

These Truths We Hold

Santa Communication Etiquette: 🐍 Snakes in the Grass 🐍

1. The Bow

All conversations should be met with a bow, a form of mutual respect acknowledging that the conversation is shared and mutually consenting.

Likewise, every conversation should end with a bow out. The beginning and ending of communication should be conducted with dignity, respect, and acknowledgment of one another's humanity.

The purpose of the bow is to protect spiritual health and establish healthy boundaries. It reminds us that our time, peace, energy, and dignity have value. It also helps us recognize when communication is no longer being conducted in good faith.

2. The Exit

If there is no bow, there should be a swift exit plan.

If harassment ensues, label it.

Make your boundary known immediately:

"I am exiting this conversation. I now view this communication as verbal harassment."

Or:

"I find this conversation abusive, controlling, coercive, and unwanted. I am ending the communication."

Boundaries should be made clear and direct.

If an individual continues engaging in bullying, harassment, intimidation, verbal assault, threats, or other forms of unwanted communication after a boundary has been established, make it known that the behavior must cease immediately.

One of two things needs to happen:

They need to leave.

Or they need to stop.

If the behavior continues, document it. If necessary, pursue appropriate legal remedies and contact authorities when threats, intimidation, or safety concerns arise.

3. The Current Climate

The current climate is hostile, violent, intrusive, threatening, cruel, inhumane, and dangerous.

Unfortunately, as violence and hostility have escalated throughout society, many people have become trapped in cycles where they feel entitled to abuse others without accountability. They believe they are entitled to another person's attention, energy, peace, dignity, or compliance.

They are not.

No one is entitled to abuse another human being.

No one is entitled to control another person's spirit.

No one is entitled to coerce, intimidate, threaten, harass, or bully another person into submission.

4. Snakes in the Grass

These behaviors are the snakes in the grass we are battling at this time in history.

They are found in intimidation.

They are found in coercion.

They are found in manipulation.

They are found in harassment.

They are found wherever people seek to dominate, control, diminish, or consume the peace of another.

The answer is not to normalize these behaviors.

The answer is to recognize them.

The answer is to name them.

The answer is to establish boundaries and walk away from them.

5. Protect the Spirit

Protect your peace.

Protect your spiritual health.

Protect your dignity.

Protect your right to exist free from harassment, intimidation, and abuse.

Make it known:

This volatile communication trend is not acceptable.

It is not healthy.

It is not respectful.

It is not sustainable.

And it will not be tolerated.

Bow in with respect.

Bow out with respect.

And do not linger among the snakes in the grass.