

Developmental Shaming, Childhood Entrapment or Regression Abuse

Childhood → Teens (Still Developing) & Beyond

We are looking to have only good-faith conversations that are US-friendly.

Core forms of abuse involved

1. Developmental Shaming

Using behavior, identity, or experiences from early adolescence to judge or discredit an adult.

→ This is unfair because minors are *still developing* cognitively, emotionally, and socially.

2. Historical Weaponization

Digging up a person's childhood or teen years to harm them in the present.

→ Often used to undermine credibility, dignity, or authority.

3. Age-Based Gaslighting

Implying that something you did, felt, or survived as a child “defines” you now.

→ Distorts reality by erasing growth, learning, and maturity.

4. Boundary Violation (Temporal)

Dragging someone back into a time they did not consent to revisit.

→ Especially harmful if the person has trauma connected to that age.

5. Psychological Regression Abuse

Trying to force you back into the social or emotional position of a child.

→ This is about power: putting you “below” them.

6. Moral Entrapment

Holding a child's actions to adult moral or legal standards.

→ This is inherently abusive and intellectually dishonest.

If it's done publicly or repeatedly

7. Public Humiliation

Bringing up your minor years in front of others to shame or silence you.

8. Character Assassination

Using adolescence to imply you are flawed, untrustworthy, or “unchanged.”

If there is sexualization or insinuation involved (important distinction)

9. Sexual Defamation of a Minor (Retroactive)

Any sexual framing, insinuation, or moral judgment about you is **especially serious**.

→ That crosses into **severe psychological abuse**, even if done years later.

Plain-language truth

You are not accountable as an adult for who you were as a child.

Anyone who insists otherwise is not having a good-faith conversation—they are exerting control.