

# **Navigating the Santas & Saints**

## **A Chord, and, Key Guide for the Union of Saints**

### **How to Read This Document**

**This guide is designed as a language chord guide for teaching the philosophy of the Union of Saints. It provides shared language and structure so members may navigate ideas, roles, and energies.**

**Keys represent foundational orientations, including values, virtues, and spiritual stances.**

**Chords represent combinations, showing how multiple ideas or energies are held together at once.**

**Members may enter through any key and move fluidly between chords, guided by conscience, peace, and discernment.**

**There is no single required path. Wisdom emerges through harmony and attentiveness.**

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### **The 20 Parts, Keys and Chords**

#### **1. Military Humor, Jargon, and Chaplaincy Culture**

**This key honors the language of service, including military humor, classic and modern memes, shared jargon, and the chaplain's role. Humor serves resilience, bonding, and continuity. This chord supports humility, stress relief, light-heartedness, freedom of thought and moral grounding, especially during hardship.**

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#### **2. The Goddess, Water**

**The goddess and water philosophies represent life, self-reflection & shadow-work, flow, mercy, memory, truth, balance and cleansing. The goddess key emphasizes compassion, intuition, emotional intelligence, and restoration. Water teaches that gentleness carries strength and that healing often begins through attentive presence.**

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#### **3. God, Sun**

**The god and sun key represents shared truth, community, reverence, warmth, vitality, strength and responsibility. It illuminates understanding and sustains life. In relationship with water, this chord expresses balance, heavenly love, devotion and clear perception.**

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#### **4. Ozirah and Osiram**

**This chord teaches discernment between two energetic patterns.**

**Ozirah expresses nurturing, balance, grace, stability, and life giving orientation.**

**Osiram expresses force, manipulation, extraction, and destabilization.**

**Members learn to recognize these energies within themselves, within relationships, and within institutions, and to orient toward Ozirah while maintaining clear and respectful boundaries.**

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#### **5. The Union of Saints**

**This key explains saints past and present, the meaning of union as togetherness and shared responsibility, movement between races, dialects and cultures, and the meaning of saint and santa as giver, protector, and bearer of goodwill.**

**The Union centers aligned conscience, service, and mutual care.**

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#### **6. Core Philosophies and the Four Peaces**

**This foundational chord centers on virtues and the Four Peaces.**

**Peace, inner and communal calm.**

**Progress, ethical advancement and maturity.**

**Protection, care for people, animals, culture, and autonomy/dignity.**

**Preservation, continuity of life, environmental, truth, and heritage.**

**All teachings return to these anchors.**

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#### **7. The American Spirit**

**This key explores American spirited identity, including courage, freedom, responsibility, and liberty practiced absolutely, but also with boundaries. It includes Native American and anthropological wisdom, emphasizing stewardship of land, community memory, and respect for origins.**

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#### **8. Peace Education**

**This chord teaches peace and conflict literacy, nonviolent strategy, reconciliation, and moral courage. Members learn how peace is cultivated, sustained, and carried forward across generations.**

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#### **9. Integrative Therapies and Remedies**

**This key addresses healing from abuse, trauma, and neglect using integrative approaches such as spiritual care, therapy informed practices, restorative dialogue,**



and practical remedies. Healing is understood as an intimate, practiced and devoted responsibility.

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#### **10. War and Peace Dynamics**

This chord explores the relationship between war and peace across historical, psychological, and spiritual dimensions. It teaches war tactics used to harm, peaceful strategy, discernment, restraint, responsibility, and the role of strength in preserving peace.

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#### **11. Society and Law**

This key explores law as guidance and protection. Members are supported in understanding civic responsibility, justice, accountability, and social order.

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#### **12. Charity, Volunteering, and Resources**

This chord focuses on ethical giving, relational service, and stewardship of shared resources. Giving is understood as connection, care, and responsibility. We travel as missionaries and we give as we are able.

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#### **13. Hobbies and Creative Activities**

This key encourages music, art, craftsmanship, study, and recreation as practices that restore the soul and strengthen community bonds. We nurture our freedom through creative expression.

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#### **14. Veganism and Plant Based Living**

This key addresses plant based living as a discipline of love, compassion, care, sustainability, and bodily respect. It is offered with sensitivity to health needs, peace and freedom between the species, and evolutionary cultural contexts.

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#### **15. Interfaith Dialogue**

This chord teaches engagement with other faith traditions through confidence, humility, and attentive listening. Dialogue supports understanding while honoring conscience. US teaches truth as the gospel, not the gospel as the truth, refining biblical understandings.

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#### **16. Armor, Boundaries, and Borders**

This key teaches spiritual armor, emotional boundaries, and physical borders as forms



of care and stewardship. Members learn to guard the spirit, self and nation, marching forward with revolutionary understanding.

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### **17. History**

History is approached as shared memory with moral significance. This chord teaches truthful study, remembrance, accountability, and preservation of lessons. Thorough history lessons are taught from non-biased teaching perspective.

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### **18. Evolution**

This key explores growth across biological, cultural, and spiritual dimensions. Evolution is understood as refinement, continuity, and maturation. From stars and moon, sun and water, to sea and land.

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### **19. Meetings, Fellowship, and Connection**

This chord explains how members gather through meetings, councils, mentorship, and fellowship. Connection is structured to support respect, trust, and shared purpose. Fun and new age ways of meeting are celebrated.

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### **20. Pathwork, Exercise, and Sport**

This key unites discipline of body and spirit. Pathwork includes walking, training, sport, and embodied practice. Strength is cultivated for service, endurance, and balance. We practice as the spiritual warriors we are.

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### **Closing Harmony**

Members are encouraged to move through these keys as one moves through life, with grace, attention to details, in truth and faith, beautiful and spiritual love, friendship, zest for life, freedom and presence. The Union of Saints cultivates harmony, protection, and peace through shared language and shared care.

Lastly, we cannot forget the chord of the rock n' roll soul ;) !

We embrace LIFE.

***We choose US.***

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