

■ Spotting Cold Warfare Tactics

How some people quietly try to hurt America without firing a shot

A “cold warfarist” doesn’t use bombs or armies. Instead, they use **words, manipulation, and division** to weaken a country from the inside. Here’s how they might operate, in plain language:

■ Common Tactics

■ Spreading Rumors & Lies	They post or share fake news, gossip, or twisted stories. Goal: Make Americans argue and lose trust in each other.
■ Recording for Revenge	They secretly film or record people in awkward or private moments. Goal: Embarrass, blackmail, or ruin reputations.
■ Stirring Division	They push hot-button issues (race, politics, religion) in extreme ways. Goal: Turn neighbor against neighbor.
■ Playing “Friendly”	They act like a casual visitor or new friend. Goal: Gain trust, gather secrets, or steer conversations.
■ Economic Mischief	Scams, fake deals, or subtle sabotage of businesses. Goal: Weaken confidence in America’s economy.
■ Psychological Needling	Mocking, criticizing, or planting seeds of doubt about America. Goal: Make people feel ashamed, hopeless, or angry.
■ Targeting the Vulnerable	Finding lonely, angry, or struggling people and feeding off their pain. Goal: Turn them into allies without them realizing it.
■ Flooding with False Info	Overloading media and social networks with conflicting “facts.” Goal: Make truth hard to find, so confusion wins.

■■ How to Protect Yourself

■ ■	Pause before sharing: Is it true? Is it helpful?
■	Be mindful of strangers: Not everyone has good intentions.
■	Stay grounded: Don’t let constant negativity pull you down.
■ ■	Talk openly: Share concerns with people you trust.

■ **Remember:** Cold warfare isn’t about fighting armies — it’s about fighting **trust**. When we stay calm, smart, and connected, we take away their power.