

deals

2X monthly!

January 14–January 27, 2026

Scan to download!



Health-Ade
Organic Kombucha
selected varieties

2/\$6
16 oz



Catalina Crunch
Keto Friendly Cereal
selected varieties

\$5.99
8-9 oz

Start off Your Year with Savings!

Mike's Mighty Good
Craft Ramen

selected varieties

\$1.99

1.6-2.4 oz



Muir Glen
Organic Tomatoes
selected varieties

2/\$3
14.5-15 oz



Once Again
Organic Tahini

\$7.49

16 oz



Barbara's
Cheese Puffs
selected varieties



\$2.79

5.5-7 oz

Mavuno Harvest
Organic Dried Fruit
selected varieties

\$2.79

2 oz



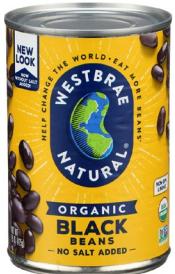
cocojune
Organic
Coconut Yogurt
selected varieties

\$5.49

16 oz



Westbrae
Organic Beans
selected varieties



\$2.29

15 oz

So Delicious
Organic Coconut Milk
selected varieties

2/\$5
32 oz



Food for Life
Organic Ezekiel 4:9® Bread
selected varieties

\$4.99

24 oz



Look for new deals on **January 28!**



Annie's™

We believe food has the power to impact the future of the planet and everyone on it.

From partnering with the farmers who grow our food, to thoughtfully choosing the packaging that our food is packaged in – we've always had your family and our planet in mind.



Annie's Mac & Cheese
selected varieties



Annie's Organic Bunny Crackers
selected varieties



Annie's Organic Fruit Snacks
selected varieties

4/\$5

5.25-6 oz

2/\$7

7.5 oz

2/\$6

7 oz

Bachan's Japanese Barbecue Sauce
selected varieties



\$649
15.5-17 oz

Muir Glen Organic Pasta Sauce
selected varieties

2/\$6
23.5 oz



Maya Kaimal Organic Everyday Dal
selected varieties



\$329
10 oz

Pacific Foods.

Stock your pantry with delicious organic soups and broths from Pacific Foods. Pacific soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.



Pacific Foods Organic Broth
selected varieties



Pacific Foods Organic Soup
selected varieties

\$549
32 oz

\$379
16.1 oz



Rudi's Organic Bread
selected varieties

\$449
22 oz



Safe Catch Elite Wild Tuna

\$299
5 oz

**Cascadian Farm
Organic Cereal**
selected varieties

2/\$7

8.6-14.6 oz



**Jovial
Organic Brown Rice Pasta**

selected varieties



\$379

12 oz

**St. Dalfour
French Fruit Spread**
selected varieties



\$349

10 oz

**LesserEvil
Organic Popcorn**
selected varieties



2/\$6

4.6-6.4 oz

**Annie's
Organic Cheddar
Cheesy Smiles**



2/\$7

4 oz

**BACK TO
NATURE**
EST. 1960

Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients. Simple joys, no regrets, happy days.



**Back to Nature
Crackers**
selected varieties



**Back to Nature
Cookies**
selected varieties

2/\$6

4-7 oz

\$379

7.5-9 oz

**Chosen Foods
Avocado Oil Mayo**
selected varieties



\$629

12 oz

**Bobo's
PB&Js**
selected varieties



\$379

8.4 oz

**Skinny Dipped
Chocolate Covered Almonds**
selected varieties



\$399

3.5 oz

**Uglies Kettle Chips
Kettle Chips**
selected varieties



2/\$6

5.5-6 oz

**Big Tree Farms
Organic
Coconut Sugar**
selected varieties



\$379

16 oz

**Spectrum Culinary
Organic White Vinegar**



\$629

32 oz

alter eco

Alter Eco offers rich, indulgent chocolate that satisfies cravings while meeting ethical and eco-friendly standards. Made with Fair Trade cocoa, organic ingredients, and regenerative agriculture practices, our chocolate provides the ultimate guilt-free treat for the family.



Alter Eco
Organic
Chocolate Bar
selected varieties

2/\$7
2.82 oz

Navitas Organic Cacao Powder

\$8.99

8 oz



Milkadamia Macadamia Milk selected varieties

\$4.29

32 oz



Essentia Alkaline Water

2/\$4

1.5 lt



Nixie Organic Sparkling Water selected varieties

\$5.49

8/12 oz



Zevia Zero Calorie Soda selected varieties

\$5.49

6/12 oz



R.W. Knudsen Black Cherry Juice

\$5.49

32 oz



Vita Coco Coconut Water selected varieties

2/\$5

500 ml



ROAR Organic Organic Enhanced Beverage selected varieties

\$1.59

18 oz



Four Sigmatic Organic Coffee selected varieties

\$12.99

10 oz





BEYOND®

We believe feeling good starts with what you eat. That's why we use clean, simple, plant-based ingredients that are free from GMOs, synthetic colors, animal products, or added hormones. Because clean bodies start with clean, nutritious food and simple choices.



