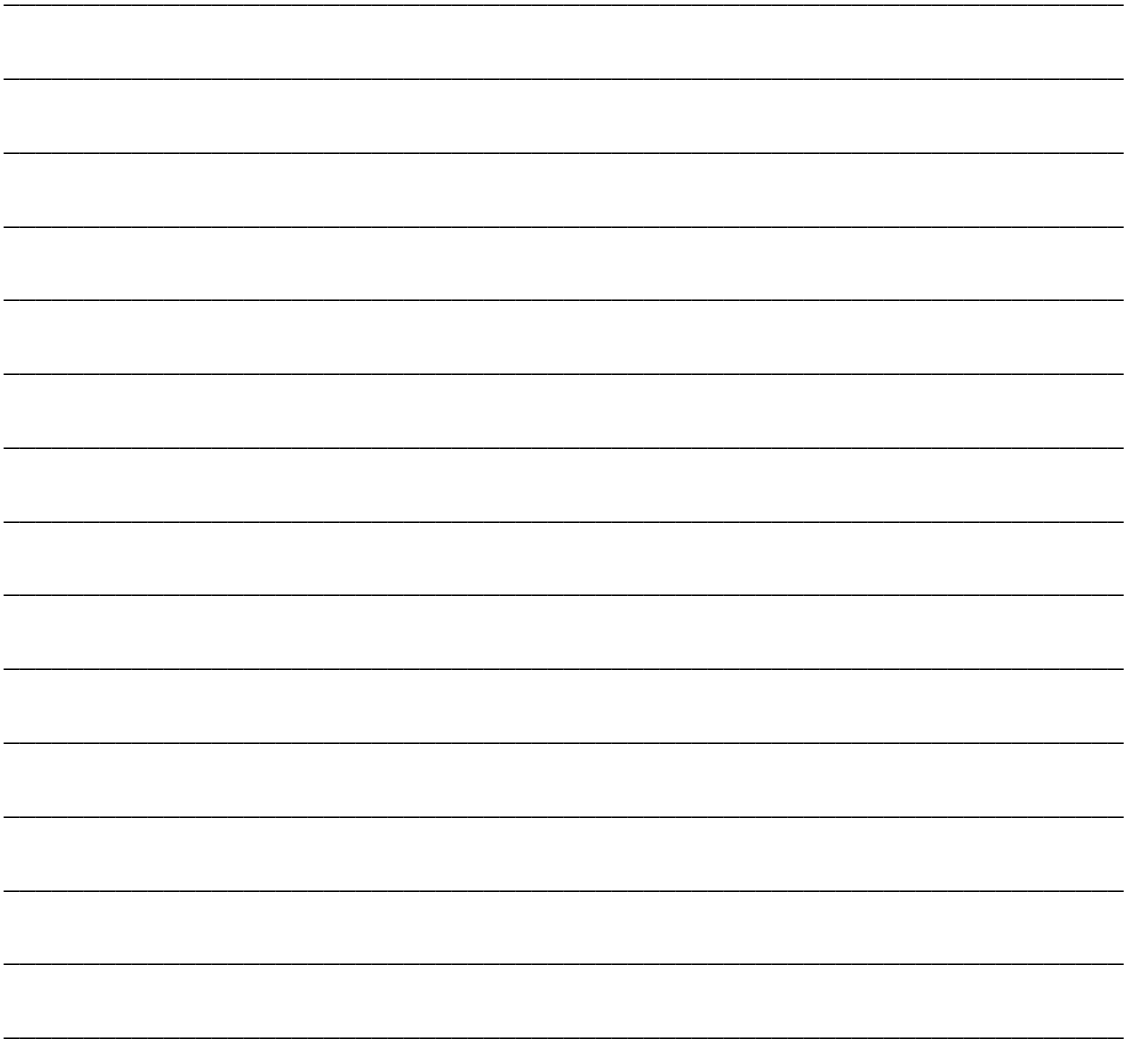





Brevity can pack the greatest  
punch!






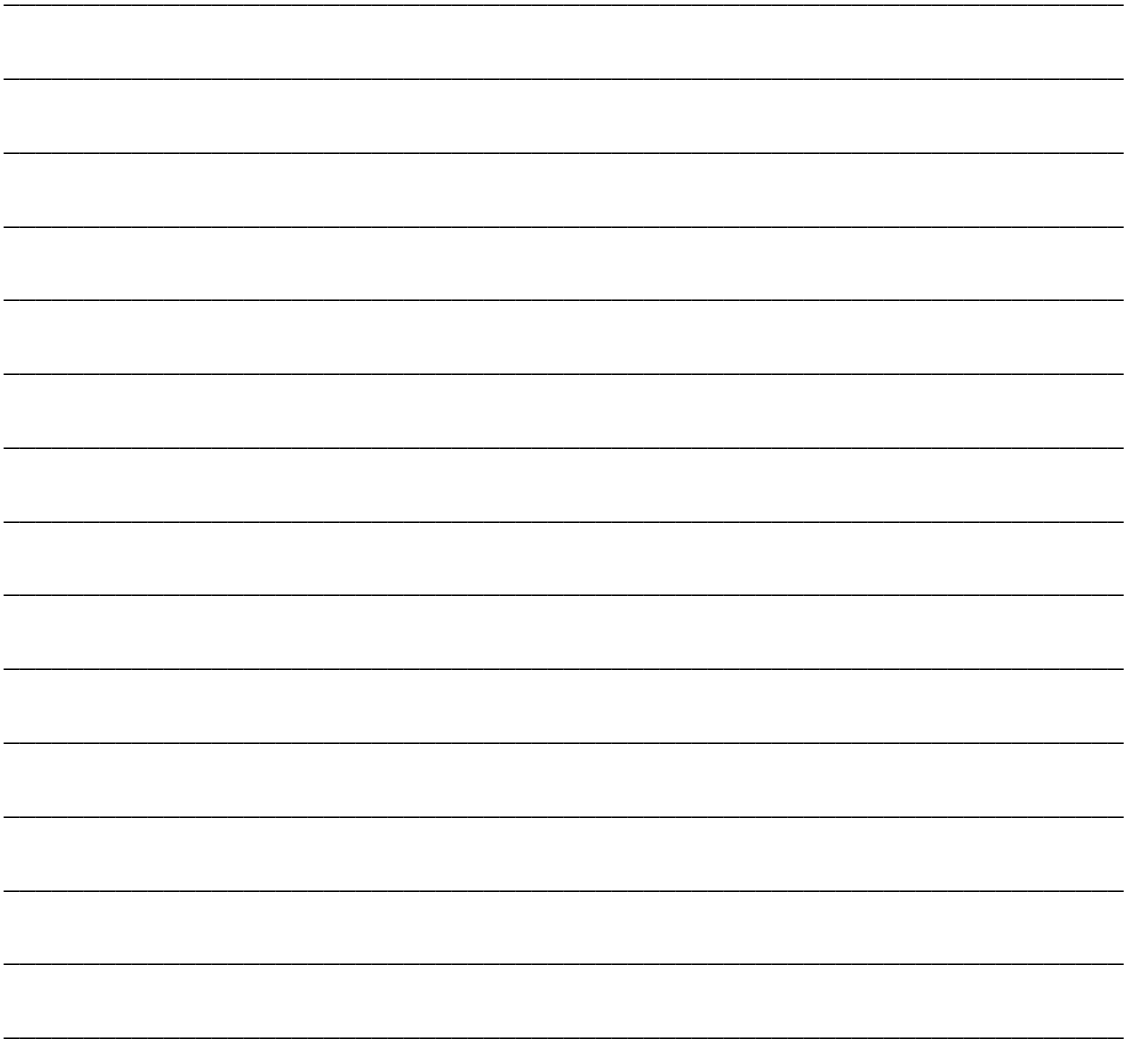


A watercolor illustration of a woman with a large, colorful floral crown. The crown is composed of various flowers in shades of orange, yellow, pink, and purple, interspersed with green leaves. A small blue sphere, resembling a planet or moon, is visible on the right side of the crown. The woman has dark skin and her eyes are closed. She is wearing large, ornate earrings that feature geometric shapes and colorful gemstones. The background is a soft, ethereal blend of colors, including shades of blue, purple, and yellow, with small white stars scattered throughout. The overall style is dreamy and artistic.


Peace, rather than feeling,  
remains our foundation

A detailed illustration of a lioness and her two cubs. The lioness is lying down, looking directly at the viewer with a calm expression. Her fur is a mix of light tan and golden-brown, with a thick, flowing mane. Two cubs are nestled close to her. One cub is on the left, looking up at its mother. The other cub is on the right, looking down. The background is a plain, light cream color.

