

Union of Saints

Food Banks, Food Assistance & Vegan/Plant-Based Resources

Vegan & Community Food Programs

- **Community Solidarity — America's Largest Vegetarian Hunger Relief Program**
<https://communitysolidarity.org/americas-largest-vegetarian-hunger-relief-program>
- **Las Vegas Food Pantry — Las Vegas**
<https://lasveganfoodpantry.org/>
- **Feeding GA Families — Georgia Food Pantries**
<https://feedinggafamilies.org/pantries>
- **Merciful Help Center — Choice Food Pantry**
<https://mercifulhelpcenter.org/choice-food-pantry>
- **Chilis on Wheels — Vegan Food Relief**
<https://chilisonwheels.org/>
- **3SG — UK Vegan Community Support**
<https://www.3sg.org.uk/>
- **Vegans Against World Hunger — UK**
<https://www.vegansagainsthunger.org/>
- **Co-op Communities — UK Community Support**
<https://www.coop.co.uk/communities>
- **London Environment — Vegan Community Meals**
https://www.londonenvironment.net/vegan_community_meals
- **Vegans of LA — California**
<https://vegansofla.com/>
- **Full Cart — Food Delivery Assistance**
<https://fullcart.org/>
- **ISKCON Desire Tree — Prasadam Food Programs**
<https://iskcondesiretree.com/profiles/blogs/list/tag/prasadam>
- **Vegan Food Bank**
<https://www.vegfoodbank.com/food-bank>

- **Food Banking — India**
<https://www.foodbanking.org/global-reach/india/>
- **Support + Feed — Food Relief**
<https://supportandfeed.org/about-us/>
- **Toronto Vegan Food Bank**
<http://tvfb.ca/about/>

General Food Banks & Hunger Resources

- **Feeding America — Find Your Local Food Bank**
<https://www.feedingamerica.org/find-your-local-foodbank>
- **Trussell Trust — Find a Food Bank (UK)**
<https://www.trussell.org.uk/emergency-food/find-a-foodbank>
- **No Kid Hungry — Food Assistance Resources**
<https://www.nokidhungry.org/>
- **No Kid Hungry — Food Bank vs Food Pantry Information**
<https://www.nokidhungry.org/blog/what-food-bank-vs-food-pantry>
- **AmpleHarvest.org — Find a Pantry**
<https://ampleharvest.org/find-pantry/>
- **Food Bank Search — Google Maps (US/Canada)**
Search: “Food Bank Near Me”
- **Call 211 — Food, Shelter & Assistance (US & Canada)**
Dial 211
- **SNAP / Food Stamps Information (USA)**
<https://www.usa.gov/food-stamps>

Transportation, Work & Financial Assistance

- **1-800 Charity Cars — Vehicle Assistance**
<https://800charitycars.org/>
- **Lyft Up — Transportation Assistance Programs**
<https://www.lyft.com/lyftup/programs>
- **ShiftSmart — Flexible Work**
<https://shiftsmart.com/>

- **Upshift — Shift Work**
<https://upshift.work/for-people/>
- **Instawork — Flexible Jobs**
<https://www.instawork.com/worker>
- **Gigworker — Find Gig Work**
<https://gigworker.com/>
- **GasBuddy — Find Lowest Gas Prices**
<https://www.gasbuddy.com/>

Housing, Shelter & Tiny Home Resources

- **Habitat for Humanity Canada — Affordable Homeownership**
<https://habitat.ca/en/how-we-help/affordable-homeownership-program/find-a-habitat-near-you>
- **Habitat for Humanity USA — Housing Assistance**
<https://www.habitat.org/where-we-build/united-states-america>
- **Eden Village USA — Tiny Home Communities**
<https://edenvillageusa.org/need-help/>
- **Hope The Mission — Tiny Homes Villages**
<https://hopethemission.org/our-programs/tiny-homes-villages/>
- **Operation Tiny Home — Housing Programs**
<https://www.operationtinyhome.org/pathways-to-tiny-housing-program>
- **A Tiny Home For Good**
<https://www.atinyhomeforgood.org/contact>
- **Tiny Village Spirit**
<https://tinyvillagespirit.org/contact/>
- **Tiny Tiny Homes Canada**
<https://tinytinyhomes.ca/need-shelter/>
- **ShelterSafe Canada Shelter Map**
<https://sheltersafe.ca/>
- **HUD Find Shelter Tool (USA)**
<https://www.hud.gov/findshelter>

Community, Church & Emergency Assistance

- **The Salvation Army**
<https://www.salvationarmy.org/>
- **Catholic Charities USA — Find Local Agency**
<https://www.catholiccharitiesusa.org/about-us/find-a-local-agency/>
- **St. Vincent de Paul USA Assistance Programs**
<https://ssvpusa.org/programs-ways-we-help/>
- **United Methodist Church Locator**
<https://www.umc.org/en/find-a-church>
- **Love INC — Assistance Network**
<https://loveincofneottawa.org/how-we-can-help/>
- **BuddyHelp — Free Counseling Support**
<https://buddyhelp.org/>

Free Phone, Internet & Connectivity

- **Access Wireless — Free Phone Service**
<https://www.accesswireless.com/>

Children, Toys & Family Resources

- **Toys for Tots — Request Toys**
<https://www.toysfortots.org/request-a-toy/>
- **Young Planet — Children's Items**
<https://www.youngplanet.com/>
- **USPS Operation Santa**
<https://www.uspsoperationsanta.com/>
- **Prison Fellowship Angel Tree**
<https://www.prisonfellowship.org/about/angel-tree/>
- **SA Angel Tree**
<https://saangeltree.org/>

Legal, Education & Support Resources

- **603 Legal Aid — New Hampshire Legal Assistance**
<https://www.603legalaid.org/apply>
- **Air Force Aid Society**
<https://afas.org/>
- **MetLife Legal Plans**
<https://www.legalplans.com/>
- **University of the People — Free Online Degree Programs**
<https://www.uopeople.edu/>

Mental Health & Wellness

- **Bounce Back Canada — Free Skill-Building Therapy**
<https://cmha.ca/bounce-back/>
- **Therapist Aid — Therapy Resources**
<https://www.therapistaid.com/>
- **7 Cups — Online Support Chat**
<https://www.7cups.com/>

Santa Rosa Beach / Local Community Resources

- **Point Washington Medical Clinic**
<https://www.thepwmc.org/>
- **First Baptist DeFuniak / Community Resources**
<https://firstdefuniak.org/>
- **Early Learning Coalition**
<https://www.elc-ec.org/>
- **Matrix Community Outreach Center**
<https://www.matrixcoc.org/>
- **Caring & Sharing South Walton**
<https://www.caringandsharingsowal.org/>

Arizona — Tucson Area Resources

- Tucson Food Assistance Resources (PDF)

- Tucson Homeless Resources (PDF)
- Union of Saints Greenlots Programs (PDF)
- Tucson Device & Connectivity Resources (PDF)
- Tucson Free Clothing & Blanket Resources (PDF)
- Tucson Free & Low-Cost Support Resources (PDF)
- Ten Point Framework — Dear Mayor & Tucson Council (PDF)
- Helpful Legal Aid Links Arizona (PDF)

Please view PDFs On Website

Additional Resources

- **AmeriCorps Service Opportunities**
<https://americorps.gov/>
- **Peace Corps Service Opportunities**
<https://www.peacecorps.gov/>

Peace ☺ Love ♥ Forgiveness ☐

Union of Saints

US website resource page, PDF handout, or community assistance directory.