**Beyond
Beyond Sausage
Plant-Based Links**
selected varieties

\$629

14 oz

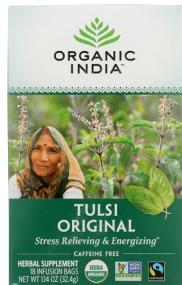


**Beyond
Beyond Beef
Plant-Based Ground**

\$679

16 oz

**Organic India
Organic Tea**
selected varieties



\$379

18 ct

**Brew Dr. Kombucha
Organic Kombucha**
selected varieties



2/\$4

14 oz

**Painterland Sisters
Organic Skyr Yogurt**
selected varieties



\$229

5.3 oz

**Califia Farms
Better Half Creamer**

\$279

16.9 oz



**nutpods
Dairy-Free Creamer**
selected varieties

2/\$5

11.2 oz



**Brown Cow
Cream Top Whole Milk Yogurt**
selected varieties



\$089

5.3 oz

**Guru
Organic Energy Drink**

selected varieties

\$229

12 oz



**Tofurky
Plant-Based Deli Slices**
selected varieties

\$429

5.5 oz



**Wildwood
Organic High Protein
Super Firm Tofu**



\$379

16 oz



Amy's delicious meals and burritos are made with organic ingredients and real care to satisfy every craving.



**Amy's
Macaroni & Cheese**

2/\$7

9 oz



**Amy's
Burrito**
selected varieties

2/\$6

5.5-6 oz

**Vital Farms
Pasture Raised Eggs**



\$679

1 dz

**Siete
Grain Free Tortillas**

selected varieties



\$529

8 ct

**Gardein
Meatless Meat**
selected varieties



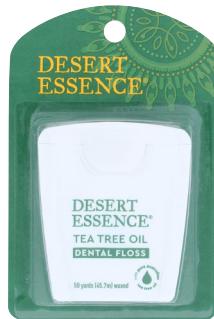
\$379

8.1-13.7 oz

**Desert Essence
Dental Floss**
selected varieties

\$329

1 ct



**Everyone
Hand Soap**
selected varieties

\$379

12.75 oz



Mini Wild Albacore Tuna Sweet Potato Cakes

1 HR • SERVES 2

INGREDIENTS

½ medium sized sweet potato
1 can (5 ounces) wild albacore tuna, undrained
1 egg
¼ cup breadcrumbs
2 tablespoons finely chopped green onion

¼ cup shredded carrot
1 teaspoon lemon zest
1 tablespoon chopped fresh parsley
Ground black pepper, to taste
1 teaspoon olive oil

DIRECTIONS

- 1 Preheat oven to 400°F. Line a baking sheet with parchment paper. Cut a sweet potato in half lengthwise and place one half flat side down on the parchment paper.
- 2 Bake for about 40 minutes or until the sweet potato half is soft when tested with a fork.
- 3 Scoop out the inside of the sweet potato half into a bowl and add the wild albacore tuna, egg, breadcrumbs, green onion, carrot, lemon zest, parsley, and black pepper. Mix until combined, lightly breaking up the tuna while mixing.
- 4 Heat olive oil in a frying pan over medium heat. Shape about ¼ cup of the tuna mixture into a small round cake and cook in the heated frying pan for two to three minutes on each side or until golden brown. Repeat with the rest of the tuna mixture.



Andalou Naturals
Shampoo or Conditioner
selected varieties



\$679

11.5 oz

Solaray
D-Mannose with CranActin



\$24.99

60 vcap



Quantum Health
Super Lysine Immune Support



\$8.99

90 tab

Tiger Balm Ultra Strength Pain Relieving Ointment



\$6.99

0.63

Beekeeper's Naturals
Propolis Immune Support Throat Spray



\$9.99

30 ml

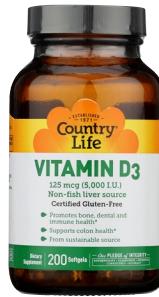
Orgain
Organic Vegan Nutritional Shake
selected varieties



\$2.79

11 oz

Country Life
Vitamin D3 5000 IU
selected varieties



\$15.99

200 sgel

Renew Life
3-Day Cleanse
selected varieties



\$6.79

12 ct

Herbatint
Permanent Haircolor Gel
selected varieties

\$13.99

5.75 oz

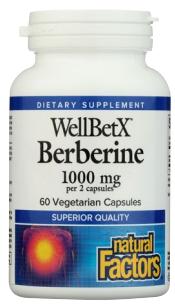
Himalaya
Toothpaste
selected varieties



\$5.49

5.29 oz

Natural Factors
WellBetX® Berberine 1000 mg



\$20.99

60 vcap

Boiron
Oscillococcinum



\$11.99

6 dose



Pumpkin Corn Soup

25 MIN • SERVES 4-6 • GLUTEN-FREE, VEGETARIAN

INGREDIENTS

3 tablespoons olive oil	2 cups frozen corn
1 large yellow onion, diced	1 cup half and half (or alternative)
1 tablespoon minced garlic	1 large baked potato, peeled and roughly mashed
2 4-ounce cans diced green chiles	1 tablespoon sriracha hot sauce
1 quart vegetable stock	$\frac{1}{2}$ cup cilantro, chopped (optional)
1 15-ounce can pumpkin puree	1 $\frac{1}{2}$ teaspoons sea salt
1 teaspoon ground cumin	
$\frac{1}{2}$ teaspoon dried thyme	
$\frac{1}{2}$ teaspoon dried savory (optional)	

DIRECTIONS

- 1 Heat olive oil in a stock pot over medium-low heat. Add onion and sauté until tender, about 5 minutes.
- 2 Add garlic and cook for 30 seconds then add green chiles and cook for an additional 3 minutes. Stir in vegetable stock, pumpkin puree, cumin, thyme, and savory (if using). Bring to a gentle simmer and cook for 5-10 minutes.
- 3 Stir in corn, half and half, potato, sriracha, cilantro (if using), and sea salt. Cook until corn is warmed through.
- 4 Serve hot with crusty bread.

Make it plant-based by replacing half and half with a plant-based creamer.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.