Bravery is moving forward even  
when feeling afraid, or feeling  
nothing at all





A young child stands in a vast field of tall, golden grass, reaching up to hold a string. A large, colorful kite with a rainbow pattern and long, flowing ribbons is high in the sky. The sun is low on the horizon, casting a warm, golden glow over the entire scene, with mountains visible in the distance.

There is no ceiling over your  
head...  
Keep Rising



A dramatic landscape scene featuring a bright, glowing light source behind a layer of dark, textured clouds. Numerous rays of light emanate from the source, spreading across the sky and reflecting on the water below. The foreground shows a rocky shoreline with patches of green grass and small plants, leading into a body of water that reflects the light and clouds. The overall mood is inspirational and hopeful.


Bravely, walk into Light







Be free to honor your own  
conscience

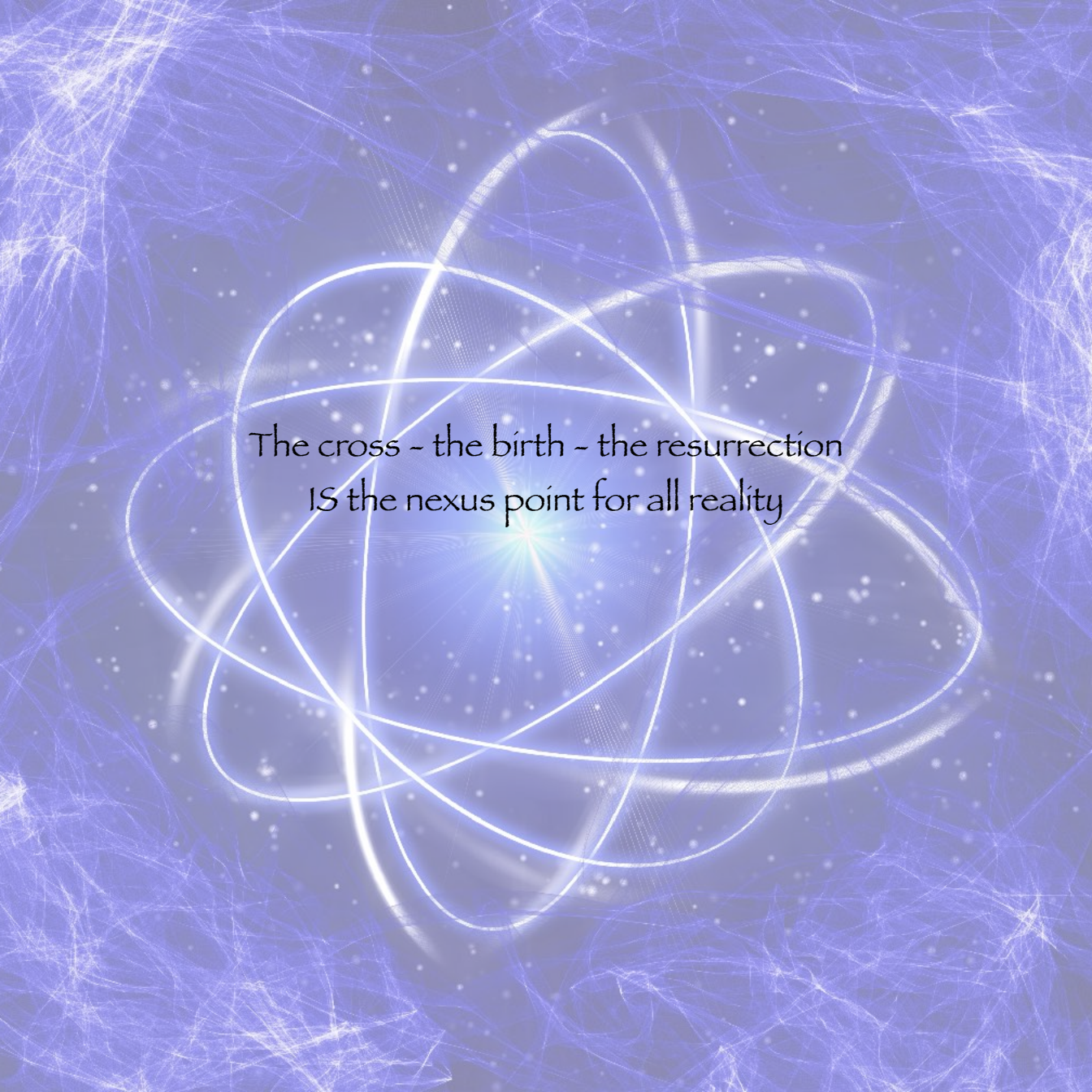
A peaceful Japanese garden scene. In the foreground, a calm pond reflects the sky and surrounding landscape. Several large, smooth, grey rocks are scattered throughout the pond and along its edges. A small waterfall flows over a rock into the pond. In the middle ground, a large rock formation features a tall stack of smooth, light-colored stones. To the left and right, cherry blossom trees with pink flowers stand on mossy banks. The background shows misty, rolling mountains under a soft, hazy sky. The overall atmosphere is tranquil and contemplative.

Quiet complaint, the thought of,  
the feeling of











The cross ~ the birth ~ the resurrection  
IS the nexus point for all reality



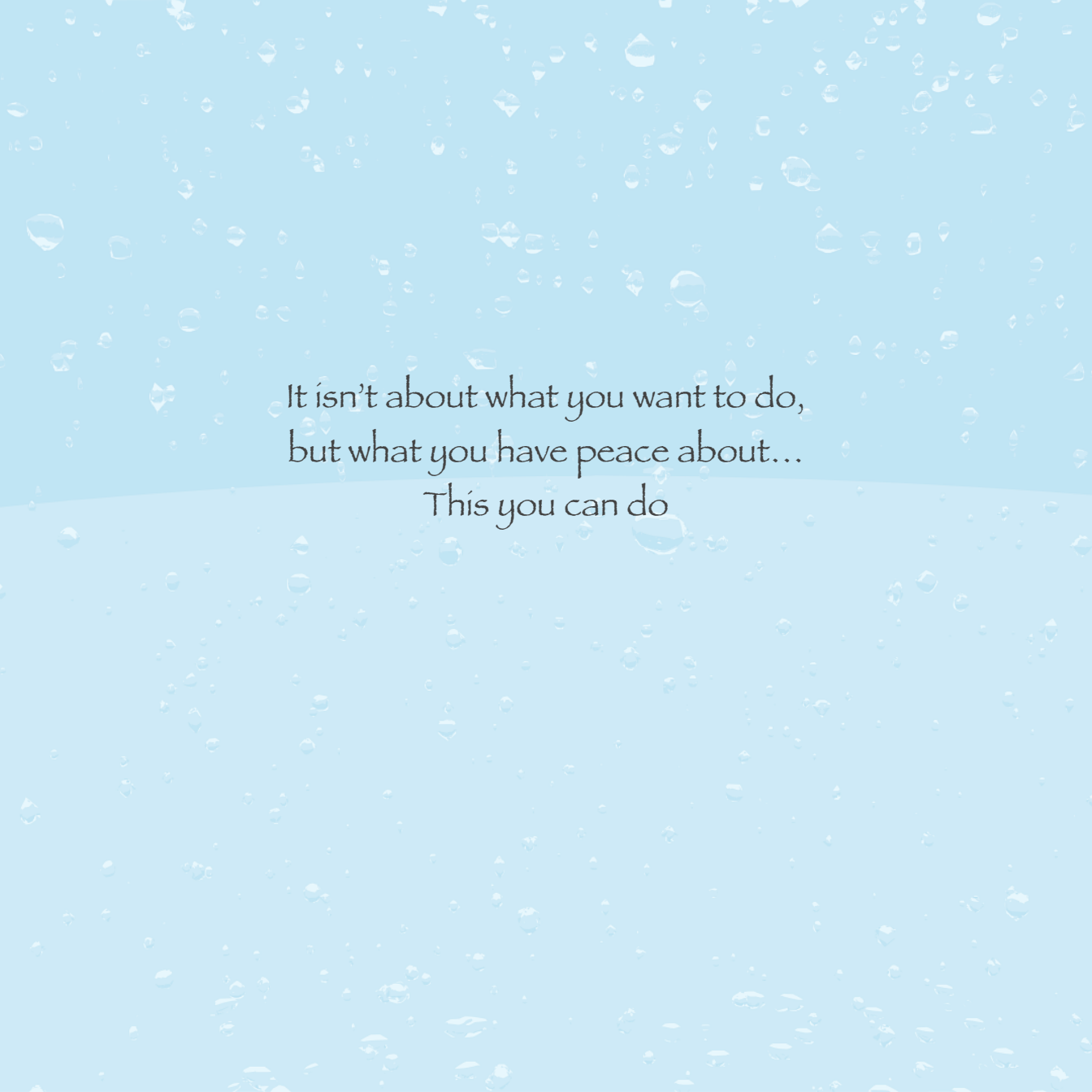
Every person in your life is meant  
to awaken another aspect of  
you... remain in every moment



