

APRIL 2024

REALis TALK

MAGAZINE

PARIS
HILTON

50+

HALLIE BERRY

stunning

WOMENGINEERING

cool
gadgets

HOW TO LOSE YOUR
MIND IN 10
DAYS

michelle
obama
book
'The Light,
We Carry'

100%
green
MAG

'It Happen
To Me'
the book

Get to
know USB

JANET JACKSON
TOGETHER AGAIN

WHO IS VIKI BAILEY?

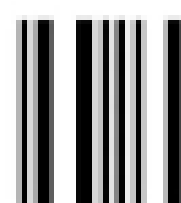


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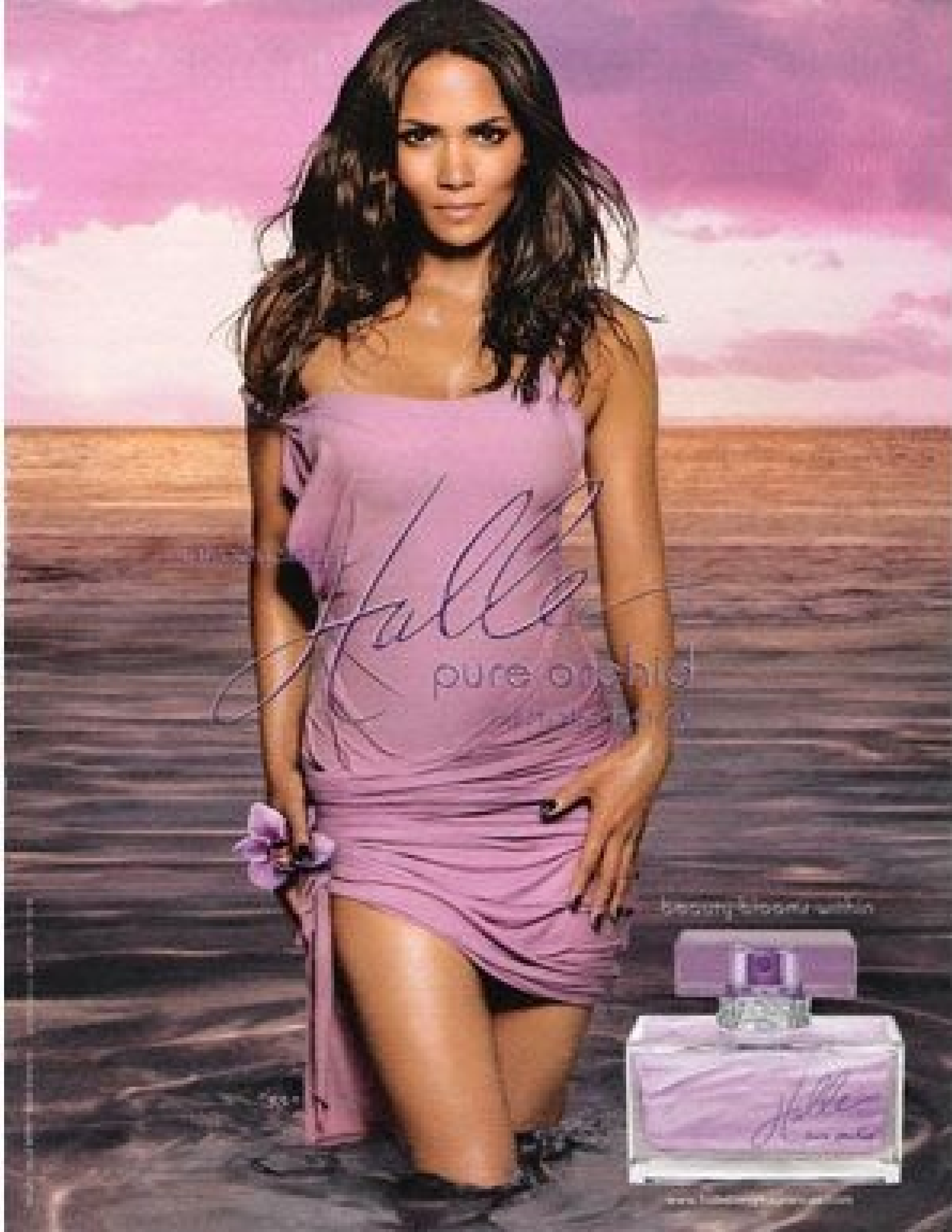
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WELCOME

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WOMENGINEERING - WOMEN IN ENGINEERING

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Rehearsal hall is a 25 floor
performance grooming of talent
studio for persons to groom and
train their talents 24/7

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USB PUBLISHING BY POGETMAG

USB Publishing by PogetMag is
an interactive publication for
book, magazines, newspaper,
college books, advertisings,
coupons and music readership
wireless

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ADULT BULLYING

Bullying is not limited to young
adults. Adults can be bullies as
well but yet get mad if their child
is bullied - continue on page 27

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VIKI BAILEY IMAGERY

Viki Bailey has insight on the future of products on the market today - continues on page 30

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Toxic shame is a feeling that you're worthless. It happens when other people treat you poorly and you turn that treatment into a belief about yourself. You're most vulnerable to this type of poor treatment during childhood or as a teen continues on page 37

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WHAT HAPPEN TO DVD

When was the last time you bought a film? No, not on Amazon Prime. I mean, when was the last time you went to the shop, picked out a title, started up your DVD player, and pressed play? - continues on page 40

45.

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It Happen to me is a 5 book series on the world's largest scam that is an effigy of the movie 'The Truman Show' each issue will reveal a chapter of the book - continues in next issue

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BUILDING A CAREER IN MUSIC

Three major record labels produce two-thirds of all music consumed in America. They are the most powerful buyer of music and talent, and they use that power to prioritize a handful of mega-stars and pop hits.

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MUSIC INDUSTRY TRANSFORMATION

Three major record labels produce two-thirds of all music consumed in America. They are the most powerful buyer of music and talent, and they use that power to prioritize a handful of mega-stars and pop hits.

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52.

STREAMING VS CABLE

One major advantage of streaming TV is that it's generally more cost-effective than cable, as there are often no contracts or installation fees. Plus, streaming services like Netflix and Hulu have a wide selection of content and customizable options, such as parental controls. - continues on page 49

54.

AIRLINE INDUSTRY FUTURE

“We are in a new era of aviation – one that is about more than selling seats. In 2023, it’s all about finding new paths to becoming profitable and uniting the entire travel experience. - continues on page 51

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MICHELLE OBAMA BOOK 'THE LIGHT WE CARRY'

There may be no tidy solutions or pithy answers to life's big challenges, but Michelle Obama believes that we can all locate and lean on a set of tools to help us better navigate change and remain steady within flux.

57.

USB PUBLISHING BY POGETMAG

Three major record labels produce two-thirds of all music consumed in America. They are the most powerful buyer of music and talent, and they use that power to prioritize a handful of mega-stars and pop hits.

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58.

MADAM PRESIDENT

Americans may say they are willing to vote for a woman, but when asked to assess the willingness of others, people have not been as optimistic about women's chances of winning the presidency. In 1984, when NBC asked likely voters if they were ready to elect a woman president, only 17% said yes.

59.

MOVIE THEATERS TODAY

The last few years haven't been too kind to theatergoers — or to theater owners. Attendance took a beating during the pandemic, with the box office hitting once-unthinkable lows

60.

OLD BOOK - NEW MEDIA

For years we have been hearing about the 'slow death' of physical books, but most best-sellers are still printed tomes. Some hardback but most paperbacks. - continues on page 57

62.

WEAR A BOOK - IT WILL NEVER GET LOST

wearing a book is more accessible and can provide more room in your bag, backpack and reusable bags. plus, it is easy for readership of the reader

63.

SMELL - O - VISION

Hans E. Laube introduced his Smellovision (later rebranded Smell-O-Vision) at the 1939 New York World's Fair. His invention used a system of pipes attached to a circular mechanism carrying vials of odorous liquid. continues on page 60

65.

COPYPCAT SHCOOL SHOOTING

Shooters still get enormous attention: their names, photos, motivations, and stories are often shared for days following the event. - continues on page 62, 71

68. SMART WATCH FUTURE

what is the future of the best technology out today future? Will it change or will it stay as it is presented today.

69. PARIS HILTON

The social media mogul, reality star and DJ, who turned 42 on Friday, shared on her podcast "This is Paris" Wednesday that she named her son Phoenix and that no one – not even her mother Kathy Hilton or sister Nicky Hilton Rothschild continues on page 65

JANET JACKSON

73. Janet Damita Jo Jackson was born on May 16, 1966 to parents, Katherine and Joe Jackson in Gary, Indiana. Janet is the youngest of ten children continues on page 69

79. I AM NOT SICK - I DON'T NEED HELP

Dr. Amador's research on poor insight was inspired by his success helping his brother Henry, who had schizophrenia, accept treatment. Like tens of millions of others diagnosed with schizophrenia, bipolar disorder, and addictions, Henry did not believe he was ill. - continues on page 74

82. HOW TO LOSE YOUR MIND IN 10 DAYS

Okay, well maybe not exactly ten days; but constant exposure to these things can have a negative impact on your overall health. continues on page 77

88. REALIS TALK MAGAZINE GOLDEN TICKET



JANET
UNBREAKABLE

**IT'S NEVER TOO LATE
TO BUY THE LATEST
TUNES**



JANET JACKSON
'Together Again 2024 Tour'
VIDEO

Womengineering

Women in Engineering

DISCOVER THE BEST WOMEN IN ENGINEERING OF THE PAST

IEEE WIE is one of the cosmos leaders in wavering the surface of engineering. IEEE Women in Engineering (WIE) is one of the largest international powerhouses organizations dedicated to broadening women engineers and encouraging girls around the world to follow their collegiate enthusiasm to a continuity in engineering. One of the constitutional goals of SWE (The Society of Women Engineers) is to cap performances to uncover girls interest in engineering and escalate their consciousness of what an engineer is, "Invent it. Build it" is a program that is abating girls to grasp a like to engineering and go after an engineering careers. According to the Wikipedia website.

WOMEN IN MECHANICAL ENGINEERING

I have observed that to entice more women to the field of engineering, engineering educational theory have anchored program of studies. However, these endeavors have engrossed more women to scholarship engineering, the drawback is that numerous women quit during and after school. Fixed wholly on instruction, there is no address to the fact that women leaving the career at a higher frequency than men. Women make up 20% of engineering graduates according to Wikipedia.

In my endeavor into the industry of engineering, I found and witnessed an innumerable concession of sexism against women in this industry. The demeanor of the men is you don't belong in this industry and their arrogances is honestly visible. I also experienced myself in my venturing in an engineering major, that men and women had parallel motives for registering in engineering. They characterize being good at math and science in high school and hankering plus motivating, a well-paid professional eventuality in the future. However, my reason for entering the industry was to make changes in the mechanical engineering or industrial design field.

SHRINK IT AND PINK IT" is a communal expression used in the product formulation macrocosm for designing products is the statement that came across my path whole I attend college for a career in mechanical engineering or industrial design. Women are too often left no choice than to use products that were intended for women by men, it is only scaled down and colored pink, or some formulaic feminine color. This behavior In the finest case can be abusive, in the poorest case it can be terminal

Women signify over half of the worldwide population, they in the aftermath result approximately 90% of all purchasing decisions, like buying for the baby, kids, teens themselves. However, only 19% of active industrial designers, also known as product designers, are women, and only 11% of design headship roles are detained by women. In my yearning to be the designer of our cars, electronics, furniture, bicycles, sporting goods, appliances, medical devices, sneakers, clothing and much more. I found it hard to get my designs off the ground with the movements of men being covetous to not let me in the boy's game of product design.

I found myself fanatical on finishing the major to deject the actions of the men and their stance of not wanting to share the industry with a woman, an African American woman in my instance. I even had one of my professors to say to me when I placed gloves on my hands before class begin that 'You need to take off the gloves, you wanted to be in engineering.' The men laughed. I found the statement very chauvinistic. Not only that, I was continually in numerous classes, I would be the only female in the entire class and the men would over look me during group projects.

I, on the other hand, pushed through to be the one to break the glass ceiling or at least put a lot of cracks in it so the next woman will not have to begin at the beginning. In this article, I want to bring notice to great women inventors of the world to show that women have made great contributions to the world under the name engineers. These are triumphs you do not hear talk of at all and you use their inventions daily. Yet, the men innovators and engineers are highly acclaimed for their accomplishes. Here is just a few of my favorite women pioneers.

Dr. Shirley Jackson (1946-)

Dr. Shirley Jackson is the first Black woman to graduate with a Ph.D. from the Massachusetts Institute of Technology (MIT). Her research in telecommunication led to the invention of technology such as fiber optic cables. She is also a leading developer of call waiting and caller ID on mobile phones.

Ruth Handler (1916-2002)

With her husband Eliot, Ruth Handler founded Mattel, the world’s largest toy company. In 1959, Ruth invented and introduced the Barbara Millicent Roberts “Barbie” doll.



SHRINK IT AND PINK IT” is a common phrase used in the product creation world for designing products for women. It is the statement that came across my path while I attend college for a career in Mechanical Engineering and Industrial Design.

- Dr. John Smith

Nancy Johnson (1794-1890)

Thanks to Nancy Johnson, you no longer need to spend hours manually stirring the mixture to make your favorite ice cream flavor. Johnson invented a machine that could scrape ice from the container walls using hand-cranked blades. This made it easier and faster for anyone to make ice cream. Before her invention, ice cream was a luxury only for the upper class.

Esther Takeuchi (1942-)

Esther Takeuchi is a materials scientist and chemical engineer who was awarded for inventing the silver vanadium oxide (SVO) battery. These are the dominant batteries used to power implantable cardioverter defibrillators (ICDs).

Andrea Sreshta and Anna Stork (Unknown)

Andrea Sreshta and Anna Stork were graduate students at the School of Architecture at Columbia University when a destructive earthquake hit Haiti in 2010. The two decided to develop a solar-powered, waterproof, inflatable light called the LuminAID Solar Light. This design provides light for 16 after a six-hour charge can be packed flat, and comes with a handle for portability.

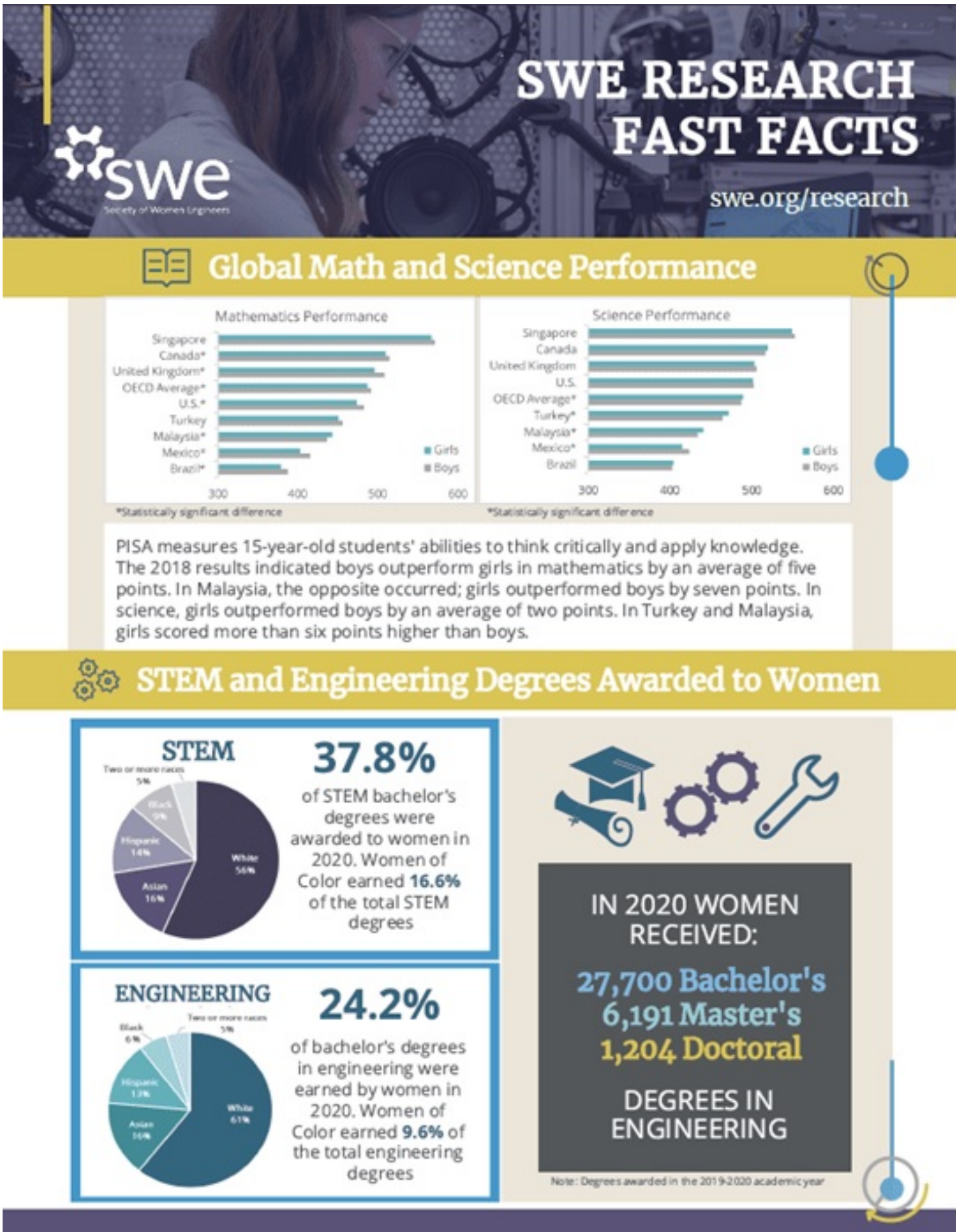


Chart By Wikipedia

Beulah Louise Henry (1887-1973)

Beulah Louise Henry has a list of inventions. She is known for 49 patents and 110 inventions, and this female American inventor benefited from all of them. she submitted her first-ever patent for the vacuum ice cream freezer in 1912..

Marie Van Brittan Brown

Ms. Brown was the inventor of the first home security system.

Agnès Poulbot (1967-present)

Agnès Poulbot was a French researcher who made improvements to car tires.

Alice Parker (1925-present)

While the revolutionary design for central heating of Alice Parker in 1919 was never used at all, it was touted to be the first design that made use of gas for heating a home instead of the usual wood.

Ayla Hutchinson (1996-present)

Hutchinson decided to create a device that made it safer and easier to cut kindling

Barbara Askins (1939-present)

While Barbara Askins was a NASA worker, she was given the task of looking for a way to enhance the quality of the photographs taken from space.

Bette Nesmith Graham (1924-1980)

Bette Nesmith Graham's 1951 invention made her a millionaire from being a simple secretary. Originally marketed under the name "Mistake Out," her homemade typewriter correction fluid became an instant hit among other secretaries like her

Caresse Crosby (1892-1970)

Born Mary Phelps Jacob, Caresse Crosby was a female American activist, writer, and publisher who invented probably one of the most essential garments in any woman's life, known other than the bra.



Catherine Griswold (1800s)

Measured mainly on the number of patents under her name. Catherine Griswold is the 1800s' most prolific American female inventor. She had thirty-one patents that were all apparel-related, which included twelve patents that covered her own unique designs and nineteen patents related to the design of and mechanical improvements to corsets.

Edith Clarke (1883-1959)

Edith Clarke is a female American electrical engineer. When she was employed at General Electric she invented the Clarke calculator

El Dorado Jones (1860-1932)

Eldorado Jones earned the nickname Iron Woman invented, Jones developed the airplane engine muffler in 1917.

Elizabeth 'Lizzie' Magie (1866-1948)

Magie originally patented 'The Landlord's' in 1904, and it was a critique of all the injustices of unrestrained capitalism. It is also regarded as the first-ever version of the popular game Monopoly.

VIKI BAILEY - WOMENGINEER

Who is Viki Bailey? You will grow to know who is Viki Bailey within the next five years and days to come.

Viki Drem Bailey is the creator of USB Publishing by PogetMag featuring Wi-Jac, featuring It Happen to Me, featuring REALis Talk Magazine and featuring Studio V. She is a graduate of Mechanical Engineering and Industrial Design. Her focus is product design. You will grow to use her designs in your everyday life so be patient and sit back and watch her grow.

Her list includes bringing Smell-O-Vision to life, Wi-Jac wireless unlimited power system to any of her battery pac which includes AA, AAA, C, D, 9-Volt and CAR battery.

For now, she wants to introduce the world to a better battery for the battery industry. Wi-Jac is a wireless base unit power supply system that will provide unlimited power to any device. Simply pass the base unit and VOILA! No plugin power cords, no charging mat to place the device on, no additional power banks to carry and no need for upload/downloading. There will be an APP to purchase. That is it.



Viki desire to become the world's first product designer in the engineering industry as an African American woman to break the glass ceiling with in the engineering industry. This industry is set for the boys and not the girls. It is time to change the industry and make it open and welcome women to the boys game.

Viki list of designs included: A 25 floor Rehearsal Hall, NEW transparent cell phone and not trick photoshop designs. Her list includes redesigning the airline industry.

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HOW DO YOU HALLE BERRY

HALLE BERRY IN FILM PRODUCTION AND DIRECTOR



*Halle Maria Berry
(/'hæli/ HAL-Ee;
Born Maria Halle Berry;
August 14, 1966)
Is An African American
Actress. She Began Her
Career As A Model And
Entered Several Beauty
Contests, Finishing As The
First Runner-Up In The
Miss USA Pageant And
Coming In Sixth In The
Miss World In 1986*

Berry was born Maria Halle Berry in Cleveland, Ohio, on August 14, 1966, to Judith Ann (née Hawkins), an English immigrant from Liverpool, and Jerome Jesse Berry, an African-American man. Her name was legally changed to Halle Maria Berry at the age of five. Her parents selected her middle name from Halle's Department Store, which was then a local landmark in Cleveland. Berry's mother worked as a psychiatric nurse, and her father worked in the same hospital as an attendant in the psychiatric ward; he later became a bus driver. They divorced when Berry was four years old, and she and her older sister Heidi Berry-Henderson were raised exclusively by their mother. It is said.

My further research aforesaid that she has been alienated from her father since childhood. Berry grew up in Oakwood, Ohio, and graduated from Bedford High School, where she was a cheerleader, honor student, editor of the school newspaper, and prom queen. She worked in the children's department at Higbee's Department store. She then studied at Cuyahoga Community College. In the 1980s, she entered several beauty contests, winning Miss Teen All American 1985 and Miss Ohio USA in 1986. She was the 1986 Miss USA first runner-up to Christy Fichtner of Texas.

In the Miss USA 1986 pageant interview competition, she said she hoped to become an entertainer or to have something to do with the media. She was the first African-American Miss World entrant in 1986, where she finished sixth and Trinidad and Tobago's Giselle Laronde was crowned Miss World. In 1989, Berry moved to New York City to pursue her acting spirits. During her early time there, she ran out of money and briefly lived in a homeless shelter and a YMCA. Her situation improved by the end of that year, and she was cast in the role of model Emily Franklin in the short-lived ABC television series Living Dolls

A NETFLIX MOVIE 'BRUISED'



*Acting Is Not About Being
Someone Different. It's Finding
The Similarity In What Is
Apparently Different, Then
Finding Myself In There.*

– Meryl Streep

I want to focus on the many projects she has done to approach her directorial debut. Berry made her directorial debut with the feature 'Bruised' in which she plays a defrocked MMA fighter named Jackie Justice, who recoup with her alienated son. A discredited MMA fighter who finds reclamation and the bravery to face her demons when her son reappears in her life. The film premiered at the Toronto International Film Festival in September 2020 and was released on Netflix in November 2021. Since I could not speak with Ms. Berry one on one cause my magazine is just starting, I chose to do a chart listing her accomplishments.

I do know that Halle Berry has signed a new agreement with Netflix to star in and produce multiple films for the streaming giant following her directorial debut, 'Bruised.'

Berry, who produced and directed Bruised, starred as Jackie Justice. Stuber, who is the head of global film of Netflix, states, "There are few people with a career like Halle Berry. She's an award-winning actress, producer and as audiences see, she's an incredible director. We're thrilled to be in her corner as she delivers power in front of and behind the camera in 'Bruised' and look forward to telling more stories together.



