

Gaslighting Is Deadly

Union of Saints

On the top of the abuse scale, we recognize gaslighting as one of the worst and most volatile forms of abuse. The reason is that gaslighting has the ability to manipulate someone into believing that they are not being hurt, when they are suffering the worst of humanity. We recognize that gaslighting was a form of abuse used to deny the truth during the Holocaust of World War II. **Atrocities thrive in places where the truth does not.**

Gaslighting can destroy people in abusive relationships. When their partner turns ugly, cheats, or creates an unsafe environment, without a full view of the truth, someone may lose their ability to see the experience for what it is. Denying someone their reality in an abusive relationship, for example, may lead to even worse abuse, and at the most extreme, the risk of relationcide.

We can witness this gaslighting today, in which the right is actively fighting war and terrorism daily, and yet the left political arena is denying this reality, even at the cost of life, liberty, heritage, and culture. Even today, gaslighting is costing lives, as it did during World War II. It is not only a form of abuse, but it can manipulate the truth so much that the reality of genocide, Holocaust, severe crime, or war is denied while it wreaks havoc on communities and lives are lost.

When Your Voice Is Denied

I remember years ago when I chose to open up about some of my experiences and how much was denied. It was really hard because I thought that my voice had more value. I discovered that my voice was suppressed in many situations and in many relationships.

These experiences continued to the stage that they proliferated into issues that could no longer be ignored. These experiences were just so extreme that having safety, emotional, physical, and mental, became hard to come by. Much of these experiences operated in secret, just under the surface and undetectable.

Through gaslighting, the victim would endure the harms. This could be experienced over and over again, and then the victim blaming would ensue. The victim would be made out to be “crazy,” or told that they had too many problems. There was very little consideration for what really had occurred.

Finding Out What Really Happened

The Union of Saints has been a great platform for sorting out what really happened and what went wrong back there. Instead of denying our reality, and instead of pretending it away or that life is perfect, we remembered our important values of **integrity, service, and excellence**. We walked the walk for years, bridging the data to experience.

We can thank others who chose this path as well, because today, the truth is out and we have made our discovery. It wasn't just an isolated experience. It was not the victim's fault. These experiences were really happening. The corruption was really this extreme, and often these were not just crimes, but an actual organized war.

And what do we know about war?

We cannot save lives and combat a war we pretend doesn't exist.

This intelligence was all an important process of coming to terms with the active war that our communities were facing. Today, we understand it thoroughly, its implications, and its capabilities, and we have a name for it: **fourth generation warfare**.

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While our case can rest, and we have very well developed instincts now, we recognize that even with safety and boundaries as primary methods of protection, evil still finds a way. This is why the word **gaslighting** makes it to the top of the list of the worst forms of abuse that humans can participate in.

Because so long as evil is allowed to operate, the victim is blamed, and the situation is ignored, it will only expand and get worse.

War as the enemy's final solution.

The cost is deadly.

The cost is humanity.

The cost is life.

The cost is our country as we know it.

Gaslighting, for these reasons, is a manipulation that can create grave costs. We place it on the list not only as abuse, but as a form of **manipulation, propaganda, and a weapon of war**.