






RISE

Resilience. Inspire. Self-Empower

PRACTICE	TITLE	CASEL/RISE SEL 5 Competency Correlation	R.I.S.E Rank	EARN REWARD	REWARD PRICE PER STUDENT
I	Resilience the One Virtue	Responsible Decision Making	Rookie	Mochi Squishy Toy for Stress Relief 	\$0.50
II	Hold Your Horses	Self -Mgt.	Bronze - Apprentice	Customized Tag for Necklace 	\$0.69
III	Live in 3, 2, 1, Action	Responsible Decision Making	Bronze - Expert	Customized Tag for Necklace 	\$0.69
IV	Knowing vs. Doing	Self-Awareness	Bronze - Master	Customized Tag for Necklace 	\$0.69
V	Deciding in NOT Doing	Self- Awareness	Silver - Apprentice	Pop it Bubble Keychain to Relieve anxiety and stress. 	\$0.65

<p>VI</p>	<p>Excuses are Easy</p>	<p>Social - Awareness</p>	<p>Silver - Expert</p>	<p>Spikey Sensory Fidget Ring for Anxiety Relief, stress, ADHD</p> <p>Great for all children and adults, but especially those with ADD / ADHD, OCD, autism, or high anxiety levels</p> 	<p>\$0.70</p>
<p>VII</p>	<p>Distraction</p>	<p>Self-Awareness</p>	<p>Silver - Master</p>	<p>Snake Twist Puzzle Fidget Toy great for Stress relief, ADD,ADHD</p> 	<p>\$0.89</p>
<p>VIII</p>	<p>What Does Perfect Look Like?</p>	<p>Self-Awareness</p>	<p>Gold - Apprentice</p>	<p>Rubik cube keychain Fidget Toy</p> 	<p>\$1.10</p>
<p>IX</p>	<p>Warriors</p>	<p>Social-Awareness</p>	<p>Gold - Expert</p>	<p>Squishy Ball Sensory Fidget Toy for Stress Relief</p> 	<p>\$1.18</p>
<p>X</p>	<p>Just Breathe</p>	<p>Self-Awareness</p>	<p>Gold - Master</p>	<p>Fidget Spinner Toy for ADHD and Anxiety Relief</p> 	<p>\$2</p>

<p>XI</p>	<p>Failing is Good</p>	<p>Social-Awareness</p>	<p>Diamond - Apprentice</p>	<p>Pop It Bubble Fidget Toy for Stress and Anxiety Relief</p> 	<p>\$2.80</p>
<p>XII</p>	<p>Even Mother Teresa Had Haters</p>	<p>Social-Awareness</p>	<p>Diamond - Expert</p>	<p>Big Squishy Water BeadBall for Anxiety Relief, Stress Relief and ADHD</p> 	<p>\$3.40</p>
<p>XIII</p>	<p>Flourishing is Fact</p>	<p>Social - Awareness</p>	<p>Diamond - Master</p>	<p>Magic Bean Fidget Toy Improves Children Thinking Ability</p> 	<p>\$4.96</p>
<p>XIV</p>	<p>Self-Respect Through Success</p>	<p>Self-Awareness</p>	<p>Elite - Apprentice</p>	<p>Color Matching Magic Ball Stress Reliever</p> 	<p>\$5</p>
<p>XV</p>	<p>Resilience Through Hardship</p>	<p>Self-Mgt.</p>	<p>Elite - Expert</p>	<p>Wizard wing Fidget Spinner great for anxiety relief for ADHD kids</p> 	<p>\$7.50</p>

XVI	Epictetus	Self-Mgt.	Elite - Master	12 sides fidget cube great for Anti depression, stress relief and anxiety 	\$8.99
XVII	It's How You Take It	Self - Awareness	Legendary Rank - Apprentice	Magic Magnet Magnetic Blocks for decompression 	\$10.48
XVIII	Aristotle and the Pursuit of Happiness	Self - Awareness	Legendary Rank - Expert	Star cubic geometric puzzle for Anxiety Relief 	\$12.95
XIX	Expect the Best, Plan for the Worst	Self- Mgt.	Legendary Rank - Master	Tangle Fidget Toy for Anxiety Relieve and Stress Reliever 	\$13.98
XX	Fear is a Motivator	Self – Mgt.	Mythic Rank – Elite	Newton Cradle Balance Ball 	\$13.98
XXII	Resilience is a Virtue	Social - Awareness	Mythic Rank - Epic	Desk Sculpture Magnetic Balls for Stress Relief, Anxiety, Autism, Boredom, and Intelligence 	\$18.99

<p>XXII</p>	<p>Model Behavior</p>	<p>Relationship Skills</p>	<p>Mythic Rank – Grand Master</p>	<p>Magnetic Levitron</p>  <p>The image shows a blue rectangular base with a red magnetic levitron component on top. The base has several small white and blue components. Text on the base includes 'Smithsonian STEM', 'Magna Gyroscope', and 'Magna Gyroscopes'. Logos for the Smithsonian Institution, National Geographic, and PBS are visible at the bottom.</p>	<p>\$24.89</p>
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