

Union of Saints Press Kit Interview with D. Cowdrey Freedom Modern Slavery and Holistic Empowerment

About the Union of Saints

The Union of Saints is an interfaith ministry and community support network dedicated to helping individuals reclaim freedom, autonomy, and purpose. Through spiritual guidance, educational programs, legal advocacy, and creative arts initiatives, the Union of Saints empowers people to navigate modern challenges and live fully liberated lives.

Interview Highlights

Inspiration and Vision

Q What inspired you to build the Union of Saints?

A The Union of Saints was born from a vision to create a sanctuary for the rock n' roll soul. I saw how modern slavery, emotional, relational, and systemic, stripped people of their freedom. I wanted to create a place where individuals could reclaim autonomy, explore healing, and build lives grounded in love and purpose. Freedom begins within, and the soul thrives when we can be free.

Understanding Modern Slavery

Q How do you define modern slavery and why is it central to your ministry?

A Modern slavery is anything that diminishes a person's agency, voice, or humanity through coercion, manipulation, abuse, or economic pressure. Addressing it is central because freedom is both a spiritual and practical necessity.

Holistic Programs and Integration

Q Your services include spiritual guidance, legal help, and creative arts. How do these integrate?

A Freedom is multidimensional. Spiritual growth works best alongside practical support. Integrating our spiritual services ensures people can reclaim their lives fully, addressing the mind, body, and soul.

Discernment and Personal Freedom

Q How do you help people discern freedom from bondage?

A Discernment begins with reflection. Does this honor my autonomy and

dignity, expand my purpose, and support my growth? When the answer is yes, it reflects freedom. Our mentorship, behavioral coaching, and educational programs guide people to make these distinctions clearly.

Community Impact and Stories

Q Can you share a story of those who found freedom through your programs?

A Veterans in our community who were once trapped in trauma and financial stress have used our mentorship, arts programs, and legal support to regain confidence, purpose, and independence. Freedom is totally achievable. We currently serve a member base of over 3,000 monthly visitors.

Expertise and Leadership

Q How does your background influence your ministry?

A My background in therapy and teaching guides our healing and learning components, my veteran experience builds community safety and resilience, and my paralegal training empowers our legal advocacy. Together, these elements create a holistic path to liberty, justice and freedom.

Getting Involved

Q How can someone benefit from your programs?

A Individuals can scroll through and practice peace and conflict studies, attend spiritual gatherings every Sunday, participate in educational and creative programs, initiate their own volunteer opportunities, access mentorship and coaching, or consult our legal team. We welcome all who seek healing and empowerment.

Vision for the Future

Q What do you envision for the Union of Saints in the future

A I envision a free world where communities are built on a life well lived, compassion, and self empowerment, where every individual can reclaim their lives and enjoy freedom!

Contact and More Information

Website: www.unionofsaints.world

Legal Support and Advocacy: www.cowdreyfirm.com

Email: d.cowdrey@unionofsaints.world