



Coaching Plans Price List

Nutrition Coaching Plan

1 Month – 1,500 AED

3 Months – 4,200 AED

6 Months – 6,300 AED

Strength Training Plan

1 Month – 1,500 AED

3 Months – 4,200 AED

6 Months – 6,300 AED

Hybrid Coaching Plan (Nutrition & Training)

1 Month – 2,200 AED

3 Months – 6,000 AED

6 Months – 9,250 AED

Personalized coaching designed to help you achieve your health and fitness goals!
Contact me to get started!

Ivana Zrnic

Nutrition Coach and Personal Trainer

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