Halle Berry Career Chart

Movie Name	YEAR	TITLE	ROLE	NOTES
Living Dolls	1989	Living Dolls	Emily Franklin	12 episodes
Amen	1991	Amen	Claire	Episode: Unforgattable
A Different World	1991	A Different World	Jaclyn	Episode: "Love, Hillman Style"
They Came fromn Outer Space	1991	They Came from Outer Space	Rene	Episode: "Hair Today, Gone Tomorrow"
Knots Landing	1991	Knots Landing	Debbie Porter	6 Episodes
Jungle Fever	1991	Jungle Fever	Vivian	
Strictly Business	1991	Strictly Business	Natalie	
The last Boy Scout	1991	The Last Boy Scout	Cory	
Boomerang	1992	Boomerang	Angela Lewis	
Father Hood	1993	Father Hood	Kathlrrn Mercer	
Alex Haley's Queen	1993	Alex Haley's Queen	Queen	Miniseries
The Program	1993	The Program	Autumn Haley	
The Flintstones	1994	The Flintstones	Sharon Stone	
Soloman & Sheba	1995	Soloman & Sheba	Nikhaule	Film
Losing Isaiah	1995	Losing Isaiah	Khaila Richards	
Executive Decision	1996	Executive Decision	Jean	
Race the Sun	1996	Race the Sun	Miss Sandra Beecher	
Martin	1996	Martin	Herself	Episode: Where the Party At"
The Rich Man's Wife	1996	The Rich Man's Wife	Josie Potenza	
B*A*P*S	1997	B*A*P*S	Nisi	
Bulworth	1998	Bulworth	Nina	
Why Do Fools Fall in	1998	Why Do,Fools Fall in	Zola Taylor	
The Wedding	1998	The Wedding	Shelby Coles	Miniseries
Frasier	1998	Frasier	Betsy (voice)	Episode:"Room Service"
Introducing Dorothy Dandridge	1999	Introducing Dorothy Dandridge	Dorothy Dandridge	Film/Exec Producer
X-Men	2000	X-Men	Ororo Munroe/Storm	
Swordfish	2001	Swordfish	Ginger Knowles	
Monster's Ball	2001	Monster's Ball	Leticia Musgrove	
Die Another Day	2002	Die Another Day	Giacinta Jinx Johnson	
X2	2003	X2	Ororo Munroe/Storm	
Gothika	2003	Gothika	Miranda Grey	

Halle Berry Career Chart

Catwoman

Robots

Lackawanna Blues

Their Eyes Were Watching God

XMen:The last stand

Perfect Stranger

Things We Lost in the Fire

Frankie & Alice

New Year's Eve

The Simpson

Dark Tide

Cloud Atlas

Movie 43

The Call

X-Men: Days of Future Past

Extant

Keven Hart: What Now?

Kidnap

Kingsman:The Golden Circle

Drop the Mic

Kings

John Wick: Chpt 3

Boomerang

Bruised

Moonfall

The Mothership

Our Man from Jersey



2004	Catwoman	Patience Phillips	
2005	Robots	Cappy	Voice role
2005	Lackawanna Blues	-	Film/Exec Producer
2005	Their Eyes Were Watching God	Janie Crawford	Film
2006	X-Men; The Last Stand		
2007	Perfect Stranger	Rowena Price	
2007	Things We Lost in The Fire	Audrey Burke	
2010	Frankie & Alice	Frankie/Alice	Also/Produce
2011	New Year's Eve	Nurse Aimee	
2011	The Simpsons	Herself (voice)	Episode: "Angry Dad the Movie"
2012	Dark Tide	Kate Mathieson	
2012	Cloud Atlas	Jocasta Avrs	
2012	Movie 43	Emily	Segment Truth/Dare
2013	The Call	Jordan Turner	
2014	X-Men:Days of Future Past	Ororo Munroe	
2014	Extant	Molly Woods	Lead Role/Exec Producer
2016	Kevin Hart: What Now?	Herself	
2017	Kidnap	Karla Dyson	Also Produce
2017	KJingsman:The Golden Circle	Ginger Ale	
2017	Drop the Mic	Herself	
2017	Kings	Millie Dunbar	
2019	John Wick: Chpt 3	Sofia	Exec Producer
2019	Boomerang	-	
2020	Bruised	Jackie Justice	Director/Produce
2022	Moonfall	Jocinda Fowler	
2023	The Mothership	Sara Morse	Post-Production
TBA	Our Man from Jersey	Roxanne	Filming

African Americans in Commercials

By Viki Drem Bailey

Is it me or are there more blacks having suddenly and disproportionately been cast / inserted into nearly every facet of big and small screen entertainment, advertising, marketing and the likes. Is this effort and push by probably mostly white paymasters a genuine pursuit of diversity, or is it just a deceptive feel-good moment?



AFRICAN AMERICANS IN COMMERCIALS



It's true. Advertising nowadays does a much better job of offering a wide variability of people than it did a couple of spans ago. African Americans. Asian. Latino. Interracial couples alike. You name it. In fact, the multiplicity in ads has some people exasperated that African American people are now unduly personified in commercials. Now, it's no marvel that people never impugned when Caucasians were disproportionately the only ones highlighted in commercials.

Today, African American people represent 12% of the U.S. population but are offered in some 40% of television ads. In the U.K., African American people are less than 3% of the population but are in 37% of the commercials. I'm not so shocked that companies are authoritatively embracing more people of color. Or that they want to dent new markets they may have omitted in the prior. Or perchance it is that they want to correct their past impairments. It's not like anything immoral is going to transpire to Caucasian societies because we now see a lot of interracial couples and African Americans on the screen.

FROM AGES 4 TO 94:

There's another moral objective why miscellany is front and center, and it's economic. Over 60% of shoppers say that a brand's multiplicity or absence thereof effects their idea of it, according to a 2019 Adobe survey. Over a third of people say they break off support of a brand because they didn't see anyone like themselves in advertising. Not to mention that African Americans are the ones to spend \$200 for a pair of sneakers when they see someone like themselves in a commercial advertising that brand or spend \$200 for a Lacoste shirt when they see someone African American on a television screen sporting that brand. The same goes for print advertisings as well.

In the history of advertising, African American people extremely saw themselves in commercials. While that prominently is transmuted, it's not just about the numbers. It may come as an astonishment, but even today African American people are far too often apprised with as dancing and entertaining us in television commercials. It wouldn't be a vast evolution if it were once in a while, but companies now habitually represent African American men and women as extant for our entertainment.

REMEMBER AUNT JEMIMA:

Aunt Jemima was always concealing xenophobic mythologies about African American women — not pancakes. While these hard-won triumphs are worth relishing, they are still principally metaphorical because it's hard to notarize them to any factual transfiguration of cheekiness; the people spoke, but the reality is that money spoke. However, when it comes to deceptive transformation while trying to tangential Black lives and conserve white power, advertising has a long trace as a repetition of indolent. While these hard-won triumphs are worth relishing, they are still primarily symbolical because it's rough to appoint them to any genuine reform of cheekiness; studies spoke, but it was truly that money talked.



HOW ABOUT A 25 FLOOR REHEARSAL HALL

This is Viki Bailey's Baby. Coming to a town near you. You will be invited to stay the day, night or week if you like to groom your talent mentally and physically. The Studio will be open 24/7 at the mid 2024.



The future of a 25-floor performance hall for talent grooming is coming sooner than you think. Viki Bailey will show the performance arts industry how a rehearsal hall can merge into the performance arts grooming talent club industry. It will allow members to groom and nourish their mental and physical health within a place that supplies the equipment to groom their bodies and mind.

There will be 25 floors equipped with individual pods and large group rooms for people in:

Acting, singing, dancing, gymnastic, video production, video game design, photography, art, pottery, soccer, track, tennis, fitness center, DJing, recording studios, instrumental units, tap dancing, swimming, roller skating, basketball courts, DVD/CD duplication center, self-serve screen printing units, full scale restaurant, fitness center, snack store, lounge, and is not limited to so much more all under one roof. You will not have to go out of the building for nothing. Spend a weekend or spend the week with us, you will be welcome to groom your talent



*Talent You Have Naturally.
Skill Is Only Developed By
Hours, And Hours, And Hours
Of Beating On Your Craft.*

- Will Smith

MAKE SURE YOU GIVE THEM YOUR SUPPORT

In 2009, the NAACP launched the Madison Avenue Project and released a damning (if not surprising) report exposing the widespread and systematic under-hiring, under-utilization, and under-payment of African American people across the advertising industry.



U.S. Labor Market, But The “Discrimination Divide” Had Gotten Twice As Bad As It Had Been 30 Years Before. Months After The Report’s Release, Adland’s Own Dan Wieden — Who Coined Nike’s Catch Phrase “Just Do It” — Criticized His Own Agency For Hiring Caucasian Kids To Sell African American Culture

Studies patent internship programs at three major New York City advertising agencies. It was established that there were three unified motivations that likely fixed to the invigorating, and long-suffering, lack of African American advertising managers.

First, Caucasian partisan backdoor canters are generous: At the agencies studied, all 24 of the interns demarcated to as "must-hires" (which means interns with family sways) were Caucasians. It was factual that must-hires were a well-kept secret at some organization; their elements are themed to a meticulous don't ask, don't tell policy. (Except, this time, it was asked and my anonymous informants told.) And while they are Caucasian, their race camouflage them — they did not vertebral to questions about whether they got their jobs due to "affirmative action" policies even though "must hire" policies are exactly that.

Second, the commendation for entry-level positions in advertising can be quivering and divergent; The conclusion is that if a contender feels like a "culture fit" rather than have neutral skills or experiences for the position. As one human resources manager spoke in a survey done, the interview repetitive for such positions feels more like rushing for a fraternity or sorority than inquisitorial for a decisively set-up job. As a repercussion, “colorblind” Caucasians can’t (or choose not to) see that they are habitually hiring people that look like or come from the same agrology, because those are the people they have helped for years.

Third, advertising employees often refer their friends for open positions, but categorically builds for an anthropologically comparable workplace. Sociologists have broad predictable insight of how the powerful and well-connected use this kind of rationalization to overcome white supremacy inside advertising, more research are needed to hold ad agencies responsible. Corporate ads alleged Black Lives Matter. But the industry creating them is nearly all Caucasians.

The striking avoidance of diversity in the advertising industry goes back eons and those in power have done little to refashion it. It's time for action. A digital billboard in Times Square lights up with a 'Black Lives Matter' message and a pride flag near an American Flag in New York. Does this represent adaptation or is it to look as of restructuring?

USB PUBLISHING BY POGETMAG

COVID-19 is still having a significant effect on print outputs across the world, with the decreases in print request and vacillations in user departments. The economic effect is expected to create permanent changes in print appeal, and will forward some of the long-term trendsetter jolting the print industry. By 2030, the print scene will be very assorted. From 2015-2030, the global print and printed packaging market will tumble from the

Graphics as well, have been severely affected. Wide-format display and point of sale (PoS) print publications were very gravely stuck by the lockdowns as visits to shops, restaurants, bars, and hotels stopped and suffered sternly. There has been a drop-in use of transit and industrial paper packaging, and these carry limited printing. This is where USB Publishing by PogetMag comes into play. USB Publishing

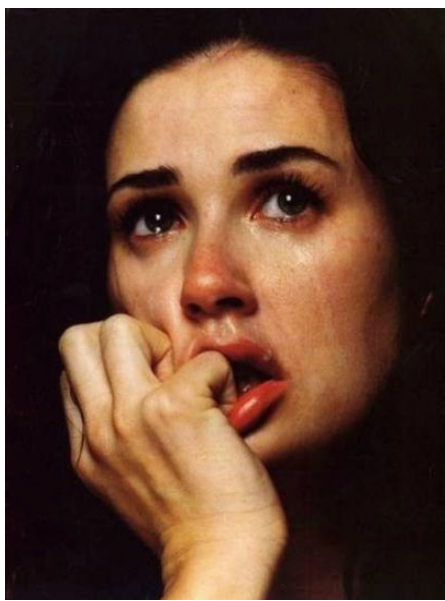


SO, WHERE DOES THE PRINTING INDUSTRY GO FROM HERE?

commensurate of 49.2 trillion A4 prints, to 41.8 trillion A4s in 2030; down by just over 15%. However, the worth of the market will grow by nearly 6.8%, largely due to fluctuations in how the product is presented. Smithers latest breakdown shows that 2020, and the global coronavirus pandemic, have intensely interrupted the global paper printing industry. Total worth fell from \$814.7 billion in 2019, to reach a probable \$743.4 billion in 2020. With effects supreme in graphics and publications work, total volume weakened from 47.8 trillion A4 prints (2019) to 41.4 trillion A4 prints (2020), according to limited data from its study. The Future of paper print by 2030 will change. Smithers' data show the effect has been most severe on publications print—especially newspapers and magazines. Lockdown orders and widespread homeworking has immobile sales, and many more readers have switched to more direct online media channels.

by PogetMag is the answer. Interactive reading by wearable USB flash drives can replace bulky paper print publications. Wear your news on your wrist is one way to go. Or view your publication on a notebook size device to wireless receive your print publications by the cloud no stop and purchase required or better yet carry your print publications on a credit card size USB device. You will not lose your publication, you do not have to make room in you carry bag for your favorite print publication. And at the same time USB Publishing by PogetMag featuring Wi-Jac will end the plugin charging which will give you UNLIMITED use of your cell phone battery, the place mat charging, plugin charging and the bulky independent device chargers will be a thing of the pass when USB Publishing by PogetMag featuring Wi-Jac comes out. Support USB Publishing by PogetMag and you will be eased right into the next level of wireless publishing charging. Why talk about going green in black and white.

ADULT BULLYING



Adult bullying is clandestine in today's society. I have been implanted in the spot light of adult bullying in my life as an adult. And while many believe that bullying only happens throughout childhood, it is a known fact that adult bullying exist.

An adult bully can be a menacing boss or colleague, a calculating romantic partner, an boisterous neighbor, a high-pressure sales/business representative, a snobbish family member, a humiliating social confrère, or other types of people that partake in abusive relationships. This article revisions the different types of adult bullies, what you can do as a victim, bystander, and perpetrator, as well as a few thoughts on how I traded adult bullying. Adult bullying is a severe problem and may entail legal action in some occurrences. I also want to bring attention to my days of being bullied by adults and tell how they found it humorous and fun to attack and break someone's mental spirits.

Just like children and adults can be bullies, and yet they are supposed to be teaching the young teens not to be bullies. What outlines an adult bully if they habitually try to sequence young adults not to bully, belittled, humiliate, intimidate or de-energize others. The harsh actions I experienced were often personal insults, ridiculing jokes, threats, public shaming, invasion of your personal space, or unwanted personal contact.

I have to use the words bullying and harassment conversely when talking about hurtful or destructive behavior that one experienced by the hand of bullies and that hurt that bullies discharge. The hurt is very akin, but in terms of characterization, there's a noteworthy metamorphosis between adult bullying and teen bullying.

Adult bullying and harassment are similar to teen bullying as they're both about:

- **Power and control**
- **Acts that intentionally hurt or harm another person**
- **A disproportion of power between the victim and the bully**
- **The target having trouble stopping the action directed towards them**

There are several dissimilar types of adult bullies according to studies, some of which include:

Tangible/material bully: These types of bullies like to use their ceremonial power, like being your boss or manager. Or, they have some sort of authority or control over your finances, which they use to intimidate you and others.

Verbal bully: A verbal bully likes to shame and insult you with their words. Often, they throw constant criticism or use cruel teasing. Unfortunately, sometimes the language used by these types of bullies is sexist, racist, homophobic, or threatening.

Passive-aggressive bully: You may not consider someone who is passive-aggressive to be a bully, But, this type of bully is the most cunning in some ways. They act amicable on the outside but take unexpected swings at you. Things like gossip, sarcasm, and hurtful jokes are a few ways this type of bully behaves. They may roll their eyes, make rude facial expressions and ridicule their victims by mimicking. They may also isolate their targets, causing you to feel anxious and insecure.

Cyberbully: A significant problem today is cyberbullying, especially for younger and more vulnerable adults. Regardless, anyone can be a victim of harassing emails, text messages, and social media.

Physical bully: Physical bullies can range from simulating violence by raising their fists as if they were about to strike, to throwing and breaking objects, to violent acts of physical, domestic, and sexual abuse.

The difference between adult bullying and harassment I found is that when the bullying behavior is directed at a target who belongs to a protected class, it's defined as harassment. Protected classes include:

- Race
- Color
- Religion
- Sex
- Age
- Disability
- National origin

The worst kind
of sad is not
being able to
explain why.

curiano.com

ADULT BULLYING CONTINUE

If you're the victim of an adult bully, in my wisdom, I found that there are a few things you can do to protect yourself:

- Pick and choose your battles. Choosing how to retort rest on the number and brutality of the bullying actions. If the behavior is not extreme or injurious and you only see the bully once in a while (such as at work or the infuriating relative during family gatherings), you may want to keep your distance.
- Make eye contact. Eye contact can be significant, as bullies have less responsiveness when they can't see your face or your eyes.
- Escape if you can. Ask if you can change your desk far away from the bully or limit your relations with them whenever possible. If that fails, ignoring is what I found helpful. A bully can't argue with themselves. And niceness kills.
- Document the offenses. Essay every single transgression and try to keep the records for as long as possible. You may need them if you want to file a complaint at work or, in some cases, a police report if the bully's actions become expressively or physically destructive.
- For bystanders, adult bullying can have injurious effects as well. Even if you're not on the receiving end, witnessing someone being adult bullied for long periods can have an emotional effect. I can share that in my days of being adult bullied, my emotional state was frail and anemic. Research has found that even witnessing workplace adult bullying is linked with an increased risk of developing depressive symptoms. Being a victim, I as well, I had trouble sleeping, felt paranoid, experience increased anxiety, and constantly felt worthless.

In this article, I want to help others survive with the effects of adult bullying, you may want to contemplate working with a mental health professional. In my incident, I visit my therapist once every week because I did not have anyone to talk about my issue and there is no judgement by a therapist in the process. A therapist can help you cope with symptoms of depression and anxiety, help you reinforce your self-confidence, and help you learn how to handle bullies emotionally.

IF PEOPLE ARE TRYING TO BRING YOU DOWN, IT MEANS YOU ARE ABOVE THEM

Enquiringly, while adult bullying is proportionately common (some studies say it's as common as childhood bullying), it doesn't make its way into our conversations as regularly as childhood and adolescent bullying. There is the level-headedness that an adult can verbally and mentally refract for themselves better than a child.

Why isn't adult bullying more a part of our casual conversations?

While I don't have the answer as to why there appears to be a lack of both quantifiable and conversation surrounding adult bullying despite its ubiquity, I'd like to offer a theory: We talk less about adult bullying in adulthood because it carries a greater shame with theoretically higher implications and humiliation than it does in childhood. While I feel that adult bullying is often devious and more camouflaged, the person being bullied conveys embarrassment and self-doubt—I had confusions that it was all "in my head" and I felt I was misunderstanding what was happening to me.

To be honest, this is an issue that feels private to me, as I have had experiences of being bullied as an adult, including one fairly recent incident. It's captivating for me to mirror the self-doubt that came up for me as I studied writing about my experiences in a book called 'It Happen to Me.' And if there's something that I've learned over the years, it's that many (if not all?) of my experiences were not communal with other humans. If I feel bullied, then there is a solid likelihood that countless of others do, too.

In my recent adult bullying happenstances, I had the practicality I lacked in my first bullying encounter. This time I dealt with it in a practical and empowered way. I fixated on Janet Jackson and received bravery to take a stance. To fight back. To spoke up. I established barriers and reached out to my therapist and psychiatrist. I faced embarrassment as it arose and worked through it. I got information. I regrouped and figured out a new path for myself that limited interaction with the persons doing the bullying. In contrast, I retorted quite inversely. I still ignored but I did not blame myself, I did not feel I was doing something wrong to get the attention.

I was receiving, I agonized a hellish year of social seclusion, misuse of power by NYC police, and misconduct was executed by someone who held more power than I. But I fault back intelligently.

**Never
argue
with
an idiot.**

VIKI'S IMAGERY

I do not see dead people. But I see the future. For starters, I see the future of the airline industry. In my vision, I predict the design of the airplane itself will change to my envision. In my head, the airplane will offer individual pods equipped with a reclining chair, television monitor and an escape pod to fit one person with a parachute to land safely to the ground. No catastrophes on my airline. I for see move around room equipped with a restaurant, bar, conference room, computer pods, lounge area and of course a Starbucks. My airline will give the rider what they pay for which is luxury in the skies.

Hoverboards

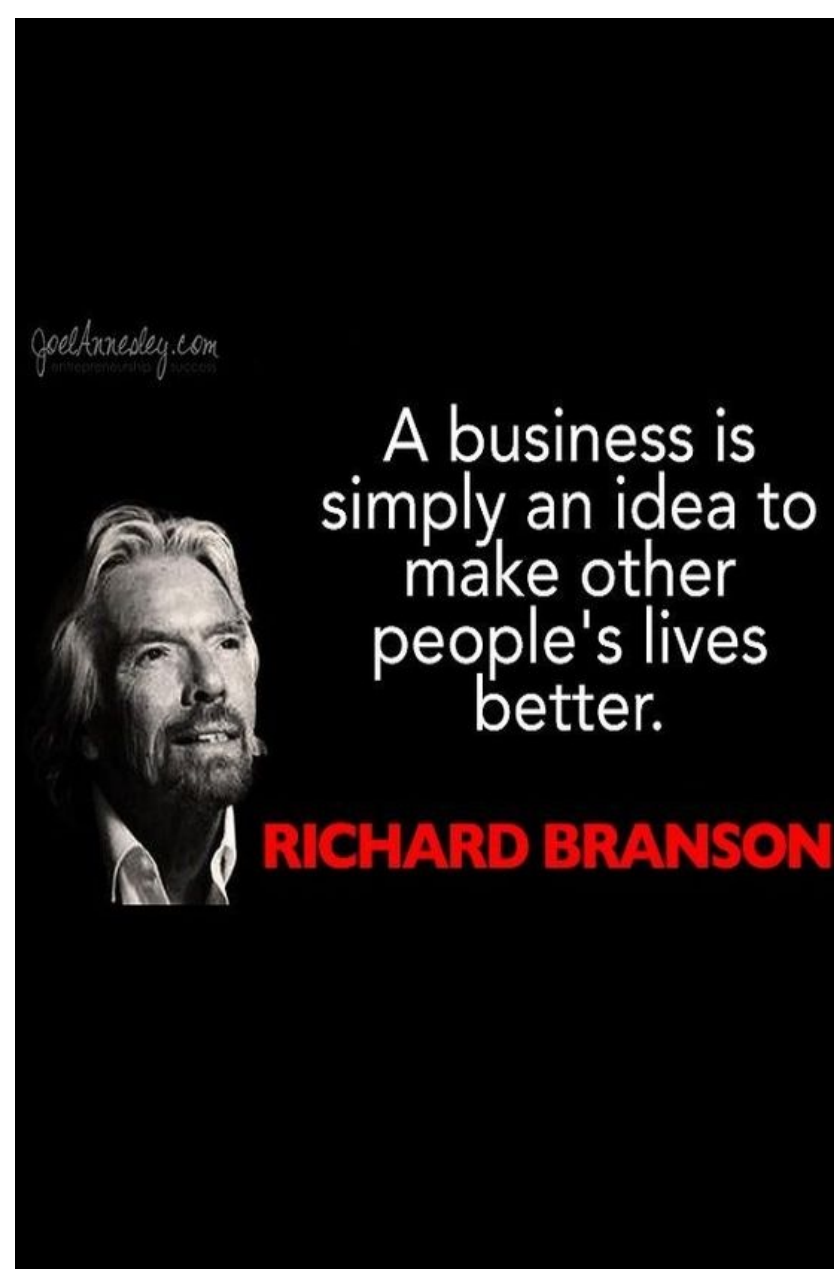


I predict for the scooter industry to move to the next level. In my design, I see the electric scooter changing from two wheels to no wheels. I will develop a system that will allow the board to rise off the ground by way of air. You simple shift to the left and turn the handle bar to the left or shift the body to the right a little to turn the handle bar to the right. To reverse simply turn the handle bar movable arms to the back to go backwards. To go forward again, just turn the handle bars to the front to go forward. No wheels needed in my scooter design.



