

# Female Competitions in Shooting Sports

Female shooters participate in a wide range of competitive shooting events across disciplines such as pistol, rifle, shotgun, and action shooting, with opportunities at local, national, and international levels.

## Major National and International Competitions

- **NRA National Matches** – Known as the “World Series of the Shooting Sports,” these annual events feature over 11,000 tournaments and 50+ national championships, including rifle, pistol, and shotgun divisions [NRA Competitive Shooting](#).
- **USA Shooting National Championships** – Hosted in Hillsdale, MI, these include Skeet, Trap, and Pistol events, with athletes advancing from State Junior Olympic Championships [USA Shooting](#).
- **Top 50 Women in Competitive Shooting** – SSUSA highlights influential female athletes across disciplines, from Olympic medalists to multi-time national champions [Shooting Sports USA](#).

## Women’s-Specific and Community Leagues

- **Shotgun Sisterhood Trap League** – Organized by the Women Shooting Sports Association, this state-wide and national league celebrates women in trap shooting, offering competitive matches, networking, and recognition [womenshootingsports.com](#).
- **A Girl & A Gun (AG & AG)** – A nationwide marksmanship and firearms education program that hosts quarterly matches, promotes women’s participation, and provides training resources [A Girl & A Gun Women's Shooting League](#).

## Notable Female Competitors

- **Chloe Smith** – French civilian sport shooter making waves in military-style competitions, recently placing third in a regional TAR Championship [The Royal Gazette](#).
- **Kim Rhode** – Six-time Olympic medalist, including bronze in Rio 2016 [Shooting Sports USA](#).
- **Julie Golob** – U.S. Army Marksmanship Unit action shooting champion [Shooting Sports USA](#).
- **Jessie Duff** – Multiple USPSA and Bianchi Cup champion in action shooting [Shooting Sports USA](#).
- **Ginny Thrasher** – Olympic gold medalist in smallbore rifle [Shooting Sports USA](#).

## How to Get Involved

- Join a local shooting club or organization like AG & AG or W.S.S.A. to access training, matches, and networking.
- Register for national events such as NRA Nationals or USA Shooting Championships.
- Participate in women's leagues to build community and competitive experience.

These opportunities allow female shooters to compete at all levels, from grassroots to elite, while contributing to the growth and visibility of women in shooting sports.

Source: <https://www.youtube.com/@SassyTallahassee/shorts>

A Girl & A Gun Safety League: <https://www.agirlandagun.org/>