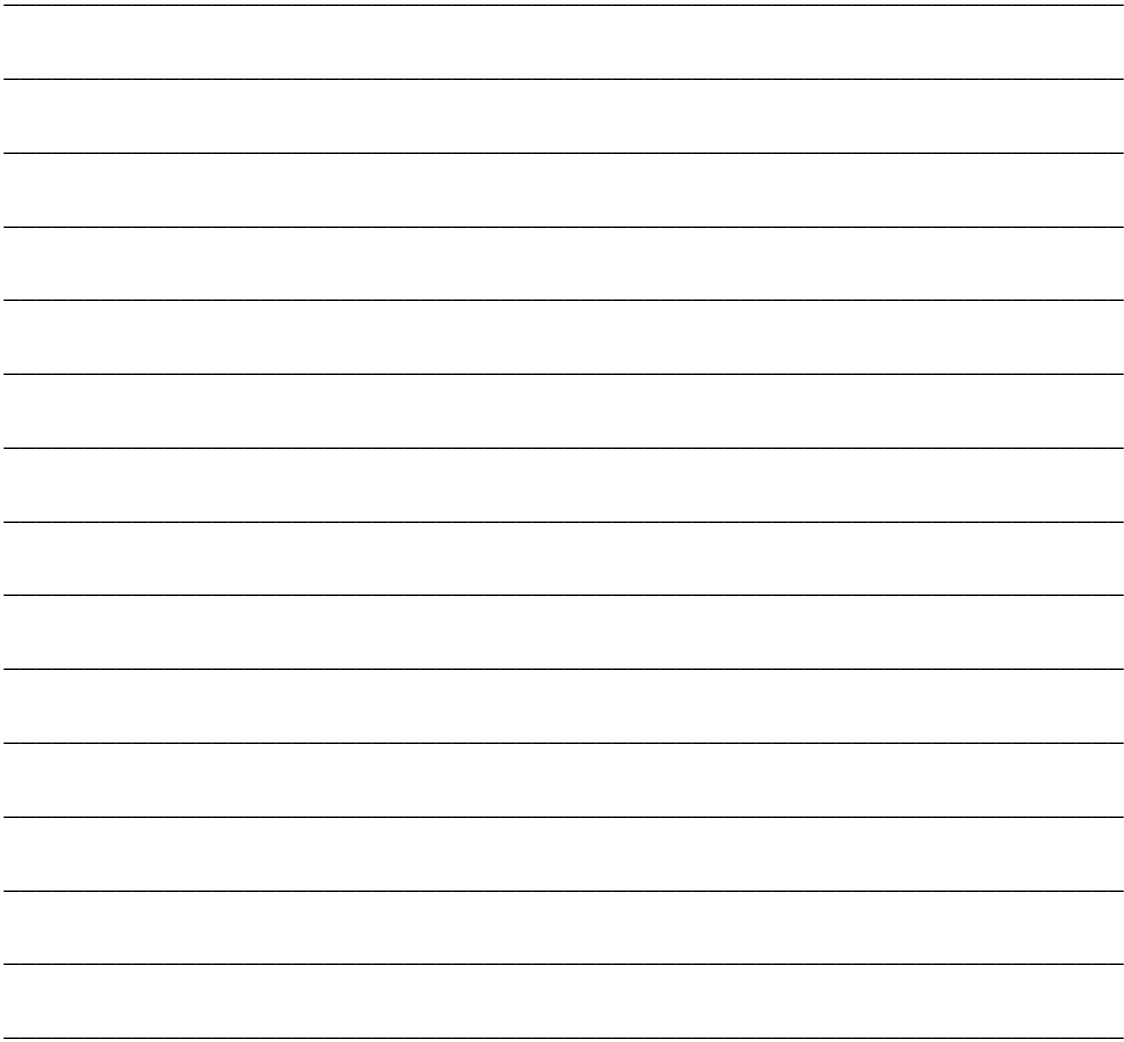


A stylized, painterly portrait of a woman with her hand near her face, looking upwards with a contemplative expression. The image has a soft, ethereal quality with muted colors and visible brushstrokes. The woman's face is the central focus, with her eyes looking upwards and to the left. Her hand is raised towards her mouth, with fingers slightly curled. The background is a mix of soft, blended colors, suggesting a dreamlike or spiritual atmosphere. The overall style is reminiscent of a watercolor or soft oil painting.

Wonder, to experience a full immersive  
seeing (no matter the scale of fullness)  
as present awareness, IS the breath of  
every human when living in any moment



It isn't about what you want to do,  
but what you have peace about...  
This you can do





