List of Integrative Therapies

 Acupressure Acupuncture Adjunct Therapy Aquatic Therapy Aromatherapy Art Therapy Balneotherapy Chelation Therapy Chiropractic Therapy Climatotherapy Cold Compression Therapy Contrast Bath Therapy Counseling Craniosacral Therapy Cryotherapy Crystal Therapy Cupping Therapy Dark Therapy Destination Therapy Electrotherapy Electrotherapy 	 Equine Therapy Exercise Therapy Grape Therapy Halotherapy Heat Therapy Herbal Therapy Hippotherapy Horticulture Therapy Hydrotherapy Hyperbaric Oxygen Therapy Hyper/Hypo Therapy Intimacy Therapy Intravenous Therapy Inversion Therapy Laser Therapy Laser Therapy Magnet Therapy Magnetic Resonance Therapy Manual Therapy Martial Arts Therapy 	 Mesotherapy Mindfulness Mud Therapy Music Therapy Negative Air Ionization Therapy Occupational Therapy Oral Rehydration Therapy Ozone Therapy Palliative Care Pet Therapy Phormacotherapy Photodynamic Therapy Photo Therapy Physical Therapy Physical Therapy Preventative Therapy Protein Therapy Pulsed EF Therapy PUVA Therapy 	 Qigong Therapy Recreation Therapy Rehydration Therapy Respiratory Therapy Retail Therapy Salt Therapy Scuba Diving Therapy Spa Therapy Speech Therapy Step Therapy Supportive Therapy Tai Chi Therapy Targeted Therapy Thalassotherapy Thermotherapy Wake/Sleep Therapy Waon Therapy Water Cure Therapy
Energy Therapy D. Cowdrey Recommended Activities/Therapies	 Martial Arts Therapy Massage Therapy Peace, Love, Forgiveness (Strong Boundaries) Personal Liberation - Art 	Principles of Dichotomy Peace Education Research/Resource	Slavery/Oppression vs. Freedom/Liberation Dynamics & Education
 Faith of True Peace Goal Setting & Attainment Integrative Therapies Interfaith Dialogue - Truth-Seeking, Openness to Spirit, Ministry 	Therapy, Personal Expression, Ministry of Peace Positive Community Action - Rights Empowerment, Community Volunteerism	Community Safe Circle Cultivation • Sports	US, Integrative Therapies, Prayer in Nature, Silent Meditations, Plant-Based Communions

The Faith of True Peace is practicing therapies, learning and advocating peace education, and aiming to live a compassionate, cruelty-free life. D. Cowdrey