

About Our Minister & Guide

Educator, Integrative Care Practitioner, Minister, Veteran & Law Professional

Dannielle Courchene-Cowdrey is an educator, integrative care practitioner, minister, honorably retired United States Air Force veteran, and law professional whose work bridges healing, education, advocacy, peacebuilding, public service, and lifelong learning. Her path has been guided by a commitment to service, freedom, education, justice, and the pursuit of truth.

Education & Teaching

Dannielle is both a lifelong teacher and student, currently pursuing a **Master of Education in Advanced Teaching** through the University of the People. She also completed the **JD-Next Legal Education Program** through Aspen Publishing, focusing on legal analysis, case briefing, and contract law in preparation for law school.

She earned a **Bachelor of Applied Science in Paralegal Studies** from Siena Heights University and holds **Diplomas in Paralegal Studies, Mediation, and Cybersecurity** from Lakewood University. Her educational work is grounded in the belief that learning empowers individuals, strengthens communities, and promotes greater understanding across cultures, disciplines, and experiences.

Law, Mediation & Justice

Currently pursuing legal studies, Dannielle focuses on criminal investigation, fraud detection, political corruption, criminal law, peacebuilding, legal justice, history, philosophy, ministry, and public advocacy. She is also a Notary Public for the State of Florida.

Her work seeks to encourage thoughtful dialogue, restorative practices, constitutional principles, ethical leadership, and peaceful solutions to complex social challenges through education, mediation, legal advocacy, research, and community engagement.

Military Service & Public Service

Dannielle is an **honorably retired veteran of the United States Air Force**, where she served in support of homeland security, communications, intelligence, and national defense operations. Her military service instilled a lifelong commitment to integrity, discipline, public service, constitutional values, and protecting the freedoms enjoyed by future generations.

Following her military career, she has devoted more than **8,000+ hours** to volunteerism, nonprofit leadership, fellowships, ministry, community service, education, and public advocacy.

Integrative Care & Therapeutic Practice

Dannielle entered the rehabilitation and healthcare field in 2004 and has remained actively engaged in integrative care ever since. She holds a **Massage Therapy Certificate** from the New Hampshire Institute of Therapeutic Arts and is a **Usui Reiki Master Teacher** trained through InLight Transformations.

She founded **White Mountain Integrative Care, LLC** and **Summit Health, LLC**, organizations dedicated to supporting wellness through a variety of integrative and holistic approaches. Her philosophy emphasizes caring for the whole person—mind, body, heart, and spirit.

Ministry & Spiritual Service

Dannielle is an ordained minister through both the **Universal Life Church** and **American Marriage Ministries**. Her ministry embraces compassion, peace, personal freedom, service, and respect for the many spiritual traditions that have shaped human civilization throughout history.

Peace Advocacy & Community Service

A longtime advocate for peace, compassion, ethical living, and personal responsibility, Dannielle has promoted vegan and nonviolence-based advocacy since 2003. Over time, this work evolved into what she describes as **"True Peace" academic advocacy**—an interdisciplinary exploration of how plant-based living, integrative therapy, peace education, history, service, and compassion harmonize in everyday life.

Her work encourages thoughtful dialogue, community engagement, volunteerism, and the peaceful resolution of conflict while strengthening families and communities.

Sports & Community Building

Sports have been a meaningful part of Dannielle's life and philosophy. She believes athletics teach friendship, teamwork, perseverance, discipline, leadership, and good sportsmanship while bringing people together.

Her experience includes running, sailing, flying, mixed martial arts, action sports, and professional snowboarding. She also previously worked as a stage model and competed in athletic and combat sports arenas.

Travel, Culture & Lifelong Learning

Dannielle views travel as one of life's greatest teachers. She has traveled extensively throughout the United States, including Alaska, Hawaii, and Puerto Rico, and has lived in numerous regions across the country. Her travels have also taken her to Brazil, Mexico, the Dominican Republic, and Canada.

Her academic interests extend beyond formal degree programs and include cybersecurity, investigations, world history, constitutional law, philosophy, religion, public policy, education, human rights, environmental stewardship, and community resilience.

World Religions & Human Understanding

Throughout her life, Dannielle has attended and studied a wide range of religious and spiritual traditions, including Quaker, Mormon, Catholic, Christian, Pentecostal, Jehovah's Witness, Jewish, Buddhist, Wiccan, and other faith communities.

She believes every person should have the freedom to explore, learn, grow, express themselves, love, practice faith, and pursue truth according to their conscience.

"Freedom to explore, live, learn, experience, express, love, and have faith are essential for every person. We must be free to live in light of our hearts and our truth."

— D. Cowdrey

Through education, military service, ministry, advocacy, integrative care, and community leadership, Dannielle continues a lifelong mission of promoting peace, healing, service, understanding, and the responsible stewardship of future generations.