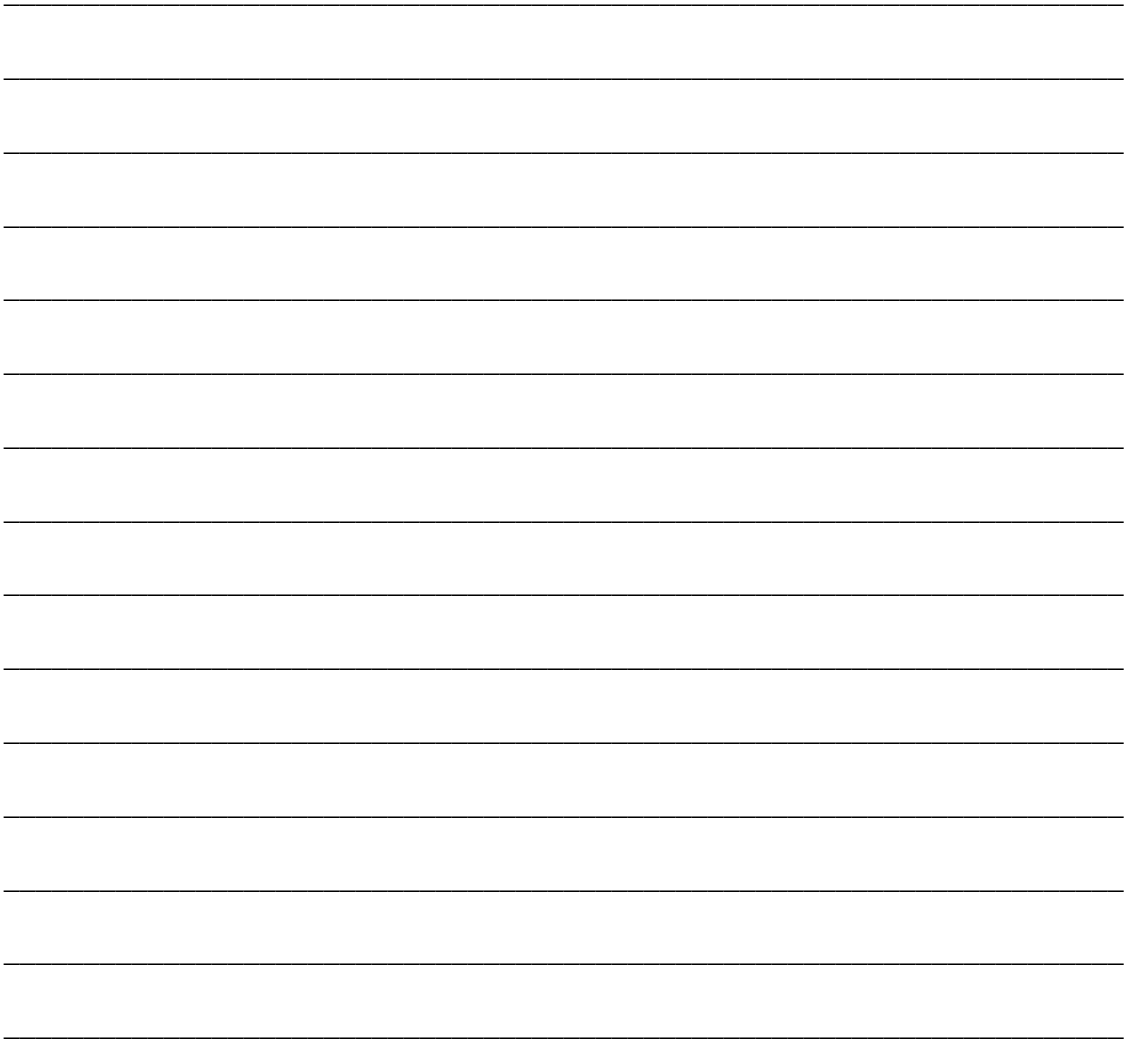


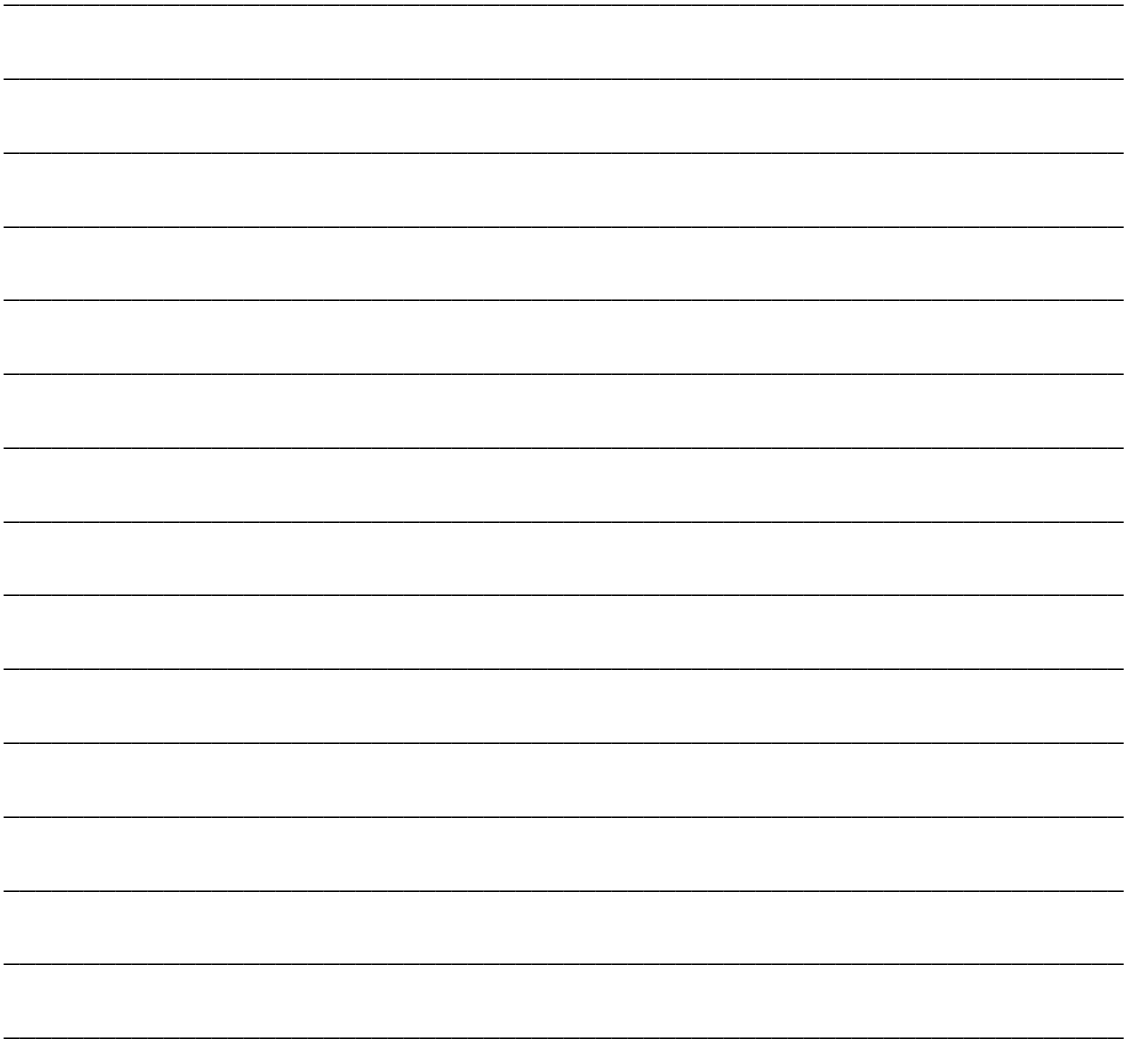
A stylized white lightning bolt graphic on a gray background. The lightning bolt is composed of several jagged, branching lines that originate from the top right and spread out towards the bottom left. The text "A gift marries two" is centered over the middle of the lightning bolt.

A gift marries two



You are uniquely You







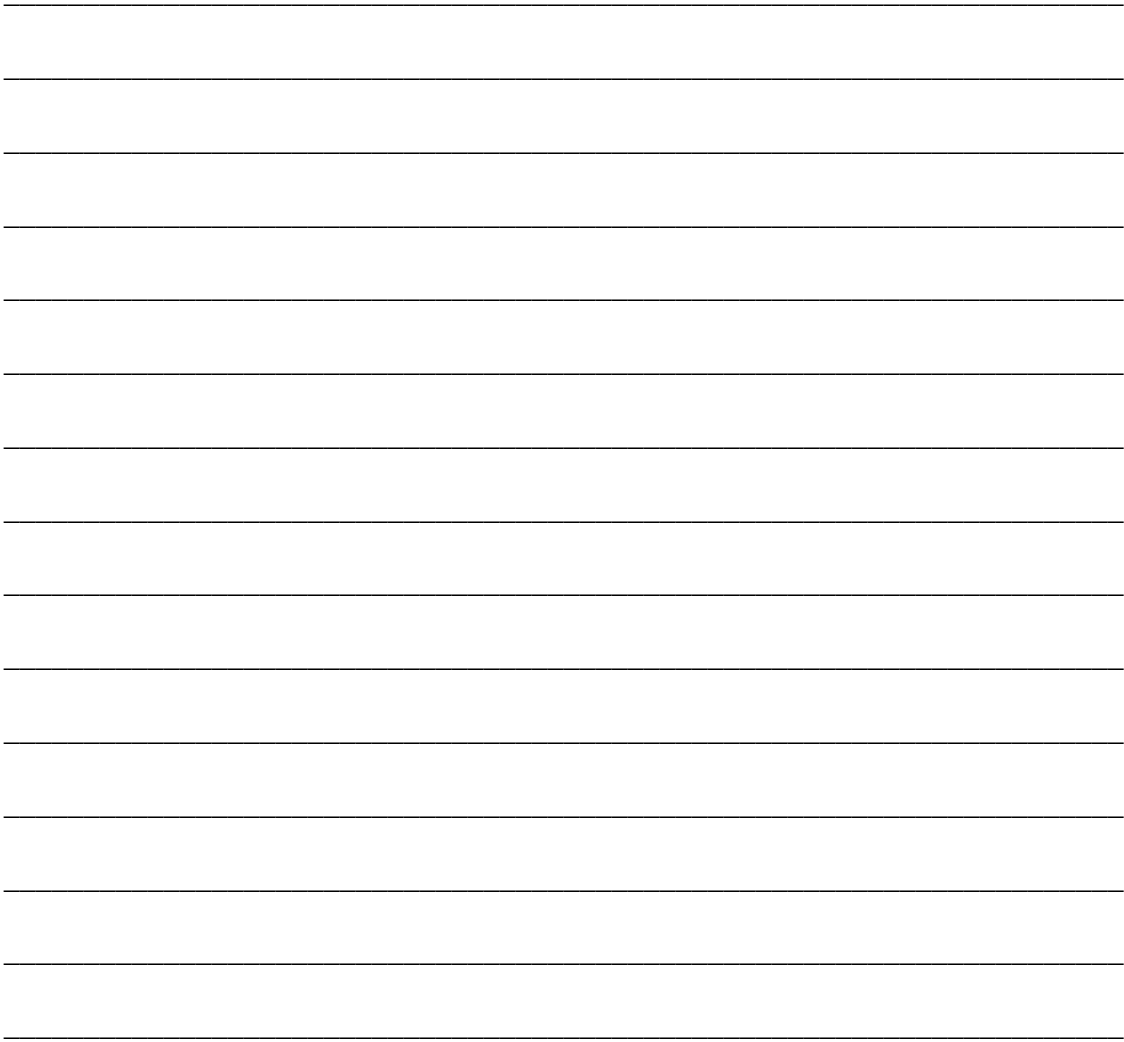
"Now what?"

