

What We Truly Are

We could become what they want women to be.

Or we could show them what women truly are

After being forced into slavery, exploitation, and dehumanization,

a little more military.

A little more disciplined.

An honorable woman who serves her country.

A woman who strengthens other women.

A woman who fights.

A woman who can take down grown men when she must.

Not weak.

Not timid.

Not the things he wants a woman to be.

Not meek.

Not vulnerable.

But what she truly is:

a woman who stands with honor.

A woman who knows her rights.

A woman who knows when it is time to fight.

And who makes the final call for war.

“War Chow”

Beyond Burger Patties over Blackbird Pizza Minis with Cold Potato Salad

Beyond Meat

Blackbird Foods

Beyond Burger patty served over 1–2 Blackbird pizza minis with yummy potato salad on the side.

Ingredients

- 1 Beyond Burger patty
- 1–2 Blackbird Pizza Minis
- Cooked potatoes, cubed
- Chopped veggies of choice
- WunderEggs, chopped (add pinch salt)
- Vegan mayo
- Yellow mustard
- Diced pickles
- Pickle juice
- Salt and pepper

Instructions

1. **Make the cold potato salad**

Combine potatoes, veggies, WunderEggs, vegan mayo, mustard, diced pickles, and a splash of pickle juice. Season with salt and pepper. Chill until ready to serve.

2. **Cook the burger and pizza minis**

Place the Beyond Burger patty and 1–2 Blackbird pizza minis into the toaster oven. Bake or broil until the burger is browned and the pizza minis are crispy and hot.

3. **Assemble**

Place the Beyond Burger patty directly over the pizza minis and serve with a scoop of cold potato salad on the side.

“War Chow”

Source: <https://www.youtube.com/watch?v=FnZxLa16piA>