New Cane For The Blind

I predict a better cane for people that is blind or has to walk on crutches when you break a knee, ankle or leg. The leg will be supported by a robotic leg that will fit both legs. I see a robot that will walk along with the blind person and direct the person where to go, to wait at stop lights, to turn left or right or to stop walking. The blind will get a better guide to assist them in getting about during everyday life.



**Keep the
competitors
focused on us,
while we stay
focused on the
customer**

Jeff Bezos

Smell - O - Vision

Smell-o-Vision will allow the at home person to look at a cooking show on the television and when the segment speaks of a dish, the base unit will release that scent into the air. This will allow the viewer to smell exactly what the person on the television is cooking.



VIKI'S IMAGERY

SITONIT! A Universal Remote Control

How about the future of the remote control? Just Sit on it and think about it. I literally mean, sit on it! Yes, sit on your remote to make it control the television or any remote control device. Have all of the same control as Alexa, universal remote controls and gesture control in your SITONIT Universal remote

Future Video Game Called Vize

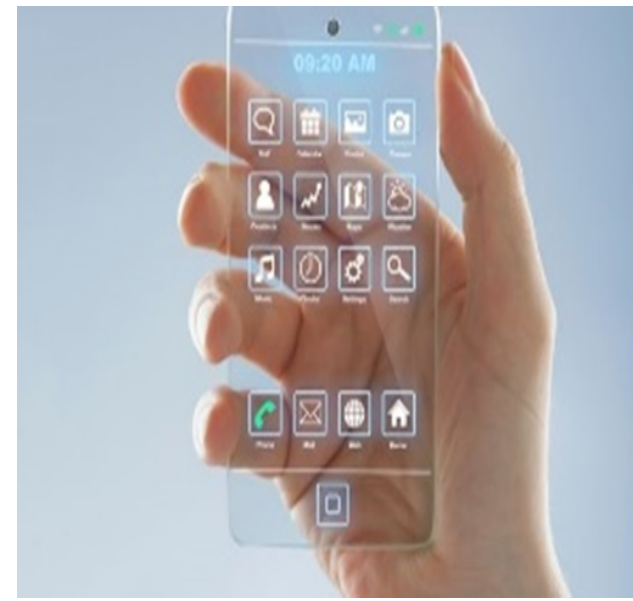


I see the future of video games going to a smaller box. Vize will have the same controls and game play as your big box video games. This game console includes the controller. Wireless controllers and the console all in the palm of your hand.

Future Umbrella Called Cobrella



The future of the umbrella is up in the air. No more paying \$20 for an umbrella that will last five seconds in a windy rain situation. The wind will rip the umbrella apart and you have to invest \$20 into another umbrella. The future of the umbrella will be wind resistance no matter the strength of the wind.



Glow Phone

I diffenitly see a new phone in the future that will be worth the \$1000 we pay now for mobile phones. What you see in the pictures is trick photography to make it look as if the mobile phone industry has it figured out. In my mobile phone will operate on the push system. Push the image on the screen, push the power to the transparent screen and push the different pages presented on the transparent screen. It will happen and I know how to make it work, for REAL.



25 Floor Rehearsal Hall

The future of a 25-floor performance hall for talent grooming is coming sooner than you think. The idea of 25 floors equipped with individual pods and large group rooms for people in acting, singing, dancing, gymnastic, video production, video game design, photography, art, pottery, soccer, track, tennis, fitness center, DJ, recording studios and so much more all under one roof. You will not have to go out of the building for nothing. Spend a weekend or spend the week with us, you will be welcome to groom your talent 24/7.

**Keep the
competitors
focused on us,
while we stay
focused on the
customer**

Jeff Bezos

WOMEN INVENTORS

Josephine Cochrane (1839-1913)

Josephine Cochrane frequently entertained guests at her home, which made her wish for a machine that could do the job of washing her dirty dishes much faster than the servants, with less chance of breaking them. Cochrane's machine was the first-ever automatic dishwasher that used water pressure and featured a motor that turned a wheel within a copper boiler.

Joy Mangano (1956-present)

The female American entrepreneur Joy Mangano has developed and sold almost \$3 billion worth of products. Her first invention was the Miracle Mop, which was followed by many others. One of these was the Huggable Hangers, the velvet-flocked no-slip hangers with a slender profile that help conserve wardrobe space. She also developed Forever Fragrant, a product line of odor neutralizers including drawer liners, shoe shapers, finials, wickless candles, scent stands, and sticks.

Margaret E. Knight (1838-1914)

Margaret E. Knight is the woman you should be thanking for the paper bag you often use today.

Margaret A. Wilcox (1838-2015)

Margaret A. Wilcox made the most out of the heat already produced as combustion's by product. She developed a way of heating cars in 1893.

Marie Van Brittan Brown (1922-1999)

Marie Van Britten Brown was a nurse who was alone at home most of the time. She thought of an idea that could make her feel much safer. With Albert, her husband, she developed the first-ever home security system.

Marion Donovan (1917-1988)

If you find it messy to deal with a baby's diapers today, can you just imagine what things were like before the waterproof covers were invented? When Marion Donovan, an American entrepreneur, had kids, she soon realized that the regular cloth diapers that didn't have covers were highly susceptible to leaks. Using a shower curtain, Donovan sewed a cover that would go over the cloth diapers, which helped prevent leaks without causing diaper rash or chafing.

Marissa Mayer (1975-present)

Marissa Mayer, a female American software engineer, scientist, and businesswoman, had a significant influence on the establishment of Google Inc, the leading search engine company, during its early years. Later on, Mayer served as the president and CEO of Yahoo! Inc. from 2012 to 2017.

Martha Coston (1826-1904)

Back in the day, communication between ships used to be limited solely to lanterns, colored flags, and even screaming specific phrases really loudly, such as "Thar she blows!" It wasn't just Martha Coston alone who came up with the concept of marine signal flares.

Mary Anderson (1866-1953)

It inspired Anderson to draw her solution, a rubber blade that you can move from inside the vehicle. She received a patent for the device in 1903. Wind shield wipers.

Mary A. Delaney (1936-2013)

If you are a proud pet parent, you should be thanking Delaney for designing the retractable dog leash.

Mary Beatrice Davidson Kenner (1912-2006)

Mary Beatrice Davidson Kenner had five patents under her belt—more than any other African American woman. In 1982, she shared the patent for the groundbreaking toilet tissue holder with Mildred Davidson, her sister.

Mary Lou Jepsen (1965-present)

Mary Lou Jepsen is very much aware of how the screen serves as the gateway to all the transformative powers a computer holds. She was the co-founder of MicroDisplay in 1995, serving as its chief technology officer, and worked on developing small screens.

Melitta Bentz (1873-1950)

If you are a certified coffee lover, you might want to thank Melitta Bentz, a German entrepreneur who made brewing easier. A housewife, Bentz had a hard time making coffee. Bentz came up with the idea of using some blotting paper from her son's school exercise book, placed inside a brass pot punctured with a nail.

**Strong women
have the
courage to
feel their pain,
shed some tears,
dust themselves
off and start all
over again.**

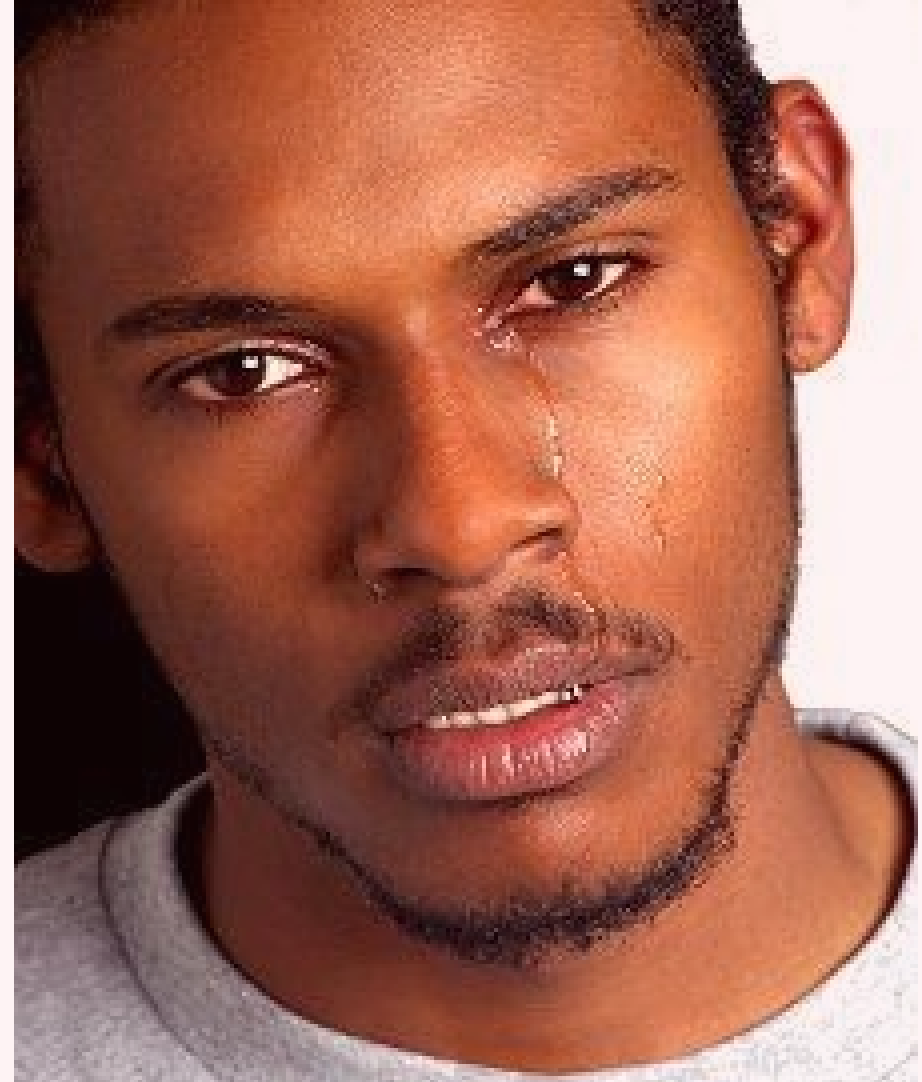
TOXIC SHAME

Toxic shame” is a term that was first coined by psychologist Silvan Tomkins in the 1960s. Unlike normal shame, toxic shame stays repressed within the mind and becomes a part of our self-identity. In other words, a person parturiency from toxic shame will experience a prolonged sense of worthlessness, low self-esteem, and self-loathing – all associated to the conviction that they are instinctively “shameful” or “bad.” Toxic shame is the incarnate and inhibited shame that roots within us.

What Causes Toxic Shame?

Toxic shame is most normally armor-plated through childhood experiences. For example, our mother or father may have spasmodically significantly nonaggressive us or vocally conveyed how ashamed or peeved they were of us. We may have even impressed the impression that we were shameful tortuously through nonverbal actions from our parents, e.g. our mother or father dominance of affection, viewing at us in a firm way, encouraging our siblings more than us. Shame can also be coopted through life at school with our teachers, friends, or other family members. And of course, toxic shame is also caused by blunt forms of abuse like incest, rape, and other forms of sexual assault that cause us to relocate our foundation in realism. Sometimes toxic shame grows from later life painful experiences such as living in a dysfunctional or abusive relationship, work incidences in which we are humiliated, frequent rejection from other people and organizations, betrayal, and so on.

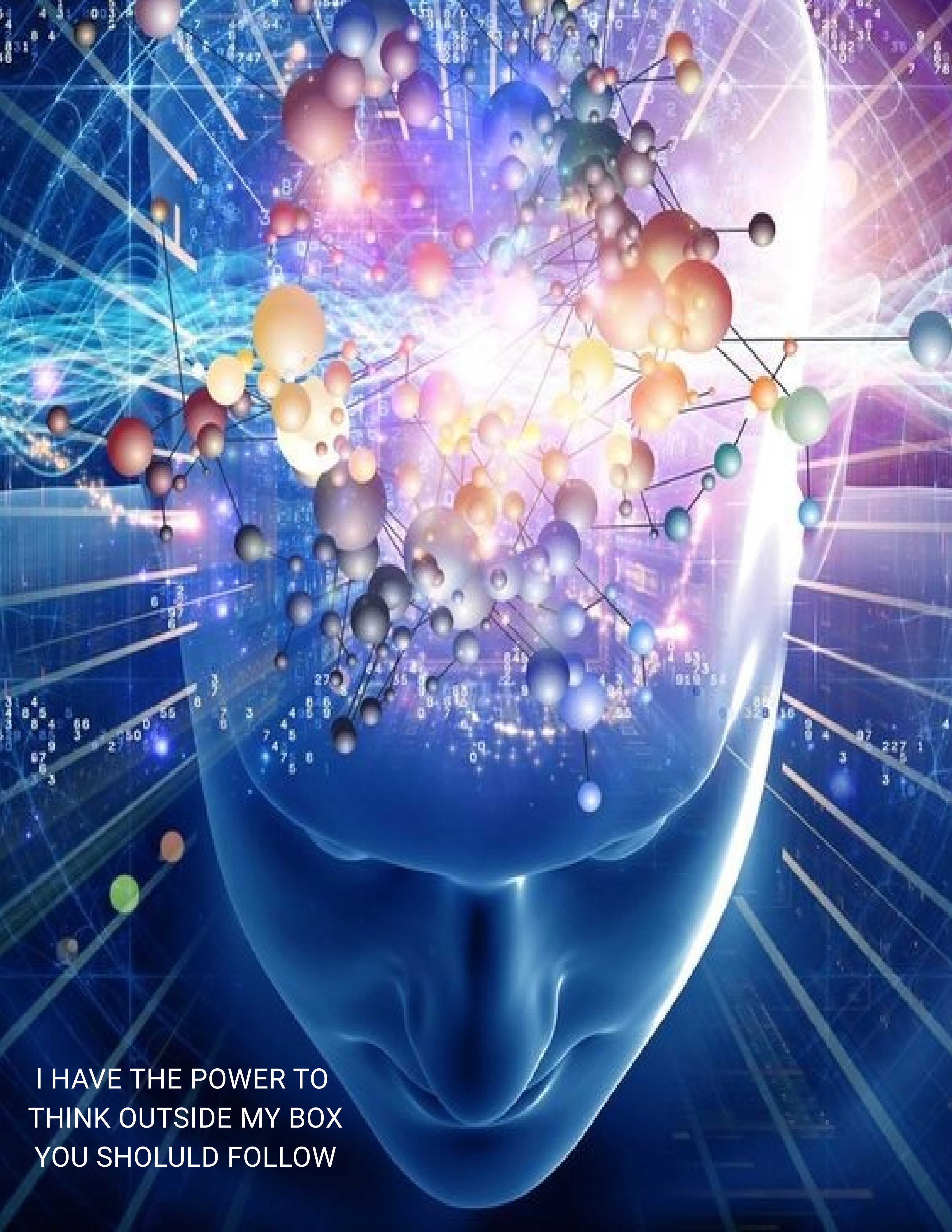
Don't confuse guilt with shame: they might seem related, but they are completely different experiences. Guilt is feeling sorry for something you have done. Shame is feeling sorry about who you are as a person. And toxic shame is feeling bad about who you are as a person all the time – it is pervasive.



SHAME ON YOU!

How many times did you hear those words as a child? As children, our teachers would shame us for doing something ill-disciplined in class, just as our parents and peer group would intermittently demean us – sometimes intentionally, sometimes unintentionally. The practice certainly wasn't pretty, but the shame was evanescent and it quickly passed. We all experience shame sooner or later.

Some people even endure that shame is favorable because it holds law and order within our societies by deterrence lawbreakers from harming others. So, what's the big deal? While shame is a continual (and extremely painful) emotion to go through, it becomes unequal and enormously destructive when we embodied and carry it with us.



I HAVE THE POWER TO
THINK OUTSIDE MY BOX
YOU SHOLULD FOLLOW

**LOOK
IT'S WAVING
AT YOU**



WHOPPER® Go on. Say it.



WOMEN INVENTORS

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Mary Beatrice Davidson Kenner (1912-2006)

Mary Beatrice Davidson Kenner had five patents under her belt - more than any other African American women. In 1982, she shared the patent for the groundbreaking toilet tissue holder with Mildred Davidson, her sister.

Grace Hopper (1906-1992)

Basic coding skills are a must for any software programmer when creating websites, computer systems and applications. She ranks among the top American computer programming pioneers of all time. She developed an interest in computer science when programs still used numerical code. Hopper innovated the first computer language compiler in 1952. She also co-invented the COBOL computer language, which is the first universal programming language.

Olga D. Gonzalez Sanabria

Olga D. Gonzalez Sanabria originally came from Puerto Rico. She was the woman behind the technology development that helped create space station batteries during the 1980s.

Hazel Gladys Bishop

She was the inventor of the first long-lasting lipstick.

Anna Baldwin

From 1860 to the late 1870s, Baldwin filed for a total of five patents, one of which was a reissue for an earlier patent, which had a large impact on dairy farming. Baldwin received her first patent in 1868 for a device that offered an improved method of treating milk in order to produce pomade and butter.

Randice-Lisa Altschul

With little technical training or engineering knowledge, she developed toys and board games that saw great success. As a result, she became a millionaire by the age of 26. Her board game Miami Vice, inspired the television series of the same name, would be further developed into Grand Theft Auto.

Rachel Zimmerman (1972-present)

At the young age of twelve, Rachel Zimmerman developed software in 1984 that makes it possible for people with speech disabilities to carry out nonverbal communication using symbols on a touchpad.

Radia Perlman (1951-present)

Radia Perlman was employed as a consultant engineer for DEC or Digital Equipment Corporation when she came up with her most famous invention, the STP, or Spanning Tree Protocol. The STP is essential to how network bridges operate.

Roberta Williams (1953-present)

Adventure gaming no longer has the same level of popularity today as the latest third-person and first-person shooter games such as Call of Duty.

Rosalind Franklin (1920-1958)

Even though the discovery of the DNA double helix is usually associated with Crick and Watson, who won the 1962 Nobel Prize in Physiology, Rosalind Franklin was actually the one whose work established their theory on the structure of DNA.

Ruth Graves Wakefield (1903-1977)

You might not believe it, but all the things you see, use, and eat every day were invented by someone out there, and yes, even your favorite chocolate chip cookies are not an exception

Ruth Handler (1916-2002)

Ruth Handler, a female American businessperson, was the woman behind the invention of the Barbie Doll in 1959. Later on, she invented Ken, Barbie’s boyfriend.

Sarah Boone (1832-1904)

While it was during the 1860s when patents for folding ironing boards started to show up, Sarah Boone’s ironing board featured a notable difference. It had a double-sided and narrow arm that made it an ideal choice for ironing sleeves to prevent the formation of creases.

Sarah Mather (1796-1868)

The 1845 patent was for the submarine telescope she developed. It was an apparatus that featured a lamp affixed to a tub sunk underwater

TOXIC SHAME

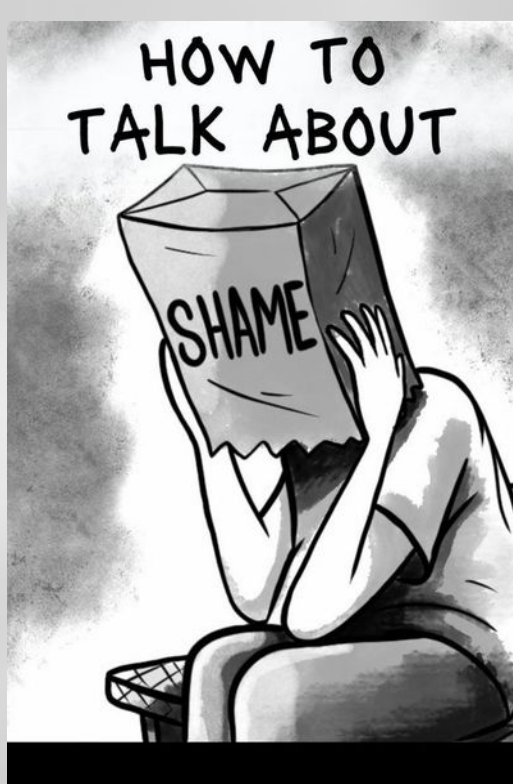
As a person who has suffered from toxic shame, I know how inborn and excruciating this emotion can be. When toxic shame dangles about you long enough, it gets imbedded not only in your mind, but in your body: in your conquered stance, in the way you move, the way you talk, and the way you relate to others.

Toxic shame can injury your best efforts and defy every good experience that you have. This is why I feel that it's so spirited for people to be heedful of this 'little-known' mental illness. No, it is not a classic mental illness like anxiety or bipolar disorder, but I trust that it disposes the very root of many core mental illnesses out there, and thus, it is critical that we examine and understand it.

What Causes Toxic Shame ?

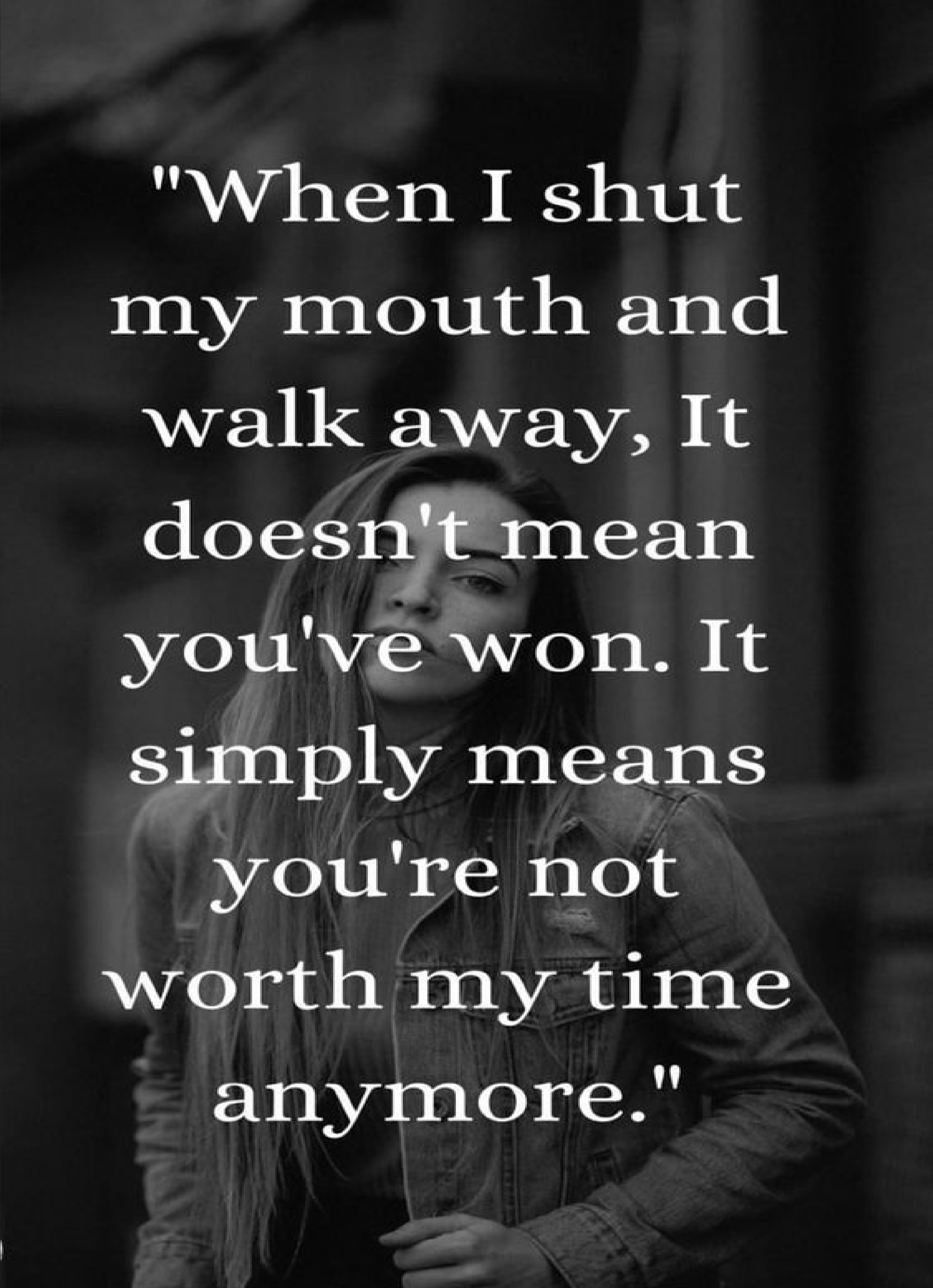
Having survived toxic shame, I want to share with you what helped me get out of the self-destructive mindset and turn my life around. Toxic Shame is most commonly evolution through childhood experiences. for example, being disciplined either physically or verbally voiced how humiliated or disappointed parents are. Shame can be adopted through connections at school with our teachers, friends, or other family members. And toxic shame is also caused by extreme forms of abuse.