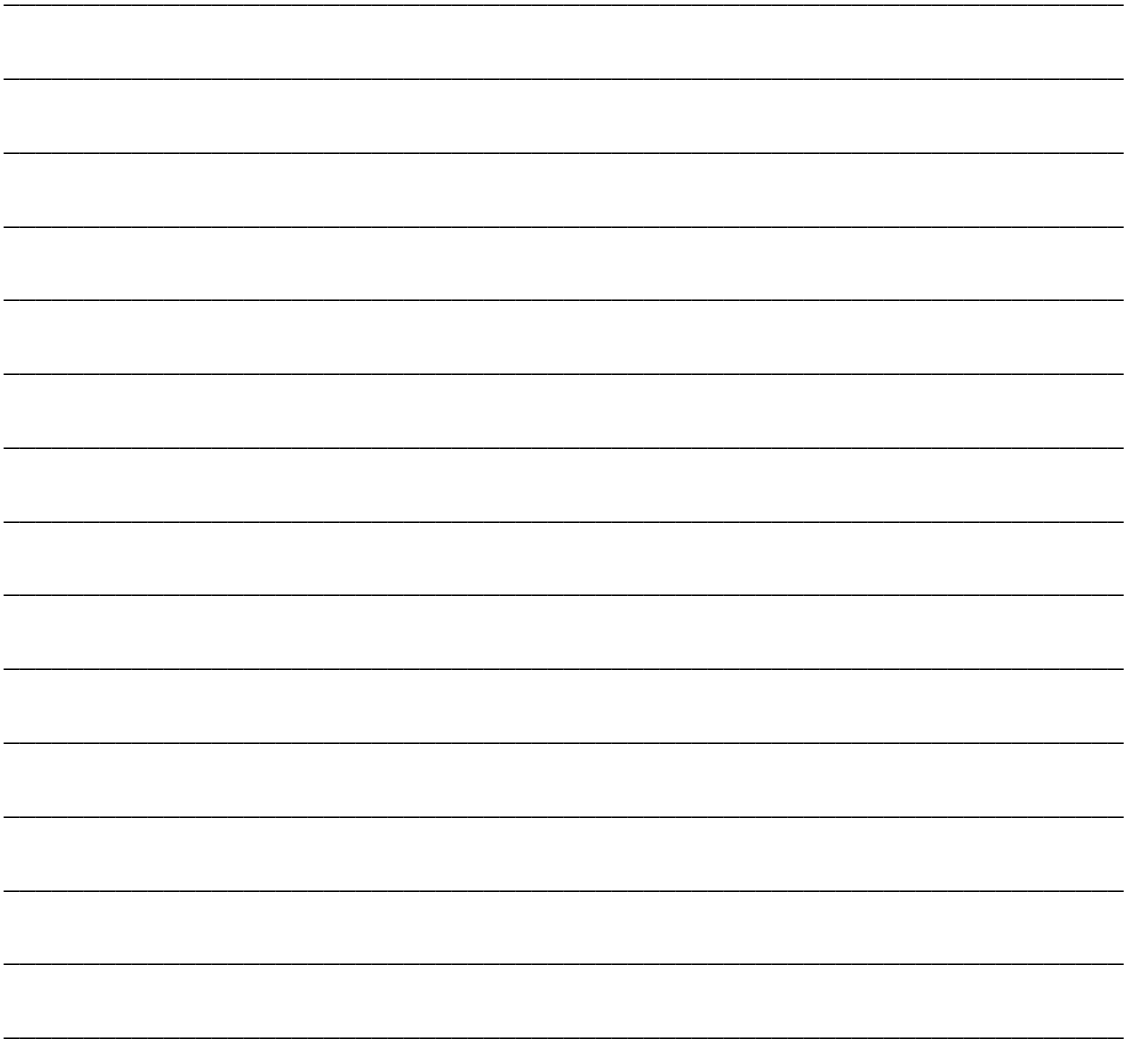
"Live..."

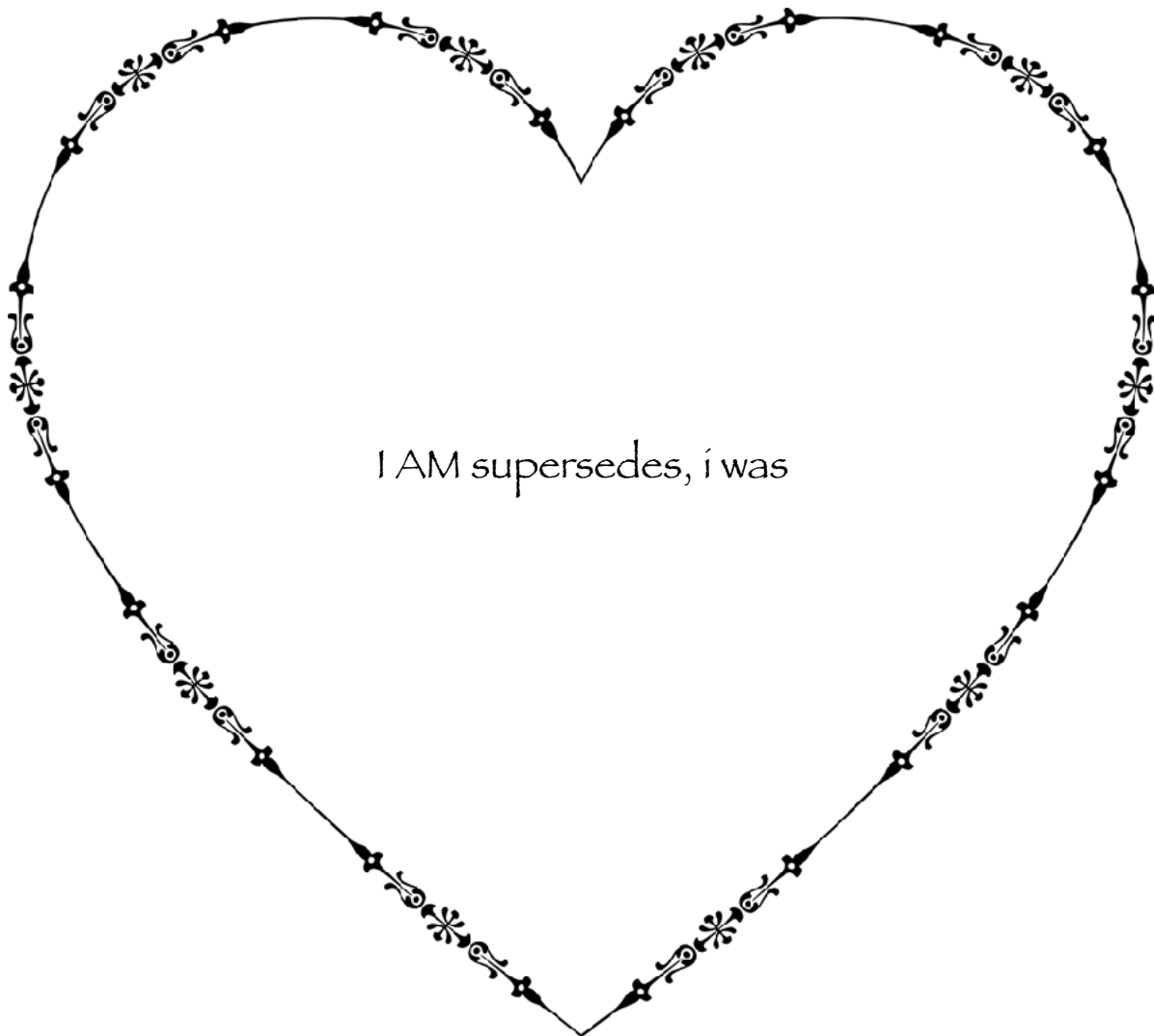
An illustration of two people standing under a large, multi-colored pink umbrella in the rain. The background is a light gray with diagonal lines representing rain. The people are silhouetted, wearing dark clothing and high heels. The text "Friendship is the foundation for any relationship" is centered over the umbrella.

