Natural Room Spray

Fragrance Concept

- Top Notes (freshness in the air): Bergamot, Clary Sage, Sea Salt accord
- Heart Notes (floral & cozy): Rose absolute, Geranium, Chamomile
- Base Notes (warm grounding fall): Cedarwood, Vetiver, Cinnamon Leaf, Sandalwood

DIY Room Spray Recipe (100ml bottle)

Ingredients:

- 60ml Distilled water
- 30ml Witch hazel or vodka (helps oils disperse + preserves)
- 10ml Rose hydrosol (for soft floral lift)
- Essential oils:
 - 6 drops Rose absolute (or Rose Otto if available)
 - 5 drops Geranium
 - 4 drops Chamomile (Roman)
 - 6 drops Cedarwood
 - 4 drops Vetiver (very autumn earthy, use lightly)
 - 3 drops Cinnamon leaf (not bark, gentler & warm)
 - 5 drops Clary sage (soft herbal)
 - 6 drops Bergamot (bergaptene-free)
 - 4 drops Sandalwood
 - 3 drops Sea Salt fragrance oil or a "marine accord" essential oil blend substitute

Instructions

1. In a 100ml glass spray bottle, combine witch hazel (or vodka) with your essential oils. Shake gently.

- 2. Add distilled water + rose hydrosol.
- 3. Cap tightly and shake again.
- 4. Let the blend **rest 24–48 hours** so the notes marry beautifully.
- 5. Shake before each use, then mist your room, linens, or meditation space.

Scent Experience

- First spray: Crisp salt air + citrus brightness, like standing on our breezy coast.
- As it settles: Roses bloom with a cozy herbal touch, balancing elegance with comfort.
- **Lingering finish:** Cedar, vetiver, and cinnamon wrap the room in an earthy autumnal hug like a beach walk in New England fall.