

# Entry Form

Name: .....

Address: .....

E-mail: .....

Tel.: ..... Sex: .....

Club: .....

Age on 1st January plus date of birth: .....

Class: ..... Class: ..... Class: ..... Class: .....

Under 16 years: £3.00

Ras Beca: £8.00

**Team:**

.....  
.....  
.....  
.....  
.....  
.....  
.....

Information to assist our commentator:

Occupation: .....

Races run: ..... Races won: .....

I declare that:-

1. I am medically fit to run. I understand that I enter at my own risk and that the organisers will not be responsible for any loss, injury or damage that may occur.
2. I am an amateur according to W.F.R.A. rules.

Signed: .....

## Run under **W.F.R.A. Rules**

No runners under 16 in Ras Beca.

All competitors must ensure that if they retire from a fell race for any reason they must report to race officials including those at finish.