Friendship is the foundation for  
any relationship










I AM supersedes, i was



My arrival was my starting point  
My departure was my process of  
waking up







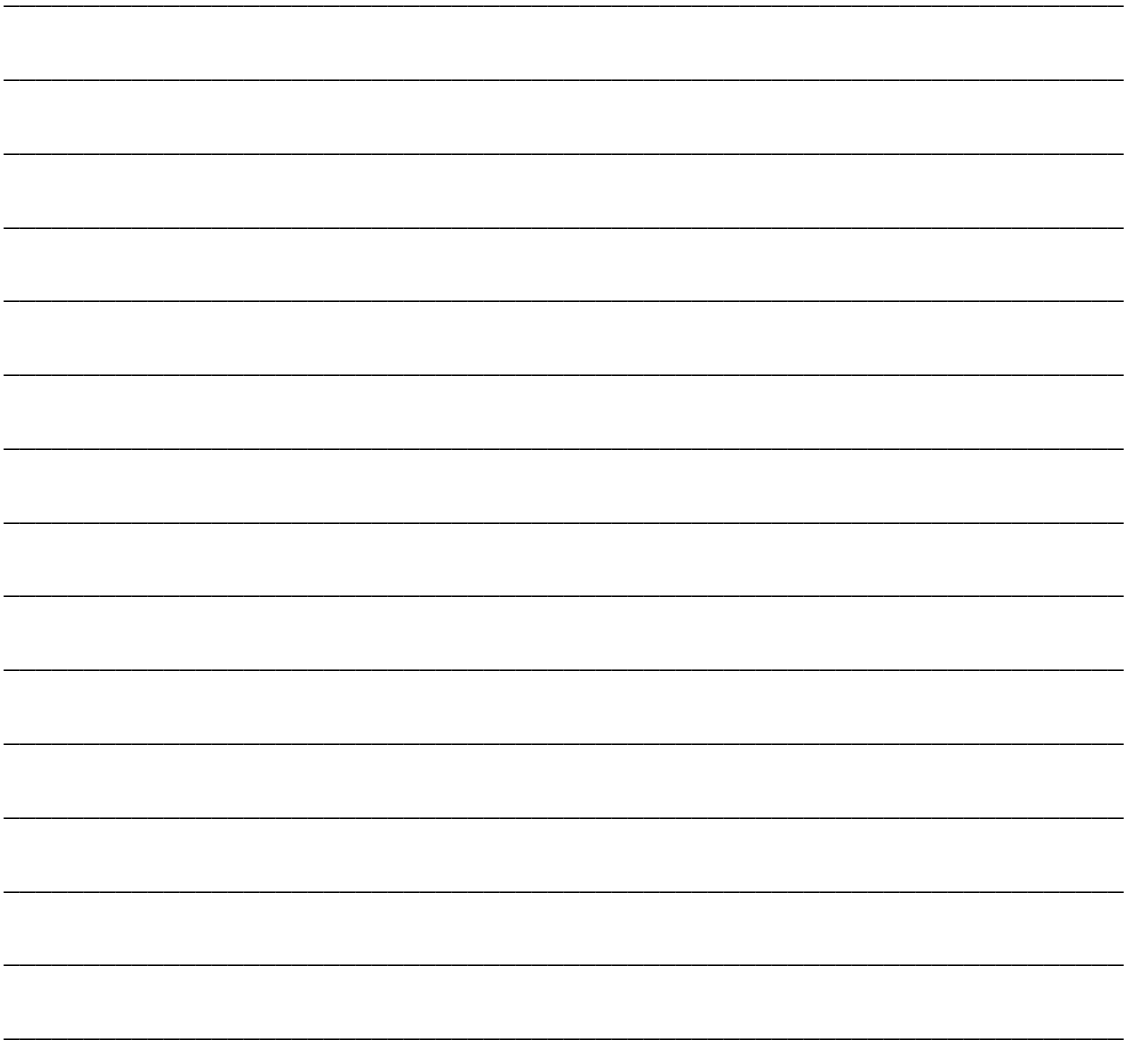
Intimacy needn't be forced

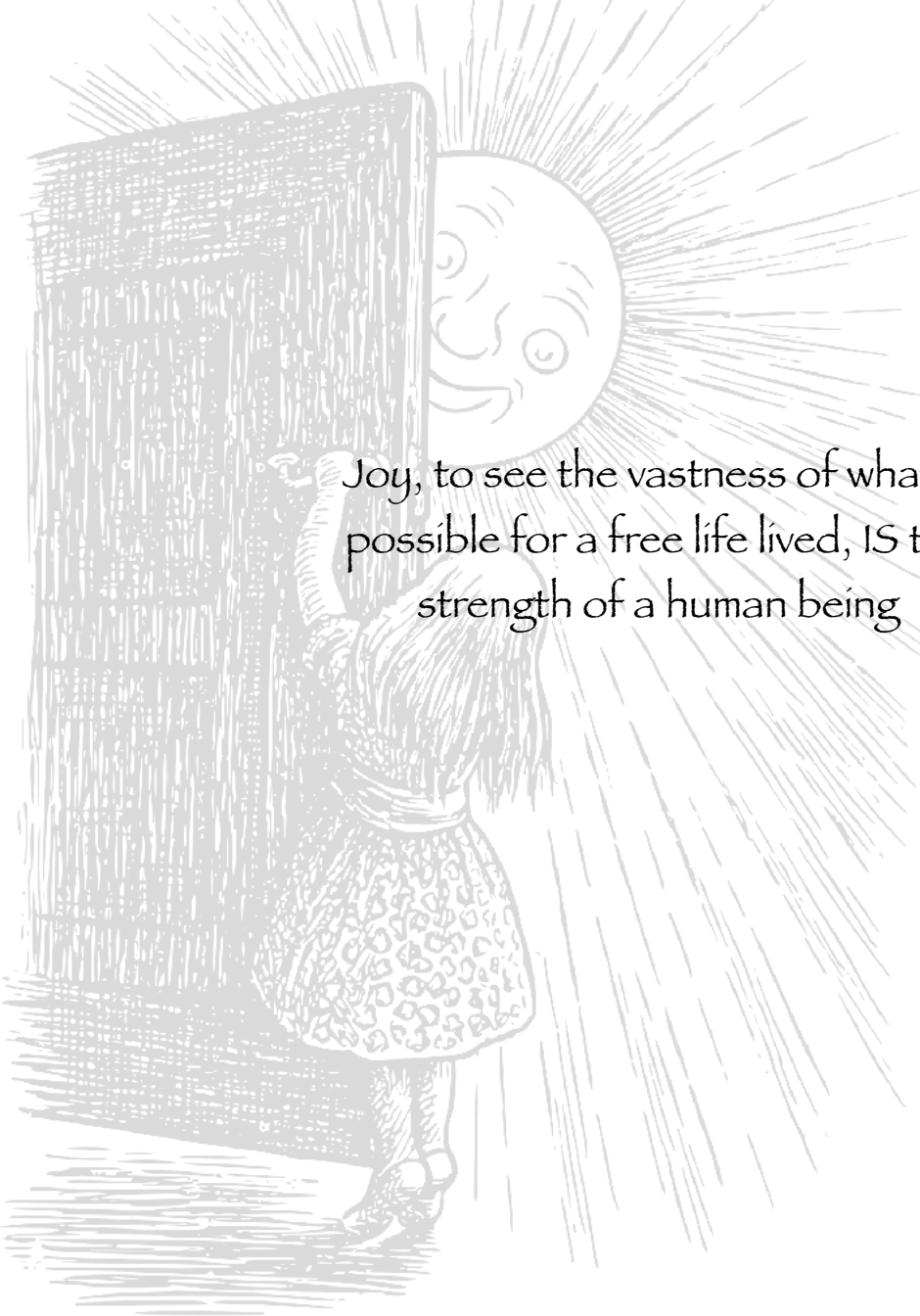




Pleasure can be pure Innocence, awakening  
innovation discovered in Wonder!







Joy, to see the vastness of what is  
possible for a free life lived, IS the  
strength of a human being



As honor is chosen, a rich life  
awaits you







A photograph of a woman with long dark hair, seen from the side, kissing a young child on the cheek. The child is wearing a light-colored woven hat and a green jacket. The woman is wearing a brown jacket. They are outdoors, with a blurred background of greenery and a body of water. The text "Love is only Love as it is Unconditional" is overlaid on the image.

Love is only Love as it is  
Unconditional


A large heart shape composed of numerous small, colorful confetti pieces in shades of blue, green, yellow, orange, and pink, set against a white background. The confetti is densely packed to form the heart's outline and interior.

