

Modern Slavery as False—Predatory, Violent & Oppressive “Dating Dynamics”

Union of Saints, Cowdrey

Modern slavery can sometimes present itself as “dating,” where, even when access is removed, innocent victims remain part of the pattern. The harms extend beyond the surface; they reach into both the spirit and the psyche.

How do we challenge and confront this? Even in isolation—when the victim leaves—these individuals find other “dependents.” They act like parasites or vampires, taking aim wherever they can.

So how do we confront these “spiritual vampires”?

First: Find the Details and Record

Document the individuals you believe to be harmful. Draw them on a piece of paper, as closely as you can to their character. Use tools—including AI, if helpful—to aid your process by finding images that resemble them. Place them within a circle. Isolate their names.

Provide detailed accounts so that, if needed, this document could be given to the police or a lawyer—clear, structured, easy to interpret, and not forgotten.

For Your / Police / Community Record

1. Basic Identification

- Full name (and any aliases, nicknames, usernames)
- Date of birth or approximate age
- Gender
- Race/ethnicity (if known and relevant)
- Height and weight (approximate is acceptable)
- Hair color and style
- Eye color
- Distinguishing features (tattoos, scars, piercings, birthmarks)
- Clothing typically worn (or worn during an incident)

2. Contact & Online Information

- Phone numbers
- Email addresses

- Social media accounts (usernames + platform)
- Dating app profiles (names, screenshots if possible)
- Any known usernames, gamer tags, or aliases

3. Location Information

- Home address (if known)
- Work location
- Places they frequent (gyms, bars, neighborhoods, etc.)
- Vehicle description:
 - Make, model, color
 - License plate (even partial information helps)

4. Timeline of Events

- Dates and times of interactions or incidents
- Where each interaction occurred
- How contact began (dating app, mutual friend, etc.)
- Frequency and pattern of contact

5. Behavior & Actions

- Specific actions taken (stick to facts, not interpretations)
- Messages sent (texts, emails, DMs)
- Threats or coercion (quote exact wording if possible)
- Attempts to contact you after being blocked
- Any manipulation, pressure, or deceptive tactics

6. Evidence

- Screenshots (with timestamps if possible)
- Photos or videos
- Call logs
- Voicemails
- Emails or messages (unaltered, original format preferred)
- Witnesses (names and contact information, if available)

7. Your Actions (Important)

- When and how you told them to stop

- When you blocked or cut off contact
- Any reports already made (apps, police, workplace, etc.)
- Protective steps taken (restraining order, etc.)

8. Impact (Keep It Grounded)

- Frequency of harassment
- Fear for safety (with specific reasons)
- Disruption to daily life (work, home, routine)

9. Known Associates (if relevant)

- Friends, partners, or others involved
- Anyone who may also be affected or aware

Key Tips

- Stick to facts
- Use dates, times, and direct quotes
- Keep everything organized and chronological
- Save original files (do not alter screenshots)
- Back up records in multiple secure locations

Second: Contain and Separate

Place the names in a jar in the freezer as a symbolic act of stopping their influence. You may beautify the jar if you wish.

You may also keep these names in multiple places: a version for legal counsel, for law enforcement, for your home, and for trusted family. It does not have to be a jar; it can be a formal document within a case file.

The purpose is to isolate the threat and remove its power from your space.

Third: Strengthen and Remain Vigilant

Practice daily awareness. Sharpen your discernment. Pray to God. Isolate threats without hesitation—let it become second nature.

Remember the eyes of the eagle—even with eyes closed, the eagle still soars.

See the threat clearly.
Identify the aggressor.
Do not forget.