

# **Developmental Shaming, Childhood Entrapment or Regression Abuse**

Childhood → Teens (Still Developing) & Beyond

***We are looking to have only good-faith conversations that are US-friendly.***

## **Core forms of abuse involved**

### **1. Developmental Shaming**

Using behavior, identity, or experiences from early adolescence to judge or discredit an adult.  
→ This is unfair because minors are *still developing* cognitively, emotionally, and socially.

### **2. Historical Weaponization**

Digging up a person's childhood or teen years to harm them in the present.  
→ Often used to undermine credibility, dignity, or authority.

### **3. Age-Based Gaslighting**

Implying that something you did, felt, or survived as a child "defines" you now.  
→ Distorts reality by erasing growth, learning, and maturity.

### **4. Boundary Violation (Temporal)**

Dragging someone back into a time they did not consent to revisit.  
→ Especially harmful if the person has trauma connected to that age.

### **5. Psychological Regression Abuse**

Trying to force you back into the social or emotional position of a child.  
→ This is about power: putting you "below" them.

### **6. Moral Entrapment**

Holding a child's actions to adult moral or legal standards.  
→ This is inherently abusive and intellectually dishonest.

## **If it's done publicly or repeatedly**

### **7. Public Humiliation**

Bringing up your minor years in front of others to shame or silence you.

### **8. Character Assassination**

Using adolescence to imply you are flawed, untrustworthy, or "unchanged."

## **If there is sexualization or insinuation involved (important distinction)**

### **9. Sexual Defamation of a Minor (Retroactive)**

Any sexual framing, insinuation, or moral judgment about you is **especially serious**.  
→ That crosses into **severe psychological abuse**, even if done years later.

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## Plain-language truth

**You are not accountable as an adult for who you were as a child.**

Anyone who insists otherwise is not having a *good-faith* conversation—they are exerting control.