Within Unity there is Diversity






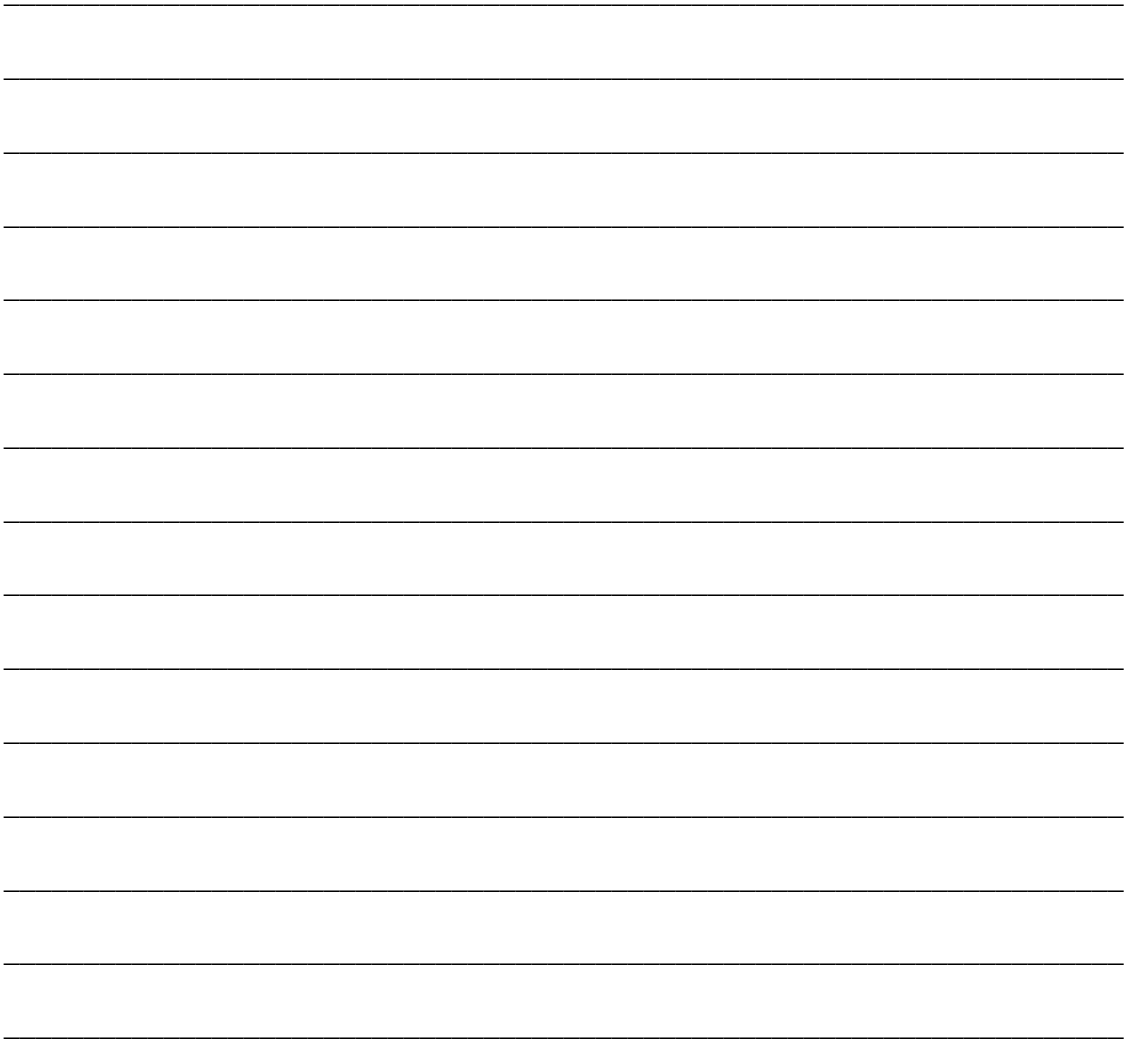


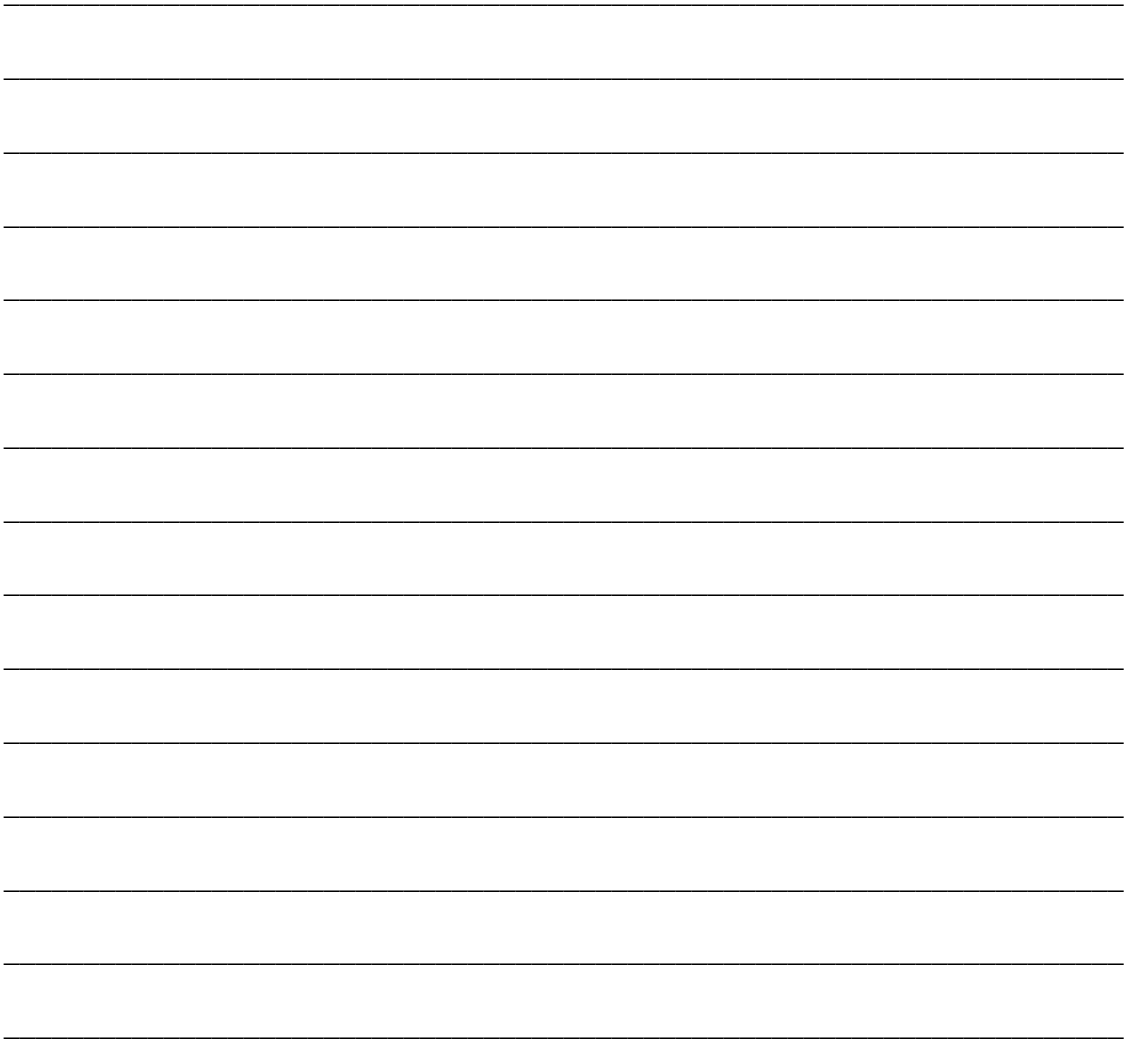


Gratitude, the essence of  
contentment leading to neutrality,  
IS the pulse of human when  
experiencing true friendship in  
any relationship

A person stands on a grassy hill, looking up at a bright sun in a clear sky. In the background, there are rolling mountains. The scene is peaceful and contemplative.

There is nothing you can do for  
what has already been done






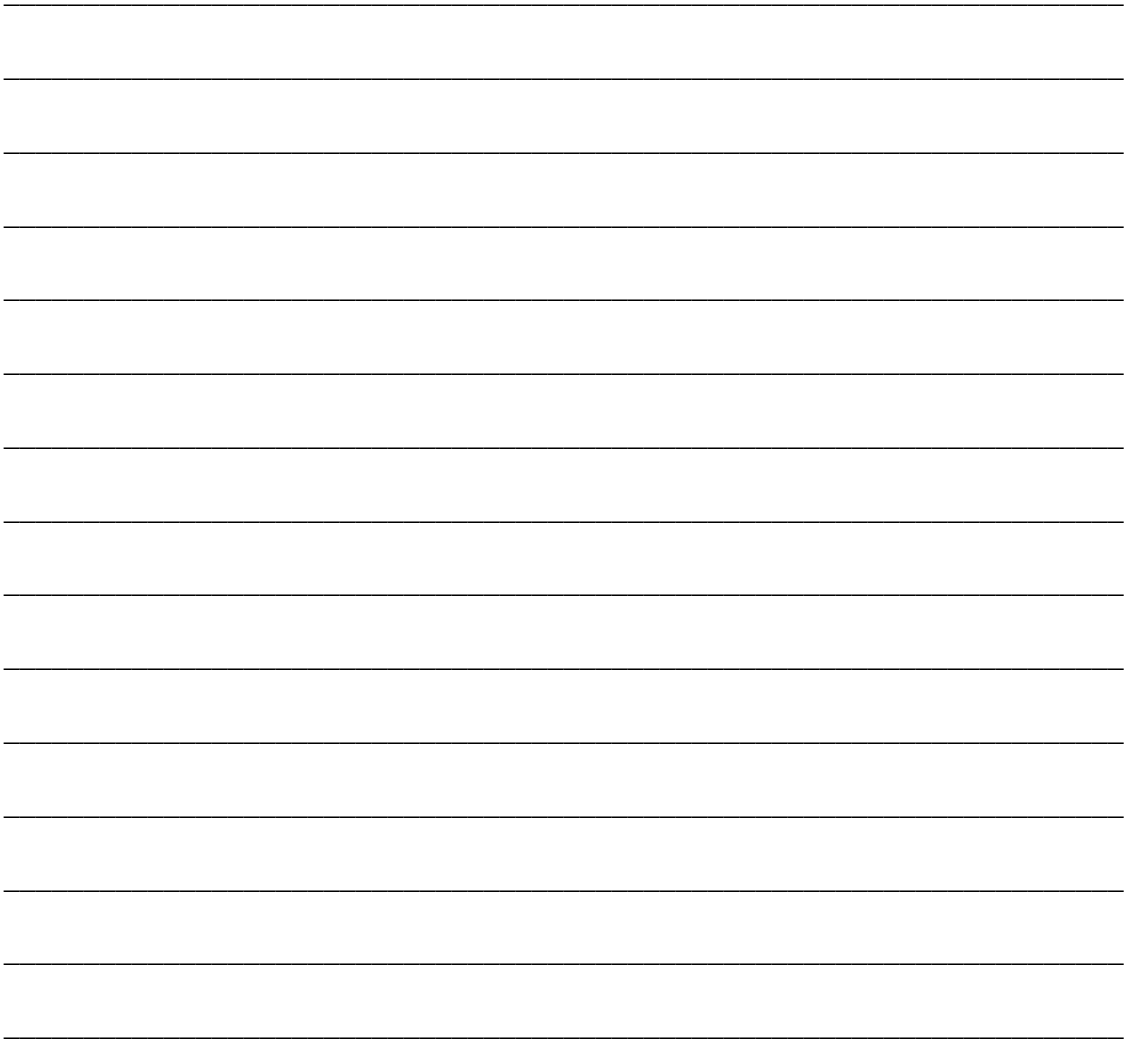


Innocence, to be IN everything while  
remaining free from everything, IS  
the posture of a human being when  
facing any person, situation or  
reasoning





