

~ All Wars Begin With Words ~ Nel

In my work, of casework and ministry, I have seen how easily words can wound and how quickly conversation can become a battlefield. All wars, after all, begin with words. The goal is not to break one another down, but to recognize when language itself becomes a blade, when trust is fractured by the weight of unkindness. True dialogue is not in conquering, but in discerning the quiet abuses that lie hidden in speech, and in naming the wounds our words may carry. By learning to hear the bruises in conversation, we choose peace over conflict, and healing over harm. May we all heal, our words.