

# HALCYON

Massage and Wellness LLC

## Covid-19 - What we are doing

We have always followed the best practices for hygiene and cleaning. Now, with the threat of Covid-19 we have enhanced our policies and cleaning procedures to include the following best practices and Commonwealth of Massachusetts regulations:

### **Before Your Massage**

- Until further notice, we no longer accept walk-ins. All clients must make appointments in advance by calling 781-667-3529. (781.66.RELAX)
- Clients must complete a Health Status Form regarding their possible exposure to Covid-19 prior to their visit. We will send a copy via text or email when you make your appointment.
- As required by the Commonwealth of Massachusetts, we will collect contact information to assist the state in contact tracing if a client is reported as positive or likely positive for Covid-19.
- We hope that all clients will refrain from making appointments if there is an increased risk of their transmitting Covid-19 but, we reserve the right to decline service if the level of risk is unacceptable.
- We will take the temperature of all clients, with a contactless thermometer, before each appointment.
- Contactless payment is preferred.

### **During Your Massage – Hygiene Practices**

#### ***Linens***

- We always use fresh linens between clients and have added disposable barriers between the sheets and the table for even greater safety.
- As always, soiled linens will be washed in hot water with bleach.
- Clean linens will be stored in closed containers, separate from the treatment rooms.
- Soiled linens will be stored in closed containers until laundering.

#### ***Treatment Rooms***

- Handwashing between clients is mandatory and will be vigorously enforced.
- Ample Hand Sanitizer (70% alcohol) will be available for clients and therapists.
- All surfaces contacted by the client will be disinfected between appointments using EPA-approved disinfecting spray and/or disinfecting wipes. This includes the massage table, supply trays and containers, seating, doorknobs, etc.
- We will alternate therapy rooms so that rooms can be sanitized and ventilated for a minimum of sixty-minutes between clients.
- We have added a high-end air sanitizer that includes plasma-wave disinfection to help with ventilation.

#### ***Protective Gear***

- The therapist will change into a clean smock or uniform between clients.
- Both the therapist and client must wear face masks that cover the nose and mouth
- The therapist will wear safety goggles or a face shield during the appointment.
- If requested, the therapist will wear non-latex gloves during the massage.

### **Post-Treatment**

- We ask that all customers notify us if they, or a close contact, are diagnosed with Covid-19 within 2 weeks following a visit.