Within a dollar is a million dollars








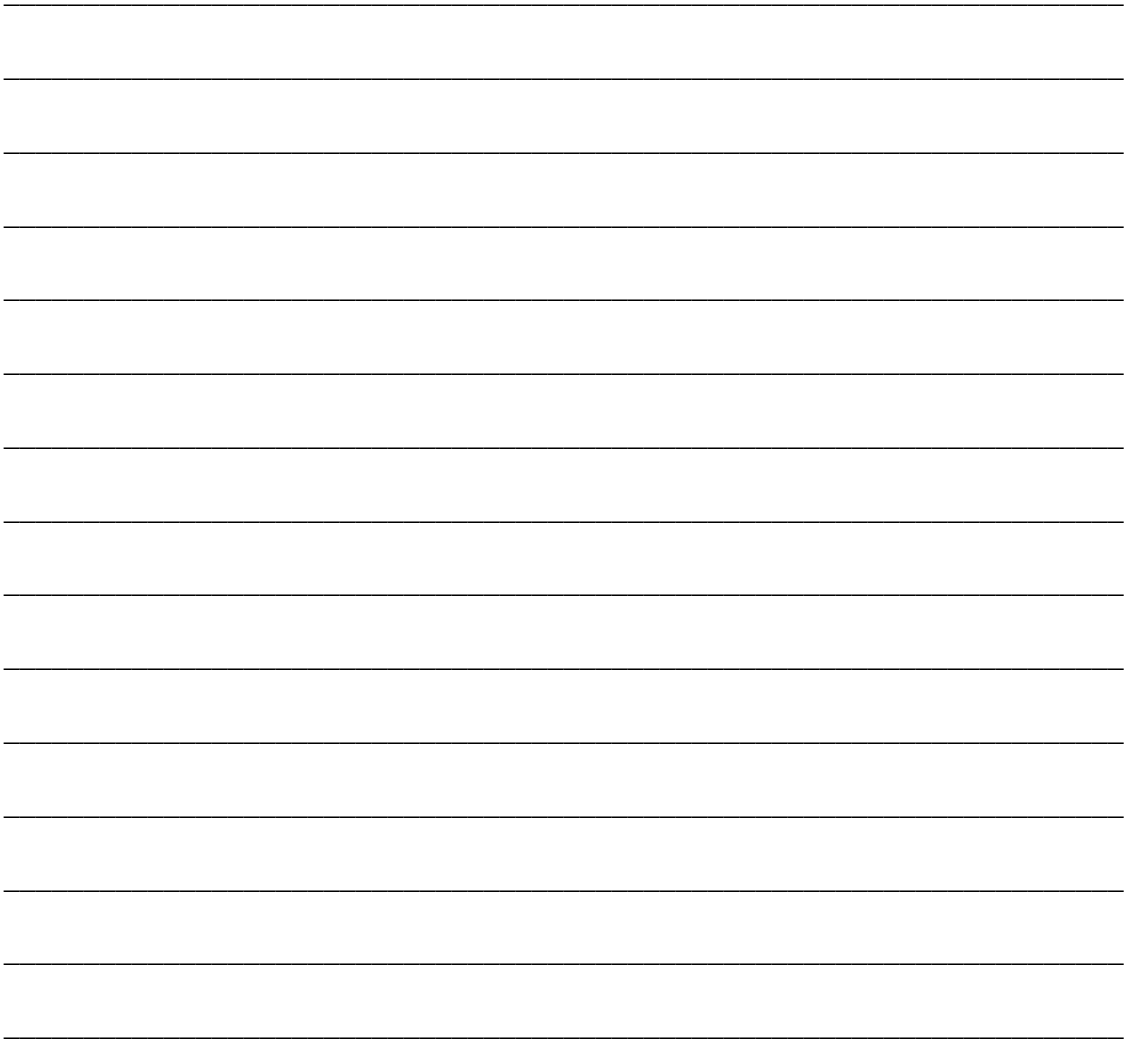
Be your own weird ... this is  
normal



A circular mirror with a dark, thin frame lies on a patch of dry, brownish grass and soil. The mirror's surface is perfectly clear, reflecting a vibrant blue sky filled with soft, white, wispy clouds. The reflection is centered within the circle, creating a stark contrast between the earthy ground and the celestial scene above.

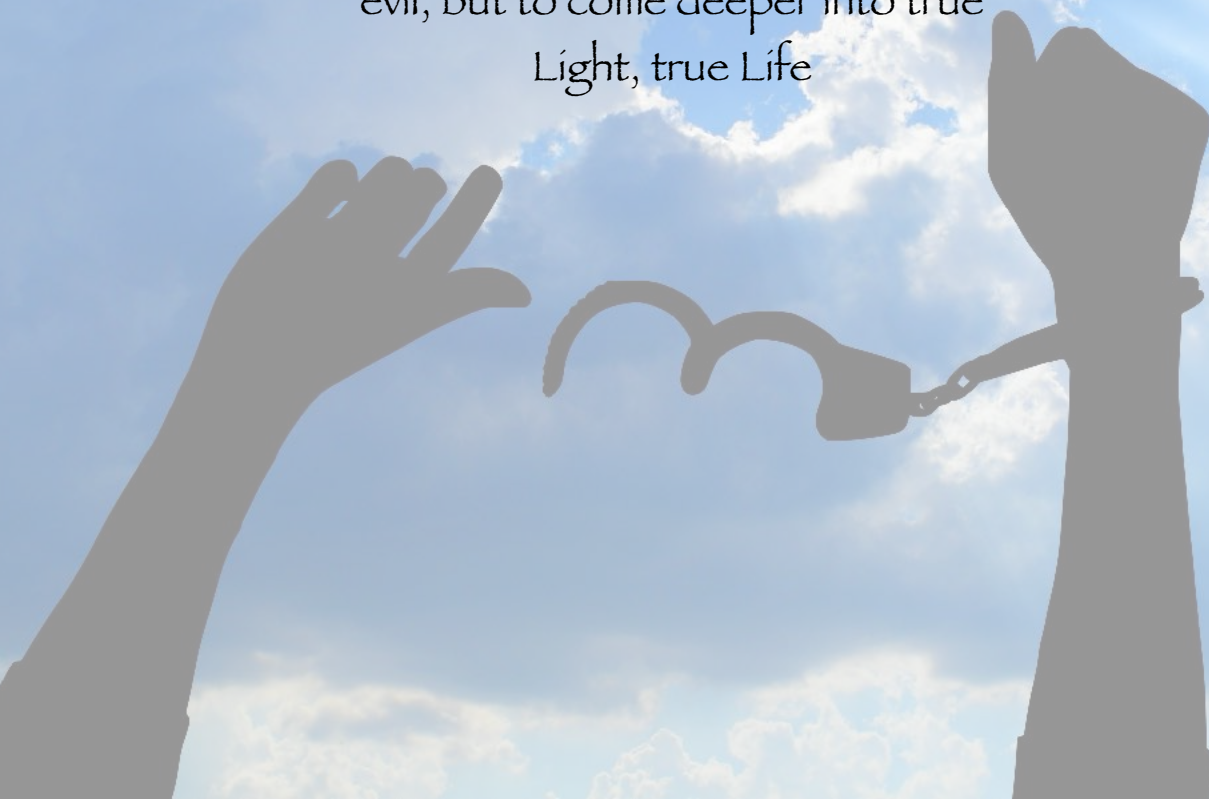
Humility is to see yourself as you  
really are, and rest







Take up courage not to face some  
evil, but to come deeper into true  
Light, true Life





EVERFLOW