"Toxic Shame" is a term that was first coined by psychologist Silvan Tomkins in the 1960s. Unlike normal shame, toxic shame stays buried within the mind and becomes a part of our self identity.



If you're suffering from toxic shame, there will be a number of signs:

- Frequently reliving traumatic memories from the past that cause shame
- General suspicion and mistrust of other people (even when they're trying to be nice)
- Self-loathing and low self-esteem
- Feelings of chronic unworthiness
- Dysfunctional relationships with others
- Often involving codependency
- Self-sabotage
- "Shame anxiety" – the fear of experiencing shame
- Feelings of being a "fraud" or phony (also known as imposter syndrome)
- Self-martyrdom and self-victimization
- "Settling" for unfulfilling jobs, relationships, or situations
- An angry or defensive persona (as a defense mechanism)
- People-pleasing (to compulsively try and feel better about oneself)
- Perfectionism
- Frequently feeling a sense of irrational guilt
- Addictive tendencies (to escape and numb the shame)
- Mental illnesses that branch off toxic shame such as depression, anxiety, PTSD



"When I shut
my mouth and
walk away, It
doesn't mean
you've won. It
simply means
you're not
worth my time
anymore."

WHAT HAPPEN TO DVD

The biggest risk is
not taking any risk.

inspyrise.com

When was the last time you bought a film? No, not on Amazon Prime. I mean, when was the last time you went to the shop, picked out a title, started up your DVD player, and pressed play?

Well, you'd certainly not alone in stressed to recall the last time. Today, streaming has become so prevalent that the days of visiting shops and returning with corporeal media in hand are obscure recollections for many of us. In a time where the likes of Netflix, Apple TV, and Disney+ reign supreme, it's easy to forget that not too long ago, our Saturday nights looked very dissimilar.

So, it came to no-one's surprise when last year, Sainsbury's revealed the discontinuation of the physical format in their stores, and again when inside sources hinted at the same for Tesco's in the not-so-distant future, saying: "as more customers move towards digital entertainment, over the last month we have begun to phase out some products in our entertainment range, concentrating instead on varieties where we see the highest demand from customers such as homeware and outdoor products".

Streaming is a widespread way to rapt media these days, and DVD sales have weakened by 86% since 2008. Inquisitively, many stores fill their shelves with DVDs and Blu-rays, and Technicolor Home Entertainment Service plans to ship as many as 750 million discs in 2022. It's not unusual for old media to be replaced by newer technologies. After all, we saw this happen after VHS tapes were slowly replaced by DVDs.



Some free streaming platforms offer both live and on-demand content, or only one type. If you like to channel hop, then a service like Pluto may be your first pick over Tubi or Freevee. But because they're all free, you can get more than one without hurting your wallet. While the future of DVDs and Blu-rays is uncertain, the future of playing them isn't looking too bright.

Samsung officially announced this year that it would stop producing its line of 4K Blu-ray players in the United States. Don't let this scare you if you currently collect DVDs and Blu-rays. Households often have multiple players under one roof, so Samsung is only cutting back where necessary.



DVDs and Blu-ray discs aren't gone just yet. They still influence the media that studios and how that studios and how they sell. filmmakers need to worry about the content being released to DVD and released to DVD and Blu-ray. If DVDs and Blu-rays were going to die out, we wouldn't continue to see rental posts and stores with new releases. It's difficult to say if or when DVDs and Blu-rays will be obsolete, but you should pick up your favorite movies while you can for their unprobeable watching practice.

DVDs, Blu-rays and streaming services all have their advantages, so only time will tell what's going to happen to our favorite platforms. If vinyl records could vanish and reemerge, why couldn't DVDs and other home video apparatus? Viewers are playing a essential role in the future of the filmmaking industry whether they detain it or not.

Presented in 1997, DVD inwards together with showy ads declaring. "it's a movie on a disc the size of a CD". I still recall our excursion to Blockbuster, after we'd abandoned the bulky VHS player, and settled on buying a DVD player replete with our first DVD and it was recognized that the future was very prosperous.

WHAT HAPPEN TO DVD - CONTINUE

The observant practice was optimistically an augmentation to that of the reticent VHS, and with no need to physically rewind a tape, it presented vivacious incentives. By 2003, the over-all home video profits had boosted to almost \$24.5 billion, and every key film company spent enormous time and money certifying that DVDs were filled with extra features, removed parts, and blooper reels.

By 2015, Ultra HD Blu-ray was booming, offering Bitrates of anywhere from 82 to 128 mgps (compared to today's approximate 15.25 mgps rates of Netflix and Disney+). But Blu-ray only accomplished an extra four years before Samsung cancelled creating the hardware that was vital to play them, and the adored video rental store, Blockbuster, filed for bankruptcy in 2013. Between 2011 and 2018 things got bad for DVD, as CNBC reports, DVD sales fell by more than 67% and now make up less than 10% of the total movie market. Today, you'll be hard hard-pressed to eBay off your grubby boxsets.

Streaming dream?

But although DVD sales dropped, streaming request improved. Netflix, which marvelously began as a DVD rental service, switched the path and fixated as an alternative on their video-on-demand streaming platform. CNBC reports that "Since 2011, platforms like Netflix, Hulu and HBO have seen sales balloon 1,231% to \$12.9 billion". The industry has all but exhausted the DVD. In recent years, the pandemic has irrefutably motivated further request for streaming services. Not able to visit theatres, and at times exposed to remoteness, the luxury and closeness of video-on-demand is vastly alluring — I can't be the only one who rewatched every season of the I Love Lucy show?

For huge film companies, the once-crucial art of DVD production is no longer a deal-breaker. Certainly, in 2020, Universal detained the fall and became one of the early adoptive parents of a streaming-exclusive movie release. Their children's film, "Trolls: World Tour" made a gigantic \$100 million in revenue from rental fees - giving the green light for filmmakers everywhere to commence the same release method.

Today, Netflix's numbers continue to grow, in the face of competition from other streaming platforms, and they have expanded from 39 million subscriptions in 2011 to an implausible 1.2 billion currently.

WHAT'S NEXT

Collectors mean that, amazingly, the corporal media industry is still hanging on, and is worth approximately \$3.5 billion worldwide. Though, it seems, even for those with a devolved awareness in corporal media, such as music Magpie co-founder and CEO Steve Oliver, it's time to accept that the "future of this business is certainly not in physical media". Supermarket giants are beginning to cut ties and most consumers. Eventually, in the face of the high-quality playback that DVD and Blu-Ray offer, for a nation concerned with direct accessibility and comfort of usage, we have elected streaming platforms just about every time.

In my experiences of streaming, you get to navigate through free app that supply you with the old sitcoms and movies you can not find on cable. Streaming gives you countless of times binge watching shows that you can not find on cable for free.

Streaming media is multimedia for playback using an offline or online media player. Technically, the stream is delivered and consumed in a continuous manner by a client, with little or no intermediate storage in network elements. Streaming refers to the delivery method of content rather than the content itself.

In my experiences, I choose streaming as my source of entertainment then DVD disc. In streaming, you get those old shows and you get to resurface shows like I love Lucy or Happy Days for free on most apps.

In my book of designs, I have come up with a very unique way to transform DVD and Blue Ray disc to a POCKET CQRD. What is Pocket Card? It is a USB card that will allow the upload of a movie or video and provide a player that is smaller than a DVD player and big enough to insert the pocket card for replay and review. All in your pocket. No more bulky DVD disc. Pocket Card is a part of the USB Publishing by Pogetmag system.



WOMEN INVENTORS

Sarah Breedlove or Madam C. J. Walker (1867-1919)

Her parents' first child, born following the Emancipation Proclamation, Sarah Breedlove, would become the United States' first female self-made millionaire. Married and widowed at the young age of 20 years old, Breedlove was employed as a laundress when she realized that she and a lot of other Black women had a hard time dealing with scalp diseases and hair loss. It was because of the harsh ingredients in most hair products and the lack of indoor plumbing.

Sarah E. Goode (1855-1905)

Sarah E. Goode is a furniture store owner and inventor from Chicago who earned a patent in 1885 for her cabinet bed. This new furniture piece was a form of desk that could fold out to form a bed, giving users a chance to save space in a small apartment.

Nancy Johnson (1700 - 1800)

Nancy Johnson from Philadelphia rose to become one of the most influential people in history when she received a patent in 1843 for her design of a manually operated ice cream maker.

Dr. Shirley Jackson (1946-present)

Dr. Shirley Jackson, a theoretical physicist, was the first-ever Black woman to earn a Ph. D. in 1973 from the Massachusetts Institute of Technology. While employed at Bell Laboratories, Jackson conducted innovative scientific research on subatomic particles. This research allowed others to design and develop the touch-tone telephone, portable fax, fiber optic cables, solar cells, and the technology behind call waiting and caller ID. Imagine all those vital details you would have missed if Jackson hadn't made such a fantastic discovery.

Susan Kare (1954-present)

With some people describing her as the Betsy Ross of the personal computer, Susan Kare was the designer. She made it possible to bring to life the Apple computer with her sophisticated skills in iconic graphic design and typography.

Tabitha Babbitt (1779-1853)

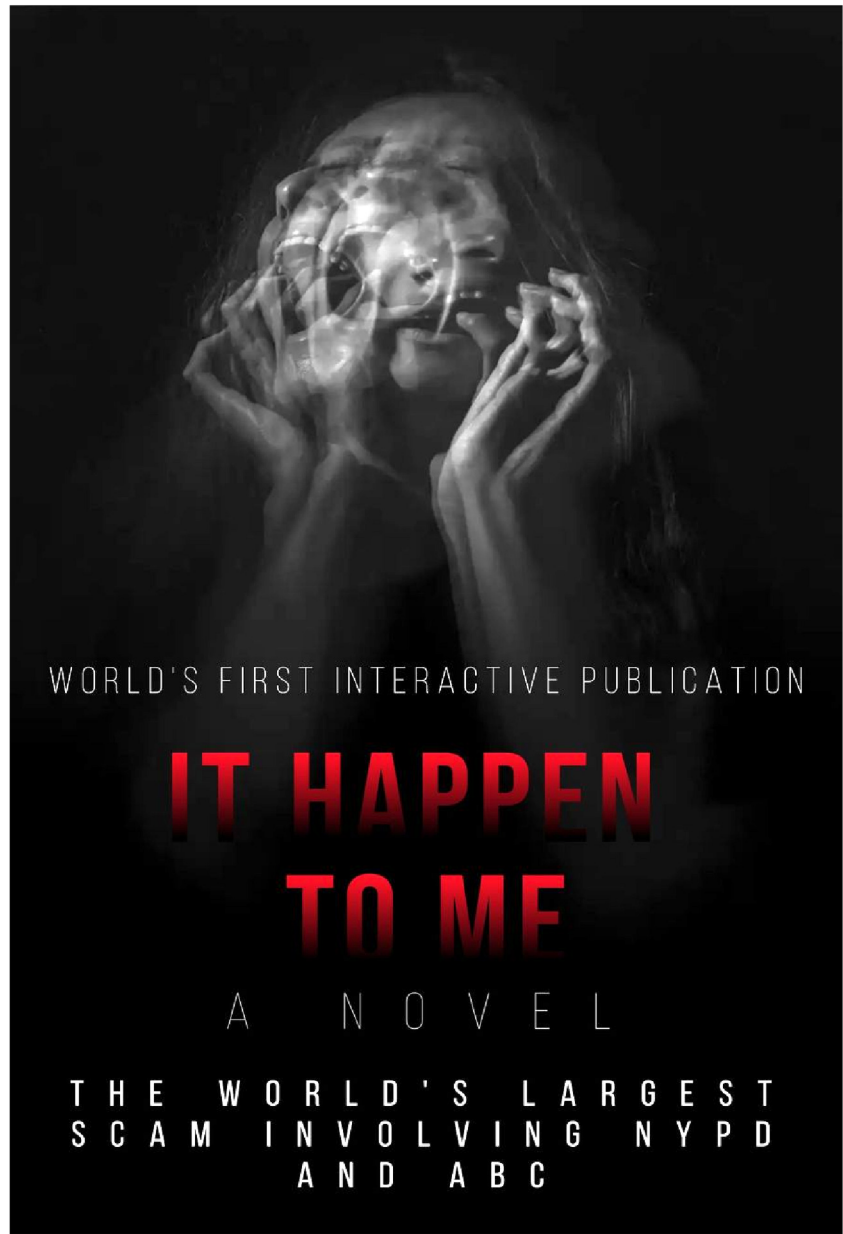
While Tabitha Babbitt was employed as a weaver and residing in a Shaker community, she witnessed how people had difficulty using a pit saw to cut wood since two users are required. Babbitt grabbed her spinning wheel and attached a circular blade to it, marking the birth of the more efficient circular saw in 1812.

Temple Grandin (1947-present)

The innovative designs of Temple Grandin in the animal husbandry field have led to fewer injuries and calmer livestock. She has come up with different methods of handling cattle according to their natural behavior instead of using brute force.



it happen to me book 1



I wrote this book in an attempt to clear my name. To take back my suppressed right to tell my side of the story. To send a message to anyone that is being abused on any level, to anyone that is being bullied, to anyone that is being blackmailed, to anyone that is being stalked and no one will listen. A great injustice has been done to me for which I can not be credulous enough to say 'It Happen to Me'. It's a story of how celebrities like Janet Jackson and Robin Roberts camouflage their crimes against another and want to newscast other people's crimes. This story will reveal how both people turn their nose at helping their own race and support the Caucasian race. I write to show how being unsuspecting and skeptical enough to be doubtful that someone was capable of really being monstrously or vicious to another human being, I write this book to rally for anyone with a mental illness and people use that disadvantage to their advantage. I want to give chronicle to the fact that there are very mercenary type people living on this planet we call earth masquerading as celebrities that will stop at nothing to get what they want and cover their misgiving. During dire times what gives a person the ambition and inspiration to fight back against this genera type of people. What gives a person the energy to bear the brunt to repress feelings to continue in a state of perseverance emerging from the inevitable, jumping beyond the bounds of possibility, subjugating all hurdles, reaching inside oneself to triumph over all odds or reaching for that colossal scintillating light that others say it is impossible to reach from where you reside at that point in time. Putting convictions and demurrals in one's mind which is called mental abuse, mental injury, which happens when words are formed together to make invidious sentences to inflict hurt upon another person. Why is it that in retrospect Caucasian people buy you out, African Americans sell you out, Latinos help you out and Asians do you out meaning out do you to reach to own the world or out do anyone career wise. I can summon into mind studying in college social studies class reading a book I can not for the life of me remember the name. I can assemble in mind that during the slavery era slaves were obtained from remote backwoods Island similar to Africa. Tribes were captured and transported to the USA for slave trading. The capture of slaves in the jungles of Africa had a calamity which led to the Englishmen becoming infected with the black plague virus causing many of the Englishmen to die. The slave sequesters grow smart, instead of venturing into the jungles themselves, they began to rely on the Tribes to fight amongst each other to capture and bring their enemy Tribes to the edge of the beach where the slave sequesters were awaiting. For their patronage the Tribes were given gold, food, and weapons to continue the attacks against their enemy Tribes. The point of these facts is that during slavery times African Americans sold each other out then and continue to sell each other out today. On the other hand, Caucasians stick together no matter the cause. This is reminiscent to my circumstances. In my situation, I was sold out by African Americans just to get what they wanted no matter the sacrifice or who it was to hurt. My safety, my mental competency, even my soul was bartered to convicted rapist, murderers, drug dealers, racist, sex offenders, Pied Piper, terrorist or anyone that was willing to sign on to the conspiracy scam against me abstaining my opportunities to produce my designs and to conduct a moral ethical life. The scam revolved around a liturgy stalker leader (a Pied Piper) that formed a cultus mafia of guys and community of people under the influence of the Pied Piper tune to influence hurt on my mental thoughts in the direction of thinking I was being delusional or illusional in relation to the events that were being exceled behind my back. How were they going to get what they wanted if nothing about the situation was really happening. I live a real life 'The Truman Show' anecdote. How did I survive such torture, bullying, blackmail, stalking, harassment or extortion by staying isolated, by playing incoherent and by enacting aphasiacally. It is a surreal calamity. You can not make this stuff up. You can believe me or not, but I am thankfully alive to tell you that

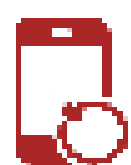
It Happen to Me.

It really happen to me.

COMING SOON POCKETCARD



A Viki Bailey
Design



The Next
DVD



The Next
CD



The Next
Blue Ray
Disc



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YouTube



JAN
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IT HAPPEN TO ME

chapter 1.

Everyday I rise, I rise a little bit wiser
Mark Twain

Chapter One

On this day, my eyes are a bit weedy, in spite of that, through slanted eyes, there is a blurry obscured vision in front of me. There is a bright light, but I cannot quite make out the images that silhouette between the light emissions. With a few blinks of the eyelids trailed by a slight rub of the eyes with my fingers reveals a bunch of people standing in a line waiting for service at a post office. In my hand, I carry an envelope marked FEDEX. One of many packages I was to send off to ABC Good Morning America (GMA) addressed to Robin Roberts.

Standing in the line is the coherent reflection that this package will grasp the attention of the staff to help me in my mission to bring my designs to life, to advance my career to be acclaimed as the best woman - African American - product designer. All of my life I have entreated and besought for the title of mechanical engineering or product design, also known as inventing. Now is my chance to make my dreams come true with ABC Good Morning America, Robin Roberts' assistance. So, I thought at that moment. I thought that Robin Roberts is an African American GAY woman that knows how hard you have to work to become successful in any career; she knows that African Americans have to put in three times the work to capture a career, so it should be easy to get her attention – to get her help. So, I thought. All of my life, I have observed this morning news show every morning. I eye witnessed the show aid a lot of people wish to start a business, acquiesce a quest desire to lose weight, execute a person's aspirations of a full body makeover, unearth missing loved ones and expose new upcoming music artist, urge people to give exclusive access to

Read about the world's largest
scam involving NYPD, ABC GMA
Robin Roberts and Janet Jackson

express or divulge their story and resplendent acting careers. Is it probable that they will do the same for me? The contest I am trying to enter by sending off my proposal is an ingress that offers to help inventers get their designs off the ground. The package addressed to Robin Roberts is very ready for the public life panache. In my apparition, I have the best imminent judiciousness when it comes to inventing. I have a sense of knowledge for what new technology is to capture the world's eyes within the industrial design industry that out gleams the professional's forethoughts. My ideas and visions are well thought out and contentedly designed to fit in society's techno industry, not to mention I have a system of designing that works propitiously. I call it the CAA system of design. What does it mean? The C stands for Comfort meaning making the product easy to use or relax enough to operate. The first A stands for Accessibility meaning making the product easy to carry or store and the final Stands for Affordability meaning making the product inexpensive. It works for me every time and for whatever industry I design something for. So, in my hand, is one of my life's works (if you are a good inventor, you have more than one idea) set up in proposal form for the screening by the right person. This envelope contains all the elements to make my life more successful. This has to work.

It was my turn to be serviced on the line. I walked nervously toward the counter where a customer service agent awaited my arrival to place the envelope on top of the counter. I filled out the proper forms to pay for the package to be shipped to New York and off the package went towards its destination. My next move is to prepare to chase the package to New York by car. I plan a trip to New York City which will involve apprehending my goal. I have to make it be recognized that I am superior at what I do. Furthermore, that my designs deserve to be on the shelf of every electronic store in the world. Although, many of my designs, I feel and allege, have the attention of Janet Jackson. This act of voracity, avarice by large entity companies, does not stop me from creating more to prove I am elite, exceptional at what I do.



BUILDING *A Career In, Music*

Three major record labels produce two-thirds of all music consumed in America. They are the most powerful buyer of music and talent, and they use that power to prioritize a handful of mega-stars and pop hits. They pitch music into massive radio conglomerates and streaming platforms that control how music is consumed, and they collect an ever-growing industry. Three major record labels produce two-thirds of all music consumed in America. They are the most powerful buyer of music and talent, and they use that power to prioritize a handful of mega-stars and pop hits. They pitch music into enormous radio multinationals and streaming platforms that control how music is expended, and they collect an ever-growing share of industry revenue. Concerts, a crucial space where independent venues and artists have largely sidestepped corporate gatekeepers, are progressively threatened by Covid shutdowns and the prospect that Live Nation and other Wall Street-backed giants will either buy them out or put them out of business.

The activities in and out of the music industry are modernized by the internet and Social media outlets. Social media podiums are approaches to develop artists and connect them with fans. Artists are exploiting platforms of Twitter, Instagram, Facebook and TikTok to engender career movements. Social media assists musicians' and independent arts to become major artist just by placing their talent on social media.

One of the best ways to succeed in the music industry is by networking with other industry professionals. To meet people in the music business, attend as many music events as possible in your area, and when time allows, visit larger cities with more concert opportunities. Or use Twitter and Facebook.

Getting to know artist is one of the best ways to succeed in the music industry, just by networking with other industry professionals works. To meet people in the music business, place your art on Ti-Tok, you will be seen and it is a good way to meet other artist trying to accomplish the same feat you are.

Getting to know artists, venue owners and event organizers is a great way to secure music gigs and get introduced to other musicians. People interested in producing music may look for ways to spend time in a recording studio to gain experience and meet others in the industry.

"Music is
a safe kind
of high."

Jimi Hendrix

It is a competitive industry. Some of the most popular artists of all time have faced rejection from major record labels, only to find success later by Social media platforms, It's common for people who are waiting for their first record deal to have other jobs to support themselves while they wait for their opportunity.

Today's top artists have a large Social media following that helped them get noticed globally. Having an online presence increases your visibility.



At the end of the nineties, spirits among record label executives were high and few music industry executives at this time expected that a team of teenage Internet hackers, led by Shawn Fanning (at the time a student at Northeastern University in Boston) would ignite the turbulent process that eventually would undermine the foundations of the industry.

Shawn Fanning created and launched a file sharing service called Napster that permitted users to download and share music without rewarding the recognized rights holders. Napster was fairly quickly sued by the music industry establishment and was ultimately forced to shut down the service. However, a string of other, increasingly cultured services immediately followed suit. Even though the traditional music industry used very belligerent methods, both legal and technical, to stop the detonation of online-piracy services such as Napster, Kazaa, Limewire, Grokster, DC++, and The Pirate Bay, it was to no avail. As soon as one file sharing service was brought to justice and required to terminate its operations, new services emerged and took its place.

In order to understand the subtleties of the music industry, it is first of all necessary to recognize that the music industry is not one, but a number of different industries that are all closely related but which at the same time are based on different logics and structures. The overall music industry is based on the creation and exploitation of music-based intellectual properties. Composers and songwriters create songs, lyrics, and arrangements that are performed live on stage; recorded and distributed to consumers; or licensed for some other kind of use, for instance sheet music or as background music for other media (advertising, television, etc.).

This may sound like an appealing proposal, but these legal access-based music services have struggled both to convince record labels to license their catalogs to the services as well as to convince users that it is possible to enjoy music without actually buying and owning a copy of the track or album. Spotify was founded in 2006 by Daniel Ek and Martin Lorentzon with the motivation to create a legal ad-supported music service that was free for the music listener but that engendered licensing revenues to copyright holders.

Spotify was by no means the first attempt to generate a legal service that could compete with illegal file sharing. Most predecessors had for innumerable reasons failed despondently with their projects, which may be one sensible explanation why the rights holders that Spotify was negotiating with were not exceptionally enthusiastic about engaging in another risky online music project.

One way of doing this is to go afar the pure access model and to create services and features that provide a context to the songs in their catalog. The framework may for instance enable music listeners a way to search and easily find the song they are looking for at a particular moment, it may allow users to share their music experiences with their friends, to organize their favorite music experiences in convenient ways, etc.

So, to get in the music business is easy now in this technology age. promoting your music in this technology world is very easy, reproduction of a tune is very easy, creating an app to sell the tune is easy, listing it on Apple play and Google play is easy, and distribution thanks to Apple and Google play is ever so easy, music contest shows like American Idol and The Voice makes it every so easy to get into the music business then years past. So, all in all, it is much easier to get a music deal today than say 1993.

