

Veteran Guidance Document

Protecting Your Medical Records, Correcting Errors, and Enforcing Privacy Rights

Context and Concern

In the wake of increasing concerns regarding administrative breakdowns, institutional cronyism, and the organized misuse of systems, some veterans have reported experiences that raise serious questions about record integrity, privacy, and personal safety.

There is growing concern that coordinated networks—including activist-aligned groups, politically connected actors, and organized criminal elements—may, in certain environments, contribute to harassment, reputational harm, or improper interference with systems upon which veterans rely.

Regardless of the source, any environment in which accountability is weakened can create conditions where errors, misuse, or exploitation occur more easily.

For these reasons, it is in the best interest of veterans to actively safeguard their medical records, monitor access to their personal information, and maintain strong personal and legal boundaries.

Purpose

This document provides guidance to veterans who discover inaccurate diagnoses, unauthorized entries, or suspicious activity within their medical records. It outlines how to work with the U.S. Department of Veterans Affairs Privacy Office and pursue enforcement through federal HIPAA protections when necessary.

Your Rights as a Veteran

Veterans receiving care through the U.S. Department of Veterans Affairs are entitled to:

- Access their complete medical records
- Request corrections (amendments) to inaccurate or false information
- Receive an accounting of disclosures (who has accessed their records)
- Protection under HIPAA through the U.S. Department of Health and Human Services

Medical records are legal documents. Any inaccuracy may affect care, benefits, and legal standing.

Common Issues Identified by Veterans

Veterans may encounter:

- Diagnoses that do not belong to them
- Conditions entered without evaluation or confirmation
- Duplicate or mixed patient records
- Template-based entries left uncorrected
- Unauthorized or unexplained access to records

These issues must be addressed promptly and formally.

Step 1: Request an Accounting of Disclosures

Veterans should formally request a record of who has accessed their medical file.

Action:

- Submit a request to your local VA Privacy Officer
- Ask for a full audit log of access to your records

Purpose:

This identifies whether access was appropriate or potentially unauthorized.

Step 2: Request Amendment of Medical Records

If incorrect diagnoses or entries are found:

Action:

- Submit a written Request for Amendment
- Clearly identify:
 - The incorrect entry
 - Why it is inaccurate
 - Supporting documentation (if available)

Important:

The VA is required to respond. If denied, they must provide a reason, and you may submit a rebuttal statement.

Step 3: Report Privacy Concerns to the VA

If you suspect improper access or systemic issues:

Action:

- Contact the VA Privacy Officer at your facility

- File a formal privacy complaint

Request:

- Internal investigation
 - Access review
 - Written findings
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Step 4: Escalate Through Federal HIPAA Enforcement

If the issue is not resolved or involves potential violations:

File a complaint with:

U.S. Department of Health and Human Services

Grounds for complaint may include:

- Unauthorized access to records
- Failure to correct inaccurate information
- Improper disclosure of protected health information

Timeline:

Complaints should generally be filed within 180 days of discovering the issue.

Step 5: Preserve Documentation

Veterans should maintain:

- Copies of medical records (before and after corrections)
 - Written requests and responses
 - Dates, times, and names of individuals contacted
 - Any evidence of harm (medical, financial, or reputational)
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Step 6: Protect Your Identity and Benefits

If records appear compromised:

- Review VA benefits activity
 - Monitor for identity misuse
 - Consider placing fraud alerts if necessary
 - Do not share records with external community care providers
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Guiding Principles

- Accuracy matters: False diagnoses can affect treatment and legal outcomes
 - Documentation is protection: Always communicate in writing when possible
 - Boundaries are necessary: Veterans have the right to challenge and correct records
 - Accountability is enforceable: Federal law provides mechanisms for investigation and correction
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Union of Saints Guidance

The Union of Saints encourages veterans to approach these matters with precision, documentation, and firm boundaries. Advocacy must remain grounded in verifiable facts, with a commitment to protecting both individual well-being and institutional integrity.

Veterans are not required to accept inaccuracies, nor tolerate misuse of their medical records. Correction and accountability are not optional—they are rights.

Prepared for Advocacy and Legal Awareness

D. Cowdrey

False Diagnoses That D. Is Actively Working With the VA to Correct

- Opiate Addiction in Remission — Never
- Alcohol Use Disorder — Never
- Hodgkin's Lymphoma — Never
- Suicidal Ideation — Never
- Lifetime Smoker — Never

D. also expresses discomfort with camera use during appointments and is concerned about potential medical record trafficking. A high-profile example of medical record exposure involves Marilyn Monroe.

Veteran Request for Access, Accounting of Disclosures, and Correction of Medical Records

Date: _____

To: Privacy Officer / Health Information Management
U.S. Department of Veterans Affairs

Subject: Formal Request for Medical Record Access, Accounting of Disclosures, and Amendment of Records

Dear Sir or Madam,

I am a veteran receiving care through the U.S. Department of Veterans Affairs. I am writing to formally exercise my rights under applicable federal law, including the Health Insurance Portability and Accountability Act (HIPAA), to ensure the accuracy, integrity, and security of my medical records.

1. Request for Complete Access to Medical Records

I respectfully request a complete and unredacted copy of my medical records, including but not limited to:

- Clinical notes
 - Diagnostic entries and problem lists
 - Provider communications
 - Billing and coding records
 - Any records shared with third-party or community care providers
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2. Request for Accounting of Disclosures

I request a full accounting of disclosures, including an access log identifying:

- All individuals who have accessed my records
- Dates and times of access
- The purpose of access
- Any disclosures made outside the VA system

This request is made to verify that all access to my protected health information has been appropriate and authorized.

3. Request for Amendment of Medical Records

I have identified entries within my medical record that I believe to be inaccurate, incomplete, or not attributable to me.

I formally request amendment of the following:

- **Entry/Diagnosis:** _____
- **Date of Entry (if known):** _____
- **Reason for Amendment:**

I request that these entries be corrected or removed as appropriate. If the request is denied, I ask that a written explanation be provided, along with information regarding my right to submit a formal rebuttal statement for inclusion in my record.

4. Request for Investigation (If Applicable)

To the extent that any unauthorized access, improper disclosure, or irregularity is identified, I request:

- A formal internal investigation
- Written findings of that investigation
- Any corrective actions taken

5. Preservation of Rights

Please consider this correspondence as a formal record of my concerns and requests. I am maintaining documentation of this matter and reserve all rights to pursue further review or enforcement through the U.S. Department of Health and Human Services if necessary.

Preferred Method of Response

- Mail
- Secure VA Portal
- Email: _____

Thank you for your prompt attention to this matter and for your commitment to maintaining the integrity and security of veteran medical records.

Respectfully,

Name: _____

Last Four of SSN: _____

Date of Birth: _____

VA Facility (if known): _____

Signature: _____

Prepared for Veteran Advocacy and Record Protection

D. Cowdrey