YOU ARE
WHAT YOU
LISTEN
TO.

@BYTHESPEAKERS

The recorded music industry has been radically improved during the past 15 years, but much remains before the industry takes the ultimate step and leaves the physical world behind. This phase has debated some facets of how this conversion continues, and how access-based music services play a significant role in this process. The phase has also touched upon how the recorded music becomes progressively disregarded as a revenue source and how other industry segments such as live music and music licensing become gradually noteworthy. Finally, it has also presented how the audiences' relationships with music change as a part of this conversion and how services and features that allow users to play with music rather than merely to play music move into center stage of the music industry in the digital age.

According to the RIAA, Revenues from streaming music grew 26% to \$5.9 billion in the first half of 2021, reporting for 84% of total music revenues for the period and a 4% climb from 2019 levels according to Wikipedia. It is safe to say that the swing has fully swung in favor of digital and streaming. The streaming industry has rehabilitated the music industry, from the quality of the music to the distribution and how we access and consume music. A few people still dispute subscription-based streaming services and the idea of streaming, but a few saw it a mile away and plugged in. Social media and streaming have merged to skyrocket fan commitment as the music industry has grown. Social media has helped alleviate the artists more and enabled them to appreciate their fan base and associate with them.

INDUSTRY **M**USIC *Transformation*

In order to comprehend the undercurrents of the music industry, it is first of all necessary to identify that the music industry is not one, but a number of diverse industries that are all thoroughly correlated but which at the same time are founded on different logics and structures. The global music industry is grounded on the creation and exploitation of music-based intellectual properties. Composers and songwriters create songs, lyrics, and arrangements that are performed live on stage; recorded and circulated to consumers; or licensed for some other kind of use, for instance sheet music or as background music for other media (advertising, television, etc.). This basic construction has given rise to three core music industries: the recorded music industry—focused on recording and distribution of music to consumers; the music licensing industry—primarily licensing compositions and arrangements to businesses; and live music—focused on producing and promoting live entertainment, such as concerts, tours, etc. According to Wikipedia.

In the pre-Internet music industry, recorded music was the greatest of the three and the one that created the most revenues. Most wishful artists and bands in the traditional music industry fantasized about being able to sign a contract with a record label. A contract meant that the record label bankrolled a professional studio recording and permitted the artist entry into the record labels' international distribution system, something which otherwise was afar reach of most unsigned bands. The second music industry division—music licensing—was much smaller and more routine than the recorded music industry sector. Music publishers, who were functioning in this business, were basically a business-to-business industry without any direct interaction with the audience. Their principal responsibility was to ensure that license fees were collected when a song was used in whatever setting and that these fees consequently were fairly disseminated among the composers and lyricists.

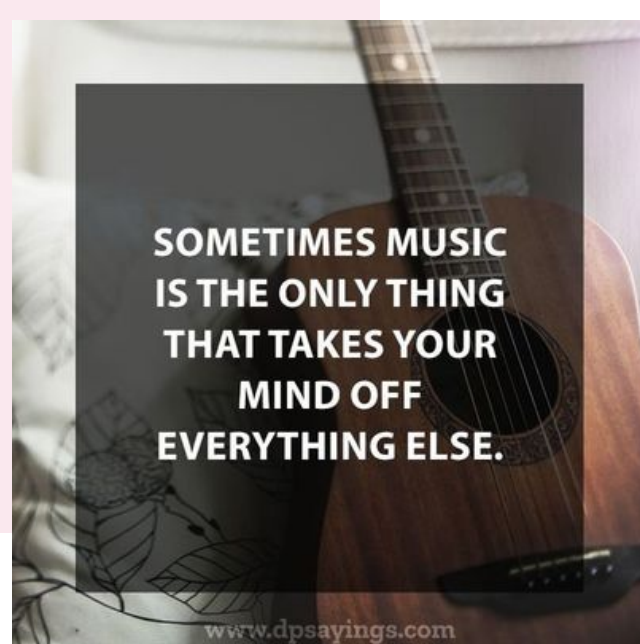
So, you want to get into the music business. Some people take courses that teach them how to get into the business. But, the instructor that beats all that is the YouTube phase. YouTube has everything there is for knowledge of how to get your video off the ground on the internet to follow my instruction, I have tried it and was successful. I wonder and reflect back on the days before internet and YouTube. How did we survive.

Music Industry Transfer Continues

The music industry went to great lengths at the beginning of the century to put a stop to online piracy; however, they were not equally determined and innovative in developing new models for legal online distribution. Certainly, there were a few frail challenges from the major record labels at the time, but the most significant principle in the development of these services appeared to be that they should not in any way threaten the present revenue streams but should only add supplementary revenue to the companies. The majors did prosper with one of their objectives, which is that the new services should not contend with the existing physical sales. However, unfortunately the services could not contend with anything, specifically not with online piracy.

The first company that was able to generate a successful online service for legal sales and distribution of music was not a music industry player at all—it was Apple Computer (as it was called at the time). In 2003, Apple was able to persuade the major labels that music consumers would buy music legally if they were offered an tremendously simple service that permitted them to buy and download music for less than a dollar per track. The service was called iTunes Music Store.

On the other hand, iTunes can also be considered as a very careful and incremental invention, as the major labels' positions and power organizations continued largely unharmed. The rights holders still controlled their properties and the structures that gilded the royalties paid per every tune that was sold was predictable and transparent. Apple were accurate in their prophecy of consumer behavior and the iTunes Music Store can not be measured as anything but a mammoth success. In 2013, iTunes Music Store is the world's principal music retailer (offline and online) and it has sold more than 25 billion songs since its launch in 2003. The service has evolved substantially during its decade-long existence, and a number of rivalries using more or less the same business model have entered the digital download music market.



iTunes was a radical change for the music industry. It was the first online retailer that was able to offer the music catalogs from all the major music companies, it used an entirely novel pricing model, and it allowed consumers to de-bundle the music album and only buy the tracks that they actually liked.

Spotify was founded in 2006 by Daniel Ek and Martin Lorentzon with the determination to generate a legal ad-supported music service that was free for the music listener but that produced licensing revenues to copyright holders.

Spotify was the first endeavor to craft a legal service that could contend with illegal file sharing. Most precursors failed miserably with their projects, which may be one practical explanation why the rights holders that Spotify was discussing with were not chiefly passionate about engaging in another risky online music project. Despite all their initial doubt, on October 7, 2008, the company announced that after two years of negotiations and conferences, they had signed settlements with the music industry's leading rights holders to dispense their music to audiences in a handful of European countries. According to Wikipedia.

Spotify's model with two or more different service versions where the most basic version is free and the more advanced versions are offered on a subscription basis is usually called freemium—a play on the words free and premium. Often, the profit margin for the free version is very low, or even negative, and it is expected that it is the subscription fees that will generate enough revenues to make the service profitable. The logic behind a freemium service model is that users shall be willing to use the service for free and that they while using the service gradually will make behavioral and emotional investments in the service that will increase the costs and efforts to switch to another service. According to Wikipedia.

The goal is to make as many of the users of the free version to convert to the subscription version. In order to achieve that goal, the free version has to have a number of increasingly annoying features (such as advertising) or lack a few key features (such as the ability to use the service on certain devices) that are removed/available on the premium versions of the service. According to Wikipedia.

STREAMING *Cable*

When combining streaming TV vs cable, it's imperative to deliberate both the overall cost as well as the type of content each method provides. If cost is a key aspect for you, then streaming is almost positively the better choice as it's largely much cheaper than cable subscriptions without any hidden fees or long-term commitments. However, if you want access to a wide diversity of premium channels or live international programming, then cable may be the better choice for you. Ultimately, it's up to you to decide which method works best for your needs!

To get live TV channels, you'll need to subscribe through an old-school cable TV provider or try a live TV streaming service like fuboTV, Hulu + Live TV or YouTube TV. Streaming services generally position themselves as cheaper substitutes to cable. This is somewhat true. Outside of a few "skinny bundles," most streaming packages with live channels are just as expensive as cable TV. I still consider streaming TV a cheaper alternative in the long-term, however, since price increases tend to be less stark with streaming services than they are with cable TV. The key benefits of cable TV are its higher channel count and potential bundle discounts, but more and more internet providers are beginning to do away with these discounts and the channel count for streaming TV services is still quite good. According to Wikipedia.

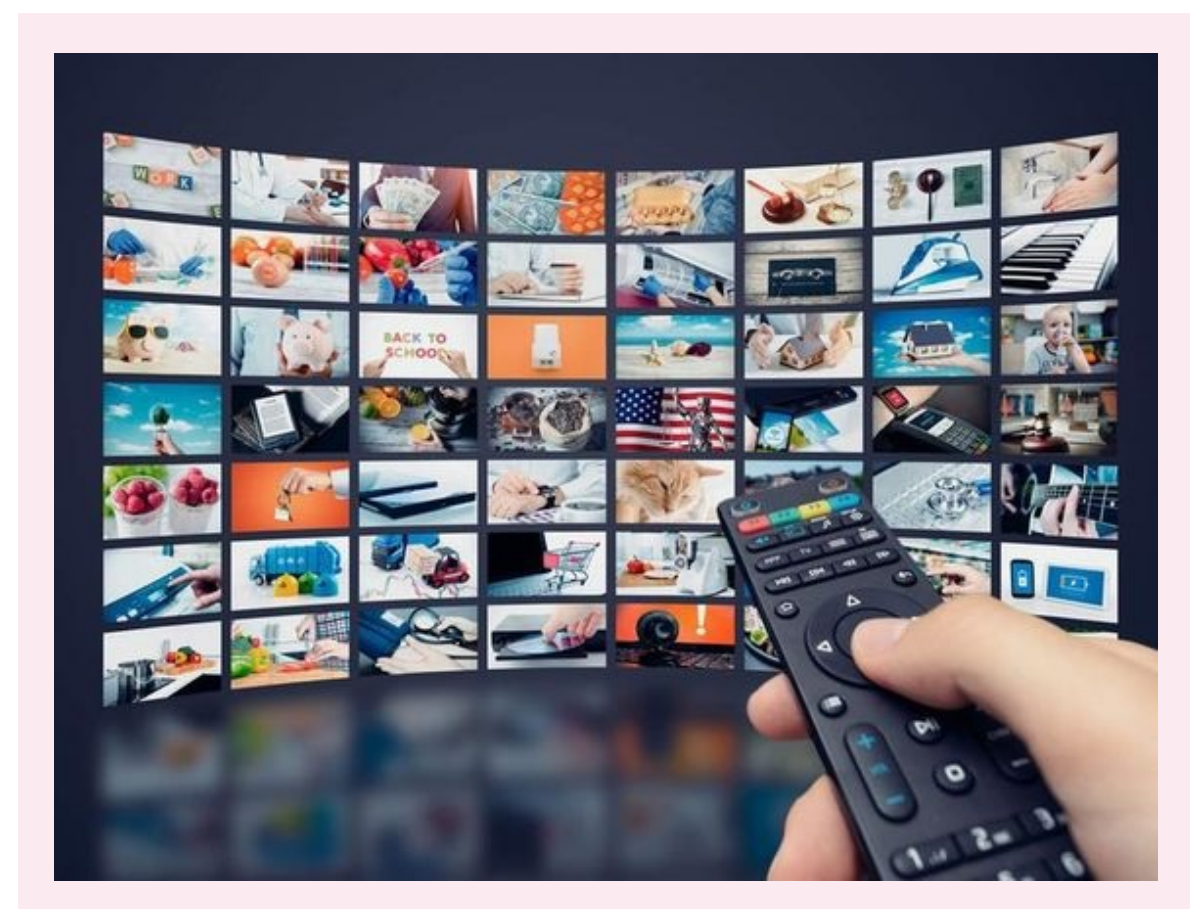


Across the board, cable TV packages offer better channel lineups than live TV streaming services. While both YouTube TV and fuboTV are absent a handful of channels in the top 25 most highly rated channels, the only ones the cable providers don't have are HBO and SHOWTIME — premium networks that can be added on for an extra fee.

DIRECTV, on the other hand, is one of the few streaming services that offers a channel lineup competitive with cable TV.

Netflix is one of the original on-demand streaming services and still remains one of the most popular, with about 240 million paid subscribers. Most services charge around \$7 to \$10 a month to view with ads, but that fee can jump significantly if you resolve to watch without ads.

While the prices shown above are for TV only, most cable providers offer hefty discounts if you bundle with internet service. That said, there are often a number of hidden costs with cable TV that streaming services don't have.



Even with the added fees associated with cable TV, you'll still end up paying more for a live TV streaming service.. Keep in mind, though, that's only for year one. Consumer Reports found that advertised rates generally go up 3-4% in year two, along with "broadcast TV fees" and "regional sports fees."

Costing about \$80 to \$120 a month, cable TV often tacks on extra fees to that monthly cost, including equipment fees, broadcast fees and more. They are enough to run a good monthly bill up by \$20 to \$30 in some cases. Bundling internet and cable can save you \$10 to \$20/mo. with most providers, but not all.

STREAMING VS CABLE CONTINUE

The variance between cable and streaming is that the monthly charge streaming services advertise is what you pay – there aren’t any hidden fees.

If you’re looking purely at the quality of channels offered, cable provides better packages than live TV streaming services. You’ll get a lot more channels in total and the choice to save by combining with an internet plan. According to WikiPedia.

Streaming also comes with various paybacks you won’t get from cable. With streaming you don’t have to pay for a cluster of channels you never watch, so you save money by not adding on the extra existing channel packages.

With DIRECTV, you’ll never have to obligate to more than a month at a time with a live TV streaming service. Most also come with abundant DVR storage and the ability to stream on a few different devices at once.

So, while streaming services might not have a robust of a channel selection as conventional TV providers, in the dispute of “is streaming better than cable tv”- I suggest you’ll have a better connection generally with streaming. Also, if you aren’t concerned in live TV, on-demand streaming services like Netflix can save you a bundle every month and still provide you with a wide variety of movies and shows to enjoy. At the end of the day, it’s you who will decide which television technique – streaming or cable – is right for you. In the end, I like streaming better than cable tv.

While Netflix plans to cut its DVD business, I will mirror on how streaming services have progressed over the last era. Ad-supported price layers, password-sharing and price climbs help push our buying choices. For me I have converted to binged streaming and have forgotten what cable or satellite TV cost today. Maybe you've been with Cable forever because you're accustomed to your bundle rate. Either way, are you getting the best value for your money? According to WikiPedia.

I have revealed that paying for internet alone is the same price as a live TV streaming service such as Hulu with Live TV or YouTube TV, which just raised its price from \$8 to \$73 a month. If you pay \$67 per month for internet and \$70 for Hulu Live TV, that's a total of \$137. Stick with the cheaper Sling TV, which has a smart amount of price which drops to \$107. You should also note that live services from Hulu and YouTube TV include unlimited DVR and don't charge extra.

In my research, I found you may be able to find a cable/internet bundle that costs between \$105 and \$125, or a cheaply priced standalone internet service. But as I have mentioned, once you add in the taxes and extra fees, live TV streaming typically comes out cheaper.

If you want to save money, watch streaming tv cheapest internet subscription you can and get a Netflix and/or Hulu subscription. So, streaming is cheaper. These facts for this story are predicted by WikiPedia.

Monthly streaming service costs compared

Service	Basic with Ads	Premium/Ad-Free
Netflix	\$7	\$15, \$20
Hulu	\$8	\$15
Disney Plus	\$8	\$11
Max	\$10	\$16, \$20

Source: <https://www.cnet.com/tech/home-entertainment/streaming-services-vs-cable-smackdown-is-one-more-affordable/>

Monthly cable cost in 6 sample US cities

City	Internet Only	Basic TV + Internet	Premium TV + Internet
Grantville, Kansas (Cox)	\$50	\$149	\$210
Atlanta, Georgia (AT&T/DirectTV)	\$70	\$162	\$270
Houston, Texas (Xfinity)	\$61	\$91	\$151
New York, New York (Fios)	\$60	\$135	\$180
Portland, ME (Spectrum)	\$76	\$122	\$195
San Francisco (Xfinity)	\$83	\$133	\$189
Average	\$67	\$132	\$199

*plus taxes and fees, rate may require automatic billing

Source: <https://www.cnet.com/tech/home-entertainment/streaming-services-vs-cable-smackdown-is-one-more-affordable/>

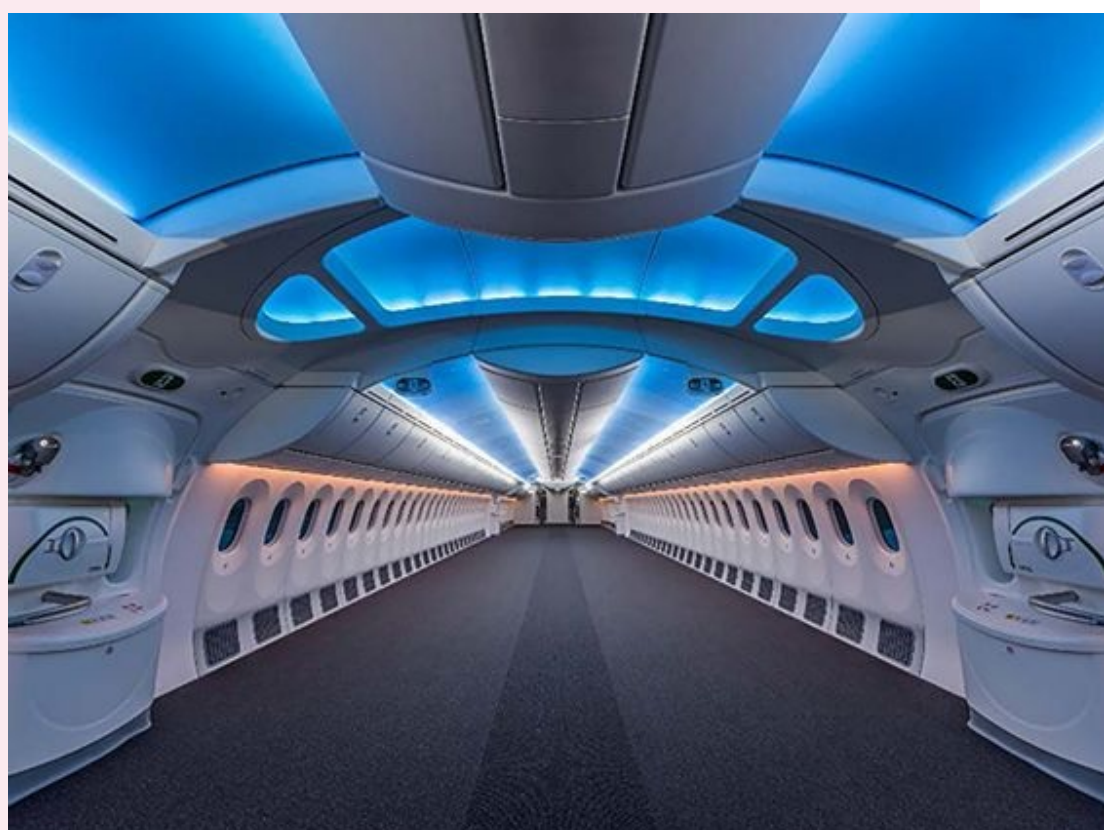
AIRLINE *Industry Future*

Aviation in 2024 is still the same as 50 years ago. Leg room shrinks every year, and tickets price rise but in 2024 it's all about selling seats and that's all. It's times for a new path and giving the people what they want and have been waiting for.

Though subservient amenities continue in the air travel industry, no modification has gone into gratifying the flier, we are not getting what we pay for. The only thing you get is the choice of seats, the price will upsurge just to get amiable space, not to mention paying more for baggage allowances. It used to be where you could carry any bag, now you have to pay just to carry on a bag bigger than the size chart they have up at airports. Then there is boarding speed, food and drink options and more have withered.

Now there are extra fee placed on additional services and customer experiences. Do you get a good value or is the airline industry thinking only on profit. I think, airlines have unified more profit for little comfort for the flier, what about the person that gives them that profit. The flier. When a profit comes before pleasing the flier, they mislay the need to give the passenger a better ride in the skies.

As I look ahead, the whole process has the insight to say, the passengers better take what they can get. We have a say, we are the ones that make possible that profit, the Mercedes or Porsha.



I predict that Drem Airlines will offer a better deal for the flier that pays \$400-\$1000 for air travel. Drem Airlines will offer a whole new arena to the fliers that travel above the clouds.

I predict that all airlines will adapt to Drem Airlines way of flying. And customers will love our way of air travel. Drem Airlines will offer individual pods with a recliner chair and tv in each pod plus offer a pod under the main pod area for emergency exits. On Drem Airlines everybody lives in case of a catastrophe.

No cancellation fees, no super-long delays –sound like a dream? Well, with Drem Airlines in 2026, fling will be like taking a vacation on a cruise liner. Drem Airlines will offer Starbucks, full scale restaurant, circle seating for those that do not want to fly in a pod, and under the circle seating will be escape pods, there will be better pet travel where the pet owner will be able to have access the pet during the flight.

Air travel has a reputation for being cramped, uncomfortable, and expensive, particularly at peak times. It's also a major contributor to the greenhouse gas emissions that cause climate change. But major changes to air travel are in development by Drem Airlines,

So hopefully, in the next few decades, traveling by plane will get more affordable, more comfortable, and more environmentally friendly.

FUTURE OF THE AIRLINE INDUSTRY CONTINUE



My Design

I predict that airline travels will be more accommodating. Drem Airlines will offer circle seating for those that do not want to fly in a pod but the individual pods will be like a hotel room.

I predict that all airlines will attach to the Drem Airlines way of flying. I feel that the flier is getting ripped off when it comes to airline travel. The flier pays between \$400-\$1200 per round trip ticket to fly economy. While first class will fly \$1,200-\$2,500 just for a little more leg room and leather seats.

Overall, Drem Airlines will offer a cruise liner experience that will give the flier the money they pay for. Not only that, Drem Airlines will fly green for the climate. Drem Airlines will offer a small pool for an inflight dip, a Starbucks, full restaurant, entertainment room with full scale live band, gaming room for the video gamers and movie room for full scale movie viewing.

Well, in 2026, Drem Airlines will arrive in a big way. What will air travel look like in 2026 and beyond? Learn more about the latest trends in the aviation industry and how your flying experience will change over the next few decades by reading REALis Talk Magazine next issue.

Air travel has a reputation for being cramped, uncomfortable, and expensive, particularly at peak times and holiday travel. It's also a major contributor to the greenhouse gas emissions that cause climate change. But major changes to air travel are in development by revealing Drem Airlines in 2026, so hopefully, in the next few decades, traveling by plane will get more affordable, more comfortable, and more environmentally friendly. Or will Drem Airlines have to push the airline industry to change. Here are some of the ways the future of air travel is expected to change:

1. Futuristic cabin design. Drem Airlines are constantly looking for ways to make flying a pleasure on each flight without sacrificing the comfort of the passengers. In the future, we may see improvements such as double-decker seats that promise more space for riders.
2. Air taxis. Have you been longing to ride in a flying car that feels like it's straight from Back to the Future or the Jetsons? Aviation companies are researching ways to shift local transportation from the road to the air with electrically-powered "air taxis" for short flights.
3. In 2017, Volocopter completed their maiden flight for electrified individual air transport, and the Lilium Jet from Munich is reported to be able to fly 300km for an hour.
4. Their five-seater air taxi could start operating as early as 2025, and traveling by air taxi could be as common as traveling by subway is in major cities today. Autonomous air taxis may follow shortly after as technology continues to evolve.
5. The return of supersonic flights. United plans to buy 15 new supersonic airliners, and hopes to "return supersonic speeds to aviation" by the year 2029. Previous supersonic passenger flights ended in 2003 when British Airways and Air France retired the Concorde. The definition of supersonic flight is when an aircraft travels faster than the speed of sound, which is approximately 660mph (1,060km/h) if the plane is traveling at an altitude of 60,000ft (18,300m).

I as well will inter the industry of air travel with my design for futuristic travel. In my vision air travel will have more room to move around in, offer pods to sleep in, offer restaurants, offer a pool and offer a better kids and pet flight environment.



Escape Pod



MICHELLE OBAMA *"The Light We Carry"*

I have read that it takes one person to bring about change in someone's life, is that one person Michelle Obama. Michelle Obama believes that, that one person can greatly improve the lowest person life. In her book 'The Light We Carry', she opens a candid and sincere banter with readers, considering the questions many of us struggle with:

How do we build stable and authentic relationships?
How can we ascertain power and municipal inside our
variances?

What tools do we use to address feelings of self-doubt
or powerlessness? What do we do when it all starts to
feel like too much?

What is it like being Michelle Obama? Astonishing, yes. Easy, no. She is a great defeatist, an improver and, by her own admittance, a bit of a apprehensive person. (As a child, she almost missed her chance to be in a Christmas play, wearing a beloved red velvet dress and patent leather shoes, because she was terrified of sharing the stage with a stuffed turtle.) And let me say a bit of suddenness is not her strong spot: "I'm not a leaper or a flier, but a deliberate, rung by rung ladder climber," writes the former first lady in her book, "The Light We Carry."

So, I feel it is no surprise that Obama's path for greatness is felt all around the world, for me it is felt in her books. In my life, if I am going to have someone give me advise it would be Ms. Obama. I don't want to have an occultly poised Martha Stewart or unflappable Donald Trump. In want to follow someone like the cool and poise Michelle Obama.

I want to hear from Michelle Obama, who doesn't always like the way she looks, who felt like an outsider after becoming the ultimate insider; the one who smoothly praises the word comfortable; the crusader who has drained a lifetime being asked questions like: Am I good enough? Like me, she is the person that sweats through interviews. She admits that sometimes she does not have the answers. Through her stories, experiences and thoughts, I am motivated by her.

I hate to use the word "relatable, but the woman is relatable. In her 2018 memoir, "Becoming," she speaks about her plights of getting pregnant (and I enjoyed reading the detail about her husband feverishly driving back from a late-night vote in the Illinois Legislature to meet her ovulation window) and the quarreling and oppositions that led to couples counseling when they had young children. She has the dance moves as we saw on 'The Ellen Show.'

I look at her as inspirations for girls all over the world. Her meekness aside from being one of the best-known names in the world. A powerful African American woman that has the whole world on her every letter in words, sentences, paragraphs or even quotes. She is great. That is what I get when I speak of Michelle Obama.

***"When We Are Able To Recognize
Our Own Light, We Become
Empowered To Use It,"***

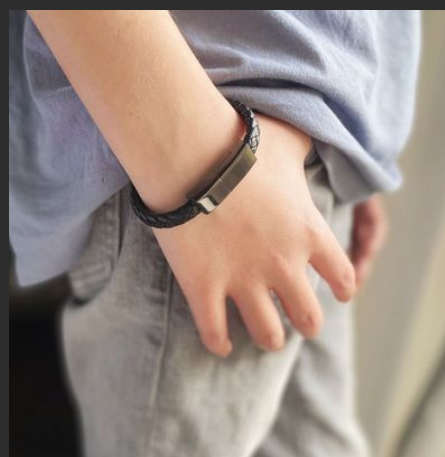
Michelle Obama

USB Publishing By PogetMag Featuring WI-JAC

The new USB Publishing by PogetMag featuring WI-JAC is the world's first interactive publication. We bring paper print to green life. With USB Publishing you get readership of your favorite print publication as well be introduced to WI-JAC. WI-JAC is the wireless unlimited power system that will send and keep your battery device powered up unlimitedly. The only way to get WI-JAC is to subscribe to USB Publishing by PogetMag featuring the book 'It Happen to Me' books 1-2-3-4-5,, to subscribe to the USB Publishing by PogetMag featuring the new REALis Talk Magazine and USB Publishing by PogetMag featuring WI-JAC.

IT'S TIME TO IMPROVE THE BOOK INDUSTRY

USB Publishing by PogetMag is a new concept for readers that will allow magazines, books, newspapers, advertisings, coupons, movies and music to be viewed on a USB device. The concept as well comes with its own player which can receive print publications wirelessly to the player. There will be no uploading or downloading needed. Carry the player as you would a book, the print publication will send new issues as completed each month to the player.



www.usbpublishingbypogetmag.com



Madam President – Will It Ever Happen

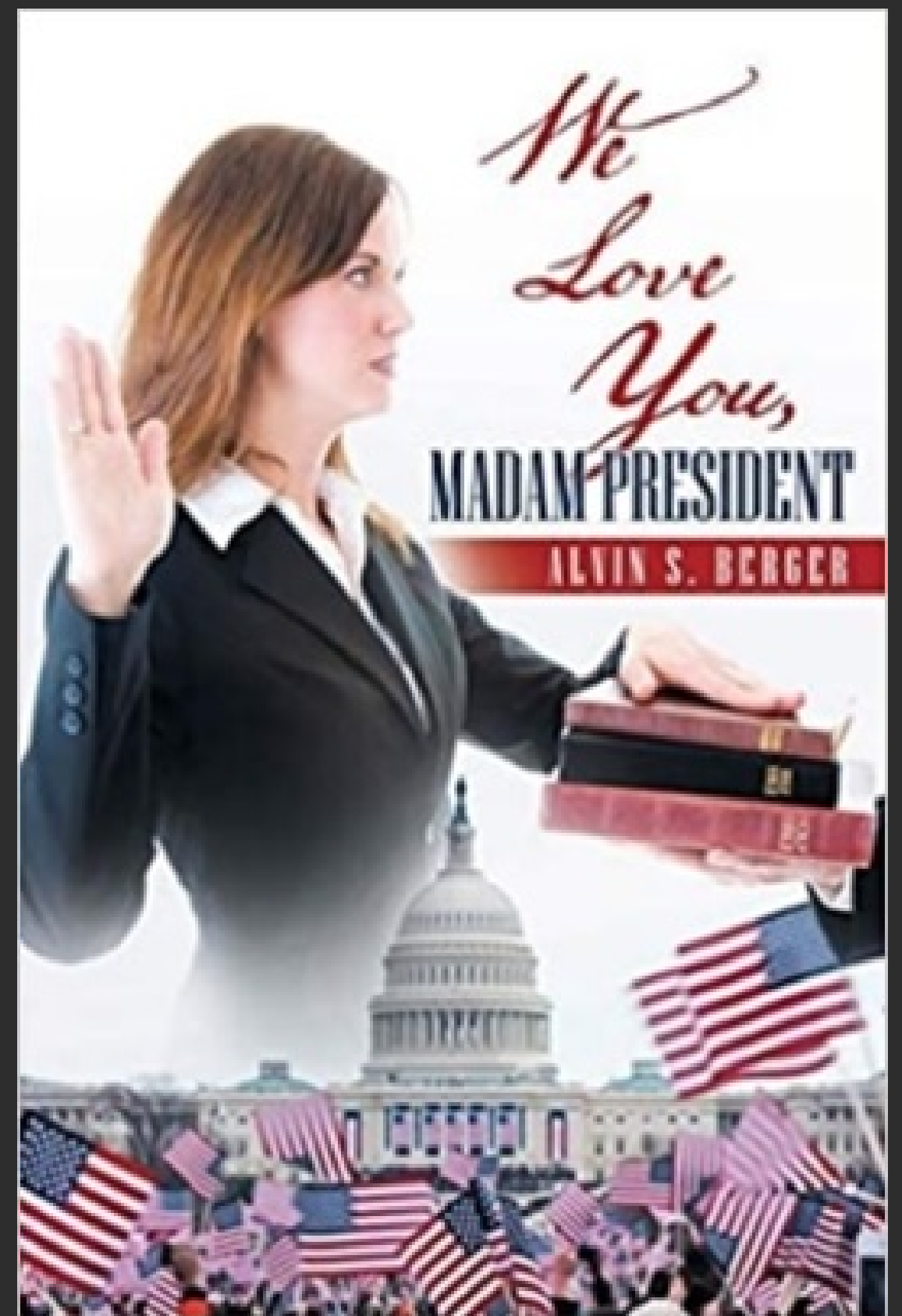
MOST PEOPLE WHO FOLLOW POLITICS spent 2016 imagining an America where Mr. President became Madam President. But the reality today looks very different. The highest glass ceiling remains firmly in place, and President Donald Trump's theatrically alpha-male leadership style has made a crack seem even more remote. I, as a Democrat, I badly want to see a woman in office, but there is no one that has a clear shot as Hillary Clinton had; after her loss, some Democrats and me are wondering if there will ever be a woman president, EVER. On the Republican side, assuming Trump seeks reelection, a woman would not get the opportunity to run with him as Vice President as Ms. Harris is. Will America ever elect a woman president? And what will it take?

I feel, Nikki Haley has a good chance to be woman president. If asked women (yes, all women) from a range of fields for their insights into why it hasn't happened—plus when, and how. I think they would side with me. It is time. And if partisan competition is the only certainty in American politics today, champions of women's leadership can happen: Democrats and Republicans each claimed their party would get the first woman into the White House.

What is the problem? Why is it hard for men to accept a woman as president. After all, a woman teach them how to eat, sit, walk, use the bathroom, talk, learn, and use the thinking process.

Clinton has certainly succeeded in making it easier for other women to run for office. When I viewed her 2008 presidential run, I made certain that she would win. "If not now, when? If not, Hillary, who?" At this time, no other woman had the political strength, the ability to raise money, the résumé or the name recognition. She was our only realistic hope.

But we're already beginning to see a shift. You'd expect women to push all men into electing a woman president. According to a recent Pew survey, 58 percent of women are paying closer attention to politics since the 2016 election, compared with 46 percent of men.



Wikipedia insight has it that when America elects a woman president, she'll be a broadminded Democrat like me. But are Republicans healthier mind wise to elect a woman first, and I believe it will be soon.

For now, the Republicans probable female candidates for president is young and dynamic. In former President Donald Trump's Cabinet, there is U.S. ambassador to the United Nations Nikki Haley, whose smarts and toughness is what we need and are supported up by a record of policymaking guidance in South Carolina. There are also more Republican than Democratic female governors; Iowa's Kim Reynolds and New Mexico's Susanna Martinez are well situated for national office.

To me, another strong point: Female Democrat politicians tend to view women voters as a monumental cluster that always have an agenda. Democrat women in politics look a lot like women across America (look at Hillary Clinton)—problem-solvers who are willing to listen—and they already are showing how this can win over voters. The 2024 election could be the year of a woman president—a Republican woman president



Movie Theaters Today

I have notice movie theaters practically empty. Where are the theatergoers of 2024— or is it that there are no good movies to pull attention away from streaming. Theaters took a beating during the pandemic, if I was AMC, I would have offered special deals for at home viewing of the movies that was coming out during the pandemic. Temporarily, several iconic venues — were forced to close down. And even when theaters got back into the swing after covid, some moviegoers were hesitant to take a trip to the theaters.

After the pandemic theaters failed to connect with theatrical audiences again— streaming services was a better connection then the likes of AMC theaters. For film fans, "Will movie theaters return to the norm pre covid?" will the norm movie going crowd return?

Technological enhancements in watching movies on YouTube, tablets and smartphones is very convenient, but movie theaters provide better audio and visual quality. Not to mention the new reclining seating that make you feel as if you are at home in theaters works for me.

How do we bring back the in theaters crowds or the act of going to the movie's theaters again:

Social experiences: Theaters need to do more interactive elements such as seat vibrations and floor interaction that will make seeing a kick ass movie even more kick ass with surround sound. From couples on dates to friends looking for a group activity, movie theaters and the rumble of boom speakers just gives the movie a WOW experiences.

Exclusivity: Even with the increasing popularity of streaming services, filmmakers making the moviegoers feel special is the way to go. Things like free ticket giveaways, free snacks, buy one ticket get the second one free kind of deals is the way to go. Nonetheless of your theater's precise demographic, knowing what makes movie theaters exceptional and alluring to individuals again can help to bring the moviegoers back to theaters. Learning customer motivations can help you accomplish several goals. The movie industry will grow with new technology and customer subjectivities,

However, streaming is my number one choice and some movie goers feel as I do. The streaming universe has altered our moviegoing absorption. I'll wait to watch it at home is the thought of a lot of moviegoers— especially when it comes to money saving, like Netflix which are becoming popular and is pushing out the big-budget franchise films providers like AMC. Low-budget films that might have once traveled the Paramount path are instead finding acceptance on mega-streamers (Netflix, Apple TV+, Amazon and Hulu exclusives).

So, until the movie industry change their offering plate streaming will take over and very much be a thing in 2026, the kinds of films we see together is likely going to change — and that the abyss between multiplex-conquering IP films and streaming-friendly independent producer is only going to widen. "Streaming is the way of the future, but it won't kill theatrical. In fact, I think moviegoing will become more emetized, where it's like going to the theme park or a concert," can movie theaters survive? The future of movie theaters is still up in the air. Until someone like me totally revamp the movie theaters. Remember I said that.

OLD BOOKS - NEW MEDIA

In my opinion, print books are slowly dying out, but most best-sellers are still printed. To me I feel readers will become fans of the USB Publishing concept and the user-friendly of the whole concept. A few publishers are going for multi-media formats - eBooks and Audiobooks along with printed versions. Are paper printed books being weeded out totally?

My researched answer is: Yes, but slowly. My thought is that there are some worthy wiles to mark for the future of printed books. All agree that the slow growth of eBooks will take over. I feel USB Publishing will be able to compete with eBooks– right now, only 30 percent of Americans read eBooks regularly. In my research, the sales figures from 2021 would contend that paper books are still quite popular. With 825.7 million books sold in 2021, there is a slight increase in sales compared to 2020 when 757.9 million books were sold. According to Wikipedia.

INCREASES FOCUS

The upsurge in accessible content is doing what the television did for radio back in the sixties. "Video killed the radio" people became accustom to the ease of watching a program than listening to the same program. I grow up on listening to the radio programs then came television which offered moving images to where radio you had to picture what the moving images would be. The popularity increases of television programs slowly moved the focus from radio to TV, leaving many radio stations with no options but to shut down. Reality is changing and there is nothing no one can do about it but ride along, the people – sociality has spoken.

I beg the differ, at least to a certain extent, the same trend as the TV vs radio discussion from the sixties, reading has come with a series of major transformations. I feel USB Publishing will bring a much better user-friendliness as well as consolation to the reader.

So, I learned through my study that the answer is yes. Books are still significantly prevalent, even though both the number of books printed per year and the book sales are on a slightly downward pattern. At the same time and on the same note, USB Publishing will introduce a whole new comfort and convenience to the reader, mostly because of the affordability to print and publish a book will be three times easier than traditional paper printing, not to mention the effortlessness of carrying the USB Publishing publication will become very popular. USB Publishing will become the new way to readership whether it be book, magazine or advertisings.



Today A Reader, Tomorrow A Leader

- Margaret Fuller

"Either Write Something Worth Reading Or Do Something Worth Writing."

- Benjamin Franklin

OLD BOOKS - NEW MEDIA

E-books are still no match to paperback, with only 7% of the US readers claiming to read exclusively e-books and 28% saying they read both. The convenience of the digital format is making e-Book sales grow slowly and constantly one year after another. USB Publishing provides a wireless power way to read its publications, while eBooks will use up the power on the phone, that is the main reason why readers do not use eBooks. At the same time, the one thing we always keep hearing is that people don't read anymore. YouTube has taken over essentially reading. Whether that is effectively true or not is not something we can answer with any diversity of belief, but what we can do (and essentially did) is to find out why people don't read anymore or at least not as much as they used to.

The lack of power wirelessly to charge the cellphone is the problem for eBooks readers, USB Publishing has solved this problem. So, USB Publishing is very different than eBooks. the reality is - completely different. The fact is, we don't have to go to a store to shop for food and we eradicated tens of diseases that would have killed us, but we have to face completely different antagonists nowadays. To be more precise, a 2019 study found that the average American only has four hours and 26 minutes of free time per week.

That is one of the reasons why people read less nowadays or even stopped reading altogether, the meek, brutal, cold fact that they don't have enough time, which makes cell phones popular during transit. As usual though, modern problems have modern solutions. USB Publishing will increase use of on phone reading by providing unlimited wireless power to the reader. Wi-Jac will be the solution for wireless unlimited power to cell phones.

Simply pass a Wi-Jac base unit and wireless power the cell phone. Read USB Publishing publications without fear of not enough of power on the cell phone. This option will be only provided to USB Publishing subscribers.



*“Not All Readers Are Leaders,
But All Leaders Are Readers.”*

- Harry Truman



Distractions

Another reason people have changed their reading habits is to place blame on YouTube or Tik Tok endless entertaining videos and self-help videos, which in the end has the effect of completely turning us off from reading altogether. The problem with YouTube is that the videos are so hypnotizing and people post unusual videos that it is addictive. Our phones ding every couple of minutes, with the average American getting 46 notifications every single day. That is almost 2 notifications per hour, but we all know that they are mostly concentrated during the hours when the person is awake, so the reality is that we all get a lot more notifications per hour than we actually realize. That means that a one hour long reading session would get interrupted more than twice, on average with a YouTube or Tik Tok video. Still, the cell phones use up power to watch these videos.

Different other forms of entertainment are more engaging

Why don't people read anymore? It could easily also have something to do with the other forms of entertainment that are presently at our disposal. Our brains have much stouter natural reactions when they are inundated by colorful images, and perfectly engineered social media apps designed to keep us engaged and addicted with immediate fulfilment. But still, you need unlimited power to do these things on a cell phone or at home personal computers. That is where USB Publishing comes into play featuring Wi-Jac unlimited power system.

USB Publications will come with the power to unlimited power to battery operated devices. This is how you switch from book to YouTube and social apps. You give the reader a better and new toy.

WEAR A BOOK - IT WILL NEVER GET LOST

We sometimes think we are reading, but are we really?

Online YouTubing and Tik Tok viewing my count to some people as reading – visual reading “yeah, I did quite a lot of visual reading today”. But did we? Well, in the technical sense, yes, we did. It’s not like reading articles, blog posts, emails, and countless Wikipedia pages. We may be a lot more informed than we were in the morning when we started, but it doesn’t really mean that we did any actual reading.

By visual reading you watch a self-help video or advise video for countless of hours. And yes, you learn something different like in books. In visual reading you don’t have to carry bulky books or turn pages of a book. All you do is open the video and press play. Still, there is the problem of power use.

Is there a difference between actually reading letters forming sentences in a paper print book and looking at a video with verbal intelligence of that same word book topic? Studies have shown that life expectancy has intensification caused by reading can differ significantly for those reading fiction compared to those reading newspapers and magazines. Online reading was not included in the study according to WikiPedia. I believe that visual image video reading is the new form of text book letter-sentence reading.

So, visual image reading is watching a video on a cell phone, computer and now YouTube on tv is very much the same as reading a letter-word-sentence-paragraph in a paper print book. Actually, you learn more watching a visual image then reading words on a page in a paper print book imagining the image you are reading. You get to visually see the object in a video than having to use imagination of the object in a book.

The best way to start reading more is to start using a reading app, Yes, that is right. You still have to visually read the topic. So, is there a difference between visual reading and word book reading the same topic? The logic is shatterproof: modern problems require modern solutions. In my opinion, visual video reading a topic gives you more of a learning then visual reading words-letters that form sentences in a paper print book. Again, you do not have to imagine what you are reading in a paper print book if you are watching it in a video.

Final thoughts

So, do people still read books? Yes, yes, they do. Are people reading less? Sadly, again, the answer is yes. But all is not lost.

With the help of USB Publishing your reading can increase because you do not have to deal with the problem of power use, we might still have a chance to get back to the good old times when reading was the main source of entertainment.

USB Publishing by PogetMag can offer a reader a new way to readership. Introducing a new way to read a book or magazine can greatly increase the subscription of the print publications. To wear your publication can be aa perfect way to change the print industry for the future. Even more, to offer a chance to have unlimited power so you can read publications will be even a more positive level then pulling out a paper publication for readership. If another pandemic happens ever again, USB Publishing by PogetMag will be the way to go for employment and for actually printing the publication.

The effects of the pandemic has declined print publications. However, there are still many people who prefer to consumer information through physical print and the industry is far from going extinct. Print media is a very lucrative business, with total ad spending in the United States passing over \$60 billion in the year 2021.



*“Books Are The
Mirrors Of
The Soul.”*

- Virginia Woolf

SMELL - O - VISION COMING SOON

Hans E. Laube introduced his Smellovision (later rebranded Smell-O-Vision) at the 1939 New York World's Fair. His invention used a system of pipes attached to a circular mechanism carrying vials of odorous liquid according to Wikipedia.

Smell-O-Vision was a system that unconfined odor during the projection of a film so that the viewer could "smell" what was happening in the movie. The method was created by Hans Laube and made its only presence in the 1960 film *Scent of Mystery*, produced by Mike Todd Jr., son of film producer Mike Todd.

Smell-O-Vision is a system that can work in 2024 by simply improving it to fit 2024 technology. The concept can be upgraded to not only use it in theaters but make use of it at home during cooking shows and food commercials. A simple release of scent when the person speaks of that item is very simple to do and make a reality. Viki Bailey image of smell-o-vision can be made possible to all cooking shows and home commercials like McDonalds or Applebee's new entrée. As the commercial speak of the meal, a scent of what that meal smells like can be released into the air causing the person watching to want that meal and go out or order in to get it. Hence, profits for the food industry commercials.

OLD IDEA - NEW ORDER

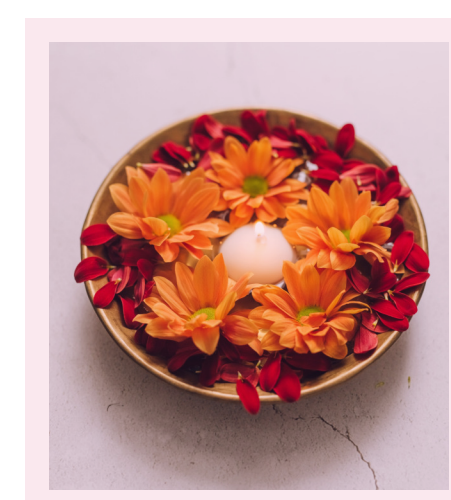
Roughly similar concepts of incorporating odor involvements into entertainment performances have dated back to at least 1868 for live theatre, with the first usage for film being in 1906, and other similar approaches were used in the same era, such as General Electric's "Smell-O-Rama" of 1953 and the competitive system called "AromaRama" in 1959. Various similar concepts have also been used since then, such as John Waters's "Odorama" enhanced version of his film *Polyester* in 1982 according to Wikipedia.

In 1868, a novel effect was used at the Alhambra Theatre of Variety in London when Rimmel scent was sprayed into the theatre during the Magic Dance of The Fairy Acorn Tree. The use of scents in combination with film dates back to 1906, before the institution of sound. In this first occurrence, a 1958 issue of *Film Daily* claims that Samuel Roxy Rothafel of the Family Theatre in Forest City, Pennsylvania, placed a wad of cotton wool that had been soaked in rose oil in front of an electric fan during a newsreel about the Rose Bowl Game.

However, the technology can be very useful here in 2024. The use of smell-o-vision in homes across the world, in restaurants at tables such as McDonalds, in the car driving and the likes can be done to stimulate a taste for that food just by smelling it in the air. The concept can be very useful while watching television cooking shows where you always want to smell what the chef was cooking as well recite "That looks good."

Viki Bailey has the technology to make smell-o-vision possible and is a very simple solution. The simple placement of a device connected to the television with the added word sensitivity will allow the viewer to smell what they are viewing on the television cooking show or commercials.

Olorama Technology's specialized scent generators allow smells to be effectively presented. What our conceptual fathers (Laube and Todd) started, 2024 have successfully implemented the scratch-and-sniff version of Smell-o-Vision, as experts considered it to be "foolproof" (of course, how could a cardboard card fail!). In fact, MTV distributed "scratch and sniff" cards through various shops. In 1981 *Polyester* was released with this system, and more recently in 2003 the animated movie "Rugrats Go Wild" was aired to use these cards. More recently, in an era dominated by mobile phones and their accessories, the old Smell-o-vision was imitated by Digiscents, which advertised a personal smell synthesizer. It was then the only one to promise to market a device that could emit smells via the World Wide Web. According to my fav research spot Wikipedia.



SMELL - O - VISION COMING SOON

Laube's technique, which he initially dubbed "Scentovision", was introduced during the 1939 New York World's Fair. The system connected pipes to individual seats in theaters, so that the timing and amount could be carefully controlled by the projectionist using a control board. The New York Times reported in 1943 that Scentovision "is said to have produced odors as quickly and easily as the soundtrack of a film produces sound", but Laube, a Swiss national, returned to Europe in 1946, unable to interest any film or television studios in his invention. Further attempts with releasing scents timed to key points in a film happened at the Vogue Theatre in Detroit, Michigan in 1940 with Boom Town and The Sea Hawk. General Electric developed a system in 1953 that they called Smell-O-Rama.

In 1955, Laube, with financing from the Stanley Warner Corporation, set up a working model of his system at the Cinerama-Warner Theatre in New York to show a ten-minute pilot film. In November 1957, the system, owned by Laube and Bert S. Good, was patented in the United States. In September 1958, an announcement was made about a film called Screen Scent No. 1 to be filmed in March 1959 using a fragrance process called "Weiss-Rhodia Screen-Scent" to be produced by a company headed by Charles H. Weiss, a public relations executive. The film was described as a "kaleidoscope of comedy, drama and travelogue".

The process had been developed over two years by Rhodia, Inc., a subsidiary of Rhône-Poulenc. Semi-recently, I wrote an article about Smell-o-Vision in books and magazine. I used my CAA system of design and created a 2024 technology of Smell-o-Vision. No longer a novelty, it's real, and is very simply to bring to life here in 2024.

OVR Technology — which stands for Olfactory Virtual Reality Technology — knows how important scent is to a truly immersive VR experience and has developed a complimentary device that goes over the nose. The OVR Technology device, called the ION, adds on too many types of VR headsets. The ION is a lightweight, wireless device that precisely emits scent particles to the user in coordination with virtual reality technology designed to deepen the immersive experience. I think removing the scent by machine press can bring the technology to life. I feel that if you use the scent by key word is a better version of the technology. We will see if Viki Bailey's patent version of Smell-o-Vision improves the technology in 2026.

Viki Bailey, yes, has her version of Smell – O - Vision. It does not involve any wear of headsets nor does it spray out a sent in a room to have people think it comes from the screen they are looking at. Smell-o-Vision of Viki's is much more simple to the design industry. It requires one base unit and aerosol sprays. If I was to describe it to you, you would say "That is it, that's all you need to make it work!" One little base unit with aerosol sprays is all you will need in my version of Smell-o-Vision.



*"Smell-O- Vision Is Basically
A Way To Watch A Movie And
Sort Of Live It At The Same
Time,"*

- McClung Explained.



Copycat School Shooting

School Shooters still get massive attention: their names, photos, impetuses, and stories is what triggers the marter to outdo the first. The American Psychological Association points out that this “fame” is something that many mass shooters desire. This sometimes stimulates a copycat shooting, where the budding shooter characteristically tries to kill more people than their predecessor. Unfortunately, police are becoming experts in dealing with this issue.

The occurrence of mass shootings in the U.S. has amplified significantly in the past two decades. Before 1999, there was about one mass shooting every six months. As of 2019, there was a mass shooting almost every six weeks. These statistics demarcated a mass shooting as an event where four people are killed, not including the shooter, in a public place or large private gatherings. The Gun Violence Archive defines a mass shooting as an event where four or more are shot or killed (not including the shooter). They report that there have been approximately 250 mass shootings in the first six months of 2022 alone. While the exact definition of a “mass shooting” varies, both types of definitions are useful. Keep in mind that survivors of mass shootings can be seriously harmed, and even those who were not physically injured can be psychologically traumatized.



SOCIAL MEDIA SPREADS THE NEWS EVEN FASTER !



School shootings are usually stated inversely: a firearm is discharged, a person other than the suspect has a bullet wound, the shooting takes place during school hours or a school-sponsored event, and it occurs on school property (which can include school buses). The number of people who are shot or killed is not part of that definition. From 2000 to 2015, there has been an average of one school shooting every 31.6 days. In 2022, however, there has been an average of one school shooting (accidental or intentional) every week. According to my fav WikiPedia.

Each of these school shootings was widely reported through mass media and social media, and often focus on the shooter and the shooter’s motivations. However, police and school staff are training to deal with future marter shooters that want the fame of the event not the actual act.



"The American Psychological Association Recommends That Mass Media Deny Shooters The Fame They Desire By Not Sharing So Many Details About Them And Instead Direct Their Attention To The Victims And Their Stories"



WHAT ARE THE BENEFITS OF A SCHOOL SHOOTING - MEDIA FAME

The more the news media gives praise to the shooter, the copycats will also continue to get the fame of the act. Dr. Adam Lankford of the University of Alabama has conducted several key studies of the media coverage of mass shootings and the stimuluses of the shooters. For example, he found that between 2010 and 2017, some mass shooters got more media attention in the month following the attack than the most famous celebrities, such as Donald Trump.

After the incident, the shooters continually got more attention than professional athletes and only slightly less than film and TV stars. Other researchers have found that the more people who are killed in mass shootings, the more media coverage of the shooters and the event, in terms of front-page coverage, photos and information about the shooters, size of the photos of the shooters, and number and length of the articles about the shootings.

Lankford also studied 24 mass shooters who openly admitted they wanted fame or contacted the media directly to get it. Studies of mass shooters that are based on available documentation and interviews found that many had narcissistic personalities that crave fame and attention; narcissistic personality disorder is often not considered a mental illness. According to my fav WikiPedia.

How do we stop these crazy acts against innocent people just to make news coverage?

Of course, media attention is just one issue that supplies the act of a mass shooter. Since copycat shooters are often aiming to kill even more people than previous shooters, reducing their access to guns and especially to automatic weapons is especially important. I am an antigun person; I feel that if there was a way to rid the world of guns is a defiant way to end copycats school shooters or any mass shooter.

School shootings are tragic events with the ability to traumatize communities. I feel any type of shooting is bad. We must find a way to rid the world of guns and replace them with like lacer pointers with a less effect and less harm then tasers. I think if more talk of alternative guns was carried out than on what Donald Trump does and say is the issue.

An estimated 4.6 million American children live in a home where at least one gun is kept loaded and unlocked. These improperly stored weapons have contributed to school shootings, suicides and the deaths of family members, including infants and toddlers. Something must be done to put a cap on this issue and problem, not tomorrow – now.

CONTINUED FROM 2222

OUT
NOW

It Happen To Me

By Viki Bailey

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Are smart watches in our future?



Can you remember when a watch was just a watch with no extra duties. Watches have evolved from simple timepieces to multitasking devices that assist us in our daily lives. What is the next level to smartwatches, it makes you wonder how it would be in the next technology level of smartwatches. As a result, we'll investigate further to discover if this device could get any better.

WHAT ARE THE BENEFITS OF SMART WATCHES FOR NURSES?



In the future, these devices will become more powerful, compact and economical and help track biometrics in real-time. Soon, we can expect smartwatches to not only accompany smartphones but also to become one with them, eliminating the need for dual devices.

Welcome to a new world where anything you wear can become a utility item. In this regard, we have seen some innovative products across the markets in areas like health, entertainment, gaming and fitness. Especially in the world of fashion, items like watches, bracelets and rings are now designed to track health as well as enable other benefits.

Wearable technology embodies any kind of microelectronic device that is aimed to perform a purposefulness on a user's body. Such technology can be integrated into smart rings, glasses, clothing, earphones, medical wearables, smart helmets and biosensors.

PH

PARIS HILTON - REUM



The 42-year-old reality star posted four black-and-white snaps of her and her son, named Phoenix Barron Hilton Reum, on her Instagram on April 3. In the first photo, she wears a black dress while she holds a clothesless Phoenix in her arms.

"My whole heart," the new mom captioned her photos — taken by photographer Dennis Gocer — adding a heart-eyes and blue heart emoji. "#MommyMonday."

"If all goes well, by the time you read this, Carter and I will have a baby boy," Hilton speak. "We plan to name him Phoenix, a name that I decided on years ago when I was searching cities, countries and states on a map looking for something to go with Paris and London."



"So Carter and I literally made a pact together that we would not tell anyone." Hilton, who also has a book coming out called "Paris: The Memoir," read aloud from part of it, where she explains why the couple chose the name for the baby - Phoenix.

She continued: "More important, it's the bird that flames out and then rises from the ashes to fly again. I want my son to grow up knowing that disaster and triumph go around and come around throughout our lives and that this should give us great hope for the future."

The following photos are of Hilton in a white sweater, as she cradles her little one in her arms and nuzzles against him. Hilton and husband Carter Reum secretly welcomed their first child with the help of a surrogate in January.

A platinum blonde heiress with a mega successful reality show. A mainstay of tabloid gossip, thanks to an ever-present throng of paparazzi and a leaked sex tape. A flawless party girl who leverage her stardom to launch a career in modeling and music. An early-aughts emblem of femininity and excess, whose breathy baby voice still conjures memories of the catchphrase, "That's hot."

PARIS HILTON - REUM

Now, Hilton, 42, is ready to connect her voice in a new way after spending years living as what she describes as a manufactured caricature — in part, to safeguard herself.

"I just feel for so long I've been misunderstood and underestimated," Hilton told NPR. "And I feel that the past over two decades in this industry, my story has been told by other people. And I was just ready to get real and tell my truth."

Much of that truth involves unpacking the trauma of some of her teenage experiences in her book, *Paris: The Memoir*, which was published in 2004. In it, Hilton points at an unfitting connection with a teacher when she was underage; sexual assault; and abuse she speaks of in her book as a "troubled teen."

Hilton said her maddened parents, Rick and Kathy Hilton, decided to send her to these demanding domiciliary schools after she spent years slinking out of her home at the Waldorf Astoria hotel in New York to go to clubs, and she wrote she was kicked out of several elite schools.

Hilton also speaks of memories of her puberty years and tales that set her on a path that the ethnicity would disdain as being "famous for being famous." There are stories of teen frolics with her sister, Nicky, as well as an attempt to sneak a young Khloe Kardashian into a bar by dressing her in a long wig and floppy black hat. There are reflections on how an adult ADHD diagnosis changed her life for the better.

"I've been doing this so long, even before there was a name for it," Hilton speaks. "And it's just amazing to see that something that I started so long ago has now become like a full fledged career and started this whole new genre of celebrity."

Hilton said that while it's been "very scary and really hard" to publicly reveal her trauma, writing her memoir has also lifted a weight.

"I just know that there are so many girls, boys, women, men who have been through the same thing as me. And they hold on to a shame. And that shame should not be on us. It should be on the people that hurt us," she speaks.

Hilton also writes about that pop culture omnipresence aiding as a way to cope with her experience in the so-called troubled teen industry. In the book, Hilton explains being dragged out of her bed in the middle of the night by two men and being hovered across the country to attend a "therapeutic" school run by the now-defunct CEDU Educational Services. There, she was subjected to an aggressive cavity search, she writes. She was initially not allowed to wear shoes – and was told they were a privilege she had to earn. Students were required to partake in what Hilton called "raps," a nightly procedural where they were required to offend and degrade one another for hours.

"I know that wasn't my family's fault. They were lied to and manipulated," Hilton speaks. "My parents had no idea. When I was there they would always be monitoring every phone call and if I tried to say anything, [the school] would immediately hang up the phone ... and take away my phone privileges, and then just tell my parents, 'Oh, she's lying. She just wants to leave. She's being manipulative.'"

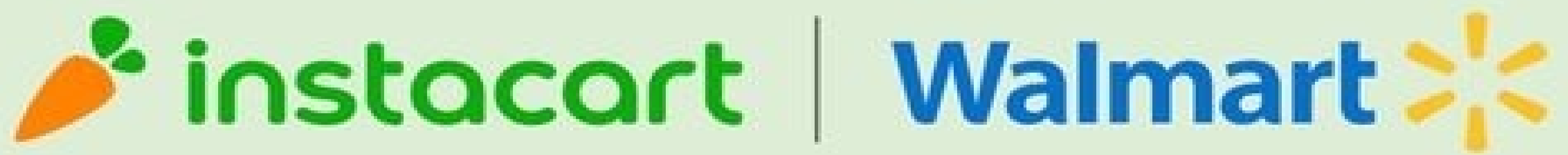
At times, portions of the memoir was painful for me to read as Hilton describes several attempts to escape CEDU facilities, and later, Provo Canyon School, where she writes about spending hours in solitary confinement, often without clothing, and being provided with pills that made her feel like "my head was disconnected from my body."

Hilton first revealed her experiences to film director Alexandra Dean in the 2020 documentary, *This is Paris*. It was a conversation that she says she never planned to have.

Paris Hilton story is an encouragement to any kid that is and has gone through what she has experienced and has gone through. Her book was an inspiration to me and help me get through a situation of adult bullying I have been through in my life. Yet, we both - Paris Hilton and Viki Bailey place our heads up high and move on to the next chapter in our lives.

"I think it's so important for people to come out and be vulnerable and tell their stories, because life isn't perfect," Hilton speaks. "And it's important for others to know that they're not alone and that we all go through the same thing."

Most people don't know about her. Things like her full name Paris Whitney Hilton (born February 17, 1981) is an American media personality, businesswoman, socialite, model, actress, singer and DJ. Born in New York City.



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ERNA SCHNEIDER HOOVER (1926-PRESENT)

Before Erna Schneider Hoover invented the telephone call traffic, the phone circuit equipment at the Bell Labs, where Hoover was working as a researcher

Esther Sans Takeuchi (1953-present)

Some people require pacemakers to ensure that their heart continues to beat. The only problem is that these pacemakers tend to run out of their charge fast. It leaves the user no choice but to undergo another major operation to replace the pacemaker's battery. Thankfully modern pacemakers received an update based on the design of Esther Sans Takeuchi.

Evelyn Berezin (1925 – 2018)

Evelyn Berezin not only developed the first-ever computerized system for airline booking but was also the one responsible for creating the first word processor in the world in 1971

Florence Parpart (18000s)

The street sweeper design of Florence Parpart in 1900 was not necessarily the first. However, it was such a significant improvement on past models that two years after she received the patent for it, Parpart had contracts from different parts of the United States to produce her design. Aside from the street sweeper, Parpart also patented the electric refrigerator when most people were still using iceboxes. She also successfully marketed this electric refrigerator and improved it over the years.



FLOSSIE WONG-STAAAL (1946-2020)

Flossie Wong-Staal was the first person to clone HIV and proved that HIV is the leading cause of AIDS. Wong-Staal also finished the virus' genetic mapping, which led to the possibility of developing the blood tests for HIV.

Gertrude Belle Elion (1918-1999)

During Gertrude Belle Elion's long career as a pharmacologist, she helped develop numerous drugs to help treat cancer, malaria, herpes, and AIDS.

Hedy Lamarr (1914-2000)

Many of you are probably familiar with Hedy Lamarr, one of the most glamorous and famous stars during the era of black and white films. But did you know that she was also among the brilliant minds who were responsible for the breakthrough invention that served as the foundation for Bluetooth, GPS, and even Wi-Fi technology?

Helen Blanchard (1840-1922)

Helen Blanchard was not only a productive inventor but also a successful entrepreneur who founded the Blanchard Overseam Machine Company around 1876 to manufacture her proprietary sewing machines as well as other related devices.

Jeanne L. Crews (1940-present)

During an era when NASA was almost devoid of female scientists, Jeanne L. Crews, an American engineer, made a substantial contribution. She designed a space bumper to protect a manned craft and satellites from meteorites and space debris.

Jocelyn Bell Burnell (1943-present)

Jocelyn Bell Burnell was responsible for discovering radio pulsars in 1967 as a post-graduate. Radio pulsars are highly magnetized neutron stars that produce an electromagnetic radiation beam that effectively pulse the light they give off at the Earth while spinning.

Viki Bailey (2004-2023)

Viki Bailey is strying to break the ceiling with her inventions such as Vize the video game, Smell-My - Cook, Studeo V rehearsal hall, WI-JAC. USB Publishing by PogetMag, Cobrella, Hovorit, RollerPac, Air Phone, and many more.



JANET DAMITA JO JACKSON

Janet Jackson writes about love, loss, and owning it as a woman alone and my fav collection of tunes “Velvet Rope”. In her 1989 album “Rhythm Nation” she addressed multiple societal issues such as poverty, racism, and crime. In her song ‘Together Again,’ Jackson addressed HIV/AIDS, and the track was dedicated to those who had lost their lives to the illness.

One of the things we absolutely admire about Janet Jackson is her ability to speak out about her own issues. She has talked about her struggle with low self-esteem, among other things, to help those who are also dealing with the same insecurities.

Janet Damita Jo Jackson was born on May 16, 1966 to parents, Katherine and Joe Jackson in Gary, Indiana. Janet is the youngest of ten children. After Janet was born, her brothers formed a band called The Jackson 5. Jackson lived at home with her sisters as her brothers and father lived a glamorous life in Hollywood, as per Imdb.

Janet has a son by her ex-husband and named the baby Eissa Al Mana. Like me, Janet is a very patient, shy, quiet and tolerant person. Like Janet, we share the same mother name Catherine (Janet mom is Katherine), we share being shy but can come outside the box to perform and we share being raised as Jehovah Witness. My step brothers and sister were born in May. Two born on the same day May 16 but different years and one born on May 3. In my connection to Janet, we both have been through very trying times and yet rise to the occasion to fight back.

Jackson tenets family above all else, so when the world turned their backs on Michael Jackson, she stuck by his side. After his death, she became even more involved in his family and has been an incredible aunt and mentor since! Jackson has adored phantastic triumphs during her career, and even after 11 studio albums and innumerable film and T.V. roles, she shows no signs of stopping. Journey with us through the life of this world-renowned artist Janet Jackson.

Her brother, Randy Jackson, revealed the alleged “abuse” Janet dealt with while married to the Qatari billionaire businessman. He touched on the “verbal abuse and being [made to feel like] a prisoner in her own home. According to WikiPedia.

JANET JACKSON CONTINUE

Janet Jackson is in my book 'It Happen to Me' as a person to come forth to stand by a woman under distress. Although she was hypnotized by the Pied Piper tunes in the beginning but then was a lot of people I grew to name as little minions. She dehypnotized herself to come to see and hear that the tune did not sound right any longer.

One of the things I absolutely admire about Janet Jackson is her ability to speak out in her tunes. My fav tune 'What about' bring attention to abuse and how the female is known as the problem and not the male, not to mention thinking issues like abuse through before deciding to marry such a person. 'You say you love me but what about....'

"Sometimes things happen that you don't expect to happen, and you have to figure things out - or you're in a space in your life when you have to take a step back and take a break for a minute. Even though it's something that I absolutely love, it still is my work, my job.' Janet speakes on WikiPedia.

I have had connections with Janet Jackson in Atlanta GA in 2004. The connection was not as I wanted but we both have been through a lot in our careers. We have so much in common and our aura are so similar it was hard to connect in Atlanta. In my book I make reference that a cultus was using her name to get my attention. In my book 'It Happen to Me' I mentioned of mental abuse also known as verbal abuse where a Pied Piper tune was filed with intimidation, defamation, lies, blackmail, extortion, humiliation, stalking attracted a mafia of guys and a community of people to fall attack against me for the capture of my designs. Janet was brought in as a rheostat contrivance to hover over my head as a form of control.



WHY WE LOVE JANET JACKSON

Jackson has always received recognition for her philanthropy. Earning awards from major organizations like NAACP and GLAAD, Jackson uses her star power to make a difference. She has sponsored for charities such as American Foundation for AIDS Research, Feeding America and Red Cross, to name a few. Not to mention, she wrote and recorded many songs to bring attentiveness about diverse issues such as domestic violence ("What About") and racial/gender discrimination ("New Agenda"). Regardless of which format she chooses; Janet always gives back.

In my situation in New York City. The name Janet Jackson came to my rescue. She used her fame and name to help me break free of a bond a Pied Piper had on my entire life. I wrote about the predicament in the book 'It Happen to Me.' Book one comes out in November 2023 and book 2, 3, 4 and 5 will follow each year of my battle for respect in the Mechanical Engineering industry detailing Janet's help and illuminating her trust in me.

I used Janet Jackson as a mentor but fell in love with her aura which is identical to mine. I believe in the aura that surrounds each person and is filled with positive vibes or negative ones. The meaning of aura to me is the distinctive atmosphere or quality that seems to surround and be generated by a person, thing, or place. It is the vibes surrounding a person that connects the two together and is a definite soul mate connection.

Through my situation, Janet was there, she gave a strong attention to the Pied Pipers that grounded me in a scam that I needed someone to say 'I believe in you. I will help you.' That's Janet. I know her help was on a friend bases but I could not but help myself for falling in love with her. More of my account with Janet Jackson in book two so be sure to check it out. The one thing I have to say about Janet is that her music is so great and many tunes are well thought out. My personal favorite collection of tunes is "Velvet Rope." And my favorite tunes are 'What about that and I get so Lonely.'

JJ 2024 CONCERT DATES

MAR 9TH

Honolulu, HI
Neal S Blaisdell
Arena

MAR 10TH

Honolulu, HI
Neal S Blaisdell
Arena

JUN 4TH

Palm Desert, CA
Acrisure
Arena at Greater Palm Spring

JUN 6TH

Chula Vista, CA
North Island
Credit Union Amphitheatre

JUN 8TH

Inglewood, CA
Kia Forum

JUN 9TH

Anaheim, CA
Honda Center

JUN 11th

Sacramento, CA
Golden 1
Center

JUN 14TH

West Valley City, UT
Utah First
Credit Union Amphitheatre

JUN 16TH

Denver, CO
Ball Arena

JUN 18TH

Saint Paul, MN
Xcel Energy
Center

JUN 19TH

Baltimore, MD
CFG Bank Arena

JUN 21TH

Maryland Heights,
MO
Hollywood Casino
Amphitheatre - St. Louis, MO

JUN 22nd

Cincinnati, OH
Riverbend Music
Center

JUN 20TH

Orlando, FL
Kia Center

JUN 23rd

Indianapolis, IN
Gainbridge
Fieldhouse

JUN 25th

Oklahoma City, OK
Paycom
Center

JUN 26th

Philadelphia, PA
Wells Fargo
Center

JUN 25th

Cleveland, OH
Rocket
Mortgage FieldHouse

JUN 28th

Boston, MA
TD Garden

JUN 29th

Hartford, CT
Xfinity Theatre

JUL 2ND

Clarkston, MI
Pine Knob Music
Theatre

JUL 5th

Darien Center, NY
Darien Lake
Amphitheater

JUL 6th

Hershey, PA
Hersheypark
Stadium

JUL 9th

Newark, NJ
Prudential Center

JUL 10th

Brooklyn, NY
Barclays Center

JUL 12TH

Washington, DC
Capital One
Arena

JUL 13TH

Baltimore, MD
CFG Bank Arena

JUL 14TH

Charlotte, NC
PNC Music
Pavilion

JUL 16TH

Tampa, FL
MIDFLORIDA Credit
Union Amphitheatre at the FL
State Fairgrounds

JUL 18TH

West Palm Beach, FL
iTHINK
Financial Amphitheatre

JUL 20TH

Orlando, FL
Kia Center

JUL 21TH

Atlanta, GA
State Farm Arena

JUL 23TH

New Orleans, LA
Smoothie King
Center

JUL 25TH

Fort Worth, TX
Dickies Arena

JUL 26TH

Oklahoma City, OK
Paycom
Center

JUL 27TH

Austin, TX
Moody Center ATX

JUL 30TH

Phoenix, AZ
Footprint Center



WE BOTH
DESERVE A BREAK
TODAY



Copycat School Shootings

Outside exogenous causes, the occurrence of school shooting incidents could relatively be clarified by copycat comportment and social infection following the idea that defenseless youth are inclined to suicide thoughts instigated by the encouragement of descriptions and interpretation of suicide in mass media. We embrace the description of copycat crimes from (Helfgott, 2008, p. 377) testifying that “[c]opycat crime is crime inspired by another crime that has been publicized in the news media or fictionally or artistically represented whereby the offender incorporates aspects of the original offense into a new crime” and follow. According to WikiPedia.

Lankford and Tomek (2018) avowing that “[...] the social contagion thesis suggests that perpetrators receive so much attention for their attacks that each high-profile killer ends up “infecting” the minds of other impressionable individuals.” Lankford and Tomek (2018) singularize between contagion and copycat effects using the secular possibility of the successive incidents.

School shootings and the distress of copycat shooters have extremely undesirable results on society. Anyways, the actual victims of a school shooting, devastated societies often report resultant coercion in the form of psychological health issues. Rossin-Slater et al. (2019) approximation that a lethal school shooting spreads the use of youth antidepressants by 21.4% in the 2 years after the shooting. On April 20, 1999, two young men fatally shot 13 people and injured 24 others at Columbine High School in Littleton, Colorado.



What is a contagion effect?

In social science, “contagion” generally refers to the spread of a phenomenon, often a behavior, through a population. When a person perceives a behavior as commonplace, they may be subconsciously or consciously inspired to act in a similar way.

Researchers typically use statistical methods to identify a contagion effect by analyzing the rate at which a phenomenon normally occurs and whether specific events increase the probability of similar occurrences in the near future. According to Wikipedia.

Copycatting is a more straight and often mindful form of mock, occurring when a person takes exact motivation from the comportment of another and pursues to duplicate it. In other words, contagion refers to the more general spread of a phenomenon and how much it happens, while a copycat is trying to carry out a previous accomplishment. Is it true that mass shooters just want the recognition by press and that is it. A dictionary definition.

Mass shootings themselves just want to see themselves on TV. If they do not commit suicide during the incident. Of the 10 deadliest mass public shootings in the United States, eight have happened since 2010, and six of those have happened since 2015.

USA TODAY’s mass killing database shows that 2019 and 2022 saw the most mass killings and mass shootings on record, but 2018 saw the most mass shootings when only including those that occurred in public spaces. The Gun Violence Archive recorded the most mass shootings in 2021 and the most mass murders in 2022, but the GVA uses a lower threshold to define mass shootings and only began tracking them in 2014.

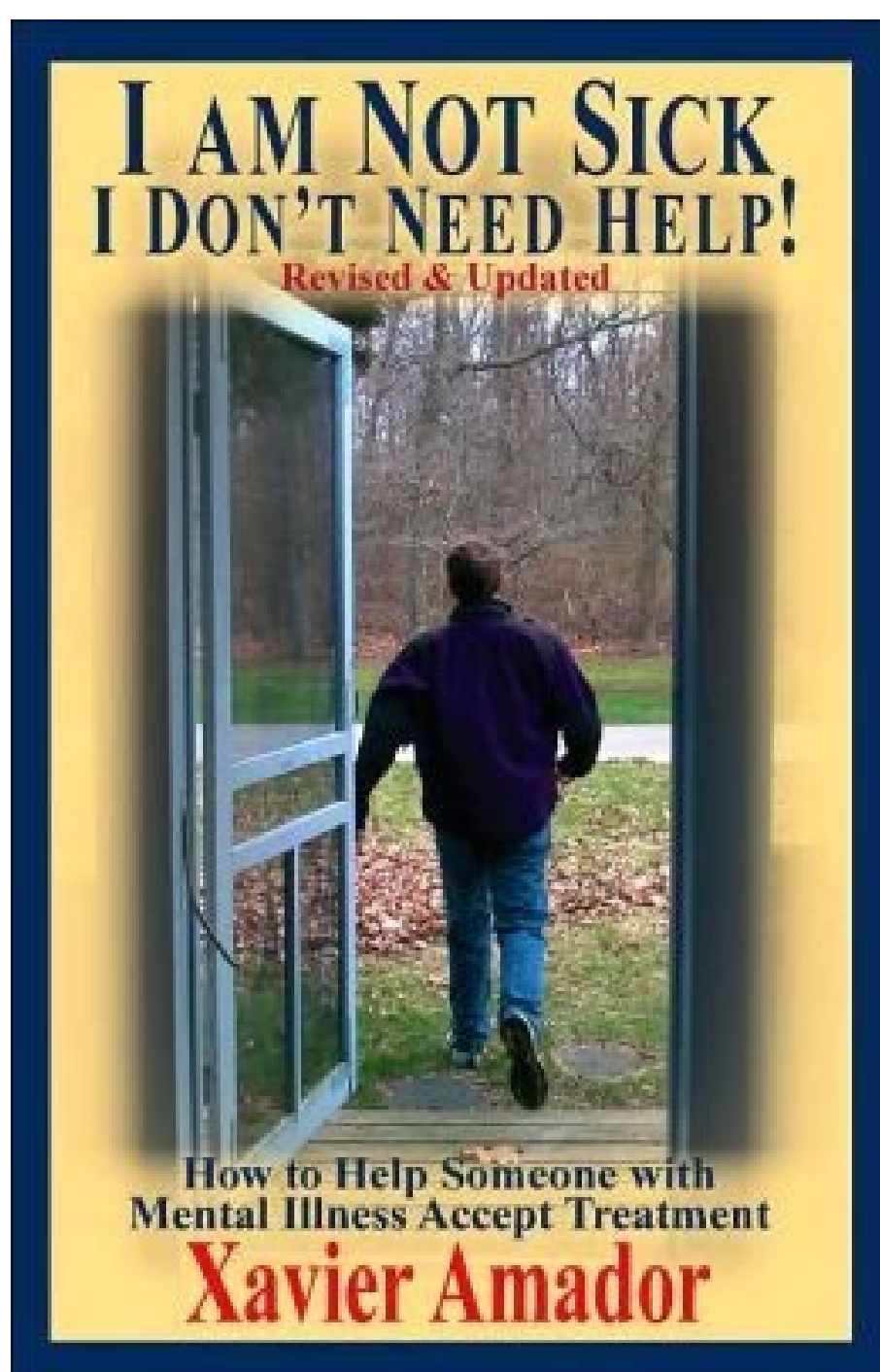


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I am not sick – I don't need help

If you get the chance to read the book, 'I Am Not Sick, I Don't Need Help!' it may be because you yourself or probably because you have a loved one or are treating a patient with serious mental illness who is in "denial" and, most likely, is not taking the medication he or she needs to prevent a flare-up of the condition and to recover. Or, he/she is taking medication, or is not doing so regularly. You've attempted different tactics that haven't worked and you're pursuing info about how you can help him or her to get help.

In the beginning of the book, it provides information about the type and possibility of the problem you are about to take on. Some readers may be enticed to skip the beginning section and go straight to the chapters on LEAP (Part II of this book)—a communiqué approach intended to win the conviction of persons with mental illness who lack farsightedness for the perseverance of becoming a "friend" whose counsel they will follow (e.g., to accept treatment, supportive housing and other services). I have no problem with that and encourage you to do so if your situation is urgent. Or, if the situation is even more crucial, you may want to turn unswervingly to Part III, where there is useful advice about when and how to get "abetted treatment" (inpatient or outpatient involuntary treatment). If you do that, however, I intensely advise you to go back and read the three chapters that make up Part I.

The knowledge in Part I is fundamental for numerous reasons. First, it will help you to apprehend what the latest study has shown about the causes and just unadulterated stubbornness on the part of the person you are trying to help. Too often, people with these disorders feel that we (I am speaking both as a therapist and as a family member) are their enemies. From their viewpoint we are antagonists and decriers—definitely. According to Amazon book highlights.

From someone who suffers with schizophrenia, I am ashamed about being schizophrenia. I fully understand that I am suffering from a brain disorder and that I had nothing to feel ashamed about, I avoided talking to anyone about it. It was only after talking with people like myself that I was able to stop feeling ashamed. Because of my own experience, I can understand anyone not wanting to seek therapy. It is ironic that I share the not wanting to talk about it to many people and keep from receiving the support and information needed to resolve any mental problems.

However, like me. You can benefit from such organizations and you will find others like yourself in group therapy. I have learned much from these organizations and have found great comfort in knowing not only that there are many other people like me. It was therapy for me reading the book, it gave me hope that others even doctors have serious mental illness and can rebuild from talking about it. Whether you are a mental health professional or a family member, it will give you renewed hope that you can make a big difference by sharing and going through therapy to seek help.

“ THE PURPOSE OF OUR
LIVES
IS TO BE HAPPY. ”

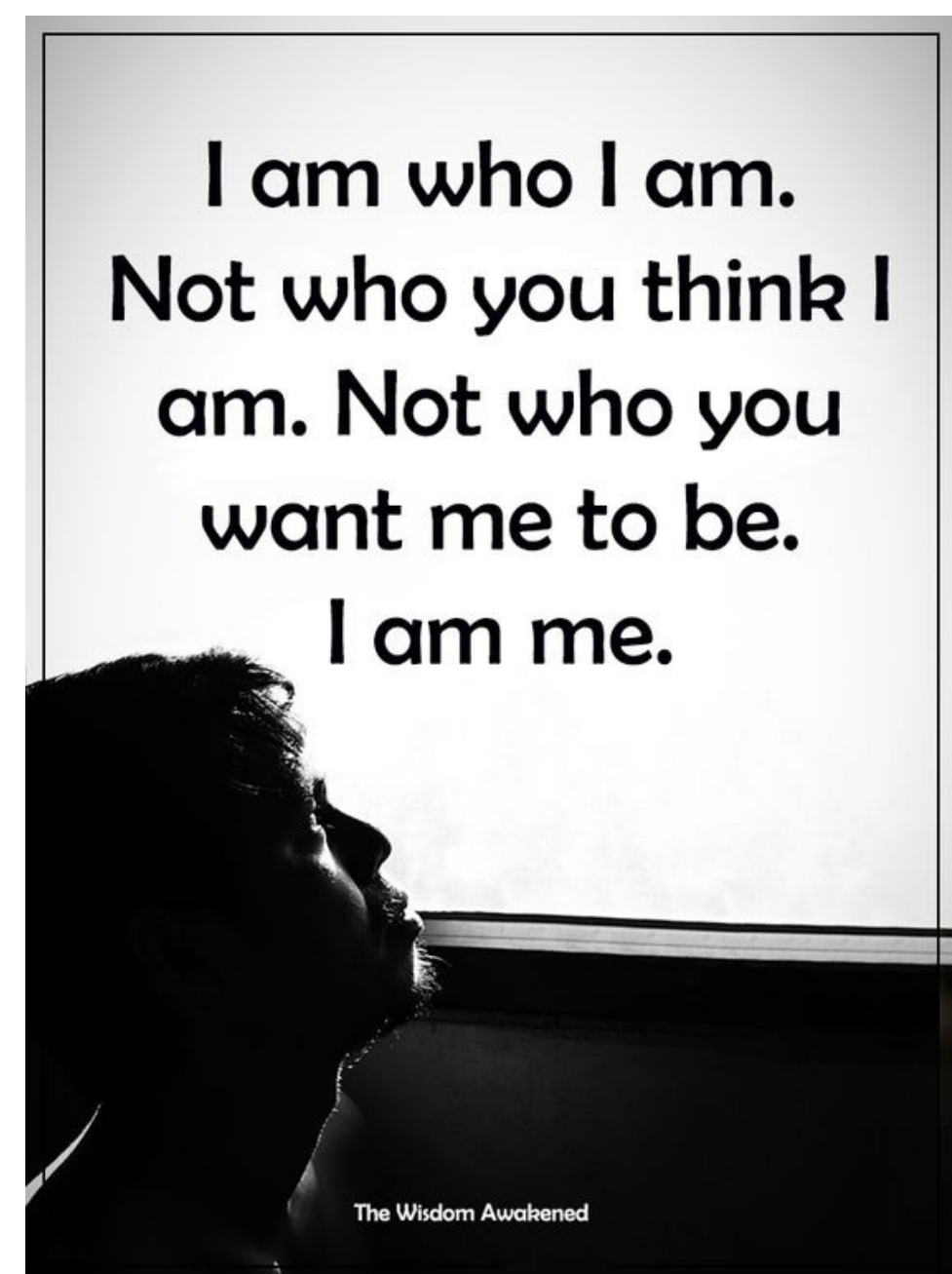
—
D A L A I L A M A .

Dr. Xavier Amador has written eight mesmerizing books filled with masterly visions. For the active denizen who can only choose one book to read about schizophrenia, my endorsement is ‘I Am Not Sick, I Don’t Need Help!’ This easy read is crammed with useful tips and stimulating thoughts. The 10th anniversary edition of this international best-seller was released in 2012 and includes six new chapters and the latest research on anosognosia.

Anosognosia means a “lack of insight.” Purposeful tomography studies reveal a parallel between frontal lobe deficits and anosognosia, and research has found neuroanatomical abnormalities in up to 15 subregions of the frontal lobe in chronic schizophrenia patients with this condition. There is a well-established association between poor insight and negative symptoms of schizophrenia; however, Dr. Amador theorizes that relations also exist between poor insight and positive symptoms.

Dr. Amador takes great effort in highlighting how a lack of perception is not due to denial, defensiveness, or stubbornness, but is rather a symptom of chronic mental illness. He clarifies several myths, such as insight leads to discouragement, depression, and suicide. He encourages readers to avoid arguing with a person who lacks insight and notes that “a cycle of confrontation and denial always ends in avoidance.”

Throughout the book, Dr. Amador shares principles of LEAP and illuminates how this successful revenue can be used to gain the confidence of someone who lacks insight. LEAP stands for Listen, Empathize, Agree, and Partner. The cornerstone of LEAP is reflective listening, and Dr. Amador excellently notes that “if you want someone to seriously consider your point of view, be certain he feels you have seriously considered his” (p. 57). He illustrates the example of a patient who disagrees about the need to take medications but is able to agree to a goal of staying out of the hospital and how consistently taking medications can help to achieve that. According to Wikipedia.



What I found most enjoyable about this book was reading the stories of actual patients. My favorite patient was Henry, Dr. Amador’s older brother who suffers with chronic schizophrenia. Dr. Amador really shows the reader of how he struggled through the early years of his brother’s illness and the obstruction in dealing with Henry’s lack of understanding. It was real to me to read about how the relationship between these two bothers changed after Dr. Amador began applying the moralities he now discourses to others. According to Amazon book highlights.

Listeners will read lengthened guidance on how to learn and use LEAP. The book has many advise on how to cope, it is provided to help readers briefly and successfully use Dr. Amador's technique for helping someone accept treatment.

‘I Am Not Sick, I Don't Need Help!’ is not just for mental health practitioners and criminal justice professionals to read. It is a must-read pilot for family members with loved ones combating mental illness and addictions. Read, and learn how hundreds of thousands of others...to LEAP—take in, sympathize, harmonize, and mate—and help loved ones accept the treatment used in the book.

I have learned by a nervous breakdown also commonly referred to as a mental or emotional breakdown, is used to describe "a situation in which someone cannot function normally because of overwhelming stress." This is a quote from Reader's Digest.





How to lose your mind in ten days

2. Be Offended by Everything

In these days we have to come in contact with many different personalities. However, we all look and expect the negative side of things, even on the news daily. I've noticed how violent dialogues have become, how we hold that anger and bitterness inside. What if we let go of pessimism, and lived within our own politics in amity? Without having to suffocate them, but also not blaring on top of a mountain about what is imperative to us

3. Don't Spend Time Outdoors

Like, most have become way too relaxed in our beds, on our couches, in our cubicles and in our froths. I recently saw something that said "Don't forget to stay hydrated and get sunlight; you're basically a houseplant with more complicated emotions", and it is very factual. I thought about how little I see the sun during the winter months. I see it on my way to work, and on my way home from work. I sit in a concrete box all day with no windows. This is how my life is 5 days a week. And I was depressed. My recurrent depression rise steeply, and it became a malicious cycle of not seeing the light of day and only wanting to stay inside. Once I ventured and forced myself outside, my oomph and my attitude upgraded for the better. The term stir-crazy really is a thing, guys.

4. Live on Coffee and Preservatives

I will be the first to admit I am entirely, extremely and feebly in love with coffee. It is my first true love. But I know it is one-sided and it will not last. I see it (and have lived it) every day. Got to have that morning coffee; I even skip breakfast completely and I am too tired to cook a healthy meal when I am at home so I order take-out. Newsflash: our bodies need natural nutrients and vitamins. It critically influences our moods. Our bodies are like engines, and we need to appropriately sustain them by giving them the fuel they need to function to their maximum potential

Okay, well maybe not exactly ten days; but relentless being exposed to these things can have an adverse effect on your complete health. If you discover yourself integrating these into your life, over time it could cause concern, tension and even depression.

1. Live Your Life to Please Others

As humans, we carry empaths, we highly take in the judgement of others; often times to an accountability. We take support and endorsement from everybody we come in contact with, but we lose sight of what we are supposed to be. If you find yourself careworn with this; take the time to re-identify the things that you want to achieve in your life for yourself. Do not live your life according to the limits or expectancies others place onto you, but setting small goals for yourself to attain each day and stop trying to be what someone else wants you to be.

5. Never Read Books or Articles

Staring at screens have taken up most of our days. Phone screens, computer screens, TV screens. You know it is wicked for our image, it's wicked for our brain performance as well. When we look at screens, do we engaged ourselves in what we see? Or are we thoughtlessly scrolling through our social media forages before bed? It is known to be hard to focus, and I feel this is an unswerving result. We YouTube and Facebook more these days, to learn new things or read diverse viewpoints on a topic of importance to us is done less these days.

6. Don't Communicate Your Feelings

Your brashness may be fine, but maybe you're possibly not healthy and that's okay to talk about. Stop holding your feeling within you. Journal, meditate, practice the 4-7-8 breathing techniques; but utmost crucially, converse your true feeling and get then out in the open. Talk to your friends, your spouses, your therapist or whoever you feel relaxed dialect too. But be truthful with them and yourself. We have become habitual in pushing our feelings aside and snubbing them.

I know I have been at my jocularities end more than once. Maybe because I have a deadline to meet. In short, I am strained and sometimes angry. Sometimes I am sad and anxious. I have to take a deep breath and do my 4-7-8 breathing exercise to calm down.

However, no one truly "loses" their minds. In its place, we experience expressive distress, a theory that evades orderly definition and is part of being human. So, what makes someone "lose it"? Impluse control and other activities take place. Scientists say this part of the brain is the last to mature and only fully develops in early adulthood. Scans reveal that the brain of children 10 to 13 experience a fast development increase. According to Wikipedia.



Why do we lose our mind at times?

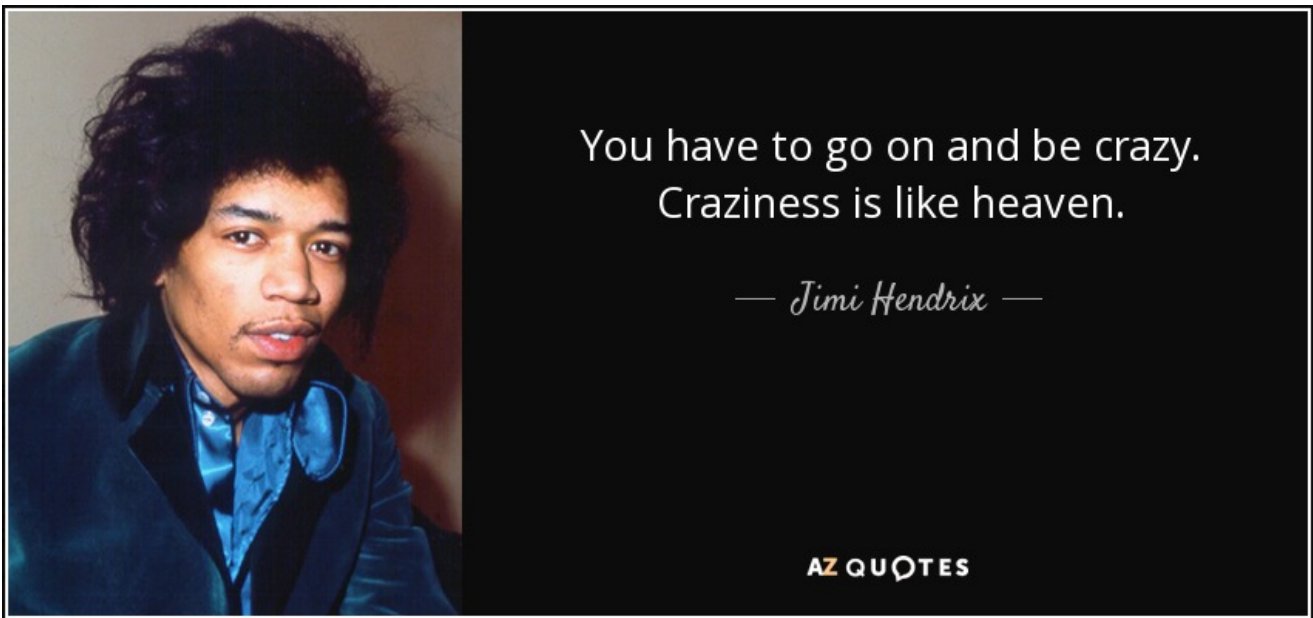
It's because the brain. It's the most powerful supercomputer on the planet and do not need batteries to operate. Yet, it functions without continues focus. Yet, at times, it can cause us to perform without concentrating on it, like a human being, particularly when we are under pressure. Why?

Our brain is encompassed of 3 areas:

Amygdala – the most primitive part is called the amygdala. Its chief role is the human biro—a detector that continually X-rays the environment. The amygdala's main function is to look for anything in our lives that could be a threat.

Limbic System – the amygdala exists inside the wider limbic system, the area of our brain responsible for our basic initiative for things such as hunger, sex and dominance. It helps with bodily functions, such as heart rate, pupil dilation and the sweat glands.

Neocortex – the largest and most intricate part is the neocortex. Its involved w/ higher functions such as spatial reasoning, language and complex thought. The neocortex is the mechanism that makes us rational + exclusively human. That is, until the minute we practice pressure. When we feel vulnerable, the amygdala kicks in. It ignites our limbic system and our neocortex shuts down. According to the dictionary-Wikipedia.





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May 4th

Las Vegas, NV
Las Vegas Festival Grounds

AUG 14th

Atlanta, GA
State Farm Arena

AUG 16th

Atlanta, GA
State Farm Arena

AUG 17th

Atlanta, GA
State Farm Arena

AUG 20th

Washington, DC
Capital One Arena

AUG 21th

Washington, DC
Capital One Arena

AUG 23rd

Baltimore, MD
CFG Bank Arena

AUG 24th

Baltimore, MD
CFG Bank Arena

AUG 27th

Boston, MA
TD Garden

AUG 28th

Boston, MA
TD Garden

AUG 30th

Philadelphia, PA
Wells Fargo Center

AUG 31th

Philadelphia, PA
Wells Fargo Center

SEP 6th

Brooklyn, NY
Barclays Center

SEP 6th

Brooklyn, NY
Barclays Center

SEP 7th

Brooklyn, NY
Barclays Center

SEP 9th

Brooklyn, NY
Barclays Center

SEP 10th

Brooklyn, NY
Barclays Center

SEP 10th

Brooklyn, NY
Barclays Center

SEP 12th

Detroit, MI
Little Caesars Arena

SEP 13th

Detroit, MI
Little Caesars Arena

SEP 17th

Denver, CO
Ball Arena

SEP 18th

Denver, CO
Ball Arena

SEP 21st

Inglewood, CA
Intuit Dome

SEP 22nd

Inglewood, CA
Intuit Dome

SEP 24th

Inglewood, CA
Intuit Dome

SEP 24th

Inglewood, CA
Intuit Dome

SEP 25th

Inglewood, CA
Intuit Dome

SEP 28th

Oakland, CA
Oakland Arena

SEP 29th

Oakland, CA
Oakland Arena

OCT 3rd

Dallas, TX
American Airlines Center

OCT 4th

Dallas, TX
American Airlines Center

OCT 5th

Dallas, TX
American Airlines Center

OCT 7th

Austin, TX
Moody Center ATX

OCT 8th

Austin, TX
Moody Center ATX

OCT 11th

Miami, FL
Kaseya Center

OCT 12th

Miami, FL
Kaseya Center

OCT 14th

Miami, FL
Kaseya Center

OCT 17th

Atlanta, GA
State Farm Arena

OCT 18th

Atlanta, GA
State Farm Arena

OCT 20th

Atlanta, GA
State Farm Arena

OCT 22nd

Charlotte, NC
Spectrum Center

OCT 23rd

Charlotte, NC
Spectrum Center

OCT 25th

St Louis, MO
Enterprise Center

OCT 26th

St Louis, MO
Enterprise Center

OCT 28th

Chicago, IL
United Center

OCT 29th

Chicago, IL
United Center

OCT 31st

Chicago, IL
United Center

NOV 2nd

Minneapolis, MN
Target Center

NOV 3rd

Minneapolis, MN
Target Center

NOV 10th

Seattle, WA
Climate Pledge Arena

NOV 11th

Seattle, WA
Climate Pledge Arena

NOV 15th

Las Vegas, NV
T-Mobile Arena

NOV 16th

Las Vegas, NV
T-Mobile Arena

NOV 18th

Anaheim, CA